

ADDENDUM 1: YOUTH RULES/JUNIOR BOUTS

All Rules & Regulations are the same for Junior and Adults bouts unless specified in this section.

WBCMTA/WBC primary purpose of junior competitions is to develop youth in a safe and organized sporting environment. The rules and regulations are setup for the safety of Junior WBC Muaythai development Nationally. One off bouts rules may differ from tournaments rules.

Junior matching is predominately done by ability and fairness with many other factors for good risk management examined including experience, ability, record, height, other Combat Sports competition, weight, and age of competitor.

WBCMTA Weight divisions are to be used for all junior bouts. If a rule is required for something not covered, it can be referred to the head judge for adjudication and/or WBCMTA Executive.

As with ALL WBCMTA rules, the jurisdiction of the competition and relevant state legislation (if any) supersedes ALL WBCMTA regulations regarding junior competition. However, the spirit of these rules should be followed. WBCMTA state organizations should always make the case to state legislators regarding WBCMTA rules being the safe model of competition that is preferred.

OVERALL GUIDELINES AND GENERAL RULES FOR UNDER 18

- All categories have a mandatory scale of padding requirements based on the age and experience of the athlete. The padding requirements are based on the junior and less experienced athlete.
- **Age Brackets** – Athletes can cross age brackets if the opponents are not more than 23 months apart in age. The rules for the younger athlete apply.
- **Waivers** - (all paperwork) – Must be signed by the legal guardian.
- **Identification** - WBCMTA registration, birth certificate, passport, school ID or equivalent must be sighted at weigh in to determine proof of name and age.
- **Medical Requirements** – All juniors MUST have a medical conducted by a registered medical Dr. The medical must be on an WBCMTA medical form or CSA book. Medicals are valid for 12 months. Blood tests are valid for 6 months. Blood tests are not required for children 15 or under.
- **Registration** – ALL junior athletes must be registered with WBCMTA. States may require individual registration in addition to athlete registration. The registration passbook MUST be used at all competitions including with other organizations to record bout details.
- **Youth Weights** - Weight Divisions are to be used. Catch weight can be agreed on for one off bouts excluding titles. If youth weights are greater than 3kg different the bout cannot go ahead.
- Youths can go up or down one weight division in a tournament.
- **Weigh In** - All junior bouts are to be conducted under same day weigh in conditions. Weigh ins the night before the competition is approved if they do not exceed 30hrs.
- **Weigh In Time** - Both athletes MUST weigh in at the same time under the same conditions. All weigh ins are to be no earlier than 6:00am and no later than 3 hours from the commencement of the first bout of the event.

JUNIORS:

- Juniors must follow the rules and requirements as per their age group.
- The junior class system mirrors the adult system for development and experience HOWEVER a junior record IS NOT an adult record and must be considered when matching against adults from 16+ (local laws and regulations prevail).
- Juniors are NOT A-class/professional competitors even if they have A-class experience. Round times for Juniors are always 2 min rounds for A/B Class and 90 sec for C-class.

ADDITIONAL JUNIOR RULES

- Juniors should not 'cut weight'. WBCMTA does not support any method of junior weight cutting that is in addition to a healthy diet and exercise, so athletes are competing as close to natural weight as possible.

Any method of dehydration or rapid weight loss is not approved and may result in disqualification of the athlete at the weigh in.

- The referee will terminate the contest if the bout has reached Compulsory Count Limit (CCL). For 14 and under the CCL is 2x8 counts in for the entire bout. For 16+ the CCL is 3x8 counts in one round or 4 in entire bout. For a junior title at 14+ the CCL is increased to 3 for a 5-round bout.

A count will be given by the referee for the safety of the athlete when there is: A lack of defensive skills and awareness. To prevent the weaker athlete from undue punishment.

- Notes on 8-counts – For youth under 18 years: Officials must view the bout with added caution and safety. An 8 count is not always an automatic deduction of a point but for added safety to allow the athlete to recompose and recover.

A junior athlete is stopped if they are downed from a single clean powerful strike to the head, that was firm and obvious. That it was not a slip or flash or a result of a takedown (legal throw, sweep etc.). A 10 count is not required as the ref can stop it immediately for safety reasons and immediate treatment. If the referee believes the downed athlete was not downed from a clean effective strike to the head, they can count the athlete to determine if they can continue safely.

