



# **Injury & Illness Prevention Program**

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# **Injury & Illness Prevention Program**

## **Written Plan**

Every employer should have a written Injury & Illness Prevention plan. This is our plan. Please read it carefully. While no plan can guarantee an accident free work place, following the safety procedures set forth in this manual will significantly reduce the risk of danger to you and your co-workers. Thank you for all our safety.

## **Introduction to Our Program**

State and federal law, as well as company policy, make the safety and health of our employees the first consideration in operating our business. Safety and health in our business must be a part of every operation, and every employee's responsibility at all levels. It is the intent of Cellular Concrete Inc. to comply with all laws concerning the operation of the business and the health and safety of our employees and the public. To do this, we must constantly be aware of conditions in all work areas that can produce or lead to injuries. No employee is required to work at a job known to be unsafe or dangerous to their health. Your cooperation in detecting hazards, reporting dangerous conditions and controlling workplace hazards is a condition of employment. Inform your supervisor immediately of any situation beyond your ability or authority to correct. Employees will not be disciplined or suffer any retaliation for reporting a safety violation in good faith.

## **Safety First Priority**

The personal safety and health of each employee is of primary importance. Prevention of occupationally-induced injuries and illnesses is of such consequence that it will be given precedence over operating productivity. To the greatest degree possible, management will provide all mechanical and physical protection required for personal safety and health, but our employees must bear primary responsibility for working safely. A little common sense and caution can prevent most accidents from occurring.

## **Individual Cooperation Necessary**

Cellular Concrete Inc. maintains a safety and health program conforming to the best practices of our field. To be successful, such a program must embody proper attitudes towards injury and illness prevention on the part of supervisors and employees. It requires the cooperation in all safety and health matters, not only of the employer and employee, but between the employee and all co-workers. Only through such a cooperative effort can a safety program in the best interest of all be established and preserved. Safety is no accident; think safety and the job will be safer.

## **Safety Program Goals**

The objective of Cellular Concrete Inc. is a safety and health program that will reduce the number of injuries and illnesses to an absolute minimum, not merely in keeping with, but surpassing the best experience of similar operations by others. Our goal is zero accidents and injuries.

## **Safety Policy Statement**

It is the policy of Cellular Concrete Inc. that accident prevention shall be considered of primary importance in all phases of operation and administration. It is the intention of Cellular Concrete Inc.'s management to provide safe and healthy working conditions and to establish and insist upon safe practices at all times by all employees. The prevention of accidents is an objective affecting all levels of our company and its operations. It is, therefore, a basic requirement that each supervisor make the safety of all employees an integral part of his or her regular management function.

It is equally the duty of each employee to accept and follow established safety regulations and procedures. Every effort will be made to provide adequate training to employees. However, if an employee is ever in doubt about how to do a job or task safely, it is his or her duty to ask a qualified person for assistance. Employees are expected to assist management in accident prevention activities. Unsafe conditions must be reported immediately. Fellow employees that need help should be assisted. Everyone is responsible for the housekeeping duties that pertain to their jobs. Every injury that occurs on the job, even a slight cut or strain, must be reported to management and/or the Responsible Safety Officer as soon as possible. Under no circumstances, except emergency trips to the hospital, should an employee leave the work site without reporting an injury. When you have an accident, everyone is hurt. Please work safely. Safety is everyone's business.

## **Safety Rules for All Employees**

It is the policy of Cellular Concrete Inc. that everything possible will be done to protect you from accidents, injuries and/or occupational disease while on the job. Safety is a cooperative undertaking requiring an ever-present safety consciousness on the part of every employee. If an employee is injured, positive action must be taken promptly to see that the employee receives adequate treatment. No one likes to see a fellow employee injured by an accident. Therefore, all operations must be planned to prevent accidents.

To carry out this policy, the following rules will apply:

- 1) All employees shall follow the safe practices and rules contained in this manual and such other rules and practices communicated on the job.
- 2) All employees shall report all unsafe conditions or practices to the proper authority, including the supervision on the project, and, if corrective action is not taken immediately, a governmental authority with proper jurisdiction over such practices.
- 3) The RSO shall be responsible for implementing these policies by insisting that employees observe and obey all rules and regulations necessary to maintain a safe work place and safe work habits and practices.
- 4) Good housekeeping must be practiced at all times in the work area. Clean up all waste and eliminate any dangers in the work area.
- 5) Suitable clothing and footwear must be worn at all times. Personal protection equipment (hardhats, respirators, eye protection) will be worn whenever needed.
- 6) All employees will participate in a safety meeting conducted by their supervisor once every ten working days.
- 7) Anyone under the influence of intoxicating liquor or drugs, including prescription drugs which might impair motor skills and judgment, shall not be allowed on the job.
- 8) Horseplay, scuffling, and other acts which tend to have an adverse influence on safety or well-being of other employees are prohibited.
- 9) Work shall be well planned and supervised to avoid injuries in the handling of heavy materials and while using equipment.

- 10) No one shall be permitted to work while the employee's ability or alertness is so impaired by fatigue, illness, or other causes that it might expose the employee or others to injury.
- 11) There will be no consumption of liquor or beer on the job.
- 12) Employees should be alert to see that all guards and other protective devices are in proper places and adjusted, and shall report deficiencies promptly to the RSO.
- 13) Employees shall not handle or tamper with any electrical equipment, machinery, or air or water lines in a manner not within the scope of their duties, unless they have received specific instructions.
- 14) All injuries should be reported to the RSO so that arrangements can be made for medical or first aid treatment.
- 15) When lifting heavy objects, use the large muscles of the leg instead of the smaller muscles of the back.
- 16) Do not throw things, especially material and equipment. Dispose of all waste properly and carefully. Bend all exposed nails so they do not hurt anyone removing the waste.
- 17) Do not wear shoes with thin or torn soles.

### **Responsible Safety Officer**

The identity of the person who is responsible for the Cellular Concrete Inc. safety program is Drew Nielsen.

This person must be someone of sufficient authority to implement the program. In addition to other titles, this person is called the Responsible Safety Officer.

### **Designated**

In accordance with Cellular Concrete Inc.'s safety and injury prevention program, Drew Nielsen has been designated as the Responsible Safety Officer, and has responsibility and authority to do the following in the name of Cellular Concrete Inc.:

- 1) Develop and implement rules of safe practices for each function within the company.
- 2) Develop and implement safe operating rules for use of electrical and mechanical equipment consistent with manufacturer's recommendations and specifications.
- 3) Develop and implement a system to encourage employees to report unsafe conditions immediately.
- 4) Conduct a thorough investigation of each accident, whether or not it results in an injury, to determine the cause of the accident and to prevent recurrence. In cases of a known injury accident, the investigation shall proceed only after consultation with Cellular Concrete Inc. attorneys, who shall direct the investigation (the product of which investigation shall be considered the work product of the attorney).
- 5) Instruct supervisors in safety responsibilities.
- 6) Develop and implement a program of employee safety education.
- 7) Conduct scheduled and unscheduled inspections to identify and correct unsafe working conditions. Special attention shall be given to notice of serious concealed dangers.
- 8) Maintain records of training, periodic inspections, corrective actions and investigations as required by law. The Responsible Safety Officer for Cellular Concrete Inc. is [Safety Officer] . Cellular Concrete Inc. will inform every person of the name of the Responsible Safety Officer and post his or her name and telephone/office number on the bulletin board where all other safety information is routinely maintained.

## **Duties**

Overall responsibility and authority for implementing the injury and illness prevention program is vested in Drew Nielsen, the Responsible Safety Officers. Management fully supports the Responsible Safety Officer. As part of the job, the Responsible Safety Officers will supplement this written injury and illness prevention program by: establishing workplace objectives and safety recognition programs; working with all government officials in both accident investigation and safety inspection procedures; maintaining safety and individual training records; encouraging reporting of unsafe conditions and promoting a safe workplace. Some of these responsibilities will be delegated to your immediate supervisor for implementation.

## **Employee Compliance**

This written plan contains incentives designed to promote employee participation in the safety program. These incentives are not part of your regular compensation and are not intended to discourage you from reporting accidents.

## **Agreement to Participate**

Every employer is required to provide a safe and healthful workplace. Cellular Concrete Inc. is committed to fulfilling this requirement. A safe and healthful workplace is one of the highest priorities of Cellular Concrete Inc.. The information in this manual constitutes a written injury and illness prevention program. While Cellular Concrete Inc. cannot anticipate every workplace hazard, the following general principals should guide your conduct. To be safe, you must never stop being safety conscious. Study the guidelines contained in this manual. Discuss the workplace situation with the RSO. Attend all company sponsored training and safety meetings. Read all posters and warnings. Listen to instructions carefully. Follow the Code of Safe Work Place Practices contained herein. Participate in accident investigations as requested. Accept responsibility for the safety of others. Maintain all required documentation. By signing the acknowledgement at the end of this handbook, each employee promises to read and implement this injury and illness prevention program. If you don't understand any policy, please ask your supervisor.

## **Accident Free Workplace**

To help us all meet our goal of an accident free workplace, we have instituted a contest: we will offer a prize for each month in which there is not a single time-loss accident at work. The prize will be awarded at random. Each month, the prize will be announced in advance. All employees who worked more than 1 hour in the month are eligible. Failure to report an industrial injury will suspend the prize for two months.

## **Employee Safety Suggestion Box**

From time to time, Cellular Concrete Inc. will award a prize for the best safety suggestion. To be eligible, please give your written safety suggestions to your supervisor during the safety meetings. All these safety suggestions will be discussed at the meeting. The supervisor whose employee wins the best safety suggestion will also be given a prize. The group that consistently has the best safety suggestions will also be recognized. Management is the sole judge of the value of safety suggestions, and will implement as many of the good suggestions as possible.

## **Training**

Employee safety training is another requirement of an effective injury and illness prevention program. While Cellular Concrete Inc. believes in skills training, we also want to emphasize safety training. All employees should start the safety training by reading this manual and discussing any problems or safety concerns with your direct supervisor. You may wish to make notes in the margins of this manual where it applies to your work.

## **Safety & Health Training**

Training is one of the most important elements of any injury and illness prevention program. Such training is designed to enable employees to learn their jobs properly, bring new ideas to the workplace, reinforce existing safety policies and put the injury and illness prevention program into action. Training is required for both supervision and employees alike. The content of each training session will vary, but each session will attempt to teach the following:

- a) The success of Cellular Concrete Inc.'s injury and illness prevention program depends on the actions of individual employees as well as a commitment by the Company.
- b) Each employee's immediate supervisor will review the safe work procedures unique to that employee's job, and how these safe work procedures protect against risk and danger.
- c) Each employee will learn when personal protective equipment is required or necessary, and how to use and maintain the equipment in good condition.
- d) Each employee will learn what to do in case of emergencies occurring in the workplace. Supervisors are also vested with special duties concerning the safety of employees.

The supervisors are key figures in the establishment and success of Cellular Concrete Inc.'s injury and illness prevention program. They have primary responsibility for actually implementing the injury and illness prevention program, especially as it relates directly to the workplace. Supervisors are responsible for being familiar with safety and health hazards to which employees are exposed, how to recognize them, the potential effects of these hazards, and rules and procedures for maintaining a safe workplace. Supervisors shall convey this information to the employees at the workplace, and shall investigate accidents according to the accident investigation policies contained in this manual.

## **Periodic Safety Training Meetings**

Cellular Concrete Inc. has safety meetings every 3 months. The purpose of the meeting is to convey safety information and answer employee questions. The format of most meetings will be to review, in language understandable to every employee, the content of the injury prevention program, special work site hazards, serious concealed dangers, and material safety data sheets. Each week, the RSO will review a portion of the company's safe work practices contained in this booklet, or other safety related information. Whenever a new practice or procedure is introduced into the workplace, it will be thoroughly reviewed for safety. A sign-up sheet will be passed around each meeting, and notes of the meeting will be distributed afterwards. A copy of the notes will also be placed in the file of each employee who attends the meeting. Employee attendance is mandatory and is compensable unless part of an official state approved training program or pre-employment requirement.

## **Employee Responsibility for Training**

Teaching safety is a two-way street. Cellular Concrete Inc. can preach safety, but only employees can practice safety. Safety education requires employee participation. Every 3 months, a meeting of all employees will be conducted for the purpose of safety instruction. The employees will discuss the application of the Company's injury and illness prevention program to actual job assignments. They will also read and discuss a section of the manual and review application of general safety rules to specific situations. Remember, the following general rules apply in all situations:

- a) No employee should undertake a job that appears to be unsafe.
- b) No employee is expected to undertake a job until he/she has received adequate safety instructions, and is authorized to perform the task.
- c) No employee should use chemicals without fully understanding their toxic properties and without the knowledge required to work with these chemicals safely.

- d) Mechanical safeguards must be kept in place.
- e) Employees must report any unsafe conditions to the job site supervisor and the Responsible Safety Officer.
- f) Any work-related injury or illness must be reported to management at once.
- g) Personal protective equipment must be used when and where required. All such equipment must be properly maintained.

## **Communication**

Employers should communicate to employees their commitment to safety and to make sure that employees are familiar with the elements of the safety program. Cellular Concrete Inc. communicates with its employees orally, in the form of directions and statements from your supervisor, written, in the form of directives and this manual, and by example. If you see a supervisor or management do something unsafe, please tell that person. We sometimes forget actions speak louder than words.

## **Accident Prevention Policy Posting**

Each employee has a personal responsibility to prevent accidents. You have a responsibility to your family, to your fellow workers and to the Company. You will be expected to observe safe practice rules and instructions relating to the efficient handling of your work. Your responsibilities include the following:

- Incorporate safety into every job procedure. No job is done efficiently unless it has been done safely.
- Know and obey safe practice rules.
- Know that disciplinary action may result from a violation of the safety rules.
- Report all injuries immediately, no matter how slight the injury may be.
- Caution fellow workers when they perform unsafe acts.
- Don't take chances.
- Ask questions when there is any doubt concerning safety.
- Don't tamper with anything you do not understand.
- Report all unsafe conditions or equipment to your supervisor immediately.

## **Accident Prevention Policy Posting**

A copy of this manual will be posted in the work area. It is the policy of Cellular Concrete Inc. to provide a safe and clean workplace and to maintain sound operating practices. Concentrated efforts shall produce safe working conditions and result in efficient, productive operations. Safeguarding the health and welfare of our employees cannot be stressed too strongly. Accident prevention is the responsibility of all of us. Department heads and supervisors at all levels shall be responsible for continuous efforts directed toward the prevention of accidents. Employees are responsible for performing their jobs in a safe manner. The observance of safe and clean work practices, coupled with ongoing compliance of all established safety standards and codes, will reduce accidents and make our Company a better place to work.

## **Safety Meetings**

Cellular Concrete Inc. has safety meetings every 3 months. The purpose of the meeting is to convey safety information and answer employee questions. The format of most meetings will be to review, in language understandable to every employee, the content of the injury prevention program, special work site hazards, serious concealed dangers, and material safety data sheets. Each week, the RSO will review



a portion of the company's safe work practices contained in this booklet, or other safety related information essential to accomplish the goals of the program. Cellular Concrete Inc. requires all its employees to accept responsibility for their own safety, as well as that of others in the workplace. It is your responsibility to read this manual and to become familiar with the Code of Safe Work Practices and Specific Safety Rules contained in this manual, as well as any posted government Safety Orders.

## **Hazard Identification & Abatement**

This written safety and health plan sets out a system for identifying workplace hazards and correcting them in a timely fashion. Please review it carefully with your supervisor. Remember, safety is everyone's responsibility.

## **Safety Audits**

The best method to establish a safer workplace is to study past accidents and worker compensation complaints. By focusing on past injuries, Cellular Concrete Inc. hopes to avoid similar problems in the future. Therefore, whenever there is an accident, and in many cases upon review of past accidents, you may be requested to participate in a safety audit interview. During the interview, there will be questions about the nature of the investigation and the workplace safety related to the incident. Please answer these questions honestly and completely. Also, please volunteer any personal observations and/or suggestions for improved workplace safety. Based upon the study of past accidents and industry recommendations, a safety training program has been implemented. In addition to other preventative practices, there will be a group discussion of the cause of the accident and methods to avoid the type of accidents and injury situations experienced in the past. Work rules will be reviewed and modified based upon the study of these accidents. In addition to historical information, workplace safety depends on workplace observation.

Your supervisor is responsible for inspecting your working area daily before and while you are working, but this does not mean you are no longer responsible for inspecting the workplace also. Each day, before you begin work, you must inspect the area for any dangerous conditions. Inform your supervisor of anything significant, so other employees and guests are advised. You may also be given written communications regarding unsafe conditions or serious concealed dangers. Review this communication carefully and adjust your workplace behavior to avoid any danger or hazards. If you are unclear or unsure of the significance of this written communication, contact your supervisor and review your planned actions before starting to work. It is better to wait and check, then to go ahead and possibly cause an injury to yourself and others. Managers must provide written notice to employees of any serious concealed dangers of which they have actual knowledge. In addition to providing written notice of all serious concealed dangers to employees managers are required to report serious concealed dangers to either OSHA or an appropriate administrative agency within fifteen days, or immediately if such danger would cause imminent harm, unless the danger is abated. Merely identifying the problem is not sufficient. The danger must be reported to the appropriate supervisor and the Responsible Safety Officer, who then will correct the problem. If the danger cannot be corrected, then all employees will be warned to take protective action so that the danger will not result in any injuries.

## **Workplace Inspections**

In addition to the examination of records, work place safety inspections will occur periodically every 3 months, when conditions change, or when a new process or procedure is implemented. During these inspections, there will be a review of the injury and illness prevention policy and Cellular Concrete Inc. code of safe work practices.

## **Accident Investigation**

A primary tool used by Cellular Concrete Inc. to identify the areas responsible for accidents is a thorough and properly completed accident investigation. The results of each investigation will be reduced to



writing and submitted for review by management and Cellular Concrete Inc.'s insurance risk management advisors, and, if the accident resulted in serious injury, to Company attorneys. If the accident resulted in serious injury, the procedure will be directed by the attorneys to provide the most reliable evidence or description legally permissible. All investigations pursuant to the directions of legal counsel will be protected by all applicable privileges, if any. The attorney will provide more detail on this topic during the investigation.

Every job location will have on site at least one camera, preferably either a video or a sixty second type, with enough film to take pictures immediately after any occurrence. Some workplaces will have a video camera. A written report should be prepared from notes and diagrams made at the scene, or a portable [tape/voice] recorder will be used to record direct eyewitness statements as near to the actual time of observation as possible. All statements should include the time and date given, and the town or county where the statement was made. If the statement is intended to be used in court proceedings, a suitable jurat is required, otherwise, a simple statement that the description is sworn to be true under penalty of perjury with the date, place and time should be included. All pictures should be similarly identified. Let people know on tape that they are being recorded. Also, make sure that the names and addresses and day and evening phone numbers of all eye witnesses are noted or recorded. If a formal police report or other official investigation is conducted by any government agency, get the name and badge number of the official, or a business card, and find out when a copy of the official report will be available to the public. If you are requested to make a statement, you have the right to have the Company lawyer attend your statement at no cost to you.

### **A satisfactory accident report will answer the following questions:**

- 9) What happened? The investigation report should begin by describing the accident, the injury sustained, the eyewitnesses, the date, time and location of the incident and the date and time of the report. Remember: who, what, when, where and how are the questions that the report must answer.
- 10) Why did the accident occur? The ultimate cause of the accident may not be known for several days after all the data are analyzed. However, if an obvious cause suggests itself, include your conclusions as a hypothesis at the time you give your information to the person in charge of the investigation.
- 11) What should be done? Once a report determines the cause of the accident, it should suggest a method for avoiding future accidents of a similar character. This is a decision by the Responsible Safety Officer and the supervisor on the project, as well as top management. Once a solution has been adopted, it is everyone's responsibility to implement it.
- 12) What has been done? A follow up report will be issued after a reasonable amount of time to determine if the suggested solution was implemented, and if so, whether the likelihood of accident has been reduced.

### **Records**

Cellular Concrete Inc. maintains records of employee training, hazard identification and abatement, and accident investigation.

### **OSHA Records Required**

Copies of required accident investigations and certification of employee safety training shall be maintained by the Responsible Safety Officer. A written report will be maintained on each accident, injury or on-the-job illness requiring medical treatment. A record of each such injury or illness is recorded on OSHA Log and Summary of Occupational Injuries Form 200 according to its instructions. Supplemental records of each injury are maintained on OSHA Form 101, or Employers Report of Injury or Illness Form 5020. Every year, a summary of all reported injuries or illnesses is posted no later than February 1, for one month, until March 1, on OSHA Form 200. These records are maintained for five

years from the date of preparation.

### **General Statement on Safety**

Cellular Concrete Inc. strives to maintain a safe place to work and to employ safe workers. It is your responsibility to conduct your work in a safe, responsible manner. Immediately report all accidents occurring on Company premises to your supervisor.

### **General Statement on Safety**

Each employee has an individual responsibility to prevent accidents. It is to the benefit of all employees and Cellular Concrete Inc. that you report any situation or condition you believe may present a safety hazard, including any known or concealed dangers in your work area. Cellular Concrete Inc. encourages you to report your concern either to your immediate supervisor or to a member of the Safety Committee. The supervisor or Safety Committee will take immediate action to investigate the matter.

### **Safety Equipment**

Proper safety equipment is necessary for your protection. The Company provides the best protective equipment it is possible to obtain. Use all safeguards, safety appliances, or devices furnished for your protection and comply with all regulations that may concern or affect your safety. Wear your gear properly -- all snaps and straps fastened, cuffs not cut or rolled. Your supervisor will advise you as to what protective equipment is required for your job. Certain jobs require standard safety apparel and appliances for the protection of the employee.

Your supervisor is aware of the requirements and will furnish you with the necessary approved protective appliances. These items shall be worn and effectively maintained as a condition of your continued employment and part of our mutual obligation to comply with the Occupational Safety and Health Act. Safety goggles, glasses and face shields shall correspond to the degree of hazard, i.e., chemical splashes, welding flashes, impact hazard, dust, etc. Do not alter or replace an approved appliance without permission from your supervisor. Rubber gloves and rubber aprons shall be worn when working with acids, caustics or other corrosive materials. Specified footwear must be worn. No jewelry shall be worn around power equipment. Hearing protection appliances (approved muffs or plugs) shall be worn by all employees working within any area identified as having excess noise levels. Your supervisor will instruct you in the proper use of the appliance.

### **Protective Clothing**

Proper safety equipment is necessary for your protection. The Company provides the best protective equipment it is possible to obtain. Use all safeguards, safety appliances, or devices furnished for your protection and carry out all regulations that may concern or affect your safety. Wear your gear properly - all snaps and traps fastened, cuffs not cut or rolled. Your supervisor will advise you as to what protective equipment is required for your job.

### **Smoking & Fire Safety**

Fire is one of the worst enemies of any facility. Learn the location of the fire extinguishers. Learn how to use them. You can help prevent fires by observing the smoking rules:

- Smoking is not allowed on the site, except in designated areas.
- Smoking is not permitted in rest rooms.
- If you are not sure about where you may smoke, ask the supervisor.

## Reporting

All serious accidents must be reported to OSHA. In cases of hospitalization or death, a full investigation with copies to governmental authorities will be required. In less serious cases, the investigation report must be presented to the company for disclosure to its insurance carrier and for remedial action at the work site.

# General Code of Safe Work Practices

## General Fire Safety

Our local fire department is well acquainted with our facility, its location and specific hazards. All fire doors and shutters must be maintained in good operating condition. Fire doors and shutters should be unobstructed and protected against obstructions, including their counterweights. Fire door and shutter fusible links must be in place. All automatic sprinkler water control valves, if any, air and water pressures should be checked routinely. The maintenance of automatic sprinkler systems is assigned to the Responsible Safety Officer. Sprinkler heads should be protected by metal guards if they could possibly be exposed to damage. Proper clearance must be maintained below sprinkler heads. Portable fire extinguishers are provided in adequate number and type and are located throughout the facility. Fire extinguishers are mounted in readily accessible locations. Fire extinguishers are recharged regularly and the date of last inspection noted on their tags. All employees are periodically instructed in the use of extinguishers and fire protection procedures. Notify the Responsible Safety Officer of any damage to fire protection equipment.

## Cold

Prolonged exposure to freezing or cold temperatures can result in serious health problems such as trench foot, frostbite and hypothermia. In extreme cases, including cold water immersion, exposure can result in death. Danger signs include uncontrolled shivering, slurred speech, clumsy movements, fatigue and confused behavior. If these signs are observed, call for emergency help.

Some tips:

- Recognize environmental and workplace conditions that can be dangerous.
- Learn the signs and symptoms of cold-induced illnesses/injuries and what to do to for yourself and others.
- Wear proper clothing for cold, wet and windy conditions including layers so you can adjust to changing conditions.
- Be sure to take frequent short breaks in warm dry shelters to allow the body to warm up.
- Try to schedule work for the warmest part of the day.
- Avoid exhaustion or fatigue because energy is needed to keep muscles warm.
- Use the buddy system—work in pairs so that one worker can recognize danger signs.

- Drink warm, sweet beverages (sugar water, sports-type drinks) and avoid drinks with caffeine (coffee, tea, sodas or hot chocolate) or alcohol.
- Eat warm, high-calorie foods such as hot pasta dishes.
- Remember, you face increased risks when you take certain medications, are in poor physical condition or suffer from illnesses such as diabetes, hypertension or cardiovascular disease.

## Powder Actuated Tools

The employees using powder-actuated tools must be properly trained and will be issued a card as proof of that training. Some of the powder-actuated tools being used have written approval of the Division of Occupational Safety and Health. Check to see which tools require a certification and which certificates have been issued. Each powder-actuated tool should be stored in its own locked container when not being used. Signs measuring at least 7" x 10" and in bold face typed reading "POWDER-ACTUATED TOOL IN USE" must be placed conspicuously when the tool is being used. All powder-actuated tools must be left unloaded until they are actually ready to be used. Each day before using, each powder-actuated tool must be inspected for obstructions or defects. The powder-actuated tool operators must have and must use appropriate personal protective equipment such as hard hats, safety goggles, safety shoes and ear protectors whenever they are using these machines.

## Machine Guarding

Before operating any machine, every employee must have completed a training program on safe methods of machine operations. It is the primary purpose of supervision to ensure that employees are following safe machine operating procedures. There will be a regular program of safety inspection of machinery and equipment. All machinery and equipment must be kept clean and properly maintained. There must be sufficient clearance provided around and between machines to allow for safe operations, set up, servicing, material handling and waste removal.

All equipment and machinery should be securely placed, and anchored when necessary, to prevent tipping or other movement that could result in personal injury. Most of the time, machinery should be bolted to the floor to prevent falling during an earthquake, and the electrical cord to the machinery fixed with a breaker or other shut-off device to stop power in case of machine movement. There must be a power shut-off switch within reach of the operator's position at each machine. Electrical power to each machine shall be capable of being locked out for maintenance, repair or security. The non-current carrying metal parts of electrically operated machines must be bonded and grounded. The foot-operated switches are guarded and/or arranged to prevent accidental actuation by personnel or falling objects. All manually operated valves and switches controlling the operation of equipment and machines must be clearly identified and readily accessible.

All EMERGENCY stop buttons are colored **RED**. All the pulleys and belts which are within 7 feet of the floor or working level are properly guarded. All moving chains and gears must be properly guarded. All splash guards mounted on machines that use coolant must be positioned to prevent coolant from splashing the employees. The supervisor will instruct every employee in the work area on the methods provided to protect the operator and other employees in the machine area from hazards created by the operation of a machine, such as nip points, rotating parts, flying chips and sparks. The machinery guards must be secure and arranged so they do not present a hazard. All special hand tools used for placing and removing material must protect the operator's hands. All revolving drums, barrels and containers should be guarded by an enclosure that is interlocked with the drive mechanisms, so that revolution cannot occur unless the guard enclosure is in place. All arbors and mandrels must have firm and secure bearings and be free of play.

A protective mechanism has been installed to prevent machines from automatically starting when power is restored after a power failure or shutdown. Machines should be constructed so as to be free from

excessive vibration when the size tool is mounted and run at full speed. If the machinery is cleaned with compressed air, the air must be pressure controlled and personal protective equipment or other safeguards used to protect operators and other workers from eye and bodily injury. All fan blades should be protected by a guard having openings no larger than 1/2 inch when operating within 7 feet of the floor. Saws used for ripping equipment must be installed with anti-kickback devices and spreaders. All radial arm saws must be arranged so that the cutting head will gently return to the back of the table when released.

