

# Ways You Can Make a Difference

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## A Fresh Start

We believe every woman committed to her recovery deserves a safe and welcoming space to live. We hope you'll agree.

At Seed Sower, there are two high-impact funds that improve the quality of life for women who have taken this courageous step.

**The Fresh Start Fund** covers an initial housing deposit and one month programming fees. This allows women a little breathing space and the opportunity to begin their recovery without debt. Residents cover a portion of their fees as they begin employment. Donating to the Fresh Start Fund is a **profoundly meaningful** way to say you believe in the women we serve.

**Monthly expenses add up quickly.** The **Practical Needs Fund** covers necessities such as toiletries, cleaning supplies and food. Because we provide essential transportation services, including to and from work, our gas costs are a sizable part of budget. Donating to the Practical Needs Fund is a **personal way** to acknowledge the connection between essentials and sustained recovery.

Your donation is not just changing the lives of our residents but helping transform our community.



Sowing Change. Harvesting Hope.

[seedsowerinc.org](http://seedsowerinc.org)

## Stacy's Story

There was a time when Stacy was desperate for help. She was mentally ready, but because there was no safe place for her to live, the substance misuse continued.

At the time, Stacy first sought treatment, there were roughly 10 beds available for 30 day stays in our community of 50,000 people.

Recovery cannot start without a safe place to live.

Fortunately, Seed Sower is changing the numbers and Stacy's recovery has begun.

If you believe women like Stacey, deserve a real shot at recovery when they are ready, we hope you'll donate to one of our urgent funds today.

## The Need

Substance use disorder in West Virginia has the **highest** drug overdose mortality in the country according to the CDC.

**Stable housing** plays an essential role in people's recovery from substance use disorders. An inability to cover rent or threat of losing housing can trigger relapse.

At Seed Sower, housing services, are part of a larger **evidence-based program** that works for people in all walks of life.

## Your Impact

Donating to Seed Sower directly benefits women right **in our community** who have already committed to their recovery. Together, we can save lives.

## Stay In Touch

Sign up for our e-newsletter:  
[www.seedsowerinc.org](http://www.seedsowerinc.org)

At Seed Sower, we provide safe supervised housing, transportation and support services to women recovering from substance use disorder.

## Pledge Form

**Fresh Start Fund** covers initial deposit and one month programming fees allowing women in recovery to begin the journey without debt.

\$200 (deposit)  \$440 (first moth)  \$1320 (first month 3 women)  
 \$4840 (full house – 11 women)  other \_\_\_\_\_

**Practical Needs Fund** covers necessities such as gas, toiletries, and supplies.  \$25  \$50  \$100  \$250  \$500  other \_\_\_\_\_

**General Fund** covers top priorities and critical operating funds.

\$25  \$50  \$100  \$250  \$500  other \_\_\_\_\_

**I would like to make a difference in other ways and:**

Pledge \$ \_\_\_\_\_ for \_\_\_\_\_ years.

Ask that you please reach out to me. I have ideas to share.

### Payment

My check is enclosed payable to SEED SOWER INC

My company will match my gift.

Please bill me.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Signature \_\_\_\_\_

Please feel free to reach out to me with any questions! Pledges should be mailed to address below.

Warmly,

*Jay Phillips*

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