



January, 2025 Gold Club Rating <https://sugarcreekgardenclub.org>

President's Letter -

Happy New Year!

The start of the new year gives us an opportunity to reflect on the past year and to set some new resolutions for 2025.

But if you're like me, you overset your resolutions, get frustrated, then never accomplish any of them. But when it comes to gardening, I found this from *Horticulture* magazine that I am going to seriously try and thought I would share with everyone. (with a little encouragement please!)

#1- Clean out your garden collection of "stuff" and go through old materials.

We've all got that one place in the garage or shed where forgotten garden materials have piled up and now sit unused. Resolve to clean out your garden shed, discard expired materials and clean up tools.

#2 - Take a risk, plant something new.

As gardeners, we all have our favorites, but challenge yourself to replace an old standby with something new.

When it comes to gardening, there is always something to learn and something to teach.

#6- Plant a food you haven't tried before.

Whether it's a veggie, fruit or herb, resolve to grow a new type of food in your garden this year.

#7 - Start something from seed.

There's something intensely rewarding about growing from a seed! Try it if you don't usually add seeds to your garden.

#8 - Invite people over to spend time in your garden.

Beautiful gardens are meant to be shared among friends and family. (and at the Horticulture table at our monthly meetings!)

Good Luck with your resolutions!

I pray for good health and happiness for everyone in 2025. Can you believe we are in the final year of the 1st quarter of the 21st century! Carpe Diem (seize the day!)

Shelley Lamb

#3 - Add a new native species to your garden.

Beautify your garden and attract pollinators by adding a native species to your garden.

#4 - Plant something with a child.

Share the love of gardening with a younger person.

#5 - Learn something, teach something.

And remember... ***“you’re never too old to play in the dirt”***



January General Meeting -

"Preparing for Spring Planting"

Thursday, January 16th, 9:30 a.m.

SCCC Garden Room

Get ready for the seeds and plants of Spring!

Presented by Kimberley Perry

Director of Garden Education

Urban Harvest



Kim Perry

December Luncheon -

A lovely time was had by all at the December luncheon, jointly held with the Sugar Creek Women's Association.



Executive Board Meeting -

Thursday, January 9, 2025 10:am

Hostess: Cindy Jones, 926 Longview Drive



Houston Federation of Garden Clubs -

City-Rise Church-Bellaire

Friday, January 10th, 10:00 am

Program: "Medicinal Landscaping"

Speaker: Mark "Merriweather" Vorderbruggen, Ph.D., Foraging Texas



January Birthdays -

Mary Sullivan

Alejandra Lopez-Sanchez

Sarah MacInerney

Karen Smith

Diane Campbell

Marina Beltran

Aelia Melton

Patti Von Tungeln

Susan McLaughlin

Diane Reeves

Margaret Bruner

Happy Birthday, Ladies!



Friendship Luncheon Invitation



Basket Days -

Don't Forget! Basket Days start at Jenny Schultz's home on Fridays beginning on January 10th until February 8th from 10 to 3. We will work on Silent Auction Baskets and share a potluck lunch. Open to all Club members!

Just Announced...

2025 Winners of the Year! -

2025 Perennial Plant of the Year: *Pycnanthemum muticum*, is known as clustered mountain mint, blunt mountain mint or short-toothed mountain mint and is native to meadows and open woodlands across much of the eastern United States west to Texas. (Perennial Plant Association)

2025 Flower of the Year: the Ranunculus with its vibrant petals, reflects love, admiration, and happiness (announced by 1800Flowers)



2025 Plant of the Year: Snake plant symbolizes longevity, health, and growth. (announced by 1800Flowers)



2025 Tree of the Year: The American Red Oak The fast-growing red oak symbolizes the adaptability and resilience of our forests. The role of the American red oak is in preventing forest fires, yet the red oak can sprout again quickly after being damaged by fire, which makes it important for reforestation. (announced in myHOMEBOOK by Dr. Silvius Wodarz Foundation)





2025 Color of the Year: Mocha Mousse, or in other words, a warm soft brown. (Sherwin Williams)

2025 Herb of the Year:

Camomile *Matricaria* boasts daisy-like flowers with a delightful aroma. Gardeners prize it for its therapeutic and aesthetic appeal. *Showy, aromatic white flowers with yellow centers dot the plant for a long bloom season in the summer. It can be used for tea, potpourris, garnishes, and crafts.* (International Herb Assoc)



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