

## Day 1:

Fluids will leak from the tattoo to form scabs, to prevent excess scabbing it is SUPER
important that you wipe your lips every hour with a wet cotton round and pat the area dry.
Apply Aquaphor, A&D Ointment or Grapeseed Oil to relieve the dry tight feeling. Ice in a
plastic baggie may be applied if feeling tender or swollen.

## Day 2-10:

- It is an opened and healing wound, always make sure your hands are clean and DO NOT put anything on them besides aquaphor, a&d ointment or grapeseed oil, an infection could possibly ruin the tattoo!
- Don't get your tattoo too wet or for too long, it can make the scabs soggy and easier to fall off prematurely. Wipe with only a dampened cotton round.
- You want to keep the scabs on for as long as you can and let them fall off naturally.
   Moisturize as often as you can.
- Do not sweat or workout until the scabs have completely fallen off, usually scabbing is done by day 5 but some people may take a little longer to heal!
- Do not sleep on your face to avoid lifting your scabs prematurely and change your pillowcase nightly to avoid possible infection.
- Don't pick, scratch or bite off the scabs. Let the scabs fall off naturally. Picking can cause scarring, loss of pigment, or an infection.
- Do not expose your tattoo to UV rays or tanning beds for 4 weeks after the procedure. These things can alter the appearance of your tattoo drastically.
- Do not work out or sweat until all the scabs have come off naturally, sweating will result in pigment loss.
- Do not get any facials, Botox, chemical treatments and for 4 weeks post appointment date.

## After Scabbing Phase:

- The healing process takes a FULL 6 weeks. At 6 weeks the true and final color of the tattoo will show. Only after 6 weeks a touchup appointment can be done.
- Your tattoo will be softer and not as crisp when healed.
- Results will vary with each individual and are extremely dependent on your skin and how
  you care for your lips during the healing process. It may take more than one session to
  achieve your desired result.
- Lips will have lightened in darker areas and some may be happy just with a more even toned and lighter lips, at the second appointment more color can be applied to achieve your desired result after the darker areas of the lips have been neutralized to a more even canvas.