



INNER LUMINANCE NEWSLETTER

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Unlocking your ability to become self-inspired & self-empowered from compassionate self-awareness & unconditional self-love. At Inner Luminance, our goal is to guide each person to know that they have all their solutions within them to uncover their inner light. We take our participants on as a whole individual to give them an in-depth understanding of themselves which leads to a deeper understanding of others and the world around them.

Inner Luminance offers programs on individual (or corporate) levels specifically designed to end with its contributors no longer needing it because they live by it—and share its joy with others. Through our Individual Human Recovery Program (HRP), every active participant will find their purpose within themselves. They will find their passion and discover their infinite capacity for self-forgiveness. They will experience such an impactful shift that it will ripple positivity throughout all of their interactions.

Getting With the Program:

Awareness:

Awareness is knowledge, and self-awareness is a gift, but be forewarned the early stages of self-awareness are dirty and can feel overwhelming. As we grow through Awareness, we learn or relearn to be at peace within it.

This phase will guide us to a deeper understanding of ourselves while building our self-worth and self-belief. It will create a level of patience and understanding of others as well.

Acknowledgment:

Acknowledgment is the active state of increasing the depth of understanding of what we have become aware of while shifting into a new level of self and how we view the world. This phase is going to take us deep into releasing all things we hold against ourselves to tremendously shift how we see and treat ourselves and, in turn, the world around us.

There is a component of self-love and self-worth that gets built here that you have yet to experience in your life. Personal freedom is built from within and can only disappear when you give it away.

Acceptance:

Acceptance is the stage where you move into unconditionally loving, accepting, and reflecting outward in a way that releases control and conditions as a way of being. Trust and appreciation come naturally because you have them within (and in) yourself. The next section is about the mind. In this section, you will start to accept all facets of yourself and move into a space of being. You will radiate trust and collaboration like never before, fear calms and inner peace starts to flow.

Allowance:

Allowance is the last phase and where most programs miss the integration of a new way of life/being. The exercises within this section help us to establish our new way of life and set us up for success. When I personally went through this process, it gave me confidence in growing forward in perpetuity because it helped me see a plan.

It is a very individualized process but helps us to embody and live into our corporate mission statement/ credo while aligning with our individual true core values.

GROWING FORWARD

Rediscover your inner purpose with our four phases:
Awareness, Acknowledgment, Acceptance, and Allowance.

Call, message, or email for your free consultation today! We offer a variety of program size options to fit any budget because our ultimate mission is to help guide you back to yourself.

Start today! We're ready—are you?

inner-luminance.com



Refer a Friend Program

Sometimes, it's easier to face things as a team. Our program is designed for individuals, but we get it. That's why we are offering a 10% discount (one per person) on all friends who decide to take this journey together!

It's super easy! Just email us at innerluminancellc@gmail.com with your info and your friend's info to get started!