

HERE YOU WILL LEARN

- The *Balance With Colour* concept and technique for your personal use (FREE) from the videos below, and you can email us for additional help if need be.
- To learn how to share the *Balance With Colour* technique with others—family and friends, with social and professional groups, and to teach it in our schools—there is additional help available that you can download from this website. You can learn from inexpensive books and teaching and learning materials how to present and help others with issues such as bullying, men’s mental issues and how to avoid DFV. There is a presenter’s guide, a story book of how a family discovered Balance With Colour, meditation guide, a logbook, and more. Hard copies can be obtained directly from Maju Publications. Order through info@balancewithcolour.com.

Best wishes from Lorraine and Dr Bob