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|  **Week 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast &** **Morning Snack****Free Flow****7.30am to 9.30am** | Cereals: Weetabix, Cornflakes, Shredded Wheat, Multigrain Hoops and po oats with Milk or Oat MilkA selection of fresh seasonal fruitMilk, oat milk or Water |
| **Dinner Time****11.45am** | Spaghetti and meatballs served in a tomato sauce with broccoli and cauliflowerHomemade apple crumble served with custard | Roast chicken dinner served with mixed vegetables, cabbage and mashed swede Ice Cream with sauce and sprinkles | Cowboy pie served with tinned tomatosHomemade treacle sponge and custard | Vegetable bolognese served with pasta Homemade oat cookies | Chili Con Carne served with rice and sweetcornJelly |
| **Afternoon Snack****2.30pm**  | Whole meal toast, Rice Cakes, Bread sticks and CrumpetsA selection of fresh seasonal fruitMilk, oat milk or Water |
| **Tea****4.30pm** | Cheese and ham sandwiches served with vegetable sticksDigestive Biscuit | Ravioli served with breadFresh Fruit | Tomato soup served with breadFairy Cakes | Egg and chicken sandwiches served with vegetable sticksIce cream | Potatoe waffles served with baked beansYoghurt |