

**2022-2023 AESCW
EXECUTIVE BOARD**

Jill Curran, Interim President
jillrc@gmail.com

Pam Benson, V.P.

Cindee Slater, Secretary

Taylor Ristrom, Treasurer

**Rielle Waters Santinelli,
Past President**

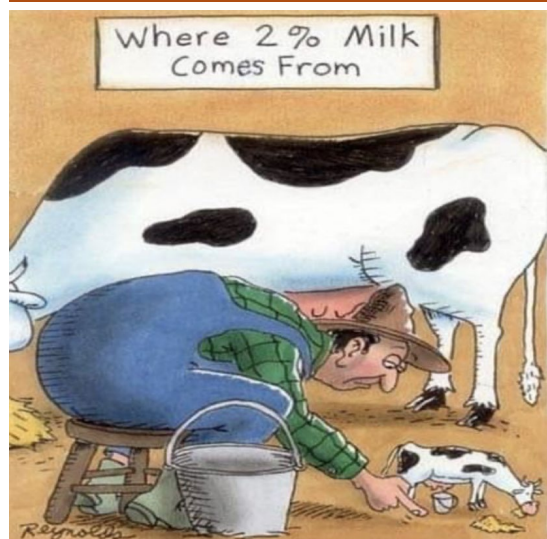
<https://aescattlewomen.org/>

AESCW Club E-Mail
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Membership 209-217-6125
lalapam@att.net

**Scholarships, Toni LaBelle &
Robyn Verbridge**
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**AES CATTLEWOMEN
NEWSLETTER.....AUGUST ~ 2023**

CALENDAR OF EVENTS

September 23: FARM TO FORK @ State CapitolWe are looking for ladies to help man the booth, please contact Rielle or Jeri Roen (CCW President) @ 209-324-8244




September 26: AMADOR COUNTY FARM DAY @ Amador Co. Fairgrounds, 8-2 pm

September 28: Beef Solutions Bull Sale~Fall Round Up @ Circle Ranch, Ione

November 17: 4TH ANNUAL AES DRIVE-THRU DINNER @ Amador Co. Fairgrounds, 5-6:30pm

Nov. 29 – Dec. 1: 107th Annual CCA/CCW CONVENTION: Nugget Casino Resort @ 1100 Nugget Ave, Sparks, NV

Jan. 28 – Feb. 2, 2024: CATTLE CON 24 IN ORLANDO: Registration & Housing for CattleCon24 will open Tuesday, August 15 at 12:00 PM MST.

	SOUTH-OF-THE-BORDER BEEF HASH One skillet, five ingredients and a few minutes are all you need to get this spiced up hash on the table!	30 MINUTES	4 SERVINGS	420 CALORIES	28g PROTEIN
	YUMMY MUMMY BEEF PIZZAS These quick and easy pizzas feature homemade beef sausage and have a mummy face made of string cheese.	30 MINUTES	4 SERVINGS	350 CALORIES	35g PROTEIN
	ITALIAN BEEF AND BEAN STEW Hassle-free, delicious beef stew. Soak dried beans overnight, spend a few minutes mixing ingredients in the morning, and come home to a hearty meal in the evening.	7.3 HOURS	6 SERVINGS	430 CALORIES	50g PROTEIN

IT'S BACK-TO-SCHOOL.....Here's some easy recipes to keep up with the family's appetite this summer/fall. [Click here for recipes & more.....](#)

DESERVES SPECIAL MENTION.....



FOIL PACKET BEEF AND VEGETABLE MEAL

INGREDIENTS:

- 6 ounces refrigerated, cooked beef Pot Roast, shredded or fully cooked steak, cubed
- 6 ounces prepared smoked Beef Sausage
- 1 cup butternut squash, diced
- 1 cup zucchini or yellow squash, sliced into 3/4 inch pieces and halved
- 2 ears sweet corn, cut in half
- 4 teaspoons vegetable oil
- 2 teaspoons all-purpose seasoning blend, such as Old Bay

COOKING:

1. Combine beef and vegetables in large bowl. Add oil and seasoning; toss to coat.
2. Preheat grill to medium heat (approximately 350°F).
3. Place a 12" x 12" square of heavy-duty aluminum foil down on work surface. Add 1/4 of beef and vegetable mixture to center of foil. Fold right and left edges in and roll together to close. Fold top and bottom edges in and roll to close package. Repeat with remaining mixture for a total of 4 packets.
4. Grill for 10 to 12 minutes until vegetables are tender.