### **Lock-out / Block-out Procedures**

All machinery or equipment capable of movement must be de-energized or disengaged and blocked or locked out during cleaning, servicing, adjusting or setting up operations, whenever required. The locking out of the control circuits in lieu of locking out main power disconnects is prohibited. All equipment control valve handles must be provided with a means for locking out. The lock-out procedure requires that stored energy (i.e. mechanical, hydraulic, air) be released or blocked before equipment is locked out for repairs. Appropriate employees are provided with individually keyed personal safety locks. Employees are required to keep personal control of their key(s) while they have safety locks in use. Employees must check the safety of the lockout by attempting a start up after making sure no one is exposed. Where the power disconnect does not also disconnect the electrical control circuit, the appropriate electrical enclosures must be identified. The control circuit can also be disconnected and locked out.

### **Welding, Cutting & Brazing**

Only authorized and trained personnel are permitted to use welding, cutting or brazing equipment. All operators must have a copy of the appropriate operating instructions and are directed to follow them. Compressed gas cylinders should be regularly examined for obvious signs of defects, deep rusting, or leakage. Use care in handling and storing cylinders, safety valves, relief valves and the like, to prevent damage. Precaution must be taken to prevent mixture of air or oxygen with flammable gases, except at a burner or in a standard torch. Only approved apparatus (torches, regulators, pressure-reducing valves, acetylene generators, manifolds) may be used. Cylinders must be kept away from sources of heat. It is prohibited to use cylinders as rollers or supports. Empty cylinders must be appropriately marked, their valves closed and valve-protection caps on.

Signs reading: "DANGER-NO SMOKING, MATCHES, OR OPEN LIGHTS," or equivalent must be posted. Cylinders, cylinder valves, couplings, regulators, hoses and apparatus must be kept free of oily or greasy substances. Care must be taken not to drop or strike cylinders. Unless secured on special trucks, all regulators must be removed and valve-protection caps put in place before moving cylinders. All cylinders without fixed hand wheels must have keys, handles, or non-adjustable wrenches on stem valves when in service.

Liquefied gases must be stored and shipped valve-end up with valve covers in place. Before a regulator is removed, the valve must be closed and gas released from the regulator. All employees are instructed never to crack a fuel-gas cylinder valve near sources of ignition. Red is used to identify the acetylene (and other fuel-gas) hose, green for oxygen hose, and black for inert gas and air hose. All pressure-reducing regulators must be used only for the gas and pressures for which they are intended.

### **Compressors & Compressed Air**

All compressors must be equipped with pressure relief valves and pressure gauges. All compressor air intakes must be installed and equipped to ensure that only clean, uncontaminated air enters the compressor. Every air receiver must be provided with a drain pipe and valve at the lowest point for the removal of accumulated oil and water. Compressed air receivers must be periodically drained of moisture and oil. All safety valves shall be tested frequently and at regular intervals to determine whether they are in good operating condition. A current operating permit issued by the Division of Occupational Safety

and Health shall be maintained. The inlet of air receivers and piping systems must be kept free of accumulated oil and carbonaceous materials.

### **Compressed Gas & Cylinders**

Cylinders with a water weight capacity over 30 pounds must be equipped with means for connecting a valve protector device, or with a collar or recess to protect the valve. Cylinders must be legibly marked to identify clearly the gas contained. Compressed gas cylinders should be stored only in areas which are protected from external heat sources such as flame impingement, intense radiant heat, electric arcs or high temperature lines. Cylinders must not be located or stored in areas where they will be damaged by passing or falling objects, or subject to tampering by unauthorized persons. Cylinders must be stored or transported in a manner to prevent them from creating a hazard by tipping, falling or rolling. All cylinders containing liquefied fuel gas must be stored or transported in a position so that the safety relief device is always in direct contact with the vapor space in the cylinder. Valve protectors must always be placed on cylinders when the cylinders are not in use or connected for use. All valves must be closed off before a cylinder is moved, when the cylinder is empty, and at the completion of each job. Low pressure fuel-gas cylinders must be checked periodically for corrosion, general distortion, cracks, or any other defect that might indicate a weakness or render them unfit for service. The periodic check of low pressure fuel-gas cylinders includes a close inspection of the cylinder's bottom.

### **Hoists & Auxiliary Equipment**

Every overhead electrical hoist shall be equipped with a limit device to stop the hook travel at its highest and lowest points of safe travel. Check these limits without a load to ensure the device is working correctly. Each hoist should automatically stop and hold any load up to 125 percent of its rated load if its actuating force is removed. Check this periodically under controlled conditions. Make sure that the rated load of each hoist is legibly marked and visible to the operator. Stops should be provided at the safe limits of travel for trolley hoists. The controls of hoists should be plainly marked to indicate direction of travel or motion. Every cage-controlled hoist must be equipped with an effective warning device. Close-fitting guards or other suitable devices should be installed on hoists to assure hoist ropes will be maintained in the sheave grooves. All hoist chains or ropes must be of sufficient length to handle the full range of movement for the application, while maintaining two full wraps on the drum at all times. All nip points or contact points between hoist ropes and sheaves which are permanently located within 7 feet of the floor, ground or working platform must be guarded. It is prohibited to use chains or rope slings that are kinked or twisted. The operator should avoid carrying loads over people. Only employees who have been trained in the proper use of hoists are allowed to operate them.

### **Industrial Trucks / Forklifts**

Only trained personnel should be allowed to operate industrial trucks. Lift Truck Operating rules must be posted and will be strictly enforced. When operating any industrial truck, substantial overhead protective equipment will be provided on high lift rider equipment. Directional lighting is also provided on each industrial truck that operates in an area with less than 2 foot candles per square foot of general lighting. Each industrial truck must have a warning horn, whistle, gong or other device which can be clearly heard above the normal noise in the area where operated. Before using a forklift, check that the brakes on each industrial truck are capable of bringing the vehicle to a complete and safe stop when fully loaded. The parking brake must effectively prevent the vehicle from moving when unattended. When motorized hand and hand/rider truck are operated, and when the operator releases the steering mechanism, make sure that both the brakes are applied and power to the motor shut off. Maintenance records are available so that a driver can check on the servicing of the truck in case of questions. When an industrial truck operates in areas where flammable gases, vapors, combustible dust, or ignitable fibers may be present in the atmosphere, the vehicle must be approved for such locations with a tag showing such approval posted on the vehicle itself. Industrial trucks with internal combustion engines, operated in buildings or enclosed



areas, should be carefully checked to ensure that the operation of the vehicle does not cause harmful concentration of dangerous gases or fumes.

## **Confined Spaces**

Before entry into a confined space, all impellers, agitators, or other moving equipment contained in the confined space must be locked-out. Ventilation must be either natural or mechanically provided into the confined space. All hazardous or corrosive substances that contain inert, toxic, flammable or corrosive materials must be valved off, blanked, disconnected and separated. Atmospheric tests should be performed to check for oxygen content, toxicity and explosive concentration. Atmospheric tests must be performed on a regular basis in a confined area where entry is required. The area must also be checked for decaying vegetation or animal matter that could produce methane. Adequate lighting must be provided within the space. If the confined area is located below the ground or near where motor vehicles are operating, care must be taken that vehicle exhaust or carbon monoxide does not enter the space.

When personnel enter a confined area, assigned safety standby employees who are alert to the work being done, are able to sound an alarm if necessary and to render assistance, must be in the area. These standby employees must be trained to assist in handling lifelines, respiratory equipment, CPR, first aid, and be able to employ rescue equipment that will remove the individual from the confined area. Standby personnel should be in teams of two during such an operation or else within the vicinity if working separately. There must also be an effective communication system utilized while the operation is occurring. When equipment which utilizes oxygen, such as salamanders, torches or furnaces, is used in a confined space, adequate ventilation must be provided to guarantee oxygen content and combustion for the equipment. When this equipment is used, adequate measures must be taken to assure that exhaust gases are vented outside the enclosure. When gas welding or burning is used, hoses must be checked for leaks. Compressed bottled gas must be outside the area and torches must be lit outside the area also. The atmosphere must be tested each time before lighting a torch.

## **Environmental Controls**

All employees must be aware of the hazards involved when working with chemicals and the remedies that need to be used when an accident does occur. A training program will give instructions on how to handle the chemical being used and first aid to be applied to victims of chemical exposure. First aid and caution signs will be conspicuously posted so as to alert individuals on a constant basis. Charts identifying the chemicals utilized in the workplace, their symptoms and effects must also be posted. The workers must know what the acceptable level of exposure to a chemical is and what safety systems must be in place when working with a chemical. Staff should also be aware of new chemical products which may be available that are less harmful, and they must ensure that facilities are adequately ventilated when using chemicals on the premises. Spray painting operations done in spray rooms or booths must be equipped with an appropriate exhaust system. Periodic inspections must be made of the booth and noted on an inspection tag posted on the booth.

If welding is done, the welder should be certified. In the area of operation where the welding is taking place, the welder must be aware of ventilation available, the type of respirator that can be used in the area, and if exposure time or other means will suffice as a safe and adequate measure when welding as to the fumes that will be emitted. Welders should also be supplied with protective clothing and a flash shield during welding operations. When forklifts and other vehicles are used in buildings or other enclosed areas, carbon monoxide levels must be kept below maximum acceptable concentration. Noise levels also present a potential hazard. Noise levels within a facility must be at acceptable levels and if not, steps must be taken to reduce the level using recommended engineering controls.

When fibrous materials such as asbestos are being handled, the necessary precautions must be taken to protect the employee from the material. The material must be labeled, along with signs conspicuously posted that these materials are being used in the area. Employees should be aware of effective methods



used to prevent emission of airborne asbestos fibers, silica dust and other similar hazardous materials. Some of the recommended methods of controlling the emission of these materials are by using water and vacuuming, rather than blowing and sweeping, the materials. Machinery such as grinders, saws and other tools that produce a fine airborne dust must be vented to an industrial collector or central exhaust system. In any ventilation system the system should be designed and operated at an airflow and volume necessary for proper application and effectiveness. In the design of the ventilation system the ducts and belts must be free of obstructions and slippage.

As with all operations, there must be written standards on the procedures for the equipment, description of the job task, usage of the protective equipment provided, such as the selection and use of respirators, and when they are needed. Any water that is provided to an employee throughout the facility should be clearly identified as to whether it is for drinking, washing or cooking. All restrooms must be kept clean and sanitary. Employees should be screened before taking positions that may expose them to hazards they are not physically capable of handling.

An employee who takes an assignment which requires physical labor must be trained to lift heavy loads properly so as not to damage themselves physically. If the work assignment involves dealing with equipment that produces ultra-violet radiation, the employee must be properly protected or given the correct protective clothing. An employee posted to an assignment on a roadway where there is heavy traffic must be given the designated protective clothing (bright colored traffic orange warning vest) and safety training regarding the hazards of this job.

## **Hazardous Chemical Exposures**

In any company which utilizes chemical substances, a training program on the handling, hazards, storage, exposure risks, symptoms of chemical exposure, and first aid needs to be part of any new employees training. There must also be follow-up training sessions as to any new chemical or processes that may be initiated by the company. Follow-up training sessions act as a reinforcement of safety standards that need to be followed on a daily basis. In a training program, employees will learn acceptable levels of chemical exposure, proper storage and labeling of chemicals, and usage of protective clothing and equipment for handling chemicals. They will also learn about potential fire and toxicity hazards, when not to have a chemical in a confined area, or to store in closed containers, usage of eye wash fountains and safety showers, and the necessary posting of open, and dangerous areas.

## **Airborne Contaminants**

It is important that an employee recognize the Threshold Limit Values or Permissible Exposure Limits of airborne contaminants and physical agents in the workplace. A procedural manual or set of instructions must be part of the program, with periodic inspections that clearly indicate whether an employee may be mishandling a chemical or endangering himself or others. Part of the manual or procedures must establish a standard of when and how to deal with chemical spills, neutralizing, and disposing of spills or overflows. These procedures must also be posted in an area that is easily accessible for reference usage.

First Aid training and equipment will be routine in any facility where chemicals are used. Employees must know how to handle equipment in emergency situations, what equipment needs to be used and whether the equipment is adequate for the situation. Respirators may be used either as protective safety equipment or for emergency usage. Therefore, the employee should recognize that respirators need to be stored in a clean, sanitary and convenient location and inspected on a regular basis. Also what respirators are approved by NIOSH for their particular applications. With a first aid program an employee will recognize when a problem may be occurring by exposure to a chemical ranging from headaches, nausea, dermatitis problems to other factors of discomfort when they use solvents or chemicals. In the design of a facility that transports chemicals from storage to vats, the content of pipes and storage containers must be clearly marked. Within that facility design there must be an emergency shut off system in case of accident. Each employee will be trained as to these emergency shut-off systems.

Ventilation is another major factor in the design of any facility. Whether by natural means or mechanical, the system must be designed to control dust, fumes, solvents, gases, smoke or vapors which may be generated in the workplace. It is also important that a medical or biological monitoring system be in operation as part of the safety standards. If internal combustion engines are used in the facility, or if there is a chance of leakage or mixture with a chemical that could create a toxic gas, atmospheric gas levels must be monitored. If toxic chemicals are used and stored in the facility they should be located in an isolated area to guarantee safety.

## **Hazardous Substances Communication**

When hazardous substances are used in the workplace, a hazard communication program dealing with Material Safety Data Sheets (MSDS), labeling and employee training will be in operation. MSDS materials will be readily available for each hazardous substance used. A training program plus regular question and answer sessions on dealing with hazardous materials will be given to keep employees informed. The program will include an explanation of what an MSDS is and how to use and obtain one; MSDS contents for each hazardous substance or class of substances; explanation of the "Right to Know"; identification of where employees can see the employer's written hazard communication program and where hazardous substances are present in their work area; the health hazards of substances in the work area, how to detect their presence, and specific protective measures to be used; as well as informing them of hazards of non-routine tasks and unlabeled pipes.

## **Electrical**

The workplace will be aware of the OSHA Electrical Safety Orders and will comply with the same. Employees will be required to report any hazard to life or property that is observed in connection with a job, electrical equipment or lines. Employees will be expected to make preliminary inspections or appropriate tests to determine conditions before starting work. When equipment or lines are to be serviced, maintained or adjusted, employees must be aware of open switches. Lockouts must be tagged whenever possible. Equipment such as electrical tools or appliance must be grounded or of the double insulated type. Extension cords being used must have a grounding conductor. The workplace supervisor must be aware if multiple plug adaptors are prohibited. If ground-fault circuit interrupters are installed on each temporary 15 or 20 ampere, 120 volt AC circuit at locations where construction, demolition, modifications, alterations or excavations are being performed, temporary circuits must be protected by suitable disconnecting switches or plug connectors with permanent wiring at the junction.

## **Motors**

Disconnecting switches for electrical motors in excess of two horsepower must be capable of opening the circuit when the motor is in a stalled condition without exploding. (Switches must be horsepower rated equal to or in excess of the motor hp rating.) Low voltage protection must be provided in the control device of motor driven machines or equipment which could cause injury from inadvertent starting. A motor disconnecting switch or circuit breaker must be located within sight of the motor control device.

### **Motors:**

- a) must be located within sight of their controller;
- b) must have their controller disconnecting means capable of being locked in the open position;
- c) or must have separate disconnecting means installed in the circuit within sight of the motor.

A controller for a motor in excess of two horsepower must be rated equal to but not in excess of the motor it services. Employees who regularly work on or around energized electrical equipment or lines will be instructed in cardio-pulmonary resuscitation (CPR) methods. Employees will be trained on how to work

on energized lines or equipment over 600 volts.

## **Noise**

Noise levels are measured using a sound level meter or an octave bank analyzer and records kept. Engineering controls will be used to reduce excessive noise levels. When engineering controls are not feasible, administrative controls (i.e, worker rotation) will be used to minimize individual employee exposure to noise. An ongoing preventive health program will be utilized to educate employees in safe levels of noise, exposure, effects of noise on their health, and use of personal protection. Approved hearing protective equipment (noise attenuating devices) will be available to every employee working in areas where continuous noise levels exceed 85 dB. To be effective, ear protectors must be properly fitted and employees will be instructed in their use and care.

## **Fueling**

Where flammable liquids are used, employees will be trained to deal with spillage during fueling operations, how it is to be cleaned, the types and designs of fueling hoses and the specific types of fuel it can handle, whether fueling is being done with a nozzle that is a gravity flow system or self-closing, how to avoid spills and recognition that if a spill does occur, the safety of restarting an engine. Employees must be aware that an open flame or light near any fuel is prohibited when fueling or the transfer of fuel is occurring. "NO SMOKING" signs will be posted conspicuously.

## **Piping Systems**

Substances that are transported through piping need to be identified by color or labeling. Signs must be posted identifying the substance being transported through the pipes as to whether it is hazardous and where turn-off valves, connections and outlets are located. All tags used for labeling will be of a durable material with distinguishable and clearly written print. When non-potable water is piped through a facility, outlets or taps, notices will be posted to alert employees that it is unsafe and not to be used for drinking, washing or personal use. When pipelines are heated by electricity, steam or other external sources, warning signs or tags placed at unions, valves, or other serviceable parts will be part of the system.

## **Material Handling**

In the handling of materials, employees must know the following: There must be safe clearance for equipment through aisles and doorways. Aisle ways must be designated, permanently marked, and kept clear to allow unhindered passage. Motorized vehicles and mechanized equipment will be inspected daily or prior to use. Vehicles must be shut off and brakes must be set prior to loading or unloading. Containers of combustibles or flammables, when stacked while being moved, must be separated by dunnage sufficient to provide stability. If dock boards (bridge plates) are used when loading or unloading operations are taking place between vehicles and docks, precautions must be observed. Trucks and trailers will be secured from movement during loading and unloading operations. Dock plates and loading ramps will be constructed and maintained with sufficient strength to support imposed loading. Hand trucks must be maintained in safe operating condition. Chutes must be equipped with sideboards of sufficient height to prevent the handled materials from falling off. At the delivery end of rollers or chutes, provisions must be made to brake the movement of the handled materials. Pallets must be inspected before being loaded or moved. Hooks with safety latches or other arrangements will be used when hoisting materials, so that slings or load attachments won't accidentally slip off the hoist hooks. Securing chains, ropes, chockers or slings must be adequate for the job to be performed. When hoisting material or equipment, provisions must be made to assure no one will be passing under the suspended loads. Material Safety Data Sheets will be available to employees handling hazardous substances.

## **Transporting Employees & Materials**

When employees are transporting either employees or materials, they must have an operator's license for that classification of vehicle and be certified or trained in the operation of that vehicle. For a safety program to be effective, they must also have knowledge of First Aid courses and safety equipment, as well as the vehicle and how it operates. As employees are transported by truck, provisions must be provided to prevent their falling from the vehicle. Vehicles should be in good working condition, inspected on a regular basis and must be equipped with lamps, brakes, horns, mirrors, windshields and turn signals in good working order. If the vehicle transports numerous individuals it must be equipped with handrails, steps, stirrups or similar devices, placed and arranged so that employees can safely mount or dismount. Safety measures to ensure passenger safety should be observed. When cutting tools with sharp edges are carried in the passenger compartment, they must be placed in closed boxes or secured containers. Carrying flares and two reflective type flares and a fire extinguisher must be part of the standard emergency equipment carried in the vehicle at all times.

## **Ventilation**

In the operation of any facility ventilation system, there needs to be a design to integrate several systems of control which will expel contaminants and provide clean air. The systems must take into consideration the volume and velocity that will be needed to successfully remove contaminants. The system must not fail in the case of an emergency situation where two contaminants are exposed to each other when a fire or explosion occurs. In the design of the system, clean-out ports or doors that are provided at intervals will not exceed 12 feet in all horizontal runs of exhaust ducts. The system must be operational so that it will not offset the functions of other operations.

## **Sanitizing Equipment & Clothing**

In any operation where protective clothing is used, a set of standards of the handling, cleaning, and disposal of the clothing will be developed. In the line of work where an employee is exposed to a hazardous substance, is the employee required to change or take a shower? If so, both a change and shower room will be provided along with appropriate disposal areas of collection for the cleaning and sanitizing of the clothing. When working in a facility where employees need protective clothing, a training course will be held. Employees will also know where and when they can eat or smoke in such a facility. Conspicuously posted signs will be arranged throughout the plant.

## **Ergonomics**

With the introduction of computers into the workplace, new areas of physical debilitation have been recognized. These new potential hazards have required a redesigning of both the workplace and how employees work. A set of standards will be developed and practiced with this new technology. Furniture will be adjustable, positioned and arranged to minimize strain on all parts of the body. The glare of a computer screen will be minimized by a glare screen to prevent eye strain. Repetitive motions can harm, back, shoulders, neck, wrists and other parts of the body, so employees will not proceed with a task when they are physically feeling an impairment. Each employee will be entitled to a rest break.

## **Ventilation for Indoor Air Quality**

HVAC systems should provide at least the quantity of outdoor air required by the State Building Standards code, Title 24, Part 2. The HVAC systems should be inspected annually for any potential problems and there should be an approved inspection certificate available for review. Records should be retained for a minimum five year period.

## **Safety Posters**

Cellular Concrete Inc. is required to post certain employment related information. The required

information is maintained on bulletin board where employees can find the following required posters: Various state and federal orders regulating the Wages, Hours and Working Conditions in certain industries. Pay Day Notice Anti-Discrimination Poster Equal Employment Opportunity is the Law (EEOC form) OSHA Safety and Health Protection on the Job Notice of Workers Compensation Carrier Notice to Employees: Unemployment Insurance and Disability Insurance Notice: Employee Polygraph Protection Act (form WH 1462) Access to Medical and Exposure Records Notice to Employees: Time Off to Vote In addition to the above listed notices, a copy of this injury prevention program, a log and summary of Occupational Injuries and Illnesses, a copy of Cellular Concrete Inc.'s code of Safe Work Practices and a Fire Prevention and Evacuation Plan will be posted.

**Material Data Safety Sheets for Cellular Concrete Inc.'s premises are available on the [MSDS location].** When employees are required to work on the premises of any other employer, such as a service call or installation situation, the job site will maintain a collection of Material Data Safety Sheets that describe any hazards unique to that site. Check with the other employer's job site coordinator or supervisor for the exact location of the MSDS information.

In addition to these required safety postings, **emergency numbers are maintained in the [emergency # location].** In most cases of real emergency call 911. State your name, the nature of the emergency, and exact location of the injury. Answer all questions completely. Do NOT use 911 for routine calls to police or fire departments.

## **Licenses & Permits**

In addition to other postings required by law, Cellular Concrete Inc. maintains a copy of all necessary business licenses, permits, and notices required by the National Labor Relations Board or other governmental bodies, notices of citations during abatement periods, and other required information which are posted during the appropriate times on bulletin board.

## **Personal Protective Equipment Clothing**

- 13) Where there is a danger of flying particles or corrosive materials, employees must wear protective goggles and/or face shields provided [or approved] by Cellular Concrete Inc..
- 14) Employees are required to wear safety glasses at all times in areas where there is a risk of eye injuries such as punctures, contusions or burns.
- 15) Employees who need corrective lenses are required to wear only approved safety glasses, protective goggles, or other medically approved precautionary procedures when working in areas with harmful exposures, or risk of eye injury.
- 16) Employees are required to wear protective gloves, aprons, shields and other means provided in areas where they may be subject to cuts, corrosive liquids and/or harmful chemicals.
- 17) Hard hats must be worn in areas subject to falling objects, and at all times while at construction sites.
- 18) Appropriate footwear including steel toed shoes must be worn in an area where there is any risk of foot injuries from hot, corrosive, poisonous substances, falling objects, crushing or penetrating action.
- 19) When necessary employees must use the approved respirators which are provided for regular and emergency use.
- 20) All safety equipment must be maintained in sanitary condition and ready for use. Report any defective equipment immediately.
- 21) **An eye wash facility is located in the [eye wash location].** If any irritant gets into an employee's eyes, call for medical assistance immediately and flush the eye out with clean water.
- 22) A shower is provided for emergencies. Ask your supervisor for more details on use of this facility.



- 23) Food may not be eaten in work areas, or in places where there is any danger of exposure to toxic materials or other health hazards. Ask your supervisor to identify safe eating places.
- 24) In cases where the noise level exceeds certain levels, ear protection is required.
- 25) In cases of cleaning toxic or hazardous materials, protective clothing provided must be worn.

## **Hardhats**

In Cellular Concrete Inc., hardhats are required [at all times, in designated areas, when appropriate]. Hardhats are common in our industry. There was a time, about one hundred years ago, when no one wore a hardhat. But, over time, the value of hardhats to save lives was firmly proven, so that the entire industry now accepts this safety device as a natural article of clothing, like a football player wearing a helmet during a game. Sometimes a person fails to wear a hardhat, either through forgetfulness or through underestimating the risk of head injury which can be prevented by wearing one. Remember that all it takes is a carelessly dropped tool or piece of material coming down on your head to cause severe injury or even death. There are a number of workers disabled with various type of head injuries and vision problems because they didn't wear a hardhat. When you wear a hardhat, wear it right. Keep it squarely on your head with the inside band properly adjusted. See your supervisor if you are having trouble adjusting the hardhat.

## **Work Environment**

Work sites must be clean and orderly. Work surfaces must be kept dry or appropriate means taken to assure the surfaces are slip-resistant. Spills must be cleaned up immediately. All combustible scrap, debris and waste must be stored safely and removed promptly. Combustible dust must be cleaned up with a vacuum system to prevent the dust from going into suspension. The accumulated combustible dust must be removed routinely. Metallic or conductive dust must be prevented from entering or accumulating on or around electrical enclosures or equipment. Waste containers must be covered. Oily and paint soaked rags are combustible and should be discarded in sealable metal containers only. Paint spray booths, dip tanks and paint areas must be cleaned regularly. All oil and gas fired devices should be equipped with flame failure controls that will prevent flow of fuel if pilots or main burners are not working. Ask your supervisor where these controls are located. Make sure all pits and floor openings are either covered or otherwise guarded.

## **Walkways**

All aisles and passageways must be kept clear. Also, aisles and passageways should be clearly marked. Wet surfaces must be covered with non-slip material and all holes properly covered or marked with warning guards. All spills must be cleaned up immediately, and a caution sign placed on all wet or drying surfaces. In cases of passageways used by forklifts, trucks or other machinery, use a separate aisle for walking, if available. If no separately marked aisle is available, use extreme caution. Remember, walking in a passageway used by machinery is like walking in the middle of a street used by cars: You may have the right of way, but the heavier vehicle can't always see you and can't always stop in time. The key to moving around in such circumstances is to stop, look and listen and then to move when there is no danger. Make eye contact with the drivers of moving vehicles so that you know that they know you are there. Equipment must be properly stored so that sharp edges do not protrude into walkways. Changes in elevations must be clearly marked, as must passageways near dangerous operations like welding, machinery operation or painting. If there is a low ceiling, a warning sign must be posted. If the walkway or stairway is more than thirty inches above the floor or ground, it must have a guardrail. If an employee is aware of any breach of these standards, please inform the workplace supervisor.

## **Floor & Wall Openings**

Be careful when working near floor and wall openings. All floor openings (holes) should be guarded by a

cover, guardrail or equivalent barrier on all sides except at the entrance to stairways and ladders. Toe boards must be installed around the edges of a permanent floor opening. Skylights must be able to withstand at least 200 pounds pressure. Glass used in windows, doors, and walls (including glass block) must be able to withstand a human impact, and if required by code, be shatterproof "safety glass." Before beginning work at a new location, inspect it to insure that all floor openings which must remain open, such as floor drains, are covered with grates or similar covers. In roadways and driveways, covers with capacity to carry a truck rear axle load of at least 20,000 pounds must protect all manholes and trenches. In office buildings, fire resistive construction requires that the doors and hallway closures be properly rated and be equipped with self-closing features. Be sure that there are at least two fire emergency exits accessible from your location at all times.

