

Welcome to *Journaling with Jesus in our Marriage*

Drawing close to God through Worship, Meditating on Scripture,
Blessing each other, Privately Journaling, and Sharing.

DESTINED FOR GLORY

Though one may be overpowered, two can defend themselves.
A cord of three strands cannot be easily broken.
Ecclesiastes 4:12





Love Triumphs!

THREE WAY JOURNALING

Three-way journaling is personally reflecting on Jesus through, Worship, Scripture, Blessing, Praying, and writing the thoughts and impressions you receive from being in God's presence and then sharing with each other.



- ♥ Meditate on Scripture by reading the passage out loud.
- ♥ Bless your spouse by reading the blessing out loud twice.
- ♥ Journal individually.
- ♥ Bless your spouse's identity.
- ♥ Share what you found valuable in the Scriptural passage.
- ♥ Share what you found valuable in the first blessing.
- ♥ Share what you found valuable about your spouse blessing your identity.



Love Triumphs!

Meditating on Scripture

Reading Scripture out loud forces us to think and decide on emphasis with much more attention and focus. Hearing the Word of God increases our faith.

Each person read Romans 8:14-30 once.

Romans 8:14-39 TPT

Sons and Daughters Destined for Glory

The mature children of God are those who are moved by the impulses of the Holy Spirit. And you did not receive the “spirit of religious duty,” leading you back into the fear of *never being good enough*. But you have received the “Spirit of full acceptance,” enfolding you into the family of God. And you will never feel orphaned, for as he rises up within us, our spirits join him in saying the words of tender affection, “Beloved Father!” For the Holy Spirit makes God’s fatherhood real to us as he whispers into our innermost being, “You are God’s beloved child!” And since we are his true children, we qualify to share all his treasures, for indeed, we are heirs of God himself. And since we are joined to Christ, we also inherit all that he is and all that he has. We will experience being co-glorified with him provided that we accept his sufferings as our own.

A Glorious Destiny

I am convinced that any suffering we endure is less than nothing compared to the magnitude of glory that is about to be unveiled within us. The entire universe is standing on tiptoe, yearning to see the unveiling of God’s *glorious* sons and daughters! For against its will the universe itself has had to endure the empty futility resulting from the consequences of human sin. But now, with eager expectation, all creation longs for freedom from its slavery to decay and to experience with us the wonderful freedom coming to God’s children. To this day we are aware of the universal agony and groaning of creation, as if it were in the contractions of labor for childbirth. And it’s not just creation. We who have already experienced the first fruits of the Spirit also inwardly groan as we passionately long to experience our full status as God’s sons and daughters—including our physical bodies being transformed. For this is the hope of our salvation.

But hope means that we must trust and wait for what is still unseen. For why would we need to hope for something we already have? So, because our hope is set on what is yet to be seen, we patiently keep on waiting for its fulfillment. And in a similar way, the Holy Spirit takes hold of us in our human frailty to empower us in our weakness. For example, at times we don’t even know how to pray, or know the best things to ask for. But the Holy Spirit rises up within us to super-intercede on our behalf, pleading to God with emotional sighs too deep for words.



Love Triumphs!

God, the searcher of the heart, knows fully our longings, yet he also understands the desires of the Spirit, because the Holy Spirit passionately pleads before God for us, his holy ones, in perfect harmony with God's plan and our destiny. So, we are convinced that every detail of our lives is continually woven together for good, for we are his lovers who have been called to fulfill his designed purpose. For he knew all about us before we were born, and he destined us from the beginning to share the likeness of his Son. This means the Son is the oldest among a vast family of brothers and sisters who will become just like him. Having determined our destiny ahead of time, he called us to himself and transferred his perfect righteousness to everyone he called. And those who possess his perfect righteousness he co-glorified with his Son!

The Triumph of God's Love

So, what does all this mean? If God has determined to stand with us, tell me, who then could ever stand against us? For God has proved his love by giving us his greatest treasure, the gift of his Son. And since God freely offered him up as the sacrifice for us all, he certainly won't withhold from us anything else he has to give. Who then would dare to accuse those whom God has chosen in love to be his? God himself is the judge who has issued his final verdict over them—"Not guilty!" Who then is left to condemn us? Certainly not Jesus, the Anointed One! For he gave his life for us, and even more than that, he has conquered death and is now risen, exalted, and enthroned by God at his right hand. So how could he possibly condemn us since he is continually praying *for our triumph*?