Cook's Tip: Packets can also be prepared in a 350°F oven. Bake for 10 to 12 minutes.

Santinelli Graduates from University of Wyoming

Ledger Dispatch Press Release
Aug 10, 2023

- The University of Wyoming accorded degrees upon a number of students from California at the completion of the spring 2023 semester. Included in that list is **Gracen Santinelli** (Bachelor of Science), from Drytown.

CONGRATULATIONS TO OUR
AESCW MEMBER!!

San Joaquin~Stanislaus CattleWomen's 2023 Beef & Wine Pairing Agricultural Education

Friday, AUGUST 25, 2023
5:30 pm ~ 8:00 pm

D'ART WINERY

13299 Curry Ave, Lodi, CA 95240

- *An evening of fun and socializing*
- *Pair your favorite wines and beef cuts*

Cost: \$60/person

To purchase tickets:

Sherry Sutherland ~ 209-329-6592

Please secure your tickets

RSVP BY AUGUST 21, 2023



***By the way.....Our SJSCW Sisters
DO PARTICIPATE IN OUR DRIVE-
THROUGH DINNERS!!!***

Amador~El Dorado~Sacramento Cattlewomen.....

Our 2023/2024 Memberships are DUE SOON!!!

Adult is \$45

Student/Youth membership \$25

Click here

[AESCW Membership Form](#)

.....or SCAN

A graphic advertisement for beef protein. It features a large piece of beef in the center. Surrounding the beef are illustrations of people engaged in various activities: a woman lifting weights, a man on a bicycle, a man playing tennis, and a person swimming. The text reads "3oz = 25g beef protein" and "#CATTLETALES".

3oz = 25g
beef protein

#CATTLETALES

12 likes

cattletales Whether you're a full-time mom, pursuing a full-time career, enjoy being active as a hobby, or are a committed athlete - whatever your background - beef can fuel you. A 3-ounce serving of beef delivers 25 grams of high-quality protein, which is essential for building and maintaining strength for both your mind and body.

6:57

Harlee's post

Harlee Burtschi is with Jill Jess and 2 others.

12h · 🌐

We came home 2023 Amador County Fair calf branding Champs and even convinced my mom to enter the calf branding!

👍❤️ 259 48 comments 1 share

👍 Like 💬 Comment ➦ Share

A group photo of five people standing in front of a horse. They are all wearing cowboy hats and holding certificates or awards. The setting appears to be an outdoor event with a green fence in the background.

Also pictured as winners w/Harlee is Harlee's fiancé, Jared, and Rygh Olson & Jeremy Simonich

EL DORADO COUNTY FAIR ~ JR. LIVESTOCK CATTLE SHOW

SUPREME CHAMPION = SHANE HEYWOOD (Union Mine)

RESERVE SUPREME CHAMPION = BRYAN BLOXSOM (Union Mine)

CHAMPION 4-H = BRAYDEN BACCHI (Southside Topnotch 4-H)

CHAMPION GRANGE = MILENA MARTIN (Pleasant Valley)

RESERVE CHAMPION 4-H = PAISLEE STANBRIDGE (Gold Hill Toppers 4-H)

RESERVE CHAMPION GRANGE = CARLIE CHANDLER (Pleasant Valley)

Dylan Brewster, 17, has been involved with Union Mine FFA for three years. This year, he plans to donate 100% of the money raised by the sale of his pig to the families of the Pollock Pines school children struck by a van on May 31. *Courtesy photo*

Note: Dylan is Doug & Lori Veerkamp's Grandson (4-H winner)

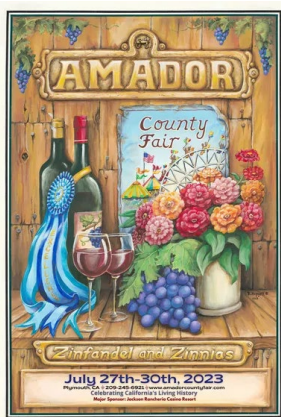


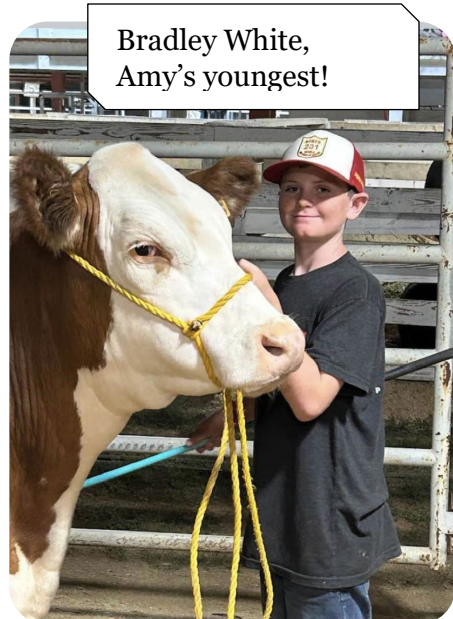
Way to go, Teagan!! You are truly a special Beef Ambassador. We are proud!! Her heifer was from her own herd.