## **Work Area**

Fire extinguishers must remain accessible at all times. Means of egress should be kept unblocked, well-lighted and unlocked during work hours. Excessive combustibles (paper) may be not stored in work areas. Aisles and hallways must kept clear at all times. Designated employees have been trained to respond to a fire or other emergency. Workplaces are to be kept free of debris, floor storage and electrical cords. Adequate aisle space is to be maintained. File cabinet drawers should be opened one at a time and closed when work is finished. Proper lifting techniques are to be used by employees to avoid over exertion and strain when carrying loads. No alcohol or any intoxicating substance may be consumed prior to or during work.

## **Driving**

Drive safely. If vehicles are used during the work day, seat belts and shoulder harnesses are to be worn at all times. Vehicles must be locked when unattended to avoid criminal misconduct. Do not exceed the speed limit. Vehicles must be parked in legal spaces and must not obstruct traffic. Defensive driving must be practiced by all employees. Employees should park their vehicles in well-lighted areas at/or near entrances to avoid criminal misconduct.

## **Vehicle Maintenance**

Work safely when repairing vehicles. Where tires are mounted and/or inflated on drop center wheels, a safe practice procedure must be posted and enforced. Where tires are mounted and/or inflated on wheels with split rims and/or retainer rings, a safe practice procedure must be posted and enforced. Each tire inflation hose must have a clip-on chuck with at least 24 inches of hose between the chuck and an in-line hand valve and gauge. The tire inflation control valve should automatically shut off the air flow when the valve is released. A tire restraining device such as a cage, rack or other effective means must be used while inflating tires mounted on split rims, or rims using retainer rings. Employees are strictly forbidden from taking a position directly over or in front of a tire while it's being inflated. Proper lifting techniques must be used by employees to avoid over-exertion when lifting packages.

## **Cleanliness**

All work sites must be clean and orderly. All work surfaces must be kept dry or appropriate means taken to assure that surfaces are slip-resistant. All spill materials or liquids should be cleaned up immediately and combustible scrap, debris and waste stored safely and removed from the work site promptly. Any accumulations of combustible dust must be routinely removed from elevated surfaces including the overhead structure of buildings. Combustible dust should be cleaned up with a vacuum system to prevent the dust going into suspension. Metallic or conductive dust must be prevented from entering or accumulating on or around electrical enclosures or equipment. Covered metal waste cans are provided for oily and paint-soaked waste. Use them. All oil and gas fired devices must be equipped with flame failure controls that will prevent flow of fuel if pilots or main burners are not working. Paint spray booths, dip tanks, etc., must be cleaned regularly. Washing facilities are provided, so wash your hands after handling



materials.

## **Tool Maintenance**

Faulty or improperly used hand tools are a safety hazard. All employees shall be responsible for ensuring that tools and equipment (both company and employee-owned) used by them or other employees at their workplace are in good condition. Hand tools such as chisels, punches, etc., which develop mushroom heads during use, must be reconditioned or replaced as necessary. Broken or fractured handles on hammers, axes and similar equipment must be replaced promptly. Worn or bent wrenches should be replaced regularly. Appropriate handles must be used on files and similar tools. Appropriate safety glasses, face shields, etc., must be worn while using hand tools or equipment which might produce flying materials or be subject to breakage. Eye and face protection must be worn when driving in tempered spuds or nails. Check your tools often for wear or defect. Jacks must be checked periodically to assure they are in good operating condition. Tool handles must be wedged tightly into the heads of tools. Tool cutting edges should be kept sharp enough so the tool will move smoothly without binding or skipping. When not in use, tools should be stored in a dry, secure location.

## **Ladders**

Check ladders each and every time before you climb. Ladders should be maintained in good condition: joints between steps and side rails should be tight; hardware and fittings securely attached; and movable parts operating freely without binding or undue play. Non-slip safety feet are provided on each ladder. Ladder rungs and steps should be free of grease and oil. Employees are prohibited from using ladders that are broken, missing steps, rungs, or cleats, or that have broken side rails or other faulty equipment. It is prohibited to place a ladder in front of doors opening toward the ladder except when the door is blocked open, locked or guarded. It is prohibited to place ladders on boxes, barrels, or other unstable bases to obtain additional height. Face the ladder when ascending or descending. Be careful when you climb a ladder. Do not use the top step of ordinary stepladders as a step. When portable rung ladders are used to gain access to elevated platforms, roofs, etc., the ladder must always extend at least 3 feet above the elevated surface. It is required that when portable rung or cleat type ladders are used, the base must be so placed that slipping will not occur, unless it is lashed or otherwise held in place.

All portable metal ladders must be legibly marked with signs reading “CAUTION” – “Do Not Use Around Electrical Equipment.” Employees are prohibited from using ladders as guys, braces, skids, gin poles, or for other than their intended purposes. Only adjust extension ladders while standing at a base (not while standing on the ladder or from a position above the ladder). Metal ladders should be inspected for tears and signs of corrosion. Rungs of ladders should be uniformly spaced at 12 inches, center to center.

## **Portable Power Tools**

Portable power tools pose a special danger to employees because they are deceptively small and light, yet they can do great bodily harm if used improperly or poorly maintained. These rules apply to all power tools, but are especially important when handling portable saws, drills and power screw drivers. Check your equipment before you use it. All grinders, saws and similar equipment should be equipped with appropriate safety guards. Power tools should not be used without the correct shield, guard, or attachment, recommended by the manufacturer. Portable circular saws must be equipped with guards above and below the base shoe. Circular saw guards should be checked periodically and before each use to assure they are not wedged up, thus leaving the lower portion of the blade unguarded. All rotating or moving parts of equipment should be guarded to prevent physical contact.

All cord-connected, electrically-operated tools and equipment should be effectively grounded or of the approved double insulated type. Effective guards must be in place over belts, pulleys, chains, sprockets, on equipment such as concrete mixers, air compressors, etc. If portable fans are provided, they must be

equipped with full guards or screens having openings 1/2 inch or less. Do not attempt to lift heavy objects without proper equipment. Hoisting equipment will be made available for lifting heavy objects, with hoist ratings and characteristics appropriate for the task. Power tools are either battery operated or wired. If battery operated, don't under-estimate their power. A small electric drill or power screw driver can cause a severe injury if it lands in the wrong place. While not usually a shock hazard, the battery pack contains toxic chemicals and does emit a low voltage electric current. Don't drop or incinerate the battery pack, or a tool with a self-contained power source. Hard wired equipment can be portable or fixed. Typically used with extension cords, the more powerful hard wired equipment presents a double safety problem: the actual equipment plus its electrical power source. Ground-fault circuit interrupters must be provided on all temporary electrical 15 and 20 ampere circuits used during periods of construction. Pneumatic and hydraulic hoses on power-operated tools should be checked regularly for deterioration or damage.

### **Abrasive Wheel Equipment (Grinders)**

The work rest used should be kept adjusted to within 1/8 inch of the wheel. The adjustable tongue on the top side of the grinder should be kept adjusted to within 1/4 inch of the wheel. The side guards should cover the spindle, nut and flange and 75 percent of the wheel diameter. Bench and pedestal grinders should be permanently mounted. Goggles or face shields should always be worn when grinding. The maximum RPM rating of each abrasive wheel should be compatible with the RPM rating of the grinder motor. Fixed or permanently mounted grinders must be connected to their electrical supply system with metallic conduit or by other permanent wiring method. Each grinder should have an individual on and off control switch. The switch should be easily accessible anytime you operate the machine. Each electrically operated grinder is effectively grounded. Do not defeat the grounding mechanism, especially by using non-three prong plug adapters. Note the method by which new abrasive wheels are mounted. Visually inspect and ring test new abrasive wheels. The dust collectors and powered exhausts provided on grinders must be used in operations that produce large amounts of dust. The splash guards mounted on grinders that use a coolant should be mounted so that no one is ever splashed with the coolant. The work area around a grinder must be kept clean at all times. It is your responsibility as operator of any machine to ensure the necessary safety precautions are taken before using the machine.

### **Combustible Materials**

All combustible scrap, debris and waste materials (oily rags, etc.) must be stored in covered metal receptacles and removed from the work site promptly. Proper storage to minimize the risk of fire, including spontaneous combustion must be practiced. Only approved containers and tanks are to be used for the storage and handling of flammable and combustible liquids. All connections on drums and combustible liquid piping, vapor and liquid must be kept tight. All flammable liquids should be kept in closed containers when not in use (e.g., parts-cleaning tanks, pans, etc.). Bulk drums of flammable liquids must be grounded and bonded to containers during dispensing.

Storage rooms for flammable and combustible liquids must have explosion-proof lights. Storage rooms for flammable and combustible liquids should have mechanical or gravity ventilation. Liquefied petroleum gas must be stored, handled, and used in accordance with safe practices and standards. No smoking signs must be posted on liquefied petroleum gas tanks. Liquefied petroleum storage tanks should be guarded to prevent damage from vehicles. All solvent wastes and flammable liquids should be kept in fire-resistant, covered containers until they are removed from the work site.

Vacuuming should be used whenever possible rather than blowing or sweeping combustible dust. Fire separators should be placed between containers of combustibles or flammables when stacked one upon another to assure their support and stability. Fuel gas cylinders and oxygen cylinders must be separated by distance, fire resistant barriers, etc., while in storage. Fire extinguishers are selected for the types of materials and placed in areas where they are to be used.

## **These fire extinguishers are classified as follows:**

Class A - Ordinary combustible materials fires.

Class B - Flammable liquid, gas or grease fires.

Class C - Energized-electrical equipment fires.

Appropriate fire extinguishers must be mounted within 75 ft. of outside areas containing flammable liquids, and within 10 ft. of any inside storage area for such materials. All extinguishers must be serviced, maintained and tagged at intervals not to exceed one year. Extinguishers should be placed free from obstructions or blockage. All extinguishers must be fully charged and in their designated places unless in use. Where sprinkler systems are permanently installed, are the nozzle heads arranged so that water will not be sprayed into operating electrical switch boards and equipment? Check to see that heads have not been bent or twisted from their original position.

“NO SMOKING” rules will be enforced in areas involving storage and use of hazardous materials. “NO SMOKING” signs have been posted where appropriate in areas where flammable or combustible materials are used and/or stored. Safety cans must be used for dispensing flammable or combustible liquids at point of use. All spills of flammable or combustible liquids must be cleaned up promptly. Storage tanks should be adequately vented to prevent the development of excessive vacuum or pressure as a result of filling, emptying, or atmosphere temperature changes. Storage tanks are equipped with emergency venting that will relieve excessive internal pressure caused by fire exposure.

## **Mechanical Lockout / Tagout**

Point of operation devices shall protect the operator by:

- Preventing and/or stopping normal stroking of the press if the operator's hands are inadvertently placed in the point of operation; or
- Preventing the operator from inadvertently reaching into the point of operation or withdrawing his/her hands if they are inadvertently located in the point of operation, as the dies close; or
- Preventing the operator from inadvertently reaching into the point of operation at all times; or
- Requiring application of both of the operator's hands to machine operating controls and locating such controls at such a safety distance from the point of operation that the slide completes the downward travel or stops before the operator can reach into the point of operation with his/her hands; or
- Enclosing the point of operation before a press stroke can be initiated and maintaining this closed condition until the motion of the slide had ceased; or

Enclosing the point of operation before a press stroke can be initiated, so as to prevent an operator from reaching into the point of operation prior to die closure or prior to cessation of slide motion during the downward stroke. A gate or movable barrier device shall protect the operator. A presence sensing point of operation device shall protect the operator by interlocking into the control circuit to prevent or stop slide motion if the operator's hand or other part of his/her body is within the sensing field of the device during the down-stroke of the press slide. The device may not be used on machines using full revolution clutches. The device may not be used as a tripping means to initiate slide motion. The device shall be constructed so that a failure within the system does not prevent the normal stopping action from being applied to the press when required, but does prevent the initiation of a successive stroke until the failure is corrected. The failure shall be indicated by the system.

Muting (bypassing of the protective function) of such device, during the upstroke of the press slide, is permitted for the purpose of parts ejection, circuit checking, and feeding only. The safety distance from the sensing field to the point of operation shall be greater than the distance determined by the following

formula:  $D_s = 63 \text{ inches/second} \times T_s$  where:  $D_s$  = minimum safety distance (inches); 63 inches/second = hand speed constant; and  $T_s$  = stopping time of the press measured at approximately 90° position of crankshaft rotation (seconds).

Guards shall be used to protect all areas of entry to the point of operation not protected by the presence sensing device. The pull-out device shall protect the operator and shall include attachments for each of the operator's hands. Attachments shall be connected to and operated only by the press slide or upper die. Attachment shall be adjusted to prevent the operator from reaching into the point of operation or to withdraw the operator's hands from the point of operation before the dies close. A separate pull-out device shall be provided for each operator if more than one operator is used on a press. Each pull-out device in use shall be visually inspected and checked for proper adjustment at the start of each operator shift, following a new die set-up, and when operators are changed.

Necessary maintenance or repair or both shall be performed and completed before the press is operated. The sweep device, shall protect the operator as specified in this subsection, by removing his/her hands safely to a safe position if they are inadvertently located in the point of operation, as the dies close or prior to tripping the clutch. Devices operating in this manner shall have a barrier, attached to the sweep arm in such a manner as to prevent the operator from reaching into the point of operation, past the trailing edge of the sweep arm on the downward stroke of the press. This device may not be used for point of operation safeguarding. The sweep device must be activated by the slide or by motion of a foot pedal trip rod. The sweep device must be designed, installed and operated so as to prevent the operator from reaching into the point of operation before the dies close. The sweep device must be installed so that it will not itself create an impact or shear hazard between the sweep arm and the press tie rods, dies, or any other part of the press or barrier.

Partial enclosure conforming with this subsection, as to the area of entry which they protect, must be provided on both sides of the point of operation to prevent the operator from reaching around or behind the sweep device and into the point of operation after the dies start to close. Partial enclosures shall not themselves create a pinch point or shear hazard. A holdout or a restraint device shall protect the operator and shall include attachments for each of the operator's hands. Such attachments shall be securely anchored and adjusted in such a way that the operator is restrained from reaching into the point of operation. A separate set of restraints shall be provided for each operator if more than one operator is required on a press. The two hand control device shall protect the operator.

When used in press operations requiring more than one operator, separate two hand controls shall be provided for each operator, and shall be designed to require concurrent application of all operators' controls to activate the slide. The removal of a hand from any control button shall cause the slide to stop. The safety distance between each two hand control device and the point of operation shall be greater than the distance determined by the following formula:  $D_s = 63 \text{ inches/second} \times T_s$ , where:  $D_s$  = minimum safety distance (inches); 63 inches/second = hand speed constant; and  $T_s$  = stopping time of the press measured at approximately 90° position of crankshaft rotation (seconds).

### **First Aid Kits**

First-aid kits and required contents are maintained in a serviceable condition. Unit-type kits have all items in the first-aid kit individually wrapped, sealed, and packaged in comparable sized packages. The commercial or cabinet-type kits do not require all items to be individually wrapped and sealed, but only those which must be kept sterile. Items such as scissors, tweezers, tubes of ointments with caps, or rolls of adhesive tape, need not be individually wrapped, sealed, or disposed of after a single use or application. Individual packaging and sealing shall be required only for those items which must be kept sterile in a first-aid kit.

## **First-aid kits shall contain at least the following items:**

### **10 Package Kit:**

- 1 Pkg. Adhesive bandages, 1" (16 per pkg.)
- 1 Pkg. Bandage compress, 4" (1 per pkg.)
- 1 Pkg. Scissors\* and tweezers (1 each per pkg.)
- 1 Pkg. Triangular bandage, 40" (1 per pkg.)
- 1 Pkg. Antiseptic soap or pads (3 per pkg.)
- 5 Pkgs. of consulting physician's choice

### **16 Package Kit:**

- 1 Pkg. Absorbent gauze, 24" x 72" (1 per pkg.)
- 1 Pkg. Adhesive bandages, 1" (16 per pkg.)
- 2 Pkgs. Bandage compresses, 4" (1 per pkg.)
- 1 Pkg. Eye dressing (1 per pkg.)
- 1 Pkg. Scissors\* and tweezers (1 each per pkg.)
- 2 Pkgs. Triangular bandages, 40" (1 per pkg.)
- 1 Pkg. Antiseptic soap or pads (3 per pkg.)
- 7 Pkgs. of consulting physician's choice

### **24 Package Kit:**

- 2 Pkgs. Absorbent gauze, 24" x 72" (1 per pkg.)
- 2 Pkgs. Adhesive bandages, 1" (16 per pkg.)
- 2 Pkgs. Bandage compresses, 4" (1 per pkg.)
- 1 Pkg. Eye dressing (1 per pkg.)
- 1 Pkg. Scissors\* and tweezers (1 each per pkg.)
- 6 Pkgs. Triangular bandages (1 per pkg.)
- 1 Pkg. Antiseptic soap or pads (3 per pkg.)
- 9 Pkgs. of consulting physician's choice

### **36 Package Kit:**

- 4 Pkgs. Absorbent gauze, 24" x 72" (1 per pkg.)
- 2 Pkgs. Adhesive bandages, 1" (16 per pkg.)
- 5 Pkgs. Bandage compresses, 4" (1 per pkg.)
- 2 Pkgs. Eye dressing (1 per pkg.)
- 1 Pkg. Scissors\* and tweezers (1 each per pkg.)

- 8 Pkgs. Triangular bandages, 40" (1 per pkg.)
- 1 Pkg. Antiseptic soap or pads (3 per pkg.)
- 13 Pkgs. of consulting physician's choice Scissors shall be capable of cutting 2 layers of 15 oz. cotton cloth or its equivalent.

The first-aid kits are maintained at the ten, sixteen, twenty-four or thirty-six package level. Where the eyes or body of any person may be exposed to injurious chemicals and/or materials, suitable facilities for quick drenching or flushing of the eyes and body are provided, within the work area, for immediate emergency use. A poster shall be fastened and maintained either on or in the cover of each first-aid kit and at or near all phones plainly stating, the phone numbers of available doctors, hospitals, and ambulance services within the district of the work site.

### **First Aid Station**

If a fixed establishment employs more than 200 employees at one central location, First-aid stations shall be located as close as practicable to the highest concentration of personnel. First-aid stations shall be well marked and available to personnel during all working hours. One person holding a valid first-aid certificate shall be responsible for the proper use and maintenance of the first-aid station. First-aid stations shall be equipped with a minimum of two first-aid kits, the size of which shall be dependent upon the number of personnel normally employed at the work site. One first-aid kit may be a permanent wall-mounted kit, but in all cases the station shall be equipped with at least one portable first-aid kit. When required by the circumstances, the station shall be equipped with two wool blankets and a stretcher in addition to first-aid kits. A roster, denoting the telephone numbers and addresses of doctors, hospitals and ambulance services available to the work site, shall be posted at each first-aid station.

### **Late Night Crime Prevention**

All establishments operating between the hours of 11:00 p.m. and 6:00 a.m. should provide crime prevention training to their employees. Crime prevention training shall be a part of the accident prevention program. Training will be made available to ensure that the purpose and function of robbery and violence prevention are understood by employees and that the knowledge and skills required for their safety have been provided. The training and training materials outline security policies, safety and security procedures, and personal safety and crime avoidance techniques. Formal instruction through a training seminar or training video presentation will be made available and upon completion the employee shall sign off on the date, time, and place of training. The training documentation will be placed in the employee's personnel file.

### **The following elements will be covered in the crime prevention training program:**

- An explanation of the importance of keeping the location clean, neat, and uncluttered thereby making it as unattractive as possible to robbers.
- An explanation of the purpose of maintaining an unobstructed view of the cash register from outside the store, provided the cash register is located in a position visible from the street. Instruction on reasons for operating only minimum number of cash registers at night.
- Keeping the cash register fund to a minimum.
- Taking extra precautions after dark, i.e., keep alert, observe lighting and dark corners, spot possible hiding places.
- Violence prevention procedures in case of robbery.
- A refresher course on crime prevention on or near the employee's anniversary date.



- Videotape and crime prevention material shall be available for employee's review at their request.

In addition to providing crime prevention training as defined in this section, the company posts a conspicuous sign in the window or door which states that there is a safe on the premises and it is not accessible to the employees on the premises and that the cash register contains only the minimal amount of cash needed to conduct business. All displays, and any other material posted in window(s) or door(s) should be arranged so as to provide a clear and unobstructed view of the cash register; provided the cash register is located in such a position so as to be visible from the street. If there is any cash on the premises after dark, the Company has a drop-safe, limited access safe, or comparable device on the premises. Please use it. In addition, the outside lights will be on for that portion of the approach and parking area that is necessary to accommodate customers during all night hours the late night retail establishment is open.

### **Positive Pressure Breathing Apparatus**

Self-contained breathing apparatus ordered or purchased after January 1, 1982, for use by fire brigade members performing interior structural fire fighting operations, are of the pressure-demand or other positive-pressure type. Effective July 1, 1983, only pressure-demand or other positive-pressure self-contained breathing apparatus shall be worn by fire brigade members performing interior structural fire fighting. This does not prohibit the use of a self-contained breathing apparatus where the apparatus can be switched from a demand to a positive-pressure mode. However, such apparatus shall be in the positive-pressure mode when fire brigade members are performing interior structural fire fighting operations.

Negative-pressure self-contained breathing apparatus with a rated service life of more than two hours and which have a minimum protection factor of 5,000, as determined by an acceptable quantitative fit test performed on each individual, is acceptable for use only during those interior structural fire fighting situations for which the employer demonstrates that long duration breathing apparatus is necessary. Quantitative fit test procedures shall be available for inspection by the director or authorized representative. Such negative-pressure breathing apparatus will continue to be acceptable for eighteen months after a positive-pressure breathing apparatus with the same or longer rated service life is certified by NIOSH. After this eighteen-month period, all self-contained breathing apparatus used for these long duration situations shall be of the positive-pressure type.

### **This section does not require an employer to organize a fire brigade.**

It is suggested that pre-fire planning be conducted by the local fire department and/or the workplace fire brigade in order for them to be familiar with the workplace and process hazards. Involvement with the local fire department or fire prevention bureau is encouraged to facilitate coordination and cooperation between members of the fire brigade and those who might be called upon for assistance during a fire emergency.

### **Body protection**

Fire brigade members may wear a fire-resistive coat in combination with fully extended boots, or they may wear a fire-resistive coat in combination with protective trousers. Fire-resistive coats and protective trousers meeting all of the requirements contained in NFPA 1971-1975, "Protective Clothing for Structural Fire Fighters," are acceptable as meeting the requirements of this standard. The lining is required to be permanently attached to the outer shell. However, it is permissible to attach the lining to the outer shell material by stitching in one area such as at the neck. Fastener tape or snap fasteners may be used to secure the rest of the lining to the outer shell to facilitate cleaning. Reference to permanent lining does not refer to a winter liner which is a detachable extra lining used to give added protection to the wearer against the effects of cold weather and wind.



## **Hand protection**

Fire fighters should wear protective gloves or a glove system. A glove system consists of a combination of different gloves. The usual components of a glove system consist of a pair of gloves, which provide thermal insulation to the hand, worn in combination with a second pair of gloves which provide protection against flame, cut and puncture. Protective gloves should provide dexterity and a sense of feel for objects. Criteria and test methods for dexterity are contained in the NIOSH publications, “The Development of Criteria for Firefighters’ Gloves; Vol. I: Glove Requirements,” and “Vol. II: Glove Criteria and Test Methods.” These NIOSH publications also contain a permissible modified version of Federal Test Method 191, Method 5903, (paragraph of Appendix E) for flame resistance when gloves, rather than glove material, are tested for flame resistance.

## **Head, eye & face protection**

Head protective devices which meet the requirements contained in NFPA No. 1972 are acceptable as meeting the requirements of this standard for head protection. Head protective devices are required to be provided with ear flaps so that the ear flaps will be available if needed. It is recommended that ear protection always be used while fighting interior structural fires. Many head protective devices are equipped with face shields to protect the eyes and face. These face shields are permissible as meeting the eye and face protection requirements of this paragraph as long as such face shields meet the requirements of the general safety and health standards. Additionally, full face pieces, helmets or hoods of approved breathing apparatus are also acceptable as meeting the eye and face protection requirements. It is recommended that a flame resistant protective head covering such as a hood or snood, which will not adversely affect the seal of a respirator face piece, be worn during interior structural fire fighting operations to protect the sides of the face and hair.

# **Responsible Safety Officer**

## **General Statement**

The Responsible Safety Officer is the person who has been delegated the authority to develop and administer Cellular Concrete Inc.’s health and safety program.

## **Duties**

By law, the Responsible Safety Officer is the person designated by the company with the duty and authority to implement and maintain Cellular Concrete Inc.’s Injury and Illness Prevention Program. The Responsible Safety Officer is assigned the responsibility of providing technical guidance and services in the field of health and safety needed by Cellular Concrete Inc. management. To fulfill this objective the Responsible Safety Officer is required to:

- 26) Provide management at all levels with the information, advice, and assistance needed to formulate Cellular Concrete Inc.'s health and safety policy, directives, procedures, and standards.
- 27) Assist management at all levels in establishing and maintaining a healthful and safe working environment free from unacceptable risks, in conformance with OSHA health and safety guidelines and in compliance with applicable standards, codes, and regulations.

- 28) Monitor operations within Cellular Concrete Inc. and, where appropriate at off-site facilities, provide management with the information needed to maintain a healthful and safe working environment, free from unacceptable risks.
- 29) Develop and provide general safety education and training programs. Assist in the development of specific job safety training programs.
- 30) Develop plans and train response personnel to control emergency situations (earthquake, radiation, injury, fire, etc.).
- 31) Provide health and safety support services assigned by the Company Officer to whom the Responsible Safety Officer reports.
- 32) Maintain a staff of specialists or consultants knowledgeable in all areas of safety.
- 33) Prepare and maintain Cellular Concrete Inc.'s Health and Safety Manual and other documents that relate to safety. Specify proper protective equipment for issuing to employees.
- 34) Check plans of all new projects for construction safety, industrial safety, and other safety reviews as required by OSHA and Cellular Concrete Inc. regulations.
- 35) Stop hazardous operations where life hazard or major property damage is imminent and follow with documented evidence.

To carry out its responsibilities, the Responsible Safety Officer maintains a staff of specialists and outside consultants in the appropriate environment, health, and safety disciplines.

These disciplines include: Construction Safety, Engineering Services, Environmental Protection, Industrial Hygiene, Laser Safety, Mechanical Safety, Non-destructive Testing, Occupational Safety, Radiation Safety, Safety Training, and Education Seismic Safety

## **Five Functions**

The functions of the Responsible Safety Officer are divided into five areas:

1. Operations
2. Health Physics
3. Engineering Services/Occupational Safety
4. Industrial Hygiene
5. Environmental Protection

Some of these functions may be delegated in whole or in part to staff and/or outside consultants.

## **Operations**

This area deals with the day-to-day safety operations of the Cellular Concrete Inc.. It includes the following personnel: Field Supervisors or Field Safety Officers help in the planning or preparation of hazardous projects and analysis of difficult safety problems. They provide on-site training; protective equipment and other safety-related equipment for hazardous operations; maintenance of environmental monitoring devices; evaluation of ventilation and air cleaning equipment; and radioactive or chemical source inventory. Decontamination and Waste Disposal Contractors provide services to decontaminate special equipment; assistance with clean-up of radioactive or hazardous chemical spills; collection and disposal of radioactive materials and hazardous chemicals. Special Transportation Contractor provides services for receiving and shipping of radioisotopes and consultation on the regulations concerning transportation of hazardous chemicals.

## **Engineering Occupational Safety**

The primary concern of this area is the general safety of Cellular Concrete Inc.. Its responsibilities include:

- Occupational Safety: Investigation, statistical analysis, and review of personal injury, property damage, and vehicle accident reports.
- Recommendation on protective clothing and equipment for eyes, head, feet, and hands to prevent traumatic injury.
- Evaluation of material-handling and storage facilities, such as manual and mechanical handling devices, slings, ropes, chains, and hooks.
- Review of design, layout, and code compliance of new or modified facilities and buildings and follow-up inspections of construction sites.
- Recommendation on proper use and care of ladders, ramps, elevated walks, and work platforms.
- Review of traffic safety, such as traffic signs and markings, traffic patterns, and layout planning.
- Determination of qualified operators of special vehicles and equipment.
- Mechanical Safety: Review/design/inspection of hazardous equipment.
- Advise on vehicle safety (design, consultation).
- Recommendation of adherence to mechanical design codes, standards, and procedures.
- Provision of non-destructive testing services.
- Reviews of Operational Safety Procedure relating to hazardous equipment.
- Seismic Safety: Design of anchoring or restraining devices. Inspections and consultations. Interface with building and construction contractors.