Who could ever divorce us from the endless love of God's Anointed One? *Absolutely no one!* For nothing in the universe has the power to diminish his love toward us. Troubles, pressures, and problems are unable to come between us and heaven's love. What about persecutions, deprivations, dangers, and death threats? No, for they are all impotent to hinder omnipotent love, even though it is written: All day long we face death threats for your sake, God. We are considered to be nothing more than sheep to be slaughtered! Yet even in the midst of all these things, we triumph over them all, for God has made us to be more than conquerors, and his demonstrated love is our glorious victory over everything! So now I live with the confidence that there is nothing in the universe with the power to separate us from God's love. I'm convinced that his love will triumph over death, life's troubles, fallen angels, or dark rulers in the heavens. There is nothing in our present or future circumstances that can weaken his love. There is no power above us or beneath us—no power that could ever be found in the universe that can distance us from God's passionate love, which is lavished upon us through our Lord Jesus, the Anointed One!

**Take a moment to privately thank God for His word
before we begin the Blessing Section.**



Love Triumphs!

Bestowing the Blessing

Bless your spouse twice.

(State their name) My son/daughter, who could possibly separate you from My love? No one. Nothing in the universe can diminish My love toward you. Troubles, pressures, problems are necessary and never wasted. They are opportunities for you to grow in My love and witness My faithfulness and My power toward you.

(State their name) Precious son/daughter, I have made you to be more than a conqueror in Me. Seek Me daily for demonstrations of My love in your marriage. I Am Love and it is My love that triumphs over every hardship, challenge, and disappointment. Keep seeking Me and My love, and you will be found by Me. Keep asking Me for more of My Presence in your marriage, and watch My love cast out all fear and perfect you.

(State their name) I loved you first. I loved your spouse first. I created the path for you both to love Me. I empower you to love each other. When you abide in My love for you, you have everything you need for life and godliness in your marriage because You have Me.



(State their name) I bless you, Dear One, in My Name, Yahweh, your God who is Love.



Love Triumphs!

PRIVATELY JOURNAL

Write each question in your journal and wait and record what God shares.
To gain clarity, ask God, "Is there anything else you want me to know about _____?"

Suggested Journaling Questions

Father, please show me ways you are demonstrating Your love for me and my spouse.

Father, in what ways are You working amid our challenges, troubles, pressures, problems, and frustrations?

Father in what ways can I seek You and find you in my marriage that I may not be aware of.

Father, would you share an image with me of your love casting out fear and perfecting us.

Blessing my Spouse's Identity

- 1) Review the Identity Chart below.
- 2) Pray: "Father, as I look at this list of truths about my spouse, which aspects of my spouse's identity do you want me to speak over them."
- 3) Circle the aspects of their identity that He is showing you.
- 4) State all the attributes that the Lord revealed to you.

"(Speak their name) God wants me to remind you of who you are. You are _____"

- 5) Repeat 3 times.

Share With Your Spouse What The Lord Revealed to You



Love Triumphs!

YOU ARE A CHILD OF GOD

Through my Heavenly Father

You are celebrated
You are loved
You are chosen
You are valued
You are cherished
You are accepted
You are esteemed
You are highly regarded
You are distinctly crafted
You are uniquely made
You are significant
You are given gifts
You have purpose
You have a destiny
You have a calling
You are established
You are a priority
You are never without help
You are never alone
You are home

Through my Savior Jesus

You have my life
You have a friend
You have a confidant
You are rescued
You are redeemed
You are restored
You are made whole
You are safe
You are set apart
You are pure
You are innocent
You are holy
You are prized
You are lovely
You are appreciated
You are betrothed
You are longed-for
You are forgiven
You are healed
You are free

Through the Holy Spirit

God speaks to me
You are guided
You are protected
You are comforted
You are encouraged
You are equipped
You are strengthened
You are empowered
You are renewed
You are transformed
You are victorious
You have love
You have joy
You have peace
You have patience
You have kindness
You have faithfulness
You have goodness
You have gentleness
You have self-control

MY IDENTITY AND VALUE DOES NOT COME FROM THE WORLD, IT COMES FROM GOD, MY FATHER,
YOU ARE HIS CHILD.

