

**BROW STUDIO ATLANTA LLC**  
**EYEBROW SEMI-PERMANENT MAKE UP ART-Artist: Marcela Ulloa**  
**BEFORE AND AFTER CARE**

**BEFORE CARE**

- No alcohol or caffeine 24 hours before the procedure; these could make you bleed more than usual during procedures and could interfere with pigment retention
- Avoid sunbathing or tanning 7 days prior to procedure
- Do not take blood thinners like Aspirin, Niacin, Fish Oils, Vitamin E, or Ibuprofen 48 hours prior to procedure
- No brow waxing 7 days prior to procedure
- No microdermabrasion or chemical peels one month prior to or after procedure
- No Botox or facial fillers 30-45 days prior to procedure
- Discontinue Retin-A 4 weeks prior to appointment
- Do not use any skin care products that contain acids close to eyebrow area 2 weeks prior to or after procedure
- Note that for women, you will be more sensitive near eyebrow area during menstrual cycle
- Note that if you have blood issues, such as anemia, it is recommended to take iron supplements to prevent any additional bleeding

**AFTER CARE**

- Do not get your eyebrows wet 48 hours after the procedure. Use saran wrap plastic to cover eyebrows if you wish to shower
- In the first hour after the procedure pat eyebrow area every 15 minutes to absorb any fluids to minimize scarring
- After 48 hours, wash area gently with antibacterial soap and cold water
- Apply a thin layer of Aquaphor 2 times a day after the 48 hours have passed while your eyebrows are scabbing
- Stay out of the sun for at least 14 days after procedure and avoid any excess heat such as a sauna, hot showers or jacuzzi
- Do not workout for 7 days after procedure as excessive sweating can interfere with pigment retention
- Do not pick, rub or scratch the eyebrow area during healing process
- Do not use makeup on or around eyebrows for at least 14 days after procedure
- Always use sunscreen on your eyebrows after they completely healed to protect them
- Note that after care is extremely important. It is 50% of the work and the effectiveness of the procedure will be your responsibility. Invest your time in after care as you invest for the procedure for best long lasting results.