## **Industrial Hygiene**

This function must recognize, evaluate, and recommend control for occupational health hazards. Outside consultants are responsible for providing the following services:

- Toxicology of occupational chemical hazards
- Control of non-ionizing electromagnetic spectrum hazards, such as lasers, ultraviolet, infrared, and microwave-radio frequency radiation
- Evaluation of ventilation for comfort, dilution, and local exhaust
- Noise and sound analysis
- Illumination evaluation
- Environmental sanitation, such as food, water, and vector and pest control
- Measurement of physiological stresses, such as temperature extremes
- Provision of protective equipment, such as respiratory, hearing, and special eye protection
- Control of bio-hazards
- Laser safety

## **Environmental Protection**

This area is involved with the identification and quantification of environmental quality concerns, development and maintenance of operating permits, assessment of pollution abatement programs, and

liaison with environmental protection agencies. It includes the following services:

- Environmental monitoring, surveillance and analysis of contaminants in air, rain, surface water, soil, and stack exhaust
- Air pollution control
- Water pollution control
- Polychlorinated biphenyl inventory in transformers and capacitors.
- Underground tank monitoring and reporting
- Treatment facilities permitting and sampling for regulatory compliance
- Environmental remediation of contaminated sites.

## **Common Functions**

All the functions of the Responsible Safety Officer include the following areas of responsibilities:

- Environmental Monitoring, including both workplace and office data collection and measurement techniques.
- Decontamination and Waste Disposal.
- Safety Resource Library Maintenance.
- The Responsible Safety Officer should either maintain or have the Company maintain a library that contains copies of codes, standards, safety manuals, and reports that regulate Cellular Concrete Inc.'s safety program. The library also contains copies of texts and reports regarding health and safety.
- Industrial Hygiene and Environmental Protection.
- Health Physics laboratory. Maintain extra protective clothing, safety glasses and safety shoes for guests and existing employees needing temporary replacement of their protective equipment.

# **Safety Training**

Cellular Concrete Inc. policy and federal law require that Cellular Concrete Inc. staff, participating guests, and visitors receive appropriate health and safety training. Managers are responsible for ensuring that employees and guests under their supervision receive this training so they are fully informed about possible occupational health hazards and know how to work safely. Training must include Cellular Concrete Inc.'s health and safety orientation for new employees plus any additional training specific to the nature of hazards on the job; employees must complete this training before they can work unsupervised. All new employees must attend the new employee orientation within the first month of employment.

OSHA and other federal regulations spell out several specific health and safety training requirements for special hazards. These include, but are not limited to, radiation safety, hazard communication for exposure to hazardous substances, asbestos exposure, respirator use, hearing conservation, laser safety, confined space hazards, and certification for using material in moving equipment such as forklifts and overhead cranes. Employees who do hazardous work, such as working with high-voltage power supplies, or who are members of building emergency teams are required to have CPR and First Aid certification.

Managers should identify training needs for the job classifications for which they are responsible. Please

refer to specific chapters in this manual for further information on training requirements. Consult with the Responsible Safety Officer staff about other training needs and requirements. Training not provided by Responsible Safety Officer, such as on-the-job training, is the responsibility of line management. This includes information on procedural changes or system modifications that impact safety.

Responsible Safety Officer provides several health and safety training courses, technical assistance on training needs, and resources to help supervisors fulfill their training responsibilities. An announcement describing health and safety courses offered by Responsible Safety Officer is distributed quarterly. Educational resources such as fact sheets, hazard summaries, and other written materials, as well as videos and slide shows, are available from Responsible Safety Officer.

Supervisors can get a catalog from Responsible Safety Officer describing audio-visual materials that may be used to supplement safety training programs. ALL health and safety training must be documented. Supervisors must note the participants' names and employee numbers, topics discussed, instructor(s), and date. Supervisors are responsible for maintaining training records. A copy of this information should be sent to the Responsible Safety Officer training/education coordinator for inclusion in Cellular Concrete Inc.'s training data base.

## **Emergencies**

### **Organization**

Cellular Concrete Inc. requires that during every emergency an organized effort be made to protect personnel from further injury and to minimize property damage. All of Cellular Concrete Inc.'s resources can be made available to respond to an emergency. Each supervisor must know what to do during an emergency in his or her area and must be certain that his or her employees understand their roles.

### **Master Emergency Response Plan**

Cellular Concrete Inc.'s Master Emergency Response Plan delineates lines of authority and responsibility for emergency response. In this context, a major emergency may be one of the following: a potential major loss to a building or facility; an emergency that involves more than one building or facility; a situation in which a choice must be made in the assignment of relative levels of authority among emergency-response groups; a potential hazard to the surrounding community; threat; civil disturbances or alerts; natural disasters such as earthquakes, floods, and landslides; and site wide electrical power or other utility failure.

During response to such major events, if deemed necessary by management or Cellular Concrete Inc. Fire or Police may be summoned, and a pre-designated succession of management personnel would determine who would take charge. The primary responsibility person designated to be in charge is to ensure that priorities are established, that the response is appropriate and adequately implemented, and that the proper notifications are made. In most cases the direct involvement of local supervision and remedial action will be necessary.

Adequate emergency response will be made at the group, department, and building levels, with support from Fire, Medical, Protective Services, and other support organizations. As a practical matter it must be recognized that management personnel are normally on site only 40 of the 168 hours per week. Thus,

there may be considerable delay before management personnel can assume on-site direction of major emergencies. This highlights the importance of local initiative, at least at the onset of an emergency.

The underlying philosophy of the emergency response plan is the recognition that each employee has a vital role and a basic responsibility in the area of safety and emergency action. The only reasonable expectation is that at the onset of an emergency the initial response will be at the individual level. Immediate and knowledgeable action is vital. The emergency plans for individual buildings and facilities set forth the responses to be taken by employees following the discovery of an emergency.

Following the immediate measures taken by the individual, the responsibility for action will normally proceed upward through normal organizational lines of authority to the Building Manager and to emergency-response groups. Involvement of individuals at a higher level of responsibility will depend on the particular situation. To reiterate, levels of responsibility proceed downward from top management while action and response levels proceed upward from the first person involved.

Please have the courage to call outside assistance like the police and firefighters. Dial 9-1-1.

When the police, firefighters or paramedics arrive, surrender command to a qualified emergency specialist. Notify management as soon as practical, which means after all immediate responses have been exercised. The operator at 911 will tell you who is the person in charge of the specialized personnel assigned to respond to the emergency. An orderly transfer of responsibility is then made from the local building or facility organization to this responding unit.

The examples listed below identify the most likely outside incident commander for the following types of emergencies:

- Injury: Ranking Fire Officer or Physician
- Fire: Ranking Fire Officer
- Bomb Threat: Ranking Police Officer
- Civil Disturbance: Ranking Police Officer
- Radioactive or Chemical Spills: Ranking Fire Officer Responsible Safety Officer Special Toxic Clean Up crew or alternate
- Power Outage: Pacific Gas and Electric or local Plant Power Engineer
- Mechanical Utility Failures: Construction and Maintenance Department Superintendent
- Structural Plant Failures: Engineering Department Head or alternate
- Landslide: Engineering Department Head or alternate

In most emergencies the person who should be in charge is obvious. However, an emergency might arise that requires the major involvement of more than one emergency-response group. In such a case the ultimate authority among those on the scene may not be obvious. In this event, management should be consulted for direction.

## **Building Emergency Plan**

A specific emergency plan for each building or facility must be prepared under the direction of the Building Manager. A Building Manager and Deputy Manager must be appointed and oriented for each building or complex. Generally, the Building Manager is the person in charge of a building or facility. The Building Manager has specific responsibility for the preparation, updating, and implementation of the emergency plan for this area. This responsibility includes recommending personnel to attend indoctrination and training programs. Specifically, each plan must contain the following information and procedures as appropriate for each building: The names of the Building Manager, Deputy Manager, and Assistant Manager(s).

A list of people with specific duties during an emergency and a description of their duties. For example, specific people should be assigned to supervise evacuation and to carry out a rapid search of the area (assuming this can be done safely). Floor plans showing evacuation routes, the location of shutoff switches and valves for the utility systems (water, gas, electricity), and the locations of emergency equipment and supplies (including medical). Indications on the floor plans of areas where specific hazards (i.e., toxic, flammable, and/or radioactive materials) exist. Location and description of special hazards or hazardous devices should be included in the text together with shutdown procedures if applicable.

Designation of a primary assembly point for evacuees, well away from the building. An alternate site should also be designated in case the first choice cannot be used.

Reentry procedures. No one should reenter an evacuated building or area without specific instructions from the Building Manager or other person in charge. Department Head and Supervisor responsibilities regarding emergency preparedness and action procedures. Emergency plans for facilities or equipment requiring an Operational Safety Procedure (OSP).

### **Operational Safety Procedures**

OSP's for individual facilities or pieces of equipment must include emergency plans for the facilities or equipment.

### **Supervisors Responsibilities**

During an emergency, the supervisor must: Ensure that those under his or her supervision are familiar with the plan for the building, particularly the recommended exit routes and how to report an emergency. Render assistance to the person in charge during an emergency, as required. Maintain familiarity with the shutdown procedures for all equipment used by those under his or her supervision. Know the location and use of all safety equipment on his or her floor. Keep employees from reentering an evacuated area until reentry is safe.

### **No Loitering Policy**

Employees not involved in the emergency must stay away from the scene and follow the instructions issued over the public address system or directly from the person in charge. The sounding of a fire bell means immediate evacuation by the nearest exit. Employees must not reenter an area that they have evacuated until notified that it is safe to return.

### **Employee Responsibilities**

Employees, other than emergency-response groups, involved in any emergency greater than a minor incident are expected to act as follows: If there is threat of further injury or further exposure to hazardous material, remove all injured persons, if possible, and leave the immediate vicinity. If there is no threat of further injury or exposure, leave seriously injured personnel where they are. Report the emergency immediately by phone. State what happened, the specific location, whether anyone was injured, and your name and phone number. Proceed with first aid or attempt to control the incident only if you can do so safely and have been trained in first aid or the emergency response necessary to control the incident. Show the ranking emergency-response officer where the incident occurred, inform him or her of the hazards associated with the area, provide any other information that will help avoid injuries, and do as he or she requests.



# Emergency Action Plan

At Cellular Concrete Inc., we have established specific plans of action for dealing with a variety of emergencies – please read this section carefully and commit it to memory.

## Evacuation

All evacuation must be followed as directed by the General Contractor. MCC employees will evacuate as advised or if possible assemble at the equipment set-up area or a nearby reasonable safe zone.

Accounting for all employees after an emergency evacuation

## Reporting Fires & Other Emergencies

Any and all fire or other emergencies must be reported immediately after reasonable emergency procedures have been executed. 911 or any other procedures as needed.

## Rescue & Medical Duties

Any safety director on the job will be in charge of helping with reasonable rescue or medical duties and is authorized to carry out any duties to help professional rescue or medical personal as necessary.

## Contacts

Cellular Concrete Inc. 952-960-9588

Craig A Hrkal 612-919-1798

Ken Kelsey 612-919-6202

Andrew Nielsen 763-742-5130

# Hazard Warnings

## Introduction

Every reasonable method to warn employees of hazards and dangers and to inform them of the actions required must be utilized. Signs, characteristic lights, and audible alarms as additional safeguards for built-in mechanical and physical protection must be used. To ensure uniform response by personnel, the warning signs and devices must be of the same type for similar hazards. Obtaining and installing the warning systems is the responsibility of the Responsible Safety Officer as well as group using them.

## Signs: Contents & Configuration

Signs must conform to the colors, symbols, lettering size, and proportions as specified by Cellular Concrete Inc., except that radiation signs must conform to the requirements stated in 10 CFR 20. Every

warning sign must include the following components:

- An approved heading that indicates the relative hazard
- A statement of the type of hazard
- A statement of what to do or not to do in the area

### **Sign Selection**

The sign portfolio maintained by the Responsible Safety Officer may be used to help in selecting suitable signs. The Responsible Safety Officer will also advise regarding the types needed and their sources of supply. The Responsible Safety Officer stocks some signs. Special signs are custom made in the Cellular Concrete Inc. shops or are purchased from outside vendors.

### **Danger Signs**

Danger signs are used only where injury or damage is certain to occur if approved operating instructions and procedures are not followed. Personnel must be warned of the serious consequences of ignoring the message. The top of this sign says DANGER in white letters on a red oval that is edged by a rectangular black border. The body of the sign is white with the message printed in black.

### **Caution Signs**

Caution signs are used where injury or damage is possible and employees must be on their guard. The top of this sign says CAUTION in yellow letters on a black rectangle. The body of the sign is yellow with the message printed in black.

### **Informational Signs**

Informational signs are used where instructions are needed. The heading says NOTICE in white letters on a green rectangle when the message relates to safety and on a blue rectangle for other messages. The body of the sign is white with the message printed in black.

### **Directional Signs**

Directional signs are used to indicate exits, fire escapes, evacuation routes, stairways, location of first aid, etc. The direction symbol appears near the top in white on a green rectangle. The body of the sign must have a color contrasting with the general background.

### **Warning Devices**

Warning devices such as lights and audible alarms must be installed where they are needed to warn personnel against remaining in or entering hazardous areas. Personnel must be instructed about the meaning and the response required when an alarm sounds. An explanatory sign (describing hazard and action to take) must be posted near a warning light that when ON indicates danger, caution, high explosives, or radioactivity. In a highly illuminated area, the warning light should be surrounded by a disk or wide-angled cone of a contrasting color.

### **Evacuation Alarm System**

The facility supervisor and Responsible Safety Officer shall jointly decide the type of evacuation alarm system when needed.

### **Evacuation Alarm**

All buildings on site are equipped with a means of notifying personnel to leave the building, which is usually the public address system. Every dangerous operation area, indoor and outdoor, must be provided with devices to notify personnel to leave the area. The general evacuation alarm is a steady klaxon horn

sound that means, “Everyone leave the building immediately and go to the prearranged assembly point or as directed by the public address system.” The extensiveness and reliability of the alarm system must be proportional to the magnitude of the credible accidents that could occur from the operations in or near the building.

### **Evacuation Alarm - Automatic**

An automatic evacuation alarm must be installed that is triggered by a detector directly sensitive to the nature of the hazard for any operation in which an accident could rapidly endanger employees outside the immediate area. Such an operation must not proceed unless the alarm system is functional. Manual activation capability and a public address back-up system must be provided in the building. This alarm system must be protected by an automatic emergency power supply.

### **Manual Alarm System**

A manually operated alarm system must be installed for operations in which accidents would not cause immediate danger to personnel outside the area of the incident but that could develop into dangerous situations. A public address system operable from the building and from the Fire Department and Protective Services must be provided.

## **Tools**

### **Company Provided Tools**

Cellular Concrete Inc. provides hand and powered portable tools that meet accepted safety standards. A damaged or malfunctioning tool must not be used; it must be turned in for servicing and a tool in good condition obtained to complete the job. Employees must use the correct tool for the work to be performed; if they are unfamiliar with the operation of the tool, they must request instruction from their supervisor before starting the job. Supervisors are responsible for ensuring that their subordinates are properly trained in the operation of any tool that they are expected to operate. An employee is not permitted to use a powder-actuated tool unless instructed and licensed by the manufacturer.

### **Grounding**

Tools that are not double-insulated must be effectively grounded and tested. Testing must be accomplished before initial issue, after repairs, and after any incident that could cause damage, such as dropping or exposure to a wet environment. Grounded tools must always be used with an effectively grounded circuit. Any extension cord used with a grounded tool must be a three-wire, grounded type. Electric-powered hand tools used on construction sites, on temporary wired circuits, or in wet environments will be used in conjunction with an approved ground fault circuit interrupter (GFCI). The responsibility for implementing and maintaining this program rests with the individual supervisors involved. Tool testing equipment will be maintained by the Responsible Safety Officer. Documentation of tool testing will be maintained by the group owning powered hand tools. Tools maintained in a tool crib and tested prior to issue are exempted from this requirement. Repairs of defective tools will only be made by qualified electrical personnel.

## Shop Rules

Any Cellular Concrete Inc. facility housing shop tools is defined by OSHA as a shop. It is the responsibility of the person in charge of each shop to ensure compliance with the following practices: Shop machines and tools are to be used only by qualified personnel. It is the responsibility of the person in charge of the shop to render a judgment as to who is qualified. The person in charge will take whatever action is deemed necessary to prevent a personal injury or damage to equipment. Equipment guards and protective devices must be used and must not be compromised. Approved eye protection (visitor's glasses) must be worn by anyone entering and/or passing through shop areas. Approved industrial safety eye protection must be worn by anyone working in a posted shop area. Shoes or boots covering the whole foot must be worn in shop areas. Persons using machine tools must not wear clothing, jewelry, or long hair in such a way as to represent a safety hazard.

# Fire Safety

## Introduction

Policy and planning for fire safety at Cellular Concrete Inc. takes into account the special fire hazards for specific operating areas, the protection of high-value property, and the safety of employees. These ends are met by:

- Non-combustible or fire-rated materials and construction practices suitable to the assigned uses of buildings and facilities.
- Alarm systems and automatic extinguishing systems.
- Availability of suitable hand extinguishers and local hose lines for use before firefighters arrive.
- Access to professional fire department, always staffed and trained in the control of emergencies that could occur at the Company. (The Fire Department makes the initial response to all requests for emergency aid received on the emergency telephone number, 911.)

This chapter covers the fire safety responsibilities of employees and supervisors and sets forth the fire safety rules and procedures.

## Fire Department

The Community Fire Department is responsible for protecting people and property from fires, explosions, and other hazards through prevention and expeditious control of such events. In addition, the Fire Department provides first-response rescue and transportation services in medical emergencies. The Fire Department's inspection staff is responsible for ensuring company-wide compliance with fire safety and protection requirements and for reviewing all plans and procedures for compliance with these requirements; for inspecting and testing automatic fire protection and alarm systems and ensuring their maintenance and repair; for conducting fire safety and protection inspections; and for providing fire prevention recommendations. Other responsibilities include training employees in fire safety equipment,

practices, and procedures. All these fire protection and response functions are performed in conformance with OSHA regulations, State law, Cellular Concrete Inc. policies, and nationally recognized standards and guidelines for fire and life safety.

The Fire Chief and the Fire Marshall have the authority to enforce applicable requirements of the Uniform Building Code; the Uniform Fire Code; National Fire Protection Association Codes (including the Life Safety Code), Standards, and Recommended Practices; and the fire protection provisions of OSHA Orders. All employees must immediately report fires, smoke, or potential fire hazards to the Fire Department (dial 911). All employees must conduct their operations in such a way as to minimize the possibility of fire. This means applying rules such as keeping combustibles separated from ignition sources, being careful about smoking, and avoiding needless accumulations of combustible materials. Supervisors are responsible for keeping their operating areas safe from fire.

The Responsible Safety Officer and the Fire Department will provide guidance and construction criteria with respect to fire and life safety as well as inspections. The provision and maintenance of fire detection systems and both automatic and manual fire extinguishing equipment is the responsibility of the Responsible Safety Officer. But the supervisor, who best knows the day-to-day nature of his/her operations, is responsible for notifying the Responsible Safety Officer of operations that change the degree of fire risk and will therefore require a change in the planned fire protection provisions.

## **Supervisor Responsibilities**

Supervisors must ensure that their personnel are properly instructed regarding potential fire hazards involved in their work and around their workplaces, the proper precautions to minimize fires, and the procedures in case of fire. The local Fire Department and the Responsible Safety Officer also offer formal courses and training materials on fire prevention and response:

- Fire Safety
- Fire-Extinguisher Operation
- Self-Contained Breathing Apparatus

## **Class A Combustibles**

Class A combustibles are common materials such as wood, paper, cloth, rubber, plastics, etc. Fires in any of these fuels can be extinguished with water as well as other agents specified for Class A fires. They are the most common fuels to be found in non-specialized operating areas of the work place such as offices. Safe handling of Class A combustibles means: Disposing of waste daily. Keeping work area clean and free of fuel paths, which can spread a fire, once started. Keeping combustibles away from accidental ignition sources such as hot plates, soldering irons, or other heat or spark-producing devices. Keeping all rubbish, trash, or other waste in metal or metal-lined receptacles with tight-fitting covers when in or adjacent to buildings. (Exception: wastebaskets of metal or of other material and design approved for such use, which are emptied each day, need not be covered.) Using safe ash trays for disposal of smoking materials and making sure that the contents are extinguished and cold to the touch before emptying them into a safe receptacle. Planning the use of combustibles in any operation so that excessive amounts need not be stored. Storing paper stock in metal cabinets and rags in metal bins with automatically closing lids. Making frequent inspections and checks for noncompliance with these rules in order to catch fires in the potential stage.

## **Class B Combustibles**

Class B combustibles are flammable and combustible liquids (including oils, greases, tars, oil-base paints, lacquers) and flammable gases. Flammable aerosols (spray cans) are treated here. Cryogenic and pressurized flammable gases are treated elsewhere in this manual. The use of water to extinguish Class B fires (by other than trained firefighters) can cause the burning liquid to spread carrying the fire with it.

Flammable-liquid fires are usually best extinguished by excluding the air around the burning liquid. Generally, this is accomplished by using one of several approved types of fire-extinguishing agents, such as the following: Carbon dioxide ABC multipurpose dry chemical Halon 1301 (used in built-in, total-flood systems) Halon 1211 (used in portable extinguishers) Fires involving flammable gases are usually controlled by eliminating the source of fuel, i.e., closing a valve. Technically, flammable and combustible liquids do not burn. However, under appropriate conditions, they generate sufficient quantities of vapors to form ignitable vapor-air mixtures. As a general rule, the lower the flash point of a liquid, the greater the fire and explosion hazard. It should be noted that many flammable and combustible liquids also pose health hazards. NOTE: The flash point of a liquid is the minimum temperature at which it gives off sufficient vapor to form an ignitable mixture with the air near the surface of the liquid or within the vessel used. It is the responsibility of the user to ensure that all Class B combustibles are properly identified, labeled, handled, and stored. If assistance is required, contact the Responsible Safety Office. Safe handling of Class B combustibles means: Using only approved containers, tanks, equipment, and apparatus for the storage, handling, and use of Class B combustibles. Making sure that all containers are conspicuously and accurately labeled as to their contents. Dispensing liquids from tanks, drums, barrels, or similar containers only through approved pumps taking suction from the top or through approved self-closing valves or faucets. Storing, handling, and using Class B combustibles only in approved locations, where vapors cannot reach any source of ignition, including heating equipment, electrical equipment, oven flame, mechanical or electrical sparks, etc. Never clean with flammable liquids within a building except in a closed machine approved for that purpose. Never storing, handling, or using Class B combustibles in or near exists, stairways, or other areas normally used for egress. In rooms or buildings, storing flammable liquids in excess of 10 gallons in approved storage cabinets or special rooms approved for the purpose. Knowing the locations of the nearest portable fire extinguishers rated for Class B fires and how to use them. Never smoking, welding, cutting, grinding, using an open flame or unsafe electrical appliances or equipment, or otherwise creating heat that could ignite vapors near any Class B combustibles.

## **Electrical Fires**

There are many combustible materials, including electrical equipment, oxidizing chemicals, fast-reacting or explosive compounds, and flammable metals, which present specialized fire safety and extinguishing problems. Refer to other appropriate chapters of this manual for safe handling advice. If in doubt, request advice from the Responsible Safety Officer.

## **Welding & Other Permits**

As part of the local Fire Department's program to control and reduce fire hazards, a permit system is in effect to cover welding, burning, or other operations with a high fire hazard. Typically, operations that require a permit are: Welding (arc, oxyacetylene, or heliarc) Soldering (which requires an open flame) Use of a torch (for cutting, bending, forming, etc.) Use of tar pots (for road work or roofing, etc.) Open fires for any purpose Spray painting To obtain additional information or to request a permit for these operations, call the Fire Department on its business line, not the emergency 911 number.

## **Portable Heaters**

The use of these devices, whether privately or company owned, is allowed only where there is no chance of causing injury to personnel or of creating a fire hazard. This provision obviously requires common sense in safely locating such devices and ensuring that they do not operate when they are unattended. These devices may not be used in locations where: Flammable or explosive vapors or dusts may be present. Smoking, eating, or drinking are prohibited because toxic or radioactive materials may be present. The area has been designated as unsafe for such devices. The following practices should be carried out when operating portable heating appliances: Do not place the appliance on unstable or readily combustible materials. Maintain a clearance of at least 12 inches between the appliance and combustible



materials. Ensure that the appliance is approved by either Underwriters Laboratories, Inc., or Factory Mutual Research Corporation. Connect the appliance directly to a proper electrical outlet using only the cord with which it was originally equipped. Do not use extension cords in lieu of permanent wiring. Do not operate appliances during off hours if they are unattended unless they are controlled by a timer installed by an Cellular Concrete Inc. electrician. The timer will automatically de-energize the appliance during off hours and energize it not more than 30 minutes before the arrival of personnel. If 24 hour operation is desirable, the proposed operation and arrangement must be reviewed by the local Fire Department and a permit obtained. This permit must be posted near the operating appliance for the information of off-shift personnel who may be checking the area.

## **Fire Fighting Equipment**

This section describes the fixed and portable equipment that is provided in working areas for fire protection. The fixed equipment includes automatic sprinklers, detectors and alarms, fire doors, etc. The portable equipment consists of fire extinguishers and hoses to be operated by employees before the arrival of the local Fire Department.

### **Fire Detectors**

Several types of automatic fire detectors are used throughout Cellular Concrete Inc., according to particular needs and purposes. All of them will detect fire (by one of several means) and transmit an alarm to the fire station. In the many buildings equipped with evacuation alarm bells, the automatic detectors activate those alarms, as do the manual pull boxes. In some cases, automatic extinguishing systems are activated by automatic detectors. The Fire Department always dispatches firefighters and apparatus to the scene of any automatically actuated alarm.

### **Sprinkler Systems**

Many buildings are provided with automatic sprinkler systems. The sprinkler heads contain a fusible element (most commonly fused at 212 degrees F) which, on melting, opens the head and starts a spray of water. The resulting flow of water in the piping activates an alarm at the fire station, and firefighters are dispatched. Automatic sprinkler heads can be damaged if they are subjected to mechanical abuse. A protective cage should be installed where such damage is possible. Heat inadvertently applied to the sprinkler head can also activate the sprinkler when no actual fire is present. Normal heat sources should therefore be kept away from sprinkler heads. To avoid decreasing the flow or spread of water or altering the spray pattern, do not allow material or furniture to be located too near the sprinkler head. Allow at least 18 inches of clearance around sprinkler heads. Sprinkler system control valves must be kept accessible for Fire Department use. Allow at least 3 feet of clearance (enough for a man to pass through easily) around such valves.

### **Alarm System**

In most buildings, evacuation alarm bells are automatically activated when fire is detected. They can also be activated manually at strategically located pull boxes. The emergency actions of personnel and the evacuation procedures for each building or operating area are usually set forth in the Operational Safety Procedures for each building and posted near the main entrance or fire exit or elevator. Never use the elevator in case of a fire.

### **Fire Doors**

Automatic fire doors and dampers are provided at strategic points to close and block the spread of smoke and fire when these are sensed by automatic detectors. Automatic fire doors must never be blocked or left in disrepair so that they cannot close and latch automatically as intended in the event of a fire. Self-closing fire doors are those doors designed and installed to close each time after being opened. They too

must never be blocked, wedged, or tied open. If such doors must be kept open, the self-closers must be replaced with approved automatic smoke-activated release hold-open devices.

## **Fire Exits**

Exit corridors must not be used for storage. The Life Safety Code, NFPA 101, requires that buildings designed for human occupancy must have continuous and unobstructed exits to permit prompt evacuation of the occupants and allow necessary access for responding emergency personnel. The intent of the Code is to keep exits free from obstructions and clear of combustible materials. Attention to housekeeping, therefore, is very important. "Temporary" storage of furniture, equipment, supplies, or anything else is not permitted in exit ways. Combustibles, including recyclable waste paper, are not permitted in exit ways. Metal lockers with ends and tops ferried to the walls and that do not interfere with minimum exit width requirements may be installed in exit corridors when approved by the Fire Department and the Responsible Safety Officer.