Weigh-ins:

Juniors (under 18) • Should be screened from public view for all weigh ins. Approval of ALL photos of anyone under 18 must be provided with written consent. Photos of any junior in underwear are not permitted and must not be publicized.

Hand Wraps

All Juniors below 14 yrs. are to wear cloth hand wraps only. All State and National tournaments are in cloth hand wraps only. NO TAPE ALLOWED for under 14 (Velcro fasteners are okay).

JUNIOR WEIGHT DIVISIONS

UNDER 16

WEIGHT CLASS	MAX LBS	MAX KG
ATOM	99	45
MINI FLY	105	47.7
LIGHT FLYWEIGHT	108	48.9
FLYWEIGHT	112	50.8
SUPER FLYWEIGHT	115	52.1
BANTAMWEIGHT	118	53.5
SUPER BANTAMWEIGHT	122	55.3
FEATHERWEIGHT	126	57.1
SUPER FEATHERWEIGHT	130	58.9
LIGHTWEIGHT	135	61.2
SUPER LIGHTWEIGHT	140	63.5
WELTERWEIGHT	147	66.6
SUPER WELTERWEIGHT	154	69.8
MIDDLEWEIGHT	160	72.5
SUPER MIDDLEWEIGHT	168	76.2
LIGHT HEAVYWEIGHT	175	79.4
CRUISER WEIGHT	200	90.7
HEAVYWEIGHT	+200	+90.7

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RESTRICTED RULES FOR JUNIORS

- No Elbows for 0-5 bouts- ALL AGES!
- No Head contact for 10-11yrs.
- No Knees & elbows to the head for 12-13yrs.
- All bouts must have a one (1) min rest between rounds

AGE	0-5 BOUTS	6-10 BOUTS	11+ BOUTS
10-11	No Head Contact No Knees & Elbows	No Head Contact Knees to the body	No Head Contact Knees & Elbows to the body
12-13	No Head Contact No Knees & Elbows	No Knees & Elbows to the Head Knees to the Body	No Knees & Elbows to the Head Knees & Elbows to the Body
14-15	No Elbows	Elbows to the Body	Full Thai Rules
16-17	No Elbows	Full Thai Rules	Full Thai Rules

PADDING REQUIREMENTS – JUNIOR

- Head gear and shin guards are required for all Junior Bouts.
- Elbow guards are NOT required for 0-5 bouts when there are no elbows.
- 10oz gloves for all divisions below 67 kg divisions 67 kg and above -Velcro or lace up.
- Mouth guard required for all divisions – must not be red or pink. Recommend having 2 mouthguards.
- Groin guard mandatory for males.
- Groin guard optional for females 14+.
- Female breast plate protector NOT required when a chest guard is worn.

AGE	0 -5 BOUTS	6 -10 BOUTS	11+ BOUTS
10-11	Head Gear – Shin Guards Chest Guard – Gloves	Head Gear – Shin Guards Chest Guard - Elbow Guards - Gloves	Head Gear – Shin Guards Chest Guard – Elbow Guard Gloves
12-13	Head Gear – Shin Guards Chest Guard – Gloves	Head Gear – Shin Guards Elbow Guards – Gloves Chest Guards	Head Gear – Shin Guards Elbow Guards – Gloves Chest Guards (optional)
14-15	Head Gear – Shin Guards Chest Guard – Gloves	Head Gear – Shin Guards Elbow Guards – Gloves Chest Guards (optional)	Head Gear – Shin Guards Elbow Guards – Gloves
16-17	Head Gear – Shin Guards Gloves Chest Guards (optional)	Head Gear – Shin Guards Elbow Guards – Gloves	Head Gear – Shin Guards Elbow Guards – Gloves

RULES & GUIDELINES FOR AGE DIVISIONS

TYKES – 8 – 9 years.

Spans 8th birthday until the day before their 10th birthday. (No titles in this division).

This division is Muaythai **Light**. It is designed for development only. It is a competition; however, close bouts can be a draw more often than other divisions. LIGHT means that tykes are officiated strictly. Any intentional head contact receives one warning, 2nd contact is a disqualification. Contact is to be controlled and aimed for skill over power. A tyke can get warned for any lack of control, uncontrolled aggression, or infringement. 2 warnings are point deduction. 3 is a disqualification. Tykes are scored on technique, effectiveness, balance, composure, and sportsmanship. If one opponent's head is pulled down (posture broken), and knees to the body are restricted or head contact is risked, a 5 count is given for safety.