THIS IS WHAT HE SAYS ABOUT ME. LOVETRIUMPHS.COM

© Copyright 2022 Love Triumphs!

© Copyright 2022 – Love Triumphs!



Love Triumphs!

SHARE WITH THE GROUP

Sharing what God has revealed to us is very powerful and profoundly impacts everyone. By hearing how God has touched our hearts and minds, increases our faith, and renews our hope.

- We learn best when we hear how a truth is speaking to someone personally and transparently.
- We share our heartfelt insights with a humble heart as led by the Lord and refrain from turning our personal lessons into a teaching lesson for someone else.
- When we share, we refrain from long backstory, and share what is relevant right now.
- We share only what we feel comfortable sharing.

Example: God revealed _____ to me today.
It's important to me because _____.



Love Triumphs!

Getaway

Taya

[Verse 1]

Are you burnt out on religious things?
Are you worn down, lacking inner peace?
Take a real rest, walk along with Me
In the pastures of My presence, you can
be yourself

[Chorus]

And you can say what's on your heart
I already knew it all
Doesn't matter what you say
Come, and get away with Me
I know where you are
Where you've been, what you've seen
Doesn't matter how you come
Come, and get away with Me
Getaway, get away with Me

[Verse 2]

Are you burdened
from all the heavy days?
It's not your job to shoulder all the weight
Let Me do it, let Me come and take
The lies you've been believing in
The truth is that you have a place

[Chorus]

To say what's on your heart
I already know it all
Doesn't matter what you say
Come and get away with Me
I know where you are

Where you've been and what you've seen
Doesn't matter how you come
Come, and get away with Me
Oh, get away, get away with Me
Get away, get away with Me

[Bridge]

Grace upon grace, upon grace, let it lead
Get away, get away with Me
Grace upon grace, upon grace, let it lead
Get away, get away with Me
Grace upon grace, upon grace, let it lead
Get away, get away with Me
(Oh, there's more than you always need)
Oh, grace upon grace, upon grace,
let Me lead
Get away, get away with Me

[Chorus]

Say what's on your heart
I already know it all
Doesn't matter what you say
Come and say it all to Me
I know where you are
Where you've been, and what you've seen
Doesn't matter how you come
Come, and get away with Me

[Outro]

Oh, come away, come away with Me
Get away, get away with Me



Love Triumphs!

Rest On Us

Harvest with Jon Thurlow

Verse 1

Like the Spirit was moving
Over the waters
Spirit come move over us
Come rest on us
Come rest on us

Chorus

Come down
Spirit when You move
You make my heart pound
When You fill the room
Come rest on us
Come rest on us

Verse 2

And fire and wind
Would You do it again
Open up the gates
Let Heaven on in
Would You rest on us
Come rest on us

Verse 2

And fire and wind
Would You do it again
Open up the gates
Let Heaven on in
Would You rest on us
Rest on us

Chorus

Come down
Spirit when You move
You make my heart pound
When You fill the room
Come rest on us
Come rest on us

Refrain

Come rest on us
Come rest on us
Come rest on us
Come rest on us

Bridge

It's what we love about You
It's that's there's always more
It's what we love about You
It's that's there's always more

Chorus

Come down
Spirit when You move
You make my heart pound
When You fill the room
Come rest on us
Come rest on us

I know there's more for me
I know there's more for me



Love Triumphs!

Set My Love

Andrew Ehrenzeller

[Verse 1]

It took a long time for me to see that I've
been blind
To what is real and what I really
believed about You and I
Your love makes no demands, never
accuses
You know true romance is when I get to
choose You

[Chorus]

So, I set my love upon You
No expectation only revelation
I set my love upon You
My salvation is to see You face to face

[Verse 2]

It took a long time for me to sit here a
little while
And feed upon Your faithfulness again,
like a little child
I am merely a man made from the dust
You are the risk of love that I get to trust

[Chorus]

So, I set my love upon You
No expectation only revelation
I set my love upon You
My salvation is to see You face to face

[Bridge]

I will dwell in the shelter of the Most
High
And abide in the shadow of the Almighty
I will dwell in the shelter of the Most
High
And abide in the shadow of the Almighty

[Chorus]

And I set my love upon You
No expectation only revelation
I set my love upon You
My salvation is to see You face to face

[Outro]

It took a long time for me to see that I
was blind