The following requirements must be met for storage locker/cabinets: Cabinets will be permitted on one side of the corridor only. Cabinets must end at least 6 ft from the corridor exit door. Cabinet ends must be at least 12 in. from the edge of the doorway on the latch side and from the edge of the door leaf when fully opened into the corridor. The cabinets must not be more than 20 in. deep by 37 in. wide by 72-3/4 in. high. The cabinets must be all metal construction with positive latches to prevent spillage of contents in the event of an earthquake. All doors must return automatically to the closed position when not held open manually. A 45 degree-angle fairing must be provided from the wall to the corridor corner of the cabinet. Fairing must be provided at both ends of cabinet or bank of cabinets.

\*A 45 degree-angle fairing must be provided at the top of the cabinets from the outside corridor edge of cabinet to the wall. All cabinets must be anchored to the wall firmly enough to withstand 0.5g of lateral acceleration (or a lateral load equal to 1/2 the total dead weight of the cabinet and its contents) in the event of an earthquake. Liquids and chemicals are not to be stored in corridor lockers. All cabinets must be kept locked, with one key being retained by the Building Manager. All cabinets must be labeled with the contents and the name, address, and telephone number of the assigned user. Any deviation from the above requirements must be approved by Responsible Safety Officer.

## **Fire Hydrants**

Fire hydrants are maintained for emergency use by the Fire Department. They must be kept accessible and in good working condition. Certain temporary uses may be authorized in writing by the Chief or Assistant Chief of the Fire Department. An example of such temporary use may be connection by construction contractors. When temporary connections are authorized, the following practices must be observed: Use only valved outlets. Use only a hydrant spanner provided by the Fire Department. (Other types of wrench can damage the wrench flats on the valve stem.) Do not leave connections in place unattended, except at construction sites. Close a hydrant valve 1/8th turn after fully opening it. (This is done so that a person mistakenly turning the valve the wrong way will not cause damage by forcing it.) When replacing the outlet caps after using a hydrant, screw them on only hand-tight.

## **Mechanical Equipment Rooms**

Mechanical equipment rooms contain boilers, blowers, compressors, filters, electrical equipment, etc. Such rooms must be separated from other areas of a building by fire-resistant walls and doors. To maintain the integrity of these separations, the fire doors must never be left open. Fan rooms house ventilation equipment which often includes automatic shut down and dampers activated by interlocking with the building smoke and fire detectors. Fire dampers and other automatic shut-down provisions must not be disabled without Fire Department approval (as for temporary maintenance procedures). Mechanical equipment rooms and fan rooms must not be used for storage of any kind.

## Construction Areas

Construction areas under control of either Cellular Concrete Inc. or outside contractors must be maintained in a fire-safe condition and accessible to emergency response forces.

## Life Safety Code

The Life Safety Code of the National Fire Protection Association, NFPA 101, requires that emergency lighting be provided for means of egress in certain areas. The Code states emergency lighting is required in exit corridors in any office-type building where the building is two or more stories in height above the level of exit discharge. In industrial occupancies such as laboratories and shops, the Code requires emergency lighting in all exit aisles, corridors, and passageways. Emergency lighting may be installed in areas where not required by the Code when such areas present an egress hazard during a power failure. Although elevators are not considered a means of egress within the jurisdiction of the Life Safety Code, they do require emergency lighting. (Titles 8 and 24 require that emergency lighting be maintained in an elevator for a period of at least four hours.) Several types of emergency lights that satisfy the specifications of the Life Safety Code are: Battery Type - Only rechargeable batteries may be used. The rating of the battery must be such that it provides power for illumination for one and one-half hours in the event of a failure of normal lighting. Generator Type - When emergency lighting is provided by an electric generator, a delay of not more than 10 seconds is permitted. Exit sign lights, when burned out, should be reported to Maintenance for service.

## Exit Corridors

Exit corridors must not be used for storage. The Life Safety Code, NFPA 101, requires that buildings designed for human occupancy must have continuous and unobstructed exits to permit prompt evacuation of the occupants and allow necessary access for responding emergency personnel. The intent of the Code is to keep exits free from obstructions and clear of combustible materials. Attention to housekeeping, therefore, is very important. "Temporary" storage of furniture, equipment, supplies, or anything else is not permitted in exit ways. Combustibles, including recyclable waste paper, are not permitted in exit ways. Metal lockers with ends and tops ferried to the walls and that do not interfere with minimum exit width requirements may be installed in exit corridors when approved by the Fire Department and the Responsible Safety Officer. The following requirements must be met for storage locker/cabinets: Cabinets will be permitted on one side of the corridor only. Cabinets must end at least 6 ft from the corridor exit door. Cabinet ends must be at least 12 in. from the edge of the doorway on the latch side and from the edge of the door leaf when fully opened into the corridor. The cabinets must not be more than 20 in. deep by 37 in. wide by 72-3/4 in. high. The cabinets must be all metal construction with positive latches to prevent spillage of contents in the event of an earthquake. All doors must return automatically to the closed position when not held open manually. A 45 degree-angle fairing must be provided from the wall to the corridor corner of the cabinet. Fairing must be provided at both ends of cabinet or bank of cabinets.

\* A 45 degree-angle fairing must be provided at the top of the cabinets from the outside corridor edge of cabinet to the wall. All cabinets must be anchored to the wall firmly enough to withstand 0.5g of lateral acceleration (or a lateral load equal to 1/2 the total dead weight of the cabinet and its contents) in the event of an earthquake. Liquids and chemicals are not to be stored in corridor lockers. All cabinets must be kept locked, with one key being retained by the Building Manager. All cabinets must be labeled with the contents and the name, address, and telephone number of the assigned user. Any deviation from the above requirements must be approved by Responsible Safety Officer.

## No Smoking

Smoking is forbidden in certain areas for fire safety reasons. Such areas include the following: Where flammable gases or liquids are stored, handled, or used. Where significant quantities of combustible materials, such as paper, wood, cardboard, or plastics are stored, handled, or used. Where liquid- or

gaseous-oxygen is stored, handled, or used. Within 20 ft of a smoke detector. In tape and record storage vaults and computer equipment areas. Areas that are designated "No Smoking" areas for fire safety reasons are indicated by large rectangular signs consisting of white backgrounds with red letters stating "NO SMOKING."

## **Off-Site Safety**

### **Off-Site Operations**

Off-site operations are those performed away from the Company and for which Cellular Concrete Inc. personnel have responsibility in one or more of the following fields: design, test, transportation, assembly, operation, maintenance, disassembly, and storage or removal of equipment.

All off-site operations must be reviewed to determine if an Operational Safety Procedure (OSP) is required. The OSP will be reviewed by the Responsible Safety Officer. Personnel contemplating off-site operations must give written notification of the nature and scope of the project to the Responsible Safety Officer. This notification must be made as soon as possible after the project is approved. The OSP will be reviewed by the Responsible Safety Officer.

The Responsible Safety Officer may visit off-site operations in order to:

- Observe local conditions.
- Inspect facilities prior to operation. Evaluate periodically operating procedures and modifications.
- Evaluate procedures for disassembly, transportation, and storage.

When Cellular Concrete Inc. employees are injured or become ill during off-site operations, the following procedure should be used: Employees should obtain appropriate treatment by a nearby physician or hospital staff. Those rendering care should be informed that the injury is work related. The Responsible Safety Officer should be informed so the proper injury report can be prepared.

## **Traffic & Transportation**

### **Speed Limits**

The speed limit on Cellular Concrete Inc. property is 25 miles per hour. However, conditions such as road repair, wet weather, poor visibility, and pedestrian traffic may require speeds much lower than 25 mph. All traffic laws are strictly enforced. As a result of high density traffic, limited parking, and general congestion, it is recommended that shuttle buses and transportation services be used whenever possible. These services are convenient and reduce exposure to potential motor vehicle accidents.

## **Official Vehicle Use**

The Cellular Concrete Inc. requires that an operator hold a valid driver's license for the class of vehicle that he/she is authorized to operate. Persons intending to operate forklifts are required to successfully complete the appropriate course as outlined in this manual.

## **Responsibility**

Each Division Director and Department Head is responsible for restricting the use of Company-furnished vehicles to official Company business only. They are also responsible for limiting use of such vehicles to properly authorized personnel. Use of an official vehicle for an employee's personal convenience or benefit constitutes misuse and is prohibited. Employees who misuse Company vehicles are subject to disciplinary action and financial responsibility for any accident. All drivers of Company vehicles are responsible for reporting any damage or deficiency to the Motor Pool. Repairs, adjustments, and maintenance can only be accomplished if the driver adequately documents and reports these items. Failure to report unsafe vehicle conditions can result in an accident.

## **Safety Belts**

Employees operating or riding in company-furnished vehicles, or personal vehicles on official company business, are required to wear safety belts at all times. The driver should instruct the passengers to fasten their safety belts before operating the vehicle.

## **Accidents**

Any accident involving Company vehicles (included private, rented, or leased vehicles used on official Company business) must be reported to the driver's supervisor. If the driver is unable to make a report, another employee who knows the details of the accident must make the report. It is Cellular Concrete Inc.'s policy that employees should not admit to responsibility for vehicle accidents occurring while on official business. It is important that such admissions, when appropriate, be reserved for the company and its insurance carrier. The law requires that each driver involved in a vehicle accident must show his/her license on request by the other party. Be sure to obtain adequate information on the drivers involved as well as on the owner of the vehicles. Names, addresses, driver's license numbers, vehicle descriptions, and registration information are essential. In addition, a description of damages is needed for completion of accident reports. If the accident is investigated by off-site police agencies, request that a copy of the police report be sent to Cellular Concrete Inc., or obtain the name and department of the investigating officer. A printed card titled "In Case of Accident" is kept in each official vehicle to assist in collecting required information. In case of collision with an unattended vehicle (or other property), the driver of the moving vehicle is required by law to notify the other party and to exchange information pertaining to the collision. If unable to locate the other party, leave a note in, or attached to, the vehicle (or other property) giving the driver's name, address, and vehicle license number. The driver of any Cellular Concrete Inc. vehicle involved in an accident must also complete a Company Motor Vehicle Accident Report and submit it to his/her supervisor within one work day of the accident. The supervisor should interview the driver and complete the supervisor's portion of the report. Within two work days of the accident, the completed form and vehicle must be taken to the Administration Office so that damages may be estimated and repairs scheduled. Forms for obtaining appropriate information about an accident are carried in the vehicle or may be obtained from Administration. The Responsible Safety Officer will receive copies of all accident reports and will prepare any required OSHA reports.

## **Warnings & Citations**

Any operator of a vehicle at Cellular Concrete Inc. who violates the State Vehicle Code may be issued a written warning or citation. A warning will include a description of the violation and cite the relevant code section, date, time, location, and the name of the officer issuing the warning. A person who receives

such a warning will be called to meet with the Responsible Safety Officer. If more than one warning is issued in a six-month period, the Responsible Safety Officer will normally suspend the offender's driving and parking privileges at the Company. The first suspension will be for a period of one month. If there is a repeat violation, the period of suspension will be for six months. Serious offenses may result in revocation of privileges and may include termination of employment.

### **Safety Hazards Correction**

The Safety Committee reviews all accidents involving Company-furnished vehicles, whether on site or off site, and makes recommendations to have safety hazards corrected. The committee meets periodically to review accidents or to review and consider other issues relating to traffic safety. The committee is also the hearing board for drivers who are involved in vehicle accidents or who have received a warning notice for a moving violation, as noted above. Such drivers may appear before this committee to explain causes of accidents or violations.

### **Parking**

Here are the parking designations in use at Cellular Concrete Inc.:

- Red Zones: No stopping, standing, or parking.
- Yellow Zones: Stopping only for the purpose of loading or unloading passengers or freight.
- Green Zones: Limited time parking.
- Government Vehicles: Official vehicles only.
- Reserved Parking: Vehicle with designated license number only.
- Time Zone Lanes: All vehicles must be prepared to move at the time indicated.
- Compact Car: Vehicle must not extend beyond rear limit line.
- General Parking: Vehicles must be parked in designated places only and must not extend beyond the edge of road, stripes, or rear limit lines.

Violators of the above parking rules will be issued a warning notice, order-to-show cause, or citation.

# **Chemical Safety**

## **Introduction**

The objective of this chapter is to provide guidance to all Cellular Concrete Inc. employees and participating guests who use hazardous materials so that they may perform their work safely. Many of these materials are specifically explosive, corrosive, flammable, or toxic; they may have properties that combine these hazards. Many chemicals are relatively non-hazardous by themselves but become dangerous when they interact with other substances, either in planned experiments or by accidental contact. To avoid injury and/or property damage, persons who handle chemicals in any area of the Company must understand the hazardous properties of the chemicals with which they will be working.



Before using a specific chemical, safe handling methods must always be reviewed. Supervisors are responsible for ensuring that the equipment needed to work safely with chemicals is provided. The cost of this equipment is borne by the Company.

## **Hazcom Plan**

On May 25, 1986 the Occupational Safety and Health Administration (OSHA) placed in effect the requirements of a new standard called Hazard Communication (29 CFR 1910.1200). This standard establishes requirements to ensure that chemical hazards in the workplace are identified and that this information, along with information on protective measures, is transmitted to all affected employees. This section describes how Cellular Concrete Inc. employees are informed of the potential chemical hazards in their work area so they can avoid harmful exposures and safeguard their health. Components of this program include labeling, preparing a material safety data sheet (MSDS), and training.

With regard to MSDS, Cellular Concrete Inc. has limited coverage under the OSHA Hazard Communication Standard. The Company is required to maintain only those sheets that are received with incoming shipments for the following reasons: the Company commonly uses small quantities of many different hazardous materials for short periods of time; that the hazards change, often unpredictably; many materials are of unknown composition and most workers are highly trained.

### **Responsibilities of Supervisors/Management Identify hazards for respective work areas.**

Ensure hazards are properly labeled. Obtain/maintain copies of material safety data sheets, as required, of each hazardous material used in the work area and make them accessible to employees during each work shift. Have the written Hazard Communication Program available to all employees. Provide hazard-specific training for employees. Identify hazardous materials in the hazard review section of the Cellular Concrete Inc. purchase requisition form. Employees must: Attend safety training meetings. Perform operations in safe manner. Notify management immediately of any safety hazards or injuries. When ordering materials, identify hazardous chemicals in the hazard review section of the Cellular Concrete Inc. purchase requisition form. The Responsible Safety Officer must: Develop a written Hazard Communication Program. Maintain a central file of material safety data sheets. Review and update Cellular Concrete Inc. stock safety labels. Provide generic training programs. Assist supervisors in developing hazard-specific training programs. Oversee the Hazard Communication Standard written policy and implementation plans. Alert on-site contractors to hazardous materials in work areas. Alert on-site contractors that they must provide to their employees information on hazardous materials they bring to the work site. The number of hazardous chemicals and the number of reactions between them is so large that prior knowledge of all potential hazards cannot be assumed. Therefore, when the chemical properties of a material are not fully known, it should be assumed hazardous and used in as small quantities as possible to minimize exposure and thus reduce the magnitude of unexpected events. The following general safety precautions should be observed when working with chemicals: Keep the work area clean and orderly. Use the necessary safety equipment. Carefully label every container with the identity of its contents and appropriate hazard warnings.

### **Store incompatible chemicals in separate areas.**

Substitute less toxic materials whenever possible. Limit the volume of volatile or flammable material to the minimum needed for short operation periods. Provide means of containing the material if equipment or containers should break or spill their contents. Follow the requirements of this manual, if systems that can generate pressure or are operated under pressure are involved. Provide a back-up method of shutting off power to a heat source if any hazard is involved. Obtain and read the Material Safety Data Sheets.

## **Task Evaluation**

Each task that requires the use of chemicals must be evaluated to determine the potential hazards

associated with the work. This hazard evaluation must include the chemical or combination of chemicals that will be used in the work, as well as other materials that will be used near the work. If a malfunction during the operation has the potential to cause serious injury or property damage, an Operational Safety Procedure (OSP) must be prepared and followed. Operations must be planned to minimize the generation of hazardous wastes. Additionally, unused chemicals should be recycled.

### **Supervisor Responsibility**

Supervisors are responsible for establishing safe procedures and for ensuring that the protective equipment needed to work with the chemicals is available. Supervisors must instruct their workers about possible hazards, safety precautions that must be observed, possible consequences of an accident, and procedures to follow if an accident does occur. The supervisor is required to enforce the proper use of protective equipment and the established safety practices. It is the responsibility of employees and all who use Cellular Concrete Inc. facilities to understand the properties of the chemicals with which they will work and to follow all precautions that apply to each specific task. When faced with an unexpected threat of malfunction, injury, or damage, employees are expected to choose a course of action that provides the most protection to themselves and to others in the area. Every employee is expected to report to the supervisor any unsafe condition seen in the area that would not permit him/her to work safely. The Responsible Safety Officer assists employees and supervisors to work safely by providing information on the hazardous properties of materials, recommending methods for controlling the hazards of specific operations, and by monitoring the work environment. Supervisors must instruct their personnel about the potential hazards involved in the work, proper safety precautions to follow, and emergency procedures to use if an accident should occur. To supplement the supervisor's training, the Responsible Safety Officer will conduct training courses and materials on selected topics. In addition, material safety data sheets and safety information, including hazards, health effects, potential routes of exposure, proper handling precautions, and emergency procedures on specific chemicals, are available through the Responsible Safety Officer's office.

### **Effects on Reproduction**

Both men and women may be exposed to hazardous agents that can cause infertility or result in genetic damage that is passed on to offspring. These agents include ionizing radiation, alcohol, cigarette smoke, pharmaceuticals, and some of the thousands of different chemicals that are used in the home or workplace. Although many of these have been tested to determine whether they cause acute (immediate) effects on the body, few have been studied to see if they cause cancer (carcinogens), birth defects (teratogens), or genetic defects (mutagens). Even fewer have been studied to see if they can cause infertility, menstrual disorders, or other disorders relating to reproduction. The primary path for hazardous substances to reach an unborn child is through the placenta. Scientists now believe that most chemical substances or drugs can cross this barrier with varying degrees of ease and enter the system of the developing fetus. Thus, many chemicals and drugs that enter a pregnant woman's body (through breathing, swallowing, absorption through the skin, etc.) will eventually enter the mother's blood circulation and find their way into the unborn child. In general, the important questions of exactly how much of the toxic substance that enters the mother's body will reach the fetus or what concentration the fetus can tolerate without harmful effects are not yet answered. The fetus may be most vulnerable in the early weeks of pregnancy, but it is also at risk later in pregnancy. In light of the potential harm of workplace exposures to both a pregnant woman and her developing fetus, it is very important and required by Cellular Concrete Inc. policy for the woman to inform the Responsible Safety Officer of her pregnancy immediately.

### **Airborne Contaminants**

Exposures by inhalation of airborne contaminants (gases, vapors, fumes, dusts, and mists) must not exceed the levels listed in the latest edition of Threshold Limit Values of Airborne Contaminants (TLV)

published by the American Conference of Governmental Industrial Hygienists. These TLV levels refer to airborne concentrations of substances and represent conditions under which it is believed that workers may be repeatedly exposed without adverse effect. In all cases of potentially harmful exposure, feasible engineering or administrative controls must first be established. In cases where respiratory protective equipment, alone or with other control measures, is required to protect the employee, the protective equipment must be approved by the Responsible Safety Officer, for each specific use.

## **Safety Equipment**

Eyewash fountains are required if the substance in use presents an eye hazard. The eyewash fountain must provide a soft stream or spray of aerated water. In areas where a corrosive chemical or rapid fire hazard exists, safety showers must be provided for immediate first aid treatment of chemical splashes and for extinguishing clothing fires. The shower must be capable of drenching the victim immediately in the event of an emergency. Eyewash fountains and safety showers should be located close to each other so that, if necessary, the eyes can be washed while the body is showered. Access to these facilities must always remain open. In case of accident, flush the affected part for at least 15 minutes. Report the accident to the Responsible Safety Officer immediately. A special first aid treatment kit for fluorine and hydrofluoric acid burns is prepared by the Medical Services Department. The kit is obtained by contacting the Responsible Safety Officer. Safety shields must be used for protection against possible explosions or splash hazards. Company equipment must be shielded on all sides so that there is no line-of-sight exposure of personnel. The sash on a chemical fume hood is a readily available partial shield. However, a portable shield must also be used, particularly with hoods that have vertical-rising sashes rather than horizontal-sliding sashes.

## **Labels**

All containers (including glassware, safety cans, plastic squeeze bottles) must have labels that identify their chemical contents. Labels should also contain information on the hazards associated with the use of the chemical. Precautionary labels are available from Cellular Concrete Inc. stock room for most of the common chemicals.

## **Emergencies**

In case of an emergency, consider any of the following actions if appropriate: Evacuate people from the area. Isolate the area. If the material is flammable, turn off ignition and heat sources. Call the Fire Department or 911 for assistance. Wear appropriate personal protective equipment. Pour Sorb-all or appropriate neutralizing agent on spill. Clean up; place waste in plastic bag for disposal. Chemical spill cleanup materials are available from stores as listed below: Flammable solvent spill kit Flammable solvent absorbent Acid spill kit Acid spill absorbent Caustic (base) spill kit Caustic (base) absorbent Safety equipment kit (contains scoops, sponge, safety glasses, disposal bags, etc.) Cabinet to hold kits

## **Disposal of Chemicals**

All Cellular Concrete Inc. employees, participating guests, and visitors using hazardous chemicals are responsible for disposing of these chemicals safely. Federal and state regulations mandate strict disposal procedures for chemicals. To comply with these regulations all persons using Company facilities must observe these procedures. Routine Disposal of Chemicals In general the disposal of hazardous chemicals to the sanitary sewer is not permitted. The Responsible Safety Officer will advise on the proper disposal of chemical wastes. In using chemical waste storage containers, certain procedures must be observed, as listed below: Incompatible chemicals must not be mixed in the same container (e.g., acids should not be mixed with bases; organic liquids should not be mixed with strong oxidizing agents). Waste oils must be collected in 55-gallon drums. Disposal solids, and explosive materials must be stored in separate containers.

The following requirements must be met as a condition for pickup and disposal of chemicals by the Responsible Safety Officer:

- Chemicals must be separated into compatible groups.
- Leaking containers of any sort will not be accepted.
- Dry materials (gloves, wipes, pipettes, etc.) must be securely contained in plastic bags and over packed in a cardboard box.
- Packages that are wet or have sharp protruding objects will not be accepted for pick up.
- Unknown chemicals will require special handling.

The responsible department must make every effort to identify the material that is to be disposed. If all the user's attempts to identify the waste chemicals have failed, the Responsible Safety Officer will accept the waste and analyze the material. For more information call the Responsible Safety Officer. Each breakable container must be properly boxed. Place all bottles in plastic bags, then place in a sturdy container and use an absorbent cushioning material that is compatible with the chemicals. Each primary container must be labeled with content, amount, physical state, and the percentage breakdown of a mixture. Each box must have a complete list of contents or description written on an official Responsible Safety Officer hazardous materials packing list. Blank packing lists are available from the Responsible Safety Officer. For safety purposes, boxes must be of a size and weight so that one person can handle them. Boxes that exceed 45 pounds or 18 inches on a side cannot be safely handled by one person and will not be acceptable for pick up. General Housekeeping Rules: Maintain the smallest possible inventory of chemicals to meet your immediate needs. Periodically review your stock of chemicals on hand. Ensure that storage areas, or equipment containing large quantities of chemicals, are secure from accidental spills. Rinse emptied bottles that contain acids or inflammable solvents before disposal. Recycle unused laboratory chemicals wherever possible.

**DO NOT:**

Place hazardous chemicals in salvage or garbage receptacles. Pour chemicals onto the ground. Dispose of chemicals through the storm drain system. Dispose of highly toxic, malodorous, or lachrymatory chemicals down sinks or sewer drains.

## **Electrical Safety**

### **Policy**

It is the policy of Cellular Concrete Inc. to take every reasonable precaution in the performance of work to protect the health and safety of employees and the public and to minimize the probability of damage to property. The electrical safety requirements contained in this chapter are regulations set forth by Cellular Concrete Inc..

### **Employee Responsibility**

All Cellular Concrete Inc. personnel are responsible for all aspects of safety within their own groups. The Responsible Safety Officer is responsible for providing information, instruction, and assistance, as

appropriate, concerning Cellular Concrete Inc. electrical safety requirements and procedures. Individual employees are responsible for their own and their co-workers' safety. This means: Become acquainted with all potential hazards in the area in which they work. Learn and follow the appropriate standards, procedures, and hazard-control methods. Never undertake a potentially hazardous operation without consulting with appropriate supervision. Stop any operation you believe to be hazardous. Notify a supervisor of any condition or behavior that poses a potential hazard. Wear and use appropriate protective equipment. Immediately report any occupational injury or illness to the Responsible Safety Officer, any on site Medical Services Department and the appropriate supervisor.

## **Supervisors**

Each employee acting in a supervisory capacity has specific safety responsibilities. These include: Developing an attitude and awareness of safety in the people supervised and seeing that individual safety responsibilities are fully carried out. Maintaining a safe work environment and taking corrective action on any potentially hazardous operation or condition. Ensuring that the personnel he/she directs are knowledgeable and trained in the tasks they are asked to perform. Ensuring that safe conditions prevail in the area and that everyone is properly informed of the area's safety regulations and procedures. Ensuring that contract personnel are properly protected by means of instructions, signs, barriers, or other appropriate resources. Ensuring that no employee assigned to potentially hazardous work appears to be fatigued, ill, emotionally disturbed, or under the influence of alcohol or drugs (prescription, over the counter medicinal or otherwise). Management at every level has the responsibility for maintaining the work environment at a minimal level of risk throughout all areas of control.

Each manager:

- Is responsible for being aware of all potentially hazardous activities within the area of responsibility.
- May assign responsibility or delegate authority for performance of any function, but –
- Remains accountable to higher management for any oversight or error that leads to injury, illness, or damage to property.

## **Procedures**

It is the policy of Cellular Concrete Inc. to follow the fundamental principles of safety, which are described below. A clear understanding of these principles will improve the safety of working with or around electrical equipment. Practice proper housekeeping and cleanliness. Poor housekeeping is a major factor in many accidents. A cluttered area is likely to be both unsafe and inefficient. Every employee is responsible for keeping a clean area and every supervisor is responsible for ensuring that his or her areas of responsibility remain clean. Identify hazards and anticipate problems. Think through what might go wrong and what the consequences would be. Do not hesitate to discuss any situation or question with your supervisor and coworkers. Resist “hurry-up” pressure. Program pressures should not cause you to bypass thoughtful consideration and planned procedures.

### **Design for safety**

Consider safety to be an integral part of the design process. Protective devices, warning signs, and administrative procedures are supplements to good design but can never fully compensate for its absence. Completed designs should include provisions for safe maintenance.

### **Maintain for Safety**

Good maintenance is essential to safe operations. Maintenance procedures and schedules for servicing and maintaining equipment and facilities, including documentation of repairs, removals, replacements, and disposals, should be established. Document your work. An up-to-date set of documentation adequate for operation, maintenance, testing, and safety should be available to anyone working on potentially

hazardous equipment. Keep drawings and prints up to date. Dispose of obsolete drawings and be certain that active file drawings have the latest corrections. Have designs reviewed. All systems and modifications to systems performing a safety function or controlling a potentially hazardous operation must be reviewed and approved at the level of project engineer or above. Have designs and operation verified. All systems performing safety functions or controlling a potentially hazardous operation must be periodically validated by actual test procedures at least once a year, and both the procedures and actual tests must be documented. Test equipment safety. Tests should be made when the electrical equipment is de-energized, or, at most, energized with reduced hazard. Know emergency procedures. All persons working in areas of high hazard (with high-voltage power supplies, capacitor banks, etc.) must be trained in emergency response procedures, including cardiopulmonary resuscitation (CPR) certification.

### **Working with Energized Equipment**

This section contains safety requirements that must be met in constructing electrical equipment and in working on energized electrical equipment. Special emphasis is placed on problems associated with personnel working on hazardous electrical equipment in an energized condition. Such work is permissible, but only after extensive effort to perform the necessary tasks with the equipment in a securely de-energized condition has proven unsuccessful, or if the equipment is so enclosed and protected that contact with hazardous voltages is essentially impossible.