- Bout is 3 by 1 min rounds.
- Head strikes are forbidden.
- Takedowns and sweeps are forbidden.
- Elbows are forbidden.

Mandatory WBCMTA approved Protective Equipment:

- Head gear
- 10oz/12oz gloves depending on weight division
- Chest guards
- Cloth shin guards (to the knee)
- Groin guards.
- Mouth guard
-

KIDS - 10 - 11 years.

Spans 10th Birthday until day before their 12th Birthday. (There are no titles in this division)

- Bout is 3 by 90 sec rounds.
- For 10 or more bouts – 2 min rounds are authorized.
- Head strikes are forbidden.
- Fouls are to be immediately called by the referee. 1 warning is given.
- A point is deducted for a second offence. The bout is stopped if a third warning is required.
- All Muaythai weapons can be used to the body only for 11+ bouts experience.
- No elbows for 0-5 bouts.

Mandatory WBCMTA approved Protective Equipment:

- Head gear
- 10oz/12oz gloves depending on weight division
- Chest guards.
- Cloth shin guards (to the knee).
- Groin guards
- Mouth guard

CADETS - 12 - 13 years.

Spans - 12th Birthday until day before their 14th Birthday.

- State/National Title bouts are 5 x 2 min. Athletes MUST exceed 10 bouts experience.
- 3 x 90 second rounds with less than 5 bouts. For 5 bouts or more bouts are 2 min rounds.
- All bouts are 3 rounds maximum.
- Head strikes are allowed with boxing and kicking only for 6+ bouts. (no elbows or knees to the head)
- Fouls are to be immediately called by the referee. 1 warning is given. A second warning is an automatic point deduction. The bout is stopped if a third warning is required.
- All Muaythai weapons can be used to the body only after 11+ bouts experience.

Mandatory WBCMTA approved Protective Equipment:

- Head gear
- 10oz/12oz gloves depending on weight division
- Chest guards – for first 5 bouts.
- Cloth shin guards (to the knee)
- Groin guards for males and females
- Elbow guards
- Mouth guard

JUNIORS - 14 - 15 years

Spans - 14th Birthday until day before their 16th Birthday.

- State/National Title are 5 x 2 min rounds. 1 min rest breaks.
- 0-5 bouts experience is NO Elbows.
- Bouts consists of 3 by 2-minute rounds.
- 90 sec bouts can be approved.
- Head strikes are allowed in accordance with WBCMTA rules.
- For the athletes first 10 bouts – elbows are not permitted to the head.

Mandatory WBCMTA approved Protective Equipment:

- Head gear
- 10oz/12oz gloves depending on weight division
- Elbow guards
- Chest guards – (for first 5 bouts)
- Cloth shin guards (to the knee).
- Groin guard
- Mouth guard
- Female breast guard. (Not required if wearing a chest guard)

YOUTH - 16 - 17 years.

Spans - 16th Birthday until day before their 18th Birthday.

- State/National Titles are 5 x 2 min rounds. 1 min rest breaks.
- 0-5 bouts experience is NO Elbows.
- Bouts consists of 3 x 2 minute.
- Head strikes are allowed in accordance with the general WBCMTA rules.

Mandatory WBCMTA approved Protective Equipment:

- Head gear
- Shin Guards
- 10oz/12oz gloves depending on weight division
- Elbow guards
- Cloth shin guards (to the knee).
- Groin guards for males and females
- Female chest guard – mandatory. (Not required if wearing a chest guard)
- Mouth guard – form fitted required.
- Chest guard – (optional for first 5 bouts)

Age date is determined by the age at the day of the weigh in for the competition.

JUNIOR TITLES

- State and National Junior titles are available from 14 years.
- Each state can determine eligibility in the state for junior titles.
- National titles are to follow all title protocols.
- All title decisions must be done based on the principles of, best available athletes based on rankings.
- State and National Champions are awarded at WBCMTA Nationals or state events.
- Junior state or National titles can be awarded belts or trophies depending on the state.
- Junior records – Are kept concurrent from joining but are also recorded per age.
- Stadium/Promotional belts for juniors is not authorized for WBCMTA shows.

