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| **Week 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast &**  **Morning Snack**  **7.30am to 9.30am**  **Free Flow** | Cereals: Weetabix, Cornflakes, Shredded Wheat, Multigrain Hoops and po oats with Milk or Oat Milk    A selection of fresh seasonal fruit  Milk, oat milk or Water | | | | |
| **Dinner Time**  **11.45am** | Fish Fingers served with sweet potato wedges and baked beans  Rice Crispy Cakes | Chicken & mushroom risotto served with peas  Homemade marble cake | Lasagne served with green beans and garlic bread  Bananas & Custard | Roast chicken dinner with mashed potato, peas, carrots, yorkshire pudding and gravy  Jelly | Savoury mince served with mashed potato, cauliflower and broccoli  Iced biscuit |
| **Afternoon Snack**  **2.30pm** | Wholemeal toast, Rice Cakes, Bread sticks and Crumpets  A selection of fresh seasonal fruit  Milk, oat milk or Water | | | | |
| **Tea**  **430pm** | Crumpets with ham and cheese served with vegetable sticks  Banana | Potato hash browns served with spaghetti hoops  Chocolate Roll | Tuna and cheese spread sandwiches served with vegetable sticks  Fairy Cakes | Soup served with bread  Homemade jam tarts | Beans on Toast  Piece of Fruit |