Definitions: The following definitions are used in this discussion of electrical safety.

Authorized Person: An individual recognized by management as having the responsibility for and expertise to perform electrical procedures in the course of normal duties. Such individuals are normally members of electronic or electrical groups.

Backup Protection: A secondary, redundant, protective system provided to de-energize a device, system, or facility to permit safe physical contact by assigned personnel. A backup protective system must be totally independent of the first-line protection and must be capable of functioning in the event of total failure of the first-line protective system.

Companion: A co-worker who is cognizant of potential danger and occasionally checks the other worker.

Electrical Hazard: A potential source of personnel injury involving, either directly or indirectly, the use of electricity.

Direct Electrical Hazard: A potential source of personnel injury resulting from the flow of electrical energy through a person (electrical shocks and burns).

Indirect Electrical Hazard: A potential source of personnel injury resulting from electrical energy that is transformed into other forms of energy (e.g., radiant energy, such as light, heat, or energetic particles; magnetic fields; chemical reactions, such as fire, explosions, the production of noxious gases and compounds; and involuntary muscular reactions).

First Line Protection: The primary protective system and/or operational procedure provided to prevent physical contact with energized equipment.

General Supervision: The condition that exists when an individual works under a supervisor's direction but not necessarily in the continuous presence of the supervisor.

Grounding Point: The most direct connection to the source of a potential electrical hazard such as the terminals of a capacitor. Such a point must be indicated by a yellow circular marker.

Grounds, Electrical: Any designated point with adequate capacity to carry any potential currents to earth. Designated points may be building columns or specially designed ground-network cabling, rack, or chassis ground. Cold water pipes, wire ways, and conduits must not be considered electrical grounds.

Grounds, Massive: Large areas of metal, concrete, or wet ground that make electrical isolation difficult or



impossible. Implied Approval: Approval is implied when a supervisor, knowing the qualifications of an individual, assigns that individual a task, or responsibility for, a device, system, or project.

**Qualified Person:** An individual recognized by management as having sufficient understanding of a device, system, or facility to be able to positively control any hazards it may present. Must, Should, and May: “Must” indicates a mandatory requirement. “Should” indicates a recommended action. “May” indicates an optional or permissive action, not a requirement or recommendation.

**Safety Watch:** An individual whose sole task is to observe the operator and to quickly de-energize the equipment, using a crash button or circuit breaker control in case of an emergency, and to alert emergency personnel. This person should have basic CPR training.

## Type of Hazards

The degree of hazard associated with electrical shock is a function of the duration, magnitude, and frequency of the current passed by the portion of the body incorporated in the circuit. The current that can flow through the human body with contacts at the extremities, such as between the hand or head and one or both feet, depends largely on the voltage. Body circuit resistance, even with liquid contacts (barring broken skin) will probably be not less than 500 ohms. The current flow at this resistance at 120 volts is 240 milliamperes. Recognition of the hazards associated with various types of electrical equipment is of paramount importance in developing and applying safety guidelines for working on energized equipment. Three classes (in order of increasing severity) of electrical hazards have evolved.

### Class A Hazard

Class A electrical hazard exists when all the following conditions prevail: The primary AC potential does not exceed 130 volts rms. The available primary AC current is limited to 30 amperes rms. The stored energy available in a capacitor or inductor is less than 5 joules ( $J=CV^2/2=LI^2/2$ ). The DC or secondary AC potentials are less than 50 volts line-to-line and/or to ground or the DC or secondary AC power is 150 volt-amperes (V-A) or less. Although the voltages and currents may be considered nominal, a "Class A" electrical hazard is potentially lethal. This class is particularly dangerous because of everyday familiarity with such sources, an assumed ability to cope with them, and their common occurrence in less guarded exposures.

### Class B Hazard

A Class B electrical hazard has the same conditions as a Class A hazard except that the primary AC potential is greater than 130 volts rms, but does not exceed 300 volts rms.

### Class C Hazard

Class C electrical hazard classifications prevail for all situations when one or more of the limitations set in Class B is exceeded.

## Employee Attitude

The attitudes and habits of personnel and the precautions they routinely take when working on energized equipment are extremely important. There are three modes of working on electrical equipment.

### Mode 1: Turn Off the Power

All operations are to be conducted with the equipment in a positively de-energized state. All external sources of electrical energy must be disconnected by some positive action (e.g., locked-out breaker) and with all internal energy sources rendered safe. "Mode 1" is a minimum hazard situation.

### Mode 2: Latent Danger

All manipulative operations (such as making connections or alterations to or near normally energized

components) are to be conducted with the equipment in the positively de-energized state. Measurements and observations of equipment functions may then be conducted with the equipment energized and with normal protective barriers removed. "Mode 2" is a moderate-to-severe hazard situation, depending on the operating voltages and energy capabilities of the equipment.

### **Mode 3: Hot Wiring**

"Mode 3" exists when manipulative, measurement, and observational operations are to be conducted with the equipment fully energized and with the normal protective barriers removed. "Mode 3" is a severe hazard situation that should be permitted only when fully justified and should be conducted under the closest supervision and control. One knowledgeable person should be involved in addition to the worker(s). Written permission may be required. Work on Class B or Class C energized circuitry must only be done when it is absolutely necessary.

### **Safety Glasses**

Either safety glasses or a face shield must be worn when working on electrical equipment.

### **Personal Protective Devices**

For work on any energized circuitry with a Class B or Class C hazard, the use of personal protective devices (e.g., face shields, blast jackets, gloves, and insulated floor mats) is encouraged, even if not required.

### **Elevated Locations**

Any person working on electrical equipment on a crane or other elevated location must take necessary precautions to prevent a fall from reaction to electrical shock or other causes. A second person, knowledgeable as a safety watch, must assume the best possible position to assist the worker in case of an accident.

### **Chain of Command**

The supervisory chain must be identified for normal operation and development, servicing, or testing of hazardous equipment. An up-to-date set of instructions for operation, maintenance, testing, and safety should be provided and made readily available to anyone working on hazardous equipment. As many tests as practicable should be made on any type of electrical equipment in the un-energized condition, or at most, energized with reduced hazard. All covering, clothing, and jewelry that might cause hazardous involvement must be removed. Adequate and workable lock-out/tag-out procedures must be employed. A person in a hazardous position who appears to be fatigued, ill, emotionally disturbed, or under the influence of alcohol and/or drugs (medicinal, or otherwise) must be replaced by a competent backup person, or the hazardous work must be terminated. Supervisors and workers must be encouraged to make the conservative choice when they are in doubt about a situation regarding safety. Training sessions and drills must be conducted periodically to help prevent accidents and to train personnel to cope with any accidents that may occur. CPR instruction must be included. An emergency-OFF switch, clearly identified and within easy reach of all high-hazard equipment, should be provided. Also, this switch may be used to initiate a call for help. Resetting an Emergency-OFF switch must not be automatic but must require an easily understandable overt act. Automatic safety interlocks must be provided for all access to high-hazard equipment. Any bypass of such an interlock should have an automatic reset, display conspicuously the condition of the interlocks, and ensure that barriers cannot be closed without enabling the interlock. All equipment should have convenient, comfortable, and dry access. Communication equipment (e.g., fire alarm box, telephone) should be provided near any hazardous equipment. Its location should be clearly marked to ensure that the person requesting assistance can direct the people responding to a call for help to the emergency site quickly. Any component that in its common use is non-hazardous, but in its actual use may be hazardous, must be distinctively colored and/or labeled. (An example might

be a copper pipe carrying high voltage or high current.) Periodic tests of interlocks to ensure operability must be performed and documented at least yearly.

## **Protective Systems**

Equipment must be designed and constructed to provide personnel protection. First-line and backup safeguards should be provided to prevent personnel access to energized circuits. Periodic tests must be established to verify that these protective systems are operative.

## **Safety Practices**

Additional safety practices are described below.

Cable Clamping: A suitable mechanical-strain-relief device such as a cord grip, cable clamp, or plug must be used for any wire or cable penetrating an enclosure where external movement or force can exert stress on the internal connection. Grommets, adlets, or similar devices must not be used as strain relief.

Emergency Lighting: There must be an emergency lighting system that activates when normal power fails in Class C conditions.

Flammable & Toxic Material Control: The use of flammable or toxic material must be kept to a minimum. When components with such fluids are used, a catch basin or other approved method must be provided to prevent the spread of these materials should the normal component case fail.

Isolation: All sources of dangerous voltage and current must be isolated by covers and enclosures. Access to lethal circuits must be either via screw-on panels, each containing no less than four screws or bolts, or by interlocked doors. The frame or chassis of the enclosure must be connected to a good electrical ground with a conductor capable of handling any potential fault current.

Lighting: Adequate lighting must be provided for easy visual inspection. Overload Protection: Overload protection and well marked disconnects must be provided. Local "Off" controls must be provided on remote-controlled equipment. All disconnects and breakers should be clearly labeled as to which loads they control.

Power: All ac and dc power cabling to equipment not having a separate external ground but having wire-to-wire or wire-to-ground voltage of 50 volts or more must carry a ground conductor unless cabling is inside an interlocked enclosure, rack, grounded wire way, or conduit, or feeds a commercial double-insulated or UL-approved device. This requirement will ensure that loads such as portable test equipment, temporary or experimental, is grounded. UL-approved devices such as coffeepots, timers, etc., used per the manufacturer's original intent are permissible. Rating: All conductors, switches, resistors, etc., should be operated within their design capabilities. Pulsed equipment must not exceed either the average, the RMS, or the peak rating of components. The equipment should be derated as necessary for the environment and the application of the components.

Safety Grounding: Automatic discharge devices must be used on equipment with stored energy of 5 joules or more. Suitable and visible manual grounding devices must also be provided to short-to-ground all dangerous equipment while work is being performed.

## **Safety Practices**

The following check list must be used as a guide for circuits operating at 130 volts or more or storing more than 5 joules. An enclosure may be a room, a barricaded area, or an equipment cabinet.

Access: Easily opened doors, panels, etc., must be interlocked so that the act of opening de-energizes the circuit. Automatic discharge of stored-energy devices must be provided. Doors should be key-locked, with the same required key being also used for the locks in the control-circuit-interlock chain. This key must be removable from the door only when the door is closed and locked.

Heat: Heat-generating components, such as resistors, must be mounted so that heat is safely dissipated and does not affect adjacent components.

Isolation: The enclosure must physically prevent contact with live circuits. The enclosure can be constructed of conductive or non-conductive material. If conductive, the material must be electrically interconnected and connected to a good electrical ground. These connections must be adequate to carry all potential fault currents.

Seismic Safety: All racks, cabinets, chassis, and auxiliary equipment must be secured against movement during earthquakes.

Strength: Enclosures must be strong enough to contain flying debris due to component failure.

Temporary Enclosure: Temporary enclosures (less than 6-month duration) not conforming to the normal requirements must be considered Class C hazards.

Ventilation: Ventilation must be adequate to prevent overheating of equipment and to purge toxic fumes produced by a fault.

Visibility: Enclosures large enough to be occupied by personnel must allow exterior observation of equipment and personnel working inside the enclosure.

Warning Indicators: When systems other than conventional facilities represent Class C hazards, the systems should be provided with one of the following two safety measures:

- (1) A conspicuous visual indicator that is clearly visible from any point where a person might make hazardous contact or entry; and
- (2) A clearly visible primary circuit breaker or “OFF” control button on the front of the enclosure.

## **Safety Practices**

Because a wide range of power supplies exist, no one set of considerations can be applied to all cases. The following classification scheme may be helpful in assessing power-supply hazards. Power supplies of 50 volts or less with high current capability too often are not considered a shock hazard, although these voltages are capable of producing fatal shocks. Since they are not “high voltage,” such power sources frequently are not treated with proper respect.

In addition to the obvious shock and burn hazards, there is also the likelihood of injuries incurred in trying to get away from the source of a shock. Cuts or bruises, and even serious and sometimes fatal falls, have resulted from otherwise insignificant shocks. Power supplies of 300 volts or more, with lethal current capability, have the same hazards to an even greater degree. Because supplies in this category are considered Class C hazards, they must be treated accordingly. High-voltage supplies that do not have dangerous current capabilities are not serious shock or burn hazards in themselves and are therefore often treated in a casual manner. However, they are frequently used adjacent to lower-voltage lethal circuits, and a minor shock could cause a rebound into such a circuit. Also, an involuntary reaction to a minor shock could cause a serious fall (for example, from a ladder or from experimental apparatus).

The following are additional safety considerations for power supplies.

Primary Disconnect. A means of positively disconnecting the input must be provided. This disconnect must be clearly marked and located where the workmen can easily lock or tag it out while servicing the power supply. If provided with a lockout device, the key must not be removable unless the switch or breaker is in the “Off” position.

Overload Protection. Overload protection must be provided on the input and should be provided on the output.

Safety Grounding. Fully visible, manual-grounding devices must be provided to render the capacitors safe

while they are being worked on. Grounding points must be clearly marked, and caution must be used to prevent transferring charges to other capacitors.

**Ground Hooks.** All ground hooks must: Have conductors crimped and soldered. Be connected such that impedance is less than 0.1 ohms to ground. Have the cable conductor clearly visible through its insulation. Have a cable conductor size of at least #2 extra flexible, or in special conditions a conductor capable of carrying any potential current. Be in sufficient number to ground conveniently and adequately ALL designated points. Be grounded and located at normal entry way when stored, in such a manner to ensure that they are used. In Class C equipment with stored energy in excess of 5 joules, a discharge point with an impedance capable of limiting the current to 500 amperes or less should be provided. This discharge point must be identified with a yellow circular marker with a red slash and must be labeled “**HI Z PT**” in large readable letters. A properly installed grounding hook must first be connected to the current-limiting discharge point and then to a low-impedance discharge point (less than 0.1 ohm) that is identified by a yellow circular marker. The grounding hooks must be left on all of these low impedance points during the time of safe access. The low-impedance points must be provided, whether or not the HI-Z current-limiting points are needed. Voltage indicators that are visible from all normal entry points should also be provided.

**Fusing.** Capacitors used in parallel should be individually fused when possible to prevent the stored energy from dumping into a faulted capacitor. Care must be taken in placement of automatic-discharge safety devices with respect to fuses. If the discharge will flow through the fuses, a prominent warning sign must be placed at each entry indicating that each capacitor must be manually grounded before work can begin. Special knowledge is required for high-voltage and high-energy fusing.

**Unused Terminal Shorting.** Terminals of all unused capacitors representing a Class C hazard or capable of storing 5 joules or more must be visibly shorted.

## **Safety Design**

Proper philosophy is vital to the safe design of most control applications. The following check list should be used as a guide.

**Checkout.** Interlock chains must be checked for proper operation after installation, after any modification, and during periodic routine testing.

**Fail-Safe design.** All control circuits must be designed to be “fail-safe.” Starting with a breaker or fuse, the circuit should go through all the interlocks in series to momentary on-off switches that energize and “seal in” a control relay. Any open circuit or short circuit will de-energize the control circuit and must be reset by overt act.

**Interlock Bypass Safeguards.** A systematic procedure for temporarily bypassing interlocks must be established. Follow-up procedures should be included to ensure removal of the bypass as soon as possible. When many control-circuit points are available at one location, the bypassing should be made through the normally open contacts of relays provided for this purpose. In an emergency, these relays can be opened from a remote control area.

**Isolation.** Control power must be isolated from higher power circuits by transformers, contactors, or other means. Control power should be not more than 120 volts, ac, or dc. All circuits should use the same phase or polarity so that no additive voltages (Class B or Class C hazard) are present between control circuits or in any interconnect system. Control-circuit currents should not exceed 5 amperes.

**Lock-out.** A keyed switch should be used in interlock chains to provide positive control of circuit use. To ensure power removal before anyone enters the enclosure, this same key should also be used to gain access to the controlled equipment.

**Motor Control Circuits** (Class B or Class C Hazards). All Class B or Class C motor circuits must have a

positive disconnect within view of the motor or, if this is not practical, a disconnect that can be locked open by the person working on these motor circuits is acceptable.

Over-Voltage Protection. Control and instrumentation circuits used with high-voltage equipment must have provision for shorting fault-induced high voltages to ground. High-voltage fuses with a high-current, low-voltage spark gap downstream from the high-voltage source are recommended. This also applies to all circuits penetrating high-voltage enclosures.

Voltage Divider Protection. The output of voltage dividers used with high voltages must be protected from over-voltage-to-ground within the high-voltage area by spark gaps, neon bulbs, or other appropriate means.

Current Monitors. Currents should be measured with a shunt that has one side grounded or with current transformers that must be either loaded or shorted at all times. Instrument Accuracy. Instrumentation should be checked for function and calibration on a routine basis.

### **More than 300 Volts**

To work on systems with voltages greater than 300 volts (CLASS B OR C HAZARD):

Open the feeder breaker, roll out if possible, tag out, and lock if in enclosure. If work is on circuits of 600 V or more, positive grounding cables should be attached to all three phases. Tag should contain who, why, and when information, and it is of vital importance because a person's life may depend on it. "Vital" in this case means that the presence and status of the tag are inviolate, and the tag must not be altered or removed except by the person who attached it.

### **Less than 300 Volts**

To work on systems with voltages less than 300 volts (CLASS A HAZARD): Turn-off and tag the feeder breaker. Tag is inviolate except on projects where established circuit checkout procedure allows a qualified person to remove it and energize circuit after checkout is complete.

### **Motor Generator Systems**

For motor or generator work, primary feeder breaker must be opened, tagged, and locked out if possible. For generator-load work, motor-start permissive key must be removed by person doing work and restored when work is complete.

### **High Voltage**

To work on high voltage power supplies and enclosures use Class B or Class C hazard procedure specified in the safety requirements. Access should always be by permissive key that interrupts input power when key is removed from control panel. Grounding of power supply output must occur either automatically when key is removed from control panel or manually before access door can be opened.

### **High Current**

To work on high current power supplies (normally for magnets), treat system as a high voltage power supply, if energy storage is 5 joules or more when system is off. If not, then requirements for working on magnet are as follows: If power supply is equipped with Kirk (trademark) or equivalent interlock, turn the key and remove. This locks the input breaker in "off" position until key is reinserted and turned. If power supply is not equipped with a Kirk (trademark) or equivalent interlock, turn off and tag input circuit breaker.

### **Working on Power Supplies**

The minimum requirements for working on any power supply is to turn the power off and properly tag feeder circuit breaker external to power supply.



## **Electrical Lock-out/Tag-out Procedures**

When you have to perform maintenance work on a machine, take these four steps to protect yourself and your co-workers from injury:

- 36) De-energize the machine if possible. Positively disconnect the machine from the power source. If there is more than one source of power, then disconnect them all.
- 37) If possible, lock out all disconnect switches. You must be given a lock and a key for each disconnect before you begin working on the machine.
- 38) Tag all disconnect switches. Use the yellow or Red safety tags which state in large letters -- "Danger...Do Not Operate," or "Danger...Do Not Energize" and which give the name of the individual who locked out the equipment, date and time. The tag must also state "DO NOT REMOVE THIS TAG". (The person who placed the tag may remove it only after the machinery maintenance has been completed.)
- 39) Test the equipment to insure it is de-energized before working on it. First, attempt to operate the equipment by turning it on normally. Next, check all electrical lines and exposed areas with test equipment or a "lamp". Finally, short to ground any exposed connections using insulated grounding sticks. This test must be done even if the electrical connection is physically broken, such as pulling out a plug, because of the chance of discharging components.

A TAG OUT ONLY PROCEDURE MAY BE USED IF THE MACHINE CANNOT BE LOCKED OUT. IF THE MACHINE IS SUPPLIED ELECTRICAL POWER FROM A SINGLE SOURCE, WHICH IS UNDER THE EXCLUSIVE CONTROL OF A TRAINED AND QUALIFIED REPAIR PERSON AT ALL TIMES AND THERE ARE NOT ANY OTHER PERSONS IN THE REPAIR AREA WHO COULD BE HARMED BY THE ACCIDENTAL ENERGIZING OF THE MACHINERY, THEN TAG OUT MAY BE USED INSTEAD OF LOCK-OUT/TAG OUT.

Be aware that many accidents occur at the moment of re-energizing. If the machinery is to be re-energized, all persons must be kept at a safe distance away from the machinery. The re-energization can be performed only by a person who either performed the lock-out/tag out, a person acting under the immediate and direct commands of the original lock-out/tag out person, or in the event of a shift change, or other unavailability of the original person, then the original shall, before leaving, appoint a surrogate original person and show him or her all steps taken to lock-out/tag out the equipment.

# **Gases**

This chapter contains guidelines and requirements for the safe use of flammable and/or compressed gases. It covers the use of flammable-gas piping systems, high-pressure gas cylinders, manifolded cylinders, and compressed air.

## **Hazards**

All gases must be used in a manner that will not endanger personnel or property in routine shop use or experimental operations. Hazards associated with handling and use of flammable and/or high-pressure gases include the following: Injuries caused by flying objects accelerated by an explosion or pressure release; Almost certain death if a flammable mixture is inhaled and then ignited; Asphyxiation; Secondary accidents such as falls or electrical shocks; Fire caused by ignition of flammable gases;

## Relief Valves Required

All systems, system components, and piping subject to over-pressures must be equipped with relief devices.

## Operational Safety Procedures

Equipment containing highly toxic gases requires an Operational Safety Procedure (OSP) and must comply with the requirements described in the chapters on chemical safety. If you are in doubt as to the hazards, toxicity, or safe operating practices for any gases, consult the Responsible Safety Officer.

## Fire Risk

Fire requires three elements: fuel, oxygen, and ignition. Any experiment or routine operation that places a flammable gas in the presence of an oxidant (air, oxygen) and an ignition source (spark, flame, high temperature) is extremely dangerous. To reduce the risk of fire, eliminate two of these three elements. Thus, when using flammable gases, (1) eliminate ignition sources and (2) prevent mixing of fuel with air or oxygen. Contain or vent fuel. Pyrophoric substances, which are materials that ignite spontaneously when exposed to air, require even more care. Minimize the use of oxygen in high concentration. Materials not normally considered combustible burn violently in high-oxygen atmospheres. Therefore, special precautions must be taken when working with high-oxygen concentrations.

## Equipment Design

When designing equipment for flammable gas that does not involve intentional combustion, any possibility of ignition or explosion must be prevented.

## Guidelines

All personnel authorized to work with flammable gases must be familiar with the hazards and emergency measures that might be required in the event of an accident. For safe operation the following safety guidelines must be observed: A piping (schematic) diagram of the apparatus and an operating procedure that includes safety considerations and emergency instructions must be developed, and the installed piping must be inspected to ensure that it is installed as shown on the piping diagram. Only personnel authorized to work on the experiment are allowed in the operations area. Appropriate warning devices and signs, such as "Danger-Hydrogen" and "No Smoking and Open Flames," must be posted on or near the work area and at the doors to the operating area. Flammable gas shutoff valves must be located outside flammable gas operating areas. Good housekeeping practices must be observed; unnecessary combustible material must be kept out of flammable gas operating areas. Only the flammable gas cylinders actually required for the experiment are allowed in the operating area. Extra cylinders must be stored in an approved area outside the building or work area. When two or more cylinders containing flammable gas are used inside a room or other confined area, and are connected to a common manifold, the regulators must be modified. The existing relief valves on the regulator must be replaced with two special relief valves connected to a metal vent line that terminates outside and above the building. Likewise, when the building occupancy is rated H7, as defined in the Uniform Building Code, all flammable gas regulators must have their relief valves vented to a vent line that terminates outside and above the building. All ignition sources, e.g., welding torches, lit cigarettes, electric arcs, electrostatic charges, and pilot lights, must be kept away from flammable gases at all times. Ventilation must be provided to prevent entrapment of flammable gases in closed areas. If the gas is lighter than air, overhead ventilation is required. Gases denser than air must be prevented from entering trenches and manholes where they can collect and form explosive mixtures with air. Cracking a hydrogen gas cylinder valve before attaching the regulator is not recommended since the gas may be ignited by static charge or friction heating. Closing the valve stops the flame immediately. Never use a flame to detect flammable gas leaks. Use soapy water or use other approved methods. If a flammable gas cylinder is discovered with a small leak and the gas has not ignited,

the cylinder must be moved carefully to a safe outside area. If the leak is serious or the gas has ignited, evacuate the area and call the Cellular Concrete Inc. security department and the local Fire Department immediately.

## Hydrogen

Hydrogen is a colorless, odorless, non-toxic, and highly flammable gas. It is the lightest gas, being only 0.07 times the density of air and having a rate of diffusion 3.8 times faster than air, which allows it to fill a confined space rapidly. The danger hydrogen poses is evident from its wide range of flammable mixtures: 4% to 75% in air and 4% to 94% in oxygen. Hydrogen-air mixtures can be ignited by an extremely low energy input, 0.02 millijoules, which is only 10% of the energy required to ignite a gasoline-air mixture. High pressure hydrogen leaks will usually ignite as a result of the static electricity generated by the escaping gas. The ignition temperature of hydrogen is 932 degrees F, its flame velocity is 270 cm/sec (almost 10 times the velocity of a natural-gas flame), and it burns with a virtually colorless (invisible) flame at 3713 degrees F. If ignited, unconfined hydrogen and air mixtures will burn or explode depending upon how close the mixture is to being stoichiometric. Confined mixtures may detonate (burn at sonic velocity) depending upon the mixture and the geometry of the confined space. Hydrogen is not toxic but can cause asphyxiation. See NFPA 50A, Standard for Gaseous Hydrogen Systems at Consumer Sites

## Oxygen

Oxygen supports combustion but is itself nonflammable. Oxygen lowers the ignition point (in air) of flammable substances and causes them to burn more vigorously. Materials such as oil and grease burn with nearly explosive violence in oxygen, even in minute quantities. Therefore, oxygen cylinders must not be handled with greasy or oily hands or gloves and must not be stored near highly combustible materials such as oil, grease, or reserve acetylene. Oxygen must never be used to purge lines, to operate pneumatic tools, or to dust clothing - cloth, plastics, etc., saturated with oxygen burn explosively. Accordingly, oxygen cylinders must never be used as hat racks, clothes hangers, etc., since leaky fittings can result in accumulations of gas in the covering material. Insects in oxygen "pigtailed" can ignite spontaneously and may cause sufficient heat and over-pressure to burst the pigtail, valve, or manifold: don't leave pigtailed disconnected for more than a few minutes. Do not use white lead, oil, grease, or any other non-approved joint compound for sealing oxygen-system fittings. Threaded connections in oxygen piping must be sealed with joint compounds or Teflon tape approved for oxygen service. Litharge and water is recommended for service pressures above 300 psig (2.0 MPa). Gaskets must be made of non-combustible materials. When high pressure oxygen cylinders are stored inside a building, they must be separated from flammable gas cylinders by at least 20 feet or by a fire-resistive partition.

## Acetylene

Acetylene is used principally with welding and cutting torches. Commercial acetylene gas is colorless and highly flammable with a distinctive garlic-like odor. Acetylene, in its free state under pressure, may decompose violently - the higher the pressure, the smaller the initial force required to cause an explosion. Therefore, acetylene is stored in acetone, which dissolves 300 times its volume of acetylene. Acetylene cylinders are filled with a porous filler material that holds the acetone. The combination of filler and acetone allows acetylene to be contained in cylinders at moderate pressures without danger of explosive decomposition. Full cylinder pressure is 250 psig at 70 degrees F.

**CAUTION:** when acetylene is withdrawn from its cylinder too rapidly, the gas cannot come out of solution fast enough, the downstream pressure drops, and liquid acetone is thrown out of the cylinder and may limit the flow of the pressure-reducing regulator. The following precautions are recommended when working with acetylene: To prevent flashbacks check valves are required in welding gas lines and at the welding/cutting torch. If the acetylene pressure drops, the oxygen pressure at the torch can push oxygen

back up the acetylene line, where it can mix with acetylene and cause a flashback. Copper must not be used in acetylene piping - copper forms an impact-sensitive copper acetylide. NEVER use free acetylene gas outside the cylinder at pressures over 15 psig (30 psia) -- it can decompose violently. Acetylene cylinders should be used or stored only in an upright position to avoid the possibility of acetone leaking from the cylinder. If an acetylene cylinder has been stored horizontally, the cylinder should be put upright and left in that position for about 30 minutes before being used. When cylinders are empty of acetylene, valves must be closed to prevent evaporation of the acetone. Acetylene cylinders may be filled only by the supplier.

