

Heights Holistic Wellness Clinical Policies

PATIENT CONSENT FOR HORMONE RESTORATION AND TREATMENT:

If you have any questions, please feel free to ask us. Please initial each point acknowledging you understand that:

_____ If you are late or miss your appointment, you will be subject to a \$75.00 fee.

_____ Services must be paid for at the time of service.

_____ Health insurance typically does not cover services provided at Heights Holistic Wellness. If you want to seek insurance reimbursement, we would be happy to provide you itemized invoices that you can submit to your insurance company.

_____ Testosterone is considered a controlled substance. I agree that I will take my medications as prescribed. I agree to follow my medical providers instructions. I also agree that I will not sell or share my prescriptions to other individuals.

_____ I understand that treatments used at Heights Holistic Wellness might not be considered a medical necessity. Treatments rendered are for the purpose of improving your quality of life through hormone restoration, nutritional and supplemental counseling, and possibly weight loss treatment.

_____ I agree that if I am having any side effects or become sick, that I will contact Heights Holistic Wellness, before following up with your primary care provider or go to an urgent care or emergency department .

_____ I acknowledge that Heights Holistic Wellness. and Theresa Kinney NP-C are not my primary care provider unless I elect them so. I agree that I will continue with routine care through my primary care provider and notify them of treatments prescribed at Heights Holistic Wellness.

_____ I understand that there are no refunds for services or products rendered. We cannot accept back used medications once they have been dispensed per state regulation.

_____ I understand that having an appointment with Heights Holistic Wellness. does not necessarily entitle me to being issued a testosterone prescription. Every individual is different and it is at the medical providers discretion to issue a weight loss or testosterone prescriptions.

_____ I understand that I must maintain my follow up appointments to remain on treatment. It is important that lab work is monitored regularly for safety purposes. It is important that Theresa Kinney NP-C manages my treatment and it is at their discretion to provide appropriate care.

_____ I acknowledge that I have been advised of the risks and benefits of treatment. I also acknowledge that I have been advised of possible complications and side effects. I understand the risks, benefits, complications, and side effects of treatment.

_____ I am voluntarily requesting treatment with Heights Holistic Wellness. and Theresa Kinney NP-C in regards to hormone replacement therapy &/or weight loss medications and additional treatment modalities as determined by a mutual decision between myself and the medical provider even if my hormone levels are considered to be in normal range for my age based off of other medical society recommendations and guidelines.

_____ I do not hold any medical practitioner of Heights Holistic Wellness. responsible for performing prostate cancer screening, colon cancer screening, digital rectal exams, mammograms, or other age-related preventive care. I agree that I will follow up with my primary care provider to obtain these screenings and I hold Heights Holistic Wellness. and Theresa Kinney NP-C harmless if an adverse event occurs during my treatment. I will ensure that my primary care provider provides the results of such screenings to Heights Holistic Wellness. as this could change the treatment prescribed to me.

I have read, understand and agree to all of the above statements.

Print Name: _____

Signature: _____ Date _____