



JOURNALING WITH JESUS
Love Triumphs!

CONVERSATION GUIDE

This activity helps us grow closer and become better acquainted by showing genuine interest in each other. We can show genuine interest by asking fact-based questions because they:

- ♥ Help a person contribute to the conversation without feeling vulnerable.
- ♥ Help us better understand what is important to the person.
- ♥ Build trust quickly.

Conversation is like volleying a tennis ball with a friend. You send the ball to their side of the court by asking a question and let them volley it back to you with their answer. The conversation continues by sharing things that are valuable and important to us. What a person shares or answers is what is safe and comfortable for them to talk about.

For example: *“Do you have family nearby?” “Yes, my kids live with me.”* It is safe to ask about her children’s ages, what they enjoy doing, where they go to school, etc. Another example is: *“Is there a place where you would like to travel?” “Yes, Italy has always been on my bucket list.”* It is safe to ask what she would like to see or experience there.

Avoid questions like: Are you married? Do you have kids? What do you do?

Be sure to keep the conversation going – if you find that you are doing most of the talking, just ask another question. 😊

Conversation Guide Activity

- 1) Find someone you do not know and ask 2- 3 questions listed below. (5 min)
- 2) Trade places. (5 min)
- 3) Return to the group and be prepared to introduce your partner by sharing things you learned about her during this conversation. (2 min per person)

Use Fact-Based Questions

- ♥ NAME My name is Mary Ann, what’s yours?
- ♥ HOME Where are you from?
- ♥ FAMILY Do you have family nearby?
- ♥ KIDS What do your kids like to do?
- ♥ PETS Do you have pets?
- ♥ HOBBY What do you like to do when you have spare time?
- ♥ INTEREST What is something you would like to learn how to do?
- ♥ TRAVEL Where is somewhere you would like to travel?