Only cylinders meeting Department of Transportation (DOT) regulations may be used for transporting compressed gases. Each cylinder must bear the required DOT label for the compressed gas contained, except under certain specified conditions set forth in DOT regulations. It is illegal to remove or to change the prescribed numbers or other markings on cylinders - do not deface, cover, or remove any markings, labels, decals, or tags applied or attached to the cylinder by the supplier. Each cylinder in use at Cellular Concrete Inc. must carry a legible label or stencil identifying the contents. Do not repaint cylinders unless authorized by the owner. Compressed-gas containers must not contain gases capable of combining chemically, nor should the gas service be changed without approval by Responsible Safety Officer. The cylinder-valve outlet connections on cylinders containing gas mixtures are provided by the gas supplier, based on the physical and chemical characteristics of the gases. Gas mixtures having a flammable component must have a cylinder-valve outlet connection with left-handed threads, even though the gas mixture is nonflammable, unless Responsible Safety Officer has authorized otherwise. Regulators, gauges, hoses, and other appliances provided for use with a particular gas or group of gases must not be used on cylinders containing gases having different chemical properties unless information obtained from the supplier indicates that this is safe. Gases must not be mixed at Midwest Cellular Concrete Inc. sites in commercial DOT cylinders and must not be transferred from one DOT cylinder to another. Gases mixed at Cellular Concrete Inc. must never be put into a Cellular Concrete Inc.- or vendor-owned compressed gas cylinder. Vendor-owned cylinders must not be used for any purpose other than as a source of vendor-supplied gas. Only the vendor may pressurize these cylinders. It is illegal to transport a leaking cylinder (charged or partially charged) by common or contract carrier.

## **Compressed Gases**

Compressed gases (over 150 psig) are usually stored in steel cylinders manufactured according to DOT specifications. When the DOT was formed in 1969, it acquired responsibility for cylinder specifications, formerly issued by ICC. DOT regulations require the following markings on all cylinders: Type of cylinder and pressure rating Serial number Inspection date For example: DOT 3AA2065 973487 6/70 DOT 3AA indicates DOT specification 3AA, which is a seamless alloy-steel cylinder of definite prescribed steel, not over 1000-lb water capacity, with at least 150-psi service pressure; 2065 is the service pressure at 70 degrees F. and the maximum refill pressure; 973487 is the manufacturer's serial number; and 6/70 is the date of the initial qualifying test. Old cylinders (made before 1970) will have "ICC" in the markings, whereas cylinders manufactured after 1970 will be marked "DOT." The other identification markings are unchanged. Cellular Concrete Inc. owns cylinders for most of the common industrial gases and uses its own content identification color code. For non-Company-owned cylinders, which may, or may not, have a non-Company color code, the name of the gas painted on each cylinder, rather than the color code, should be used to identify the contents. Mixed-gas cylinders must be marked with an adhesive label placed on the shoulder of the cylinder. The label must contain a RED diamond for flammable gas or a GREEN diamond for nonflammable gas. The percentage of each gas component must be marked on the label and on a tag attached to the valve by the supplier. In addition, a circumferential white stripe must be painted near the shoulder of the cylinder to indicate mixed gas.

## **Inspections**

All compressed gas cylinders, hoses, tubing, and manifolds must be inspected frequently to ensure that

they are free of defects that could cause a failure. Cylinders must be considered defective and rejected (or removed from service) if a valve is stiff, or a fitting leaks, or if they contain dents, cuts, gouges, digs over 3 inches long, leaks (of any size), fire damage, or valve damage. All defective cylinders (Cellular Concrete Inc.- or vendor-owned) must be sent back to the manufacturer or vendor for test and repair. Hoses and fittings that appear worn must be replaced before the equipment is put to further use. All standard size single compressed gas cylinders (200 scf) that are used only at Cellular Concrete Inc., such as in fixed tube banks, must be pressure tested to 5/3 (1.67) of their DOT service pressure every 6 years.

## **Cylinder Handling**

Compressed gases should be handled only by experienced and properly instructed personnel. When in doubt about the proper handling of a compressed gas cylinder or its contents, consult Responsible Safety Officer. Compressed gas cylinders are dangerous when handled incorrectly. Always assume that a cylinder is pressurized. Handle it carefully. Never throw, bang, tilt, drag, slide, roll, or drop a cylinder from a truck bed or other raised surface. If a cylinder must be lifted manually, at least two people must do the lifting. Because of their shape, smooth surface, and weight, gas cylinders are difficult to move by hand. A truck or an approved cylinder handcart must always be used to move a cylinder. Cylinders must be fastened in metal cradles or skid boxes before they are raised with cranes, forklifts, or hoists. Rope or chain lifting slings alone must not be used. Cylinders, even empty ones, must never be used as rollers for moving materials, as work supports, etc. If damaged, a cylinder can cause severe injuries, including lung damage from inhalation of toxic contents and physical trauma from explosion. A pressurized gas cylinder can become a dangerous projectile if its valve is broken off. When a cylinder is not connected to a pressure regulator or a manifold, or is otherwise not in use, it is extremely important that the cylinder valve be kept closed and the safety cap be kept in place -- the cap protects the cylinder valve (do not lift cylinders by their caps). Notify the Responsible Safety Officer, giving details and cylinder serial number, if you believe that a foreign substance may have entered the cylinder or valve. Cylinders containing compressed gases should not be subjected to a temperature above 125 degrees F. Flames, sparks, molten metal, or slag must never come in contact with any part of a compressed gas cylinder, pressure apparatus, hoses, etc. Do not place cylinders where they might become part of an electric circuit. When cylinders are used in conjunction with electric welding, ensure that the cylinders cannot be accidentally grounded and burned by the electric welding arc. Cylinders must not be subjected to artificially low temperatures. Many ferrous metals become extremely brittle at low temperatures. The loss of ductility and thermal stress at low temperature may cause a steel cylinder to rupture. Never attempt to repair, alter, or tamper with cylinders, valves, or safety relief devices.

## **Working With Gases**

Always identify the contents of a gas cylinder before using it. If a cylinder is not clearly labeled, return it to the Responsible Safety Officer. Before using a cylinder, be sure it is properly supported with two metal chains or the equivalent to prevent it from falling. Contamination of compressed gas cylinders by feedback of process materials must always be prevented by installation of suitable traps or check valves. Suitable pressure-regulating devices and relief devices must always be used when gas is admitted to systems having pressure limitations lower than the cylinder pressure. Gas cylinder valves can be "cracked" (opened slightly) momentarily before regulators are attached to blow dirt off the valve seats, but the valve outlet should always be pointed away from people or equipment. (Cracking the valve is not recommended with hydrogen because it can be ignited by static charge or friction.) After the regulator is securely attached to the cylinder valve, fully release (turn counter-clockwise) the pressure-adjusting screw of the regulator before opening the cylinder valve. Open gas cylinder high pressure valves slowly; this gives compression heat time to dissipate and prevents "bumping" the gauges. Never use a wrench on any cylinder-valve hand wheel. Keep removable keys or handles on valve spindles or stems while cylinders are in service. Never leave pressure in a system that is not being used. To shut down a system, close the cylinder valve and vent the pressure from the entire system. Equipment must not be disassembled while it



is under pressure. Be aware that any valved-off portion of the system may still be under pressure; bleed the hose, line, or vessel before disassembly to ensure that there is not enough pressure energy stored in the trapped gas or in piping distortion to propel loose objects. Connections to piping, regulators, and other appliances should always be kept tight to prevent leakage. Where hose is used, it should be kept in good condition. Manifold pigtailed should not be left disconnected for more than a few minutes. Certain insects are attracted to pure gases and will quickly clog these lines. Never use compressed gas to dust off clothing; this may cause serious injury or create a fire hazard. About 30 psi gauge pressure (0.2 MPa) must be left in "empty" cylinders to prevent air from entering the cylinder and contaminating it; air contamination in a hydrogen cylinder is extremely dangerous. Before a regulator is removed from a cylinder, close the cylinder valve and release all pressure from the regulator. Before returning an empty cylinder, close the valve and replace the cylinder-valve protective cap and outlet cap or plug, if used.

## **Cylinder Storage**

Cylinders not actively in use inside of buildings must be stored outside in areas approved by Responsible Safety Officer and must be fastened - with two metal chains or bars or in a fixture - to prevent them from falling if they are bumped or shaken, as during an earthquake. When gases of different types are stored at the same location, cylinders must be grouped by types of gas, and the groups must be arranged in accordance with the gases contained, e.g., flammable gases must not be stored near oxygen. Charged cylinders and empty cylinders should be stored separately in an arrangement that permits removal of "old stock" (cylinders in storage the longest) with minimum handling of other cylinders. Storage rooms or areas should be dry, cool, well ventilated, and, where practical, fire resistant; must have solid, level floors or storage surfaces; and must be away from traffic. Storage in sub-surface locations should be avoided. Cylinders must not be stored at temperatures above 125 degrees F. or near radiators or other sources of heat, near sparking devices, or near salt or other corrosive chemicals. If stored outside, cylinders must be protected from continuous direct sunlight, extreme weather, or moisture.

## **Supervisor Responsibilities**

Supervisors must make periodic surveys of regulators in their areas. Damaged, unreliable, or otherwise defective regulators must be replaced immediately. All surplus regulators must be inspected, cleaned, adjusted, and repaired, as required. Immediately after its removal from a flammable, toxic, and/or radioactive system, the entire regulator must be safely vented and purged. If in doubt about the hazard call the Responsible Safety Officer. Use only regulators of the approved type and design for the specific gas-and-cylinder combination to be employed. Ensure that threads and nipples (e.g. round, flat, conical) on regulators correspond to those on the cylinder-valve outlet (never force connections). Regulators with green-face gauges must be used only with oxygen. Regulators designed for use on gas lines must not be used on gas cylinders; single-stage regulators are for use only up to 150 psig (1.0 MPa) and must be used only for in-line installation. Two-stage regulators for inert gases are equipped with two relief valves that protect the regulator diaphragms and gauges from excessive over-pressure. Relief valves on regulators for use with flammable, toxic, and/or radioactive gases must be vented to a safe location. The second stage of a two-stage regulator will normally be adjusted so that the low-pressure output cannot exceed 67% of the highest reading on the low-pressure output gauge; the low pressure output relief valve will be set to open at (or under) the highest reading on the low-pressure output gauge. Users are cautioned that additional pressure-relief valves may be required to protect downstream equipment. Single-stage cylinder regulators (except acetylene regulators) are equipped with a single relief device that is set to open at (or under) the highest reading on the output gauge. These regulators will be adjusted to limit the output pressure to 67% of the highest reading of the output gauge. If piping and associated apparatus connected to the regulator discharge are rated at a pressure lower than the lowest possible setting of the low-pressure output relief valve on the regulator and, therefore, a leak in the regulator valve seat could cause damage to the connected apparatus, a separate relief valve must be installed in the downstream equipment to protect it from damage caused by over-pressurization.



## **Diaphragm Failure**

Diaphragm failure permits the cylinder gas to escape to the surrounding atmosphere through holes in the regulator body. To reduce the probability of diaphragm failure, high-pressure regulators are equipped with stainless steel diaphragms. Regulators for use with flammable and/or toxic gases can be obtained with a bonnet fitting which allows the regulator to be vented.

## **Regulators, Vacuum Service**

If piping on the high-pressure side of a regulator is to be evacuated through the regulator, it must be modified for vacuum service to prevent damage to the diaphragms and pressure gauges. Regulators modified for vacuum service must be so labeled.

## **Compressed Air**

Compressed air for general shop or laboratory use must be restricted to 30-psig (207-kPa) maximum pressure by restricting nozzles. Compressed air at pressures up to 100-psig (700-kPa) may be used to operate pneumatic tools, certain control instruments, and research equipment with properly designed over-pressure relief devices. Use of air-pressurized research equipment must be approved by the Responsible Safety Officer. Building compressed air (house air) may be used to dry parts and to help accomplish many other jobs in the shop or laboratory, but always ensure that no one is in line with the air stream and always wear goggles or a face shield. Compressed air must not be used for breathing unless it has been especially installed for this purpose and such use has been approved by Responsible Safety Officer. Never apply air pressure to the body or use compressed air to clean clothing. Compressed air injected into the body openings can be fatal. Compressed air used to clean clothing drives particles into the fabric, where they can cause skin irritation and infections. Use a clothes brush. Compressed air must not be used to transfer liquids from containers of unknown safe working pressure. A pressurized commercial drum of unknown pressure rating is a hazardous device; for example, a 55-gal (200liter) drum pressurized to 14.5 psig (100 kPa) has a force on the drum head of about 3 tons. To transfer liquids use a pump or a siphon with a bulk aspirator. The transfer pressure for commercial-type liquid nitrogen dewars must be less than 14.5 psig. For most laboratory-type liquid nitrogen systems, transfer pressures of less than 5 psig are adequate. Compressed air must never be used for transferring liquid hydrogen or liquid helium. When an automatic shut-off coupling is not used on air-operated tools, a short metal chain (or its equivalent) should be attached to the hose to prevent it from whipping in case it separates from the tool. When using an air-operated tool, shut off the compressed air and vent the hose before changing nozzles or fittings.

# **Ladders & Scaffolds**

## **Ladders**

Ladders must be in good condition, made of suitable material, of proper length, and of the correct type for the use intended. Damaged ladders must never be used; they should be repaired or destroyed. Ladders used near electrical equipment must be made of a non-conducting material. Stored ladders must be easily accessible for inspection and service, kept out of the weather and away from excessive heat, and well supported when stored horizontally. A portable ladder must not be used in a horizontal position as a platform or runway or by more than one person at a time. A portable ladder must not be placed in front of doors that open toward the ladder or on boxes, barrels, or other unstable bases. Ladders must not be used as guys, braces, or skids. The height of a stepladder should be sufficient to reach the work station without using the top or next to the top steps. Bracing on the back legs of stepladders must not be used for climbing. The proper angle (75-1/2 degrees) for a portable straight ladder can be obtained by placing the base of the ladder a distance from the vertical wall equal to one quarter of the vertical distance from base to top of ladder's resting point. Ladders must be ascended or descended facing the ladder with both hands

free to grasp the ladder. Tools must be carried in a tool belt or raised with a hand line attached to the top of the ladder. Extension ladders should be tied in place to prevent side slip.

## **Scaffolds**

All scaffolds, whether fabricated on site, purchased, or rented must conform with the specifications found in ANSI A10.8, Safety Requirements for Scaffolding. Rolling scaffolds must maintain a 3:1 height to base ratio (use smaller dimension of base). The footing or anchorage for a scaffold must be sound, rigid, and capable of carrying the maximum intended load without settling or displacement. Unstable objects such as barrels, boxes, loose brick, or concrete blocks must not be used to support scaffolds or planks. No scaffold may be erected, moved, dismantled, or altered unless supervised by competent persons. Scaffolds and their components must be capable of supporting at least four times the maximum intended load without failure. Guard rails and toe boards must be installed on all open sides and ends of scaffolds and platforms more than 10 ft above the ground or floor. Scaffolds 4 feet to 10 feet in height having a minimum horizontal dimension in either direction of less than 45 inches must have standard installed on all open sides and ends of the platform. Wire, synthetic, or fiber rope used for suspended scaffolds must be capable of supporting at least 6 times the rated load. No riveting, welding, burning, or open flame work may be performed on any staging suspended by means of fiber or synthetic rope. Treated fiber or approved synthetic ropes must be used for or near any work involving the use of corrosive substances. All scaffolds, bosun's chairs, and other work access platforms must conform with the requirements set forth in the Federal Occupational Safety and Health Regulations for Construction, 29 CFR 1926.451, except where the specifications in ANSI A10.8 are more rigorous.

## **Floors**

Workroom floors must be in a clean and, as much as possible, dry condition. Drainage mats, platforms, or false floors should be used where wet processes are performed. Floors must be free from protruding nails, splinters, holes, and loose boards or tiles. Permanent aisles or passageways must be marked. Floor holes must be protected by covers that leave no openings more than one inch wide. Floor openings into which persons can accidentally walk must be guarded by standard railings and toe boards. Open-sided floors, platforms, and runways higher than four feet must be guarded by standard railings. Toe boards must be used wherever people can pass below or hazardous equipment or materials are below.

## **Fall Arrester Systems Required**

When workers are required to work from surfaces that are in excess of 7-1/2 ft above an adjacent safe work place and are unprotected by railings, the following procedures and guidelines must be applied: Before selecting personnel for work at elevated work stations, supervisors must consider the workers' physical condition, such as medical problems, fear of heights, and coordination. The Medical Services Department should be contacted for information in this regard. Approved fall-arrester systems are required for all work at heights of 10 or more feet. A recommended fall-arrester system consists of a full body-harness, a lanyard consisting of 1/2inch nylon rope or equivalent with a breaking strength of 5400 lb and a maximum length to provide for a fall no greater than 6 feet, Sala-type fall-arrester block (optional), and an anchored hook-up location Alternate equipment must be approved by the Responsible Safety Officer. Fall-arrester systems are recommended for light work at heights between 7-1/2 and 10 feet. Fall-arrester systems are not required when work is being done while standing on a ladder. Ladders should be tied off. Use of a controlled descent device is not necessary unless it is impossible to reach a stranded person by another means. The Responsible Safety Officer will advise, on request, regarding usage and procedures. It is the responsibility of the supervisor to plan the intended work sufficiently to ensure that job planning and proper precautions have been taken. The Responsible Safety Officer is available for consultation.

## Personnel Platforms

Work may be performed from a crane-suspended platform where another procedure is not possible because of structure design or work site conditions. Personnel platforms must be designed by a qualified engineer and reviewed by the Responsible Safety Officer. The suspension system must minimize tipping. The platform must be designed with a minimum safety factor of 5 based on the ultimate strength of the members, and the design must conform to 29 CFR 1926.550(g).

# Confined Spaces

## Definitions

A confined space is defined as any structure that must be entered and that has or may contain dangerous concentrations of hazardous gases or vapors or an oxygen deficient atmosphere. Entry to these spaces must be rigorously controlled to prevent serious injury or death.

## Hazardous Conditions

Hazardous conditions include, but are not limited, to the following: An atmosphere containing less than 19.5% oxygen (normal air contains 20.9% oxygen). This is usually the result of oxygen displacement by inert gases such as nitrogen, argon, helium, or sulfur hexafluoride. Flammable gases and vapors (e.g., methane, ethane, propane, gasoline, methyl-ethyl ketone, alcohol). Toxic gases and vapors (e.g., hydrogen sulfide, nitrogen dioxide, 1,1,1 trichloroethane, perchloroethane, methylene chloride).

## Hazard Prevention

The primary objective is to prevent oxygen deficiency or other hazardous condition. This must be accomplished by accepted engineering control measures, such as general and local ventilation and substitution of materials. Only when such controls are not possible should respiratory protection be used. Written operating procedures governing the identification, testing, and entry into a confined space with a potential for oxygen deficiency must be established by the operating personnel and approved by the Responsible Safety Officer. Monitoring devices, audible alarms, warning lights, and instructional signs should be installed where there is a potentially oxygen-deficient atmosphere. These installations must be approved by the Responsible Safety Officer.

Before entering a confined space, the steps below must be followed:

- An entry permit must be issued to the worker by the responsible supervisor and reviewed by the Responsible Safety Officer.
- Air quality must be tested to determine the level of oxygen and toxic or flammable air contaminants.
- Air purging and ventilation must be provided whenever possible.
- The confined space must be isolated from supply lines capable of creating hazardous conditions.
- Lock-out procedures must be used to secure electrical systems, pressure systems, piping, machinery, or moving equipment.

If a person must enter a confined space containing hazardous gases, the procedures below must be followed:

- Protective equipment must be worn, including air supply respirator plus harness and lifeline.
- At least one person must be stationed outside the confined space, with suitable respirator.
- Communication with personnel in the confined space must always be maintained.

# **Materials Handling**

## **Introduction**

Cellular Concrete Inc. requires that safety planning and practices for commonplace tasks be as thorough as for operations with unusual hazards. Commonplace tasks make up the greater part of the daily activities of most employees and, not unexpectedly, offer more potential sources of accidents with injuries and property damage. Every operation or work assignment begins and ends with handling of materials. Whether the material is a sheet of paper (paper cuts are painful) or a cylinder of toxic gas, accident risks can be reduced with thorough planning. Identifying obvious and hidden hazards should be the first step in planning work methods and job practices. Thorough planning should include all the steps associated with good management from job conception through crew and equipment decommissioning. Most of the material presented in this chapter is related to the commonplace and obvious. Nevertheless, a majority of the incidents leading to injury, occupational illness, and property damage stem from failure to observe the principles associated with safe materials handling and storage. A less obvious hazard is potential failure of used or excessive motorized handling or lifting equipment. The Responsible Safety Officer must be notified whenever it is desired to acquire a crane, forklift, truck, or other motorized handling or lifting equipment from outside sources.

## **Lifting & Moving**

Lifting and moving of objects must be done by mechanical devices rather than by manual effort whenever this is practical. The equipment used must be appropriate for the lifting or moving task. Lifting and moving devices must be operated only by personnel trained and authorized to operate them. Employees must not be required to lift heavy or bulky objects that overtax their physical condition or capability.

## **Rigging**

Planning for safe rigging and lifting must begin at the design stage, and lifting procedures must be developed for assembly and installation. The lifting procedure should be developed and discussed with the rigging crew fore person. Responsibility for all rigging jobs is shared between the rigging crew and the customer. The customer is responsible for defining and requesting the move, for providing technical information on relevant characteristics of the apparatus, including special lifting fixtures when required, for providing suggestions on rigging and moving, and for assigning someone to represent them both in planning and while the job is being carried out. The riggers are responsible for final rigging and for carrying out whatever moves have been designated.

Before any movement takes place, however, each representative must approve the rigging and other procedures associated with the intended move. Each must respect the responsibility and authority of the other to prevent or terminate any action he or she judges to be unsafe or otherwise improper. The supervisor must make certain that personnel know how to move objects safely by hand or with mechanical devices in the operations normal to the area and must permit only those employees who are formally qualified by training and certification to operate a fork truck, crane, or hoist. The supervisor

must enforce the use of safe lifting techniques and maintain lifting equipment in good mechanical condition. Employees are required to observe all established safety regulations relating to safe lifting techniques. The Responsible Safety Officer provides training programs followed by certification for employees who have demonstrated the ability to operate fork trucks of up to 4-ton capacity and for incidental crane operations that require no special rigging.

## **Manual Lifting Rules**

Manual lifting and handling of material must be done by methods that ensure the safety of both the employee and the material. It is Cellular Concrete Inc. policy that employees whose work assignments require heavy lifting be properly trained and physically qualified, by medical examination if deemed necessary. The following are rules for manual lifting: Inspect the load to be lifted for sharp edges, splinters, and wet or greasy spots. Wear gloves when lifting or handling objects with sharp or splintered edges. These gloves must be free of oil, grease, or other agents that may cause a poor grip. Inspect the route over which the load is to be carried. It should be in plain view and free of obstructions or spillage that could cause tripping or slipping. Consider the distance the load is to be carried. Recognize the fact your gripping power may weaken over long distances. Size up the load and make a preliminary “heft” to be sure the load is easily within your lifting capacity. If it is not, get help. If team lifting is required, personnel should be similar in size and physique. One person should act as leader and give the commands to lift, lower, etc. Two persons carrying a long piece of pipe or lumber should carry it on the same shoulder and walk in step. Shoulder pads should be used to prevent cutting shoulders and help reduce fatigue.

### **To lift an object off the ground, the following are manual lifting steps:**

Make sure of good footing and set your feet about 10 to 15 inches apart. It may help to set one foot forward of the other. Assume a knee-bend or squatting position, keeping your back straight and upright. Get a firm grip and lift the object by straightening your knees - not your back. Carry the load close to your body (not on extended arms). To turn or change your position, shift your feet – do not twist your back. The steps for setting an object on the ground are the same as above, but in reverse.

## **Mechanical Lifting**

Mechanical devices must be used for lifting and moving objects that are too heavy or bulky for safe manual handling by employees. Employees who have not been trained must not operate power-driven mechanical devices to lift or move objects of any weight. Heavy objects that require special handling or rigging must be moved only by riggers or under the guidance of employees specifically trained and certified to move heavy objects.

## **Inspections**

Each mechanical lifting or moving device must be inspected periodically. Each lifting device must also be inspected before lifting a load near its rated capacity. Defective equipment must be repaired before it is used. The rated load capacity of lifting equipment must not be exceeded. Material moving equipment must be driven forward going up a ramp and driven backward going down a ramp. Traffic must not be allowed to pass under a raised load. The floor-loading limit must be checked before mobile lifting equipment enters an area. Passengers must not be carried on lifting equipment unless it is specifically equipped to carry passengers.

## **Load Path Safety**

Loads moved with any material handling equipment must not pass over any personnel. The load path must be selected and controlled to eliminate the possibility of injury to employees should the material handling equipment fail. Equipment worked on while supported by material handling equipment must

have a redundant supporting system capable of supporting all loads that could be imposed by failure of the mechanical handling equipment. A suspended load must never be left unattended but must be lowered to the working surface and the material handling equipment secured before leaving the load unattended.

### **Off Site Shipping**

Material being shipped off site must be packed or crated by competent shipping personnel. Boxes, wooden crates, and other packing materials must be safely consigned to waste or salvage as soon as practicable following unpacking.

### **Truck Loading**

All objects loaded on trucks must be secured to the truck to prevent any shifting of the load in transit. The wheels of trucks being loaded or unloaded at a loading dock must be chocked to prevent movement.

### **Clean Work Areas**

All areas controlled by Cellular Concrete Inc. must be kept in orderly and clean condition and used only for activities or operations for which they have been approved. The following specific rules must also be followed: Keep stairs, corridors, and aisles clear. Traffic lanes and loading areas must be kept clear and marked appropriately. Store materials in work rooms or designated storage areas only. Do not use hallways, fan lofts, or boiler and equipment rooms as storage areas. Do not allow exits, passageways, or access to equipment to become obstructed by either stored materials or materials and equipment that is being used. Arrange stored materials safely to prevent tipping, falling, collapsing, rolling, or spreading - that is, any undesired and unsafe motion. Do not exceed the rated floor capacity of stored material for the area. The load limit and the maximum height to which material may be stacked must be posted. Place materials such as cartons, boxes, drums, lumber, pipe, and bar stock in racks or in stable piles as appropriate for the type of material.

Store materials that are radioactive, fissile, flammable, explosive, oxidizing, corrosive, or pyrophoric only under conditions approved for the specific use by the Responsible Safety Officer. Segregate and store incompatible materials in separate locations. Remove items that will not be required for extended periods from work areas and put them in warehouse storage. Call for assistance. Temporary equipment required for special projects or support activities must be installed so that it will not constitute a hazard. A minimum clearance of 36 inches must be maintained around electrical power panels. Wiring and cables must be installed in a safe and orderly manner, preferably in cable trays. Machinery and possible contact points with electrical power must have appropriate guarding.

The controls for temporary equipment must be located to prevent inadvertent actuation or awkward manipulation. When heat-producing equipment must be installed, avoid accidental ignition of combustible materials or touching of surfaces above 60 degrees C (140 F). Every work location must be provided with illumination that meets OSHA requirements. Evaluation of illumination quality and requirements is made by the Responsible Safety Officer, but the supervisor of an area is responsible for obtaining and maintaining suitable illumination. Areas without natural lighting and areas where hazardous operations are conducted must be provided with enough automatically activated emergency lighting to permit exit or entry of personnel if the primary lighting fails.

### **Forklift Operators**

The Responsible Safety Officer must be notified whenever it is desired to acquire a crane from excess sources.

### **OSHA Standards for Forklifts**

Forklift users must familiarize themselves with and comply with OSHA Standard 29 CFR 1910.178 and



ANSI B56.1. Modifications and additions must not be performed by the customer or user without manufacturer's prior authorization or qualified engineering analysis. Where such authorization is granted, capacity, operation and maintenance instruction plates, tags, or decals must be changed accordingly. If the forklift truck is equipped with front end attachments other than factory installed attachments, the user must ensure that the truck is marked with a card or plate that identifies the current attachments, shows the approximate weight of the truck with current attachments and shows the lifting capacity of the truck with current attachments at maximum lift elevation with load laterally centered. The user must see that all nameplates and caution and instruction markings are in place and legible. The user must consider that changes in load dimension may affect truck capacities.

