

April 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 Apr	2	3	4	5	6
9:15 - 13:00 ECSTATIC DANCE • Studio ... Cary Whitehead	7:30 - 8:30 Yoga Fundamentals • Stu... Michele Vickerman	9:00 - 10:15 Morning Flow with Shawn... Shawn Brow	9:00 - 10:30 Conscious Flow • Studio #1 Ally Rubin	7:30 - 8:30 Anusara Yoga - Level I-II • ... Michele Vickerman	9:00 - 10:15 Gentle Yoga Mix with S Shawn Brow	10:30 - 12:30 DE Latin Dance ensemble ... Mindi sheer
	17:00 - 19:00 Argentine Tango • Studio ... Matt Doval	15:00 - 18:15 Silver Spurs/ Folk dance • ... Susan Dankovich	15:00 - 18:15 Silver Spurs/ Folk dance • ... Susan Dankovich	19:15 - 20:30 Latin Dance Drills & Skills ... Mindi sheer	15:30 - 16:30 Private dance lesson (con... Mindi sheer	13:00 - 14:30 Tango Workshop - Ardon... Susan Dankovich
	19:00 - 20:30 Aikido • Studio #1 James Landry	19:00 - 21:00 Latin Dance Drills & Skills ... Mindi sheer	19:00 - 20:30 Aikido • Studio #1 James Landry	20:45 - 21:45 Private dance lesson (con... No employee	19:00 - 20:30 Aikido • Studio #1 James Landry	
7	8	9	10	11	12	13
9:15 - 13:00 ECSTATIC DANCE • Studio ... Cary Whitehead	7:30 - 8:30 Yoga Fundamentals • Stu... Michele Vickerman	9:00 - 10:15 Morning Flow with Shawn... Shawn Brow	9:00 - 10:30 Conscious Flow • Studio #1 Ally Rubin	7:30 - 8:30 Anusara Yoga - Level I-II • ... Michele Vickerman	9:00 - 10:15 Gentle Yoga Mix with S Shawn Brow	10:30 - 12:30 DE Latin Dance ensemble ... Mindi sheer
13:30 - 15:00 New Moon Cacao Ceremo... Lana Walker	17:00 - 19:00 Argentine Tango • Studio ... Matt Doval	15:00 - 18:15 Silver Spurs/ Folk dance • ... Susan Dankovich	15:00 - 18:15 Silver Spurs/ Folk dance • ... Susan Dankovich	19:15 - 20:30 Latin Dance Drills & Skills ... Mindi sheer	15:30 - 16:30 Private dance lesson (con... Mindi sheer	13:00 - 14:30 Tango Workshop - Ardon... Susan Dankovich
	19:00 - 20:30 Aikido • Studio #1 James Landry	19:00 - 21:00 Latin Dance Drills & Skills ... Mindi sheer	19:00 - 20:30 Aikido • Studio #1 James Landry		16:30 - 17:30 Private dance lesson (con... Mindi sheer	
					19:00 - 20:30 Aikido • Studio #1 James Landry	
14	15	16	17	18	19	20
9:15 - 13:00 ECSTATIC DANCE • Studio ... Cary Whitehead	7:30 - 8:30 Yoga Fundamentals • Stu... Michele Vickerman	9:00 - 10:15 Morning Flow with Shawn... Shawn Brow	9:00 - 10:30 Conscious Flow • Studio #1 Ally Rubin	7:30 - 8:30 Anusara Yoga - Level I-II • ... Michele Vickerman	9:00 - 10:15 Gentle Yoga Mix with S Shawn Brow	9:00 - 18:00 Executive Coordinator F... Shayla Scott
	17:00 - 19:00 Argentine Tango • Studio ... Matt Doval	15:00 - 18:15 Silver Spurs/ Folk dance • ... Susan Dankovich	15:00 - 18:15 Silver Spurs/ Folk dance • ... Susan Dankovich	19:15 - 20:30 Latin Dance Drills & Skills ... Mindi sheer	15:30 - 16:30 Private dance lesson (con... Mindi sheer	10:30 - 12:30 DE Latin Dance ensemble ... Mindi sheer
	19:00 - 20:30 Aikido • Studio #1 James Landry	19:00 - 21:00 Latin Dance Drills & Skills ... Mindi sheer	19:00 - 20:30 Aikido • Studio #1 James Landry		19:00 - 20:30 Aikido • Studio #1 James Landry	13:00 - 14:30 Tango Workshop - Ardon... Susan Dankovich

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21	22	23	24	25	26	27
9:15 - 13:00 ECSTATIC DANCE • Studio... Cary Whitehead	7:30 - 8:30 Yoga Fundamentals • Stu.. Michele Vickerman	9:00 - 10:15 Morning Flow with Shawn.. Shawn Brow	9:00 - 10:30 Conscious Flow • Studio #1 Ally Rubin	7:30 - 8:30 Anusara Yoga - Level I-II •... Michele Vickerman	9:00 - 10:15 Gentle Yoga Mix with S Shawn Brow	10:30 - 12:30 DE Latin Dance ensemble... Mindi sheer
	17:00 - 19:00 Argentine Tango • Studio... Matt Doval	15:00 - 18:15 Silver Spurs/ Folk dance •... Susan Dankovich	15:00 - 18:15 Silver Spurs/ Folk dance •... Susan Dankovich	19:15 - 20:30 Latin Dance Drills & Skills... Mindi sheer	15:30 - 16:30 Private dance lesson (con.. Mindi sheer	
	19:00 - 20:30 Aikido • Studio #1 James Landry	19:00 - 21:00 Latin Dance Drills & Skills... Mindi sheer	19:00 - 20:30 Aikido • Studio #1 James Landry		16:30 - 17:30 Private dance lesson (Mindi sheer	
					19:00 - 20:30 Aikido • Studio #1 James Landry	
28	29	30	1 May	2	3	4
9:15 - 13:00 ECSTATIC DANCE • Studio... Cary Whitehead	7:30 - 8:30 Yoga Fundamentals • Stu.. Michele Vickerman	9:00 - 10:15 Morning Flow with Shawn.. Shawn Brow	9:00 - 10:30 Conscious Flow • Studio #1 Ally Rubin	7:30 - 8:30 Anusara Yoga - Level I-II •... Michele Vickerman	9:00 - 10:15 Gentle Yoga Mix with S Shawn Brow	10:30 - 12:30 DE Latin Dance ensemble... Mindi sheer
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	19:00 - 20:30 Aikido • Studio #1 James Landry	19:00 - 21:00 Latin Dance Drills & Skills... Mindi sheer	19:00 - 20:30 Aikido • Studio #1 James Landry		19:00 - 20:30 Aikido • Studio #1 James Landry	