

RejuvePod Cosmetic Tattoos

	Eyebrows <i>Change your pillowcase nightly</i>	Lips <i>Change your pillowcase nightly</i>	Eyeliner <i>Change your pillowcase nightly</i>
WHAT TO EXPECT	<p>Day 1 -slight swelling with varying degrees of redness</p> <p>Day 2 - eyebrows darken</p> <p>Days 3-9 – scabbing and peeling</p> <p>Week 2- color hides</p> <p>Week 3- color begins to resurface</p>	<p>Day 1- lips will be swollen and bright</p> <p>Day 2- swelling goes down and lips get darker</p> <p>Day 3- lips will start to peel</p> <p>Day 4- peeling continues</p> <p>Day 5- peeling subsides, dryness</p> <p>After scabbing- various changes in color, taking a full 6 weeks to show true color</p>	<p>Days 1-3 - various degrees of swelling may occur</p> <p>Days 3-7 - mild scabbing and dryness</p> <p>*Sleep propped up or on your back to reduce swelling. A sealed ice bag covered with paper towel can be lightly applied for the first 2 days. If eyes are weeping or tearing, pat lightly to dry with soft tissue. DO NOT PRESS ICE BAG AGAINST EYES!</p>
HOW TO CARE FOR YOUR PERMANENT MAKEUP	<p>Day of procedure: Pat lightly to remove any fluid with a lightly dampened cotton round.</p> <p>Day 2: Wash brows lightly with warm water & mild soap using fingertips. Pat dry.</p> <p>Day 3 – 7: Apply Aquaphor the size of a grain of rice to each eyebrow, 1x daily in A.M. using Q-tip.</p>	<p>Day 1: An ice bag can be applied for the first day and next morning to reduce bruising and swelling. Lips will weep, wipe your lips every hour to remove fluid buildup.</p> <p>Day 2-3: Wash lips with mild soap & water using fingertips. Rinse and pat lightly to dry. Apply thin layer of Aquaphor</p> <p>Days-3-10: Continue to reapply Aquaphor. Peeling will occur. DO NOT PEEL OFF!</p>	<p>Day of procedure & Day 2: Wash eyes with mild soap and water, using fingertips. Rinse well and lightly pat dry. Apply nothing.</p> <p>Day 3: Apply nothing. No need to wash unless lashes are stuck together.</p> <p>Day 4 -7: Apply nothing. Allow your eyeliner to DRY HEAL. Should be no need to wash until healed. Then, resume regular routine.</p>
WHAT TO AVOID	<p>Avoid placing your face directly into a shower & Avoid topical antibiotics, night creams, active skin creams, Retin-A, exfoliants, and facial cleansers on pigmented area. Avoid picking and scratching.</p>	<p>Avoid lipsticks and plumping gloss.</p> <p>Avoid teeth bleaching for a minimum of 3 weeks.</p> <p>Avoid drinking any beverages without a straw.</p> <p>Avoid fillers for 4 weeks,</p>	<p>Avoid: eye creams, Latisse & lash growth products, moisturizers, Retin-A, lash tinting, lash extensions and false lashes for 2-wks following procedures.</p> <p>Avoid high sodium foods to reduce swelling, (for at least the first 3 days).</p>
WHAT TO NOTICE	<p>Infections are extremely rare, however, if red ring appears around your brows, seek medical attention.</p>	<p>If you develop fever blisters, call your physician for an anti-viral medication. Lips tend to fade 50-60% and color can hide for a 2-week period before resurfacing.</p>	<p>YOUR EYEBALL SHOULD NOT BECOME MORE RED! You must seek medical attention immediately if you see signs of bloodshot eyes or pus in the corners of your eye/eyes.</p>

Although extremely rare, we advise you to see a physician with the first sign of infection.

FOLLOW FOR ALL PROCEDURES:

A touch-up procedure is often required.

- Avoid** makeup, Retin-A & all acids and treatment skincare on pigmented areas while healing.
- Avoid** touching with fingers, sunscreens, direct sun, tanning beds & self-tanners on pigmented areas. Once healed, use a good sunscreen daily. ****DO NOT PEEL SCABS- LET THEM FALL OFF NATURALLY****
- Avoid** swimming pools, oceans, hot tubs, saunas, and hot steamy showers. Shower with back to shower head to avoid water, shampoo /conditioner getting into pigmented area. ****NO SWIMMING FOR 2 WEEKS!!****
- Avoid dirt** (as in gardening), extreme perspiration (the gym) and open aired vehicles for the first week to prevent possible infection and color loss.
- Don't be alarmed** if pigment comes off onto Q-tip when applying aftercare.
- Don't be alarmed** by fading after first application. Final color cannot be judged until 3+ weeks post procedure.
- Never** use topical antibiotics unless given to you at time of your procedure, with specific instructions.
- If planning** a chemical peel, MRI or other medical procedure, please notify technician you have a cosmetic tattoo.
- If planning** to have laser hair removal on upper lip or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo so this area may be avoided by the laser. Both ablative and non-ablative lasers may cause pigment to turn black.
- If donating blood**, it is a Red Cross policy to wait one year after any tattooing procedure.

By initialing, I have agreed to follow the aftercare and will contact the provider with any questions.

Client Name _____ Initials _____ Date _____ Practitioner _____