“Everyone at school (FFA students @ Amador High) does a senior project and I decided to do mine this year for the local hospitals. I decided to donate \$1,000 of my proceeds from the sale of my animals to U.C. Davis Children’s Hospital and Sutter Hospital. This donation goes to both hospital’s Child Life Services, which helps kids during their stay at the hospitals to make their time more at ease and bearable.”

Submitted by Teagan Wunschel





Bradley White,
Amy's youngest!



Saveah Cramer, w/her
heifer, "Willow", won
4th in AES Local Bred
Replacement Heifer!!

Heifer was purchased
from Taylor Ranch.



Riley Ristrom, (Sr.
Beef Ambassador)
with "Peggy". They
won 3rd AES Local
Bred !!

Heifer raised on
Taylor Ranch!



Garrett Wunschel (Jr. Beef Ambassador) earned Reserve Local Bred 4-H Steer!! Congratulations!!

AMADOR~EL DORADO~SACRAMENTO CATTLEMEN'S BRED STEER CONTEST

RULES: Open to all Amador County junior beef exhibitors who are exhibiting market animals born & raised in Amador, El Dorado or Sacramento (AES) counties and by an AES Cattlemen's Association member.

WINNERS:

- 1st - Teagan Wunschel
- 2nd - Brooklyn Whalen
- 3rd - Hank MacDonald
- 4th - Ellie Lyman

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**AMADOR~EL DORADO~SACRAMENTO CATTLEMEN'S REPLACEMENT HEIFER CONTEST**

**RULES:** Open to all Amador County junior beef exhibitors who are exhibiting Replacement Heifers born & raised in Amador, El Dorado or Sacramento (AES) counties and by an AES Cattlemen's Association member.

**WINNERS:**

- 1<sup>st</sup> - Teagan Wunschel
- 2<sup>nd</sup> - Charlie Neely
- 3<sup>rd</sup> - Riley Ristrom
- 4<sup>th</sup> - Saveah Cramer



The awards are piling up for Teagan, who also earned a "Supreme Reserve Champion Market Steer"

# California CattleMan Magazine ~ August 2023

## “SIMMENTAL SUCCESS At Circle Ranch”

[Click here \(pages 50-52\) to read this special article about a local ranching family!!](#)

CIRCLE RANCH, IONE, CALIFORNIA, IS A FIFTH-GENERATION CATTLE OPERATION FOCUSED ON PRODUCING BULLS THAT WORK FOR COMMERCIAL CATTLE PRODUCERS LONG-TERM BY ADDING LONGEVITY AND PREDICTABILITY TO COW HERDS. HETEROSIS, BALANCE, AND ADAPTABILITY ARE AT THE HEART OF THE PROGRAM. TIM AND JILL CURRAN'S SONS, TAYLOR AND AUSTIN, ARE THE SIXTH GENERATION ON THE FAMILY OPERATION WITH GRANDSON JACK HENRY BEING THE SEVENTH.



Tim and Jill Curran (right) with sons Taylor and Austin and daughters-in-law Cameron and Savannah and grandson Jack.

Hey, Rich, that's one of our AES hats, COOL!!!



AESCW Shade Garden: 1<sup>st</sup> Place .....and

AESCW Exhibit Booth: 1<sup>st</sup> Place

Those banners say it all!!



Kory White &  
Brooklyn Whalen, Jr.  
Beef Ambassador



Teagan Wunschel, preparing to show the steer from her own locally bred herd.

JUST FOR LAUGHS...

I've been to a lot of places, but I've never been in Cahoots. Apparently, you can't go alone. You have to be in Cahoots with someone. I've also never been in Cognito. I hear no one recognizes you there. I have, however, been in Sane. They don't have an airport; you have to be driven there! 😊



Album Amador Fair: Cutting Classes  
Stephanie Roundy added a new photo to the album:  
**Amador Fair: Cutting Classes — with Mary Robertson and Shelby Mehrten.**  
1d · 🌐



Amy Waters-White & Son Cade ~ Ranch Rodeo