## **Forklift Maintenance**

Because forklift trucks may become hazardous if maintenance is neglected or incomplete, procedures for maintenance must comply with ANSI B56.1 Section 7 and OSHA Standard 29 CFR 1919.178 g.

## **Forklift Extension**

Maximum efficiency, reliability, and safety require that the use of fork extensions be guided by principles of proper application, design, fabrication, use, inspection, and maintenance. The user must notify the Responsible Safety Officer before purchasing extensions or having them fabricated. Fork extensions are only appropriate for occasional use. When longer forks are needed on a regular basis, the truck should be equipped with standard forks of a longer length. Routine on-the-job inspections of the fork extension must be made by the fork lift operator before each use unless, in the judgment of the supervisor, less frequent inspections are reasonable because of his or her knowledge of its use since the last inspection. Extensions must be inspected for evidence of bending, overload, excess corrosion, cracks, and any other deterioration likely to affect their safe use.

All fork extensions must be proof load tested to establish or verify their rated capacities, whether they were supplied commercially or fabricated at Cellular Concrete Inc.. A load equal to the rated capacity of the pair at a particular load center multiplied by 1.15, must be placed on each fork extension pair and fork assembly and supported for a period of five minutes without any significant deformation. Rated capacity must be determined at significant load centers, including the midpoint of the extension and at the tip. Once determined, the rated capacity and load center information must be shown by stamping or tagging the extensions in a protected location of low stress. The proof load test must be witnessed by a mechanical engineer or designer. Whenever evidence of deterioration is detected or whenever the extensions have been overloaded, magnetic particle inspection must be performed.

## **Safety Inspection, Responsibility**

Each operator is responsible for the safety and safety inspection of his or her lifting devices (such as screw pin shackles, hoist rings, commercial equipment, etc.) and for its lifting fixtures (such as spreader bars, special slings, Cellular Concrete Inc.-designed equipment, etc.). All lifting fixtures designed at Cellular Concrete Inc. must be proof tested to twice their maximum rated loads before they are placed in service. A magnetic particle inspection or other appropriate crack detection inspection is required after the proof test. The capacity must be marked on the lifting fixture so that it is clearly visible to the equipment operator. All lifting device pins of 2-inch diameter or larger must have a magnetic particle inspection before they are placed in service. All lifting fixtures must be inspected at least once every four years (or upon request), using magnetic particle detection or other appropriate methods. The Responsible Safety Officer must ensure that proof testing is performed on all lifting fixtures designed at Cellular Concrete Inc. before they are placed in service; that adequate test records are kept; and that the lifting devices and fixtures are used and maintained correctly. Upon request, the Responsible Safety Officer will provide a current test report to the user. For equipment designed at Cellular Concrete Inc., the Responsible Safety Officer must provide the user with the information required to operate the lifting device or fixture safely.

## Design Stress

The Responsible Safety Officer is responsible for the design, fabrication, and testing of lifting fixtures. The design stress for lifting fixtures must not exceed one-fifth (1/5) the ultimate strength of the material at the operating temperature. If welded fabrication is used, the design stress must take into consideration any weakening effects of welding, such as those that occur in aluminum alloys. If practical, avoid welding in the fabrication of lifting fixtures; however, if welding is used, design and fabrication must conform to the latest standards of the American Welding Society (AWS). Careful, thoughtful design and follow-up are required. The following rules apply when designing welded units: There must be no possibility of subjecting welds to tearing loads. Stresses in welds must be substantially uniform.

Where possible, design lifting fixtures so that the main loads are carried only by structural members, plates, or shear pins rather than by welds. Examine this possibility carefully. Welded fabrications must be proof tested to twice the maximum rated load followed by a magnetic particle inspection or other appropriate crack inspection method. Primary load carrying welds and welds in tension must be x-rayed. The screw-thread engagement required for conservative development of the full strength of a screw fastener depends upon the screw fastener material and the material of the threaded member. If the fastener is made of the same material as the female threaded member, e.g., a low-carbon steel bolt and a hole threaded into low-carbon steel, an engagement of at least 1-1/2 diameters is required. A hardened steel screw (Allen screw) in mild steel requires at least 2-diameters engagement. A low-carbon screw fastener, threaded into a tapped hole in aluminum alloy, copper, or cast iron must have a threaded engagement of 1-1/2 diameters. Other material combinations must be approved by the Responsible Safety Officer.

Safety hoist rings may be used to make lifts up to their rated load when screwed 2 hoist ring bolt diameters into materials such as aluminum alloy, copper, or cast iron. When special high strength bolts are required, consider the use of nonstandard pitch threads to avoid the possibility of using the wrong bolt in the lifting device. Any bolt used as part of Cellular Concrete Inc.-designed lifting fixtures or pickup devices must be tested to two (2) times its rated load. A crack detection inspection must be performed after the load test to ensure soundness. It is desirable to maintain a supply of tested bolts in the event that one is lost. Once a lifting device or fixture is in the hands of the user, it is the user's responsibility to ensure that the proper bolt is inserted to the proper depth and correctly torqued.

# Mechanical Guarding

## Introduction & Standards

Mechanical guarding must encompass both the power transmission parts of all mechanical equipment and the points of operation on production machines. Guards must be provided where rotational motion, nip points, and cutting, shearing, punching, and forming mechanisms can cause injury to personnel or damage to tools and equipment. Mechanical guards must be designed or otherwise procured to meet the following specifications: The guard must provide positive protection equal to that specified in ANSI B15.1. The guard must be considered a permanent part of the machine or equipment, capable of being easily or quickly removed or replaced. The guard must not interfere with efficient operation or maintenance of the machine or give discomfort to the operator. The guard must not weaken the machine structure. The guard must be designed for a specific job and a specific machine. The guard must be durable, resistant to fire and corrosion, and easily repaired. The guard must not present hazards, such as rough edges, splinters, pinch points, shear points, or sharp corners. Methods of guarding that must be considered include the

following: Enclosing the operation (preferred) Interlocking devices Moving barriers Removal devices Remote control Two-handed tripping devices Electronic safety devices Machines designed for fixed locations must be securely anchored to the floor or bench to prevent walking or tipping. Employees may operate machinery only when properly trained and authorized to do so. Proper clothing and protective devices must be worn when specified by the supervisor or shop foreman.

## Electrical Tag Out Procedure

When you have to do maintenance work on a machine, take these four steps to protect yourself and your co-workers from injury:

- 40) De-energize the machine if possible. Positively disconnect the machine from the power source. If there is more than one source of power, then disconnect them all.
- 41) If possible, lock out all disconnect switches. You must be given a lock and a key for each disconnect before you begin working on the machine.
- 42) Tag all disconnect switches. Use the yellow or Red safety tags which state in large letters – **“Danger... Do No Operate,”** or **“Danger--Do Not Energize”** and gives the name of the individual who locked out the equipment, date and time. The tag must also state **"DO NOT REMOVE THIS TAG"** (except the person who placed the tag may remove it only after the machinery maintenance has been completed.
- 43) Test the equipment to insure it is de-energized before working on it. First, attempt to operate the equipment by turning on normally. Next check all electrical lines and exposed areas with test equipment or a "lamp". Finally, short to ground any exposed connections using insulated grounding sticks. This test must be done even if the electrical connection is physically broken, such as pulling out a plug, because of the chance of discharging components.

A TAG OUT ONLY PROCEDURE MAY BE USED IF THE MACHINE CAN NOT BE LOCKED OUT. IF THE MACHINE IS SUPPLIED ELECTRICAL POWER FROM A SINGLE SOURCE, WHICH IS UNDER THE EXCLUSIVE CONTROL OF A TRAINED AND QUALIFIED REPAIR PERSON AT ALL TIMES AND THERE ARE NOT ANY OTHER PERSONS IN THE REPAIR AREA WHO COULD BE HARMED BY THE ACCIDENTAL ENERGIZING OF THE MACHINERY, THEN TAG OUT MAY BE USED INSTEAD OF LOCK OUT/TAG OUT.

## Re-Energizing

Many accidents occur at the moment of re-energizing. If the machinery is to be re-energized, all persons must be kept at a safe distance away from the machinery. The re-energization can be performed only by a person who either performed the lock-out/tag out, a person acting under the immediate and direct commands of the original lock-out/tag out person, or, in the event of a shift change, or other unavailability of the original person, then the original shall, before leaving, appoint a surrogate original person and show him or her all steps taken to lock-out/tag out the equipment.

# Noise!

## Introduction

This chapter contains information on the effects, evaluation, and control of noise. For assistance in evaluating a noise problem, contact the Responsible Safety Officer.

## **Danger of Noise**

Exposing the ear to high levels of noise may cause hearing loss. This loss can be temporary or permanent. Temporary hearing loss or auditory fatigue occurs after a few minutes exposure to an intense noise but is recoverable following a period of time away from the noise. If the noise exposure is repeated, there may be only a partial hearing recovery and the loss becomes permanent. Typically, significant hearing losses occur first in the frequency range of 3,000 to 6,000 hertz (Hz). Losses in this frequency range are not critical to speech perception, and the individual usually is completely unaware of this initial symptom. With longer exposures, the hearing loss spreads to lower frequencies, which will affect speech perception. Workers' Compensation laws regard hearing losses in the speech frequency range of 500 to 3,000 Hz as being compensable. The evaluation of hearing loss due to noise is complicated by the fact that hearing acuity normally decreases with increasing age. Further, the losses associated with age are quite similar to those caused by excessive noise since the hearing for high frequency sounds is most affected in both instances. Hearing impairment may also result from infections, tumors, and degenerative diseases.

## **ACGIH Standards**

OSHA has prescribed the limits established by the American Conference of Governmental Industrial Hygienists as a standard for occupational noise exposure. Both the sound pressure level of the noise and the total duration of the noise exposure are considered to determine if these limits are exceeded. The sound pressure levels are expressed as dBA or decibels A-weighted. A-weighting filters are used when measuring sound levels to more accurately predict the response of the human ear to different frequencies. When the daily noise exposure is composed of two or more periods of noise of different levels, their combined effect must be considered rather than the individual effect of each. Exposure to continuous noise above 115 dBA is not permitted without ear protection. Personnel must not be exposed to impact noises exceeding 140 dBA. Impact noises occur at intervals of greater than one per second. For example, the noise made by a metal shear.

## **Reducing Noise Exposure**

Noise exposure can be reduced by using engineering controls, administrative procedures, or personal protective devices. Engineering Controls Reduction of noise production at the source: Proper design of new machines Modification of present machines Proper repair and upkeep of equipment Use of appropriate mufflers Use of vibration dampeners on machines Reduction of noise transmission: Increase distance between noise and personnel exposed Construction of barriers between noise source and personnel Sound treatment of ceilings and walls Administrative Procedures: Job schedule changes Personnel rotation Personnel Protective Devices: Ear plugs Earmuffs Federal and state occupational safety and health regulations require that whenever employees are exposed to excessive noise levels, feasible engineering or administrative controls must be used to reduce these levels. When these control measures cannot be completely accomplished and/or while such controls are being initiated, personnel must be protected from the effects of excessive noise levels. Such protection can, in most cases, be provided by wearing suitable protective hearing devices. The appropriate Medical Services provider and/or the supervisor of the Department will supply ear plugs for employees upon request or before going into a high noise area. There is a need for medical supervision when ear plugs are used because their effectiveness depends on proper fitting. Only approved plugs should be used. Ear plugs should be cleaned daily to prevent ear infections. Protection greater than that provided by a single device can be obtained by wearing ear plugs under an earmuff. While the reduction provided by wearing both devices simultaneously is considerably less than the sum of the individual attenuations, it is still greater than when either device is worn separately.

## **Measurement**

The measurement of hearing is called audiometry. Audiometric tests are used to determine whether or not the hearing of workers is adversely affected by noise. The appropriate Medical Services provider will give

a pre-employment audiometric test to every employee who will regularly work in a high noise area. Thereafter, an audiometric test is given to all such employees at the time of their periodic physical examination. In addition, all employees whose noise exposures equal or exceed an eight-hour, time-weighted average of 85 dBA will be given an initial baseline audiometric test that must be preceded by at least 14 hours without exposure to workplace noise. Thereafter, the test will be repeated annually. To reduce unwanted noise, the audiometric test is administered by placing each individual in a sound insulated booth. Earphones are placed on the individual's head and a microprocessor audiometer presents a series of fixed frequency pure tones between 500 and 8000 Hz in each ear. These frequencies include the most useful range of hearing, as well as those frequencies most likely to show changes as a result of exposure to damaging levels of noise. By comparing tests taken at successive intervals, it can be determined how an employee's hearing ability is affected by a noisy environment.

### **Other Noises**

Nuisance noises are noises that are not intense enough to cause hearing loss but that do disturb or interfere with normal activities, such as: Speech communication Telephone communication Listening to TV or radio broadcasts Concentration during mental activities Relaxation Sleep The amount of interference is dependent upon the intensity of the noise and its characteristics, such as steady versus intermittent noise, high or low pitch. The amount of interference may also depend upon the person's personality, attitude toward the source, familiarity with the noise, and the intrusiveness of the noise. What is music to one ear may be noise to another!

# **Protective Equipment**

### **Introduction**

Cellular Concrete Inc. will provide suitable equipment to protect employees from hazards in the workplace. The Responsible Safety Officer will advise on what protective equipment is required for the task, but the supervisor of the operation must obtain this equipment and see that it is used. Protective clothing is not a substitute for adequate engineering controls.

### **Protection Issued**

Protective clothing will be issued to employees who work with hazardous material for the purpose of protecting their health and safety. The Responsible Safety Officer is available for consultation as needed.

### **Protective Shoes**

Cellular Concrete Inc. encourages the wearing of safety shoes by making them available to any employee at cost from a manufacturer. For certain types of work the wearing of safety shoes is required by Company policy or by federal regulations. Examples are when employees are exposed to foot injuries from hot, corrosive, or poisonous substances; in shops, in equipment handling, or in construction jobs where there is a danger of falling objects; or in abnormally wet locations.

## **Protective Gloves**

Cellular Concrete Inc. provides proper hand protection to employees exposed to known hand hazards. The supervisor must obtain the suitable hand protection and ensure that it is used. The individual department must maintain a supply of special or infrequently used hand protection. Assistance in selecting the proper hand protection may be obtained by consulting the Responsible Safety Officer.

## **Head Protection**

Cellular Concrete Inc. provides appropriate head protection devices for employees to protect them from head or other injuries that could result from their working environment. Some head protection devices are available from stock. The supervisor must also maintain sufficient supply of head protection devices for visitors in the area.

## **Eye Protection**

Cellular Concrete Inc. provides appropriate eye protection devices for employees assigned to tasks in which an eye-injury hazard exists. The supervisor of the operation is responsible for determining the need for suitable eye-protection devices and for ensuring that the employees use them. The Responsible Safety Officer and appropriate Medical Services agency will assist the supervisor in defining eye-hazard operations and in selecting appropriate eye protection. An optometrist is available to issue, repair, adjust, and fit personal safety glasses and also for consultation regarding occupational eye protection.

The standard sign: CAUTION, EYE HAZARD AREA, DO NOT ENTER WITHOUT EYE PROTECTION, must be posted in every area where eye protection is mandatory. All employees who work in such an area must wear the eye protection issued to them. Every visitor to the area must also be provided with suitable eye protection.

## **Eye Protection Devices**

Eye-protection devices are classified in four categories: Personal safety glasses. Goggles, face shields, etc. Temporary safety glasses provided to visitors in eye-hazard areas Laser safety eye wear.

## **Respiratory Protection**

Any operation that generates harmful airborne levels of dusts, fumes, sprays, mists, fogs, smokes, vapors, or gases or that may involve oxygen-deficient atmospheres requires the use of effective safety controls. This must be accomplished, as much as feasible, by accepted engineering control measures (for example, enclosure or confinement of the operation, general and local ventilation, and substitution of less toxic materials). When effective engineering controls are not feasible, or while they are being instituted, appropriate respiratory protection must be used in accordance with Cellular Concrete Inc. requirements as prescribed by OSHA in ANSI 288.2-1980, Standard Practices for Respiratory Protection.

## **Responsibilities**

To ensure that the respiratory protection program is conducted in accordance with ANSI 288.2-1980, certain responsibilities are required of each employee, supervisor, Responsible Safety Officer, and the Medical Services Department.

### **Employees are responsible for:**

- Wearing the respirator in accordance with the instructions and training received.
- Maintaining and storing the respirator in good condition.
- Returning the respirator at the end of the required use for overhaul, cleaning, and disinfection.



**Supervisors are responsible for:**

- Identifying those employees who may need to use respiratory protection (Responsible Safety Officer will provide assistance upon request in this determination).
- Ensuring that their employees have been properly trained and fitted.
- Ensuring that their employees use the respirators as required.

**The Responsible Safety Officer is responsible for:**

- Providing respiratory equipment.
- Maintaining the equipment in good condition.
- Fitting employees with proper respirators and providing training for their use.
- Evaluating employee exposures and work conditions, including inspection of respirator use.

**The Medical Services Department is responsible for:**

- Granting medical approval for each respirator user.

## Sanitation

### Drinking Water

The Responsible Safety Officer periodically takes samples from the potable water system throughout the Company and has them checked for biological contaminants. This is a check to ensure a high-quality water supply for drinking purposes. The drinking water supply must not contain impurities in concentrations that may be hazardous to the health of the employees or that would be offensive to the senses of sight, taste, or smell. The drinking water supply system must be installed according to the National Plumbing Code and must be maintained in good condition. The drinking water system must be protected against backflow with approved connections and plumbing devices.

### New Water Sources

New additions or alterations to existing domestic water lines must be disinfected with chlorine solution and biologically tested prior to being put into service. Procedures must be those spelled out in the American Water Works Association publication AWWA C601, latest edition.

### Food Preparation

All readily perishable foods or beverages, capable of supporting rapid and progressive growth of microorganisms, must be stored below 7 degrees C (45 degrees F). Food that is served hot must be heated over 60 degrees C (140 degrees F) and kept that hot during the serving period to prevent growth of bacteria. Food served cold should be maintained below 10 degrees C (50 degrees F). All food and beverages must be prepared, stored, displayed, dispensed, placed, or served so they are protected from dust, flies, vermin, pollution by rodents, unnecessary handling, airborne droplets, infection, overhead leakage, or other contamination. Food that is transported from a cafeteria where it has been prepared to another cafeteria must be protected from contamination in transit. All suspected or alleged cases of food poisoning must be reported to the Responsible Safety Officer for immediate investigation. Food must not be stored or eaten

in areas where toxic materials are handled.

### **Sanitary Facilities**

Adequate toilets, washrooms, lockers, and other essential sanitary facilities must be readily accessible for employees near their work areas. These facilities must be maintained in a clean and sanitary condition. Soap in a dispenser and apparatus for drying of hands must be provided at each wash place.

### **Potable Water Standards**

This standard is intended to safeguard Cellular Concrete Inc. drinking water supplies by:

- Protecting potable water supplies against actual or potential cross connection.
- Eliminating any existing cross-connection hazards between potable water systems and non-potable water systems. Preventing the making of cross-connections in the future.
- Requiring the exclusive use of potable water for drinking, personal, eyewash, safety shower, and culinary purposes.

### **Quality Control:**

No piping shall be installed so that used, unclean, polluted, or contaminated substances can enter any portion of the potable water supplies by back siphonage, suction, back pressure, or any other cause. Protection shall be guaranteed during normal use and operation and when any tank, receptacle, equipment, or plumbing fixture is flooded, or subject to pressure in excess of the operating pressure in the water piping. Unless an approved air gap or backflow prevention device is provided, no plumbing fixture, device, or equipment shall be connected to any potable water supply when such connection may pollute water supplies or may provide a cross-connection with non-potable water. Appropriate corrective action shall be taken immediately where any cross-connection hazard exists and is not properly protected. All water lines and outlets shall be appropriately marked to indicate whether the water is safe or unsafe for drinking. All backflow preventers shall be listed by the University of Southern California Foundation of Cross-Connection Control or similar agency. All fire protection backflow preventers shall be listed by Factory Mutual and the University of Southern California Foundation of Cross-Connection Control or comparable agency.

### **Approvals:**

Before any device is installed for the prevention of backflow or back siphonage, removed from use, relocated or substituted, or an existing potable water line extended, work shall be approved by the Cellular Concrete Inc. Engineering Department. All issues of this Standard shall first be reviewed by the Responsible Safety Officer. Compliance with this Standard shall be monitored by the Health and Safety Department.

**TESTING & MAINTENANCE:** All devices installed in the potable water supply system for protection against backflow shall be tested annually and maintained in good working condition by designated maintenance personnel, in accordance with the procedures outlined in the latest edition of "Cross-Connection Manual" by the University of Southern California Foundation of Control and Hydraulic Research, or comparable publication. Defective or inoperative devices shall be repaired or immediately. Records of such tests, repairs, and overhauling shall be the Construction and Maintenance Department and made available to Engineering Department and Responsible Safety Officers upon request.

### **Revisions to This Standard:**

The Engineering Department shall be responsible for maintaining this Standard. The approved devices shall be reviewed periodically to ensure that all approvals are current, and to delete or add to the approved devices as deemed necessary.

## **General**

The Responsible Safety Officer and Engineering Department shall be kept informed of the identity of the Cellular Concrete Inc. representative responsible for the water piping concerned with this Standard. In the event of contamination or pollution of the drinking water system due to a cross-connection, the Responsible Safety Officer and Engineering Department shall be promptly advised by the Cellular Concrete Inc. representative responsible for the water system so that appropriate measures may be taken to overcome the contamination.

## **Definitions:**

### **Atmospheric Vacuum Breaker (Also known as the non-pressure type vacuum breaker):**

A device containing a shut-off valve followed by a valve body containing a float-check, a check seat and an air inlet port. When the shut-off valve is open the flow of water causes the float to inlet port. When the shut-off valve is closed, the float falls check valve against back-siphonage and at the same time, opens inlet port.

### **Backflow:**

The undesirable reversal of the flow of water or mixtures of water and other liquids, gases, or other substances into the pipes of the potable supply of water from any source or sources.

### **Backflow Preventer (approved):**

A device that has been approved by Cellular Concrete Inc. for the prevention of backflow into potable water systems.

### **Back Pressure:**

A pressure increase in the downstream piping system (by pump, elevation of piping, or steam and/or air pressure) above pressure at the point of consideration which allows reversal of direction of flow through the backflow prevention assembly.

### **Back Siphonage:**

A form of backflow due to a reduction in system which causes a reverse flow to exist in the water system.

### **Contamination:**

Any change in water quality which creates a threat to the public health through poisoning or through the spread of disease by sewage, industrial fluids or waste.

### **Cross-connection:**

Any unprotected, actual, or potential connection or structural arrangement between a potable water system and any other source or system through which it is possible to introduce into any potable water system any used water, industrial fluid, gas, or liquid other than the intended potable water. This includes bypass arrangements, jumper connections, removable sections, changeover devices and other temporary or permanent devices because of which can cause "backflow."

### **Double Check:**

An assembly composed of two single, independently acting, approved check valves, including tight-closing shut-off valves at each end of the assembly and fitted with properly located test cocks.

### **Industrial Water:**

non-potable water intended for industrial use.

**Non-Toxic Substances:**

Any substance of a non-poisonous nature that may create a moderate or minor hazard to the potable water system.

**Potable Water:**

Water from any source which has been approved for human consumption.

**Pressure Vacuum Breaker:**

A device containing one or two independently operating loaded check valves and an independently operating air inlet valve located on the discharge side of the check or device; to be equipped with properly located test cocks and closing shut-off valves located at each end of the assembly.

**Reduced Pressure Principle Device:**

A device containing two independently acting approved check valves together with a hydraulically and mechanically independent pressure relief valve located between the check valves and at the same time below the first check valve. The device includes properly located test cocks and tightly closing shut-off valve at each end of the assembly.

**Toxic Substance:**

Any substance (liquid, solid, or gaseous), such as sewage and lethal substances which, when introduced into the system, creates or may create a danger to the health and well consumer. (Defined as a contaminant or health hazard).

**REFERENCES:**

American Water Works Association: AWWA No. M14. Backflow Prevention and Cross-Connection AWWA C506-78 Backflow Prevention Devices - Reduced Pressure Principle and Double Check Valve Types. State of California Administrative Codes: Title 17: Drinking Water Supplies. Title 24: Basic Plumbing Regulations. Foundation for Cross-Connection Control and Hydraulic Research, University of Southern California: Manual of Control

**AIR GAP SEPARATION:**

An air gap is the only absolute means of eliminating a physical link or cross-connection, and positively preventing backflow. Air gaps used wherever practicable and where used must not be bypassed. The supply inlet to a tank or fixture must be terminated above level rim of the tank or fixture by a distance equal to at least the effective opening of the supply inlet pipe. There should be provision for extending the supply pipe beyond the flood level Minimum 2D or 1 inch, whichever is greater; D = nominal diameter of fill pipe.

**Atmospheric (Non-Pressure) Vacuum Installation:**

Devices shall be:

- a. Accessible for maintenance, repair, and testing.
- b. Located outside any enclosure or hooded areas containing toxic or poisonous fumes.
- c. Installed with the air inlet in the level position.
- d. Installed a minimum of six inches above the flood level rim of the fixture, tank, highest outlet, highest sprinkler, highest downstream piping, or similar device.
- e. Installed downstream of the last shut-off valve. (example: 160F hot water).

## **TYPICAL APPLICATIONS**

- Lawn sprinklers.
- Laboratory and janitors sinks.
- Low inlets to tanks, vats, sumps, and other receptors.
- Hose-bibs or outlets with hose attachment means.
- Aspirators.
- Water closet or urinal flushometer valves.
- Cooling towers.

## **Pressure Vacuum Breaker (PVB) Installation:**

Devices shall be:

- a. Accessible for maintenance, repair, and testing.
- b. Installed 12 inches above the floor level rim of the highest outlet, highest sprinkler, highest downstream piping, or similar device.
- c. Installed with the air inlet in the level position.
- d. Approved to operate at the temperature of the water being used (example: 160F Hot Water).

2. Devices shall not be:

- a. Installed in pits or similar potentially submerged locations.
- b. Installed where, if slight spillage should occur, it would be objectionable.

## **TYPICAL APPLICATIONS:**

- Lawn sprinklers.
- Cooling towers.
- Laboratories.
- Low inlets to tanks, vats, sumps, and other receptors.
- Floor drains with trap primers or flushing connections.
- Chlorinators on the suction side of the pump.
- Water cooled equipment.
- Industrial water systems.

## **DOUBLE CHECK VALVE ASSEMBLY (DC) INSTALLATION:**

Devices shall be:

- a. Accessible for maintenance, repair, and testing.
- b. Installed level to the horizontal position.
- c. Approved to operate at the temperature of the water being used (example: 160F Hot Water). Devices shall not be:
  - a. Installed in pits or similar potentially submerged locations.

#### TYPICAL APPLICATIONS:

- 44) Steam boilers.
- 45) Closed heat water systems.
- 46) Heat exchangers.
- 47) Vending machines.
- 48) Fire sprinkler systems.
- 49) Chilled water systems.

#### **REDUCED PRESSURE PRINCIPLE DEVICE INSTALLATION:**

Devices shall be:

- a. Accessible for maintenance, repair, and testing.
- b. Installed in an open area to protect against flooding around the discharge from the differential relief valve assembly.
- c. Installed in the horizontal position.
- d. Be provided with funneled discharge piping and required air gap when installed indoors.
- e. Installed at least 12 inches above the floor or grade.

Devices shall not be installed in pits or similar potentially submerged locations.

#### **TYPICAL INSTALLATIONS:**

- Company building water service.
- Steam boilers.
- Closed heating water systems.
- Closed chilled water systems.
- Heat exchangers.
- Autoclave, sterilizer, and steam tables.
- Degreasing equipment.
- Hydraulic elevators.
- Etching tanks.
- Processing tanks.
- Fire sprinkler systems.
- Priming water to pumps moving toxic fluids.
- Lawn sprinklers.