JUNIORS vs ADULTS

- In the exceptional case that an Athlete under the age of 18 full years old participates in a competition against an Athlete whose full age is 18 years old, the rules and regulations for competition for under 18 years shall be applied.
- The minimum age for an Athlete to compete against an adult is 16 years at the date of the bout. Only where the law considers them to be an adult at this age. A junior cannot compete with someone more than 3 years their senior under any circumstances.
- Parental permission is required for every bout and must be provided to WBCMTA for permission for the bout to occur.
- Juniors cannot compete with Adults for titles.
- A junior under 16 years cannot compete against an adult under any circumstances. Local laws prevail.

YOUTH TITLE CONTESTS

The implementation of WBC MuayThai rules is for the safeguarding of all those athletes who contest championship titles. It is important to note that the weight spread between athletes must not exceed 3 kg at the time of the weigh-in. National IDs and/or Passports must be checked on the weigh-in day. Official weigh in`s for all under 16s & 18s are carried out on the day of the event.

All under 16s & 18s are required to sign the Parental/Guardian consent agreement form at the official weight into the appointed WBC MuayThai supervisor,

Under 18s age groups range from 14 to 17year old.

- Under 16s: 14- & 15-year-olds.

- Under 18s: 16- & 17-year-olds.

The implementation of WBC MuayThai rules is for the safeguarding of all those athletes who contest championship titles. It is important to note that the weight spread between athletes must not exceed 3 kgs at the time of the weigh-in.

Personnel protective equipment (PPE).

Head guards, Hand wraps. Elbow Pads, Shin guards. Gum shields.

Gloves 10oz/12oz. Groin protection and Body & Chest protection.

Head guards and shin guards are mandatory for both groups to prevent possible injuries. The health and safety of all athletes is a priority, and we review our safety standards with an ongoing policy and duty of care.

TOURNAMENT WEIGHTS

TYKES 8- 9 y	KIDS 10 – 11 y	CADETS 12 – 13 y	JUNIORS 14 – 15 y	YOUTH 16 – 17 y
22 – 25 kg	28 – 31 kg	31 - 33 kg	36 – 39 kg	42 – 45 kg
25 – 28 kg	31 - 33 kg	33 – 36 kg	39 – 42 kg	45 – 48 kg
28 – 31 kg	33 – 36 kg	36 – 39 kg	42 – 45 kg	48 – 51 kg
31 – 33 kg	36 – 39 kg	39 – 42 kg	45 – 48 kg	51 – 54 kg
33 – 36 kg	39 – 42 kg	42 – 45 kg	48 – 51 kg	54 – 57 kg
36 – 39 kg	42 – 45 kg	45 – 48 kg	51 – 54 kg	57 – 60 kg
39 – 42 kg	45 – 48 kg	48 – 51 kg	54 – 57 kg	60 – 63.5 kg
42 – 45 kg	48 – 51 kg	51 – 54 kg	57 – 60 kg	63.5 – 67 kg
45 + kg	51 + kg	54 – 57 kg	60 – 63.5 kg	67 – 71 kg
			63.5 – 67 kg	71 – 75 kg
				75 – 81 kg
				81 – 86 kg
				86 – 91 kg
				92+

DIVISION	ROUND	RULE	PADDING
Youth 16 - 17	3 x 2	Muaythai/FTR	10oz/12oz gloves, head gear, cloth shin guards, groin guard, Elbow guards, Chest guard.
Youth 14 - 15	3 x 2	Muaythai/FTR	10oz/12oz gloves, head gear, cloth shin guards, groin guard, Elbow guards, Chest guard.
Youth 12 - 13	3 x 1.5	No Knees/Elbow to Head	10oz/12oz gloves, head gear, cloth shin guards, groin guard, Elbow guards, Chest guard.
Youth 10 -11	3 x 1	No Head Contact	10oz/12oz gloves, head gear, cloth shin guards, groin guard, Elbow guards, Chest guard.

Junior Tournament Additional

Additional:

- Juniors can compete up 1 age bracket if no suitable opponent available.
- Juniors can compete up one weight division if no suitable opponent available.
- Juniors can compete up one class if no suitable opponent available.
- If a junior moves UP > the rules and conditions apply for the bracket moved into.
- This MUST be approved by both trainer and Guardian in writing. Electing to compete 'up' means competing at the higher age rules.
- Divisions below 67kg must wear ten (10) ounce gloves (Below 67kg).
- Divisions 67 kg and over must wear gloves of twelve (12) ounces (67kg and above).

All Tournament Rules & Regulations are the same for Junior and Adults bouts unless specified in this section.