



GLUTEN FREE & KETO MENU

Backyard Baker's Inc 330-397-9790



PIZZA



All pizzas include 1 topping. Additional toppings \$0.50
Homemade Sauce, from garden when in season.

\$10.00 for 8"

\$13.00 for 10"

\$15.00 for 12"

Egg Crust Pizza: A blend of eggs and cheeses melted perfectly to form the most tasteful crust. Twice baked!

Chicken Crust Pizza: Ground, well-seasoned chicken, smashed and cooked to a crispy perfection.

Cauliflower crust pizza: Cauliflower at it/s best. Fresh heads of cauliflower riced and smashed to form a delicious crust.

STROMBOLI

8" Roll includes cheese and side of sauce \$6.00

1 topping included, additional toppings \$0.50

Crust is made out of 1 to 1 Gluten Free flour, spices, milk, butter, and eggs

Breads

White Bread Loaf: \$9.00

Chaffles: \$12.00 for 4

Garlic Bread (French Bread): \$15 for 2 loafs OR \$7 for 1 loaf

Brioche Buns Hamburger or Hot Dog 8 buns for \$10.00

MEATS

You name it I'll smoke it, grill it, bake it, or air fry it! I can accommodate smaller portions if needed. You'll get more for your money ordering larger.

Smoked Pulled Pork Average 7lbs \$25.00 half \$45.00 whole

Baby Back Ribs \$20.00 a rack 2 racks for \$35.00

Slow Cooked Pulled Chicken \$15.00 full chicken

Baked Meatballs in Sauce 24 meatballs for \$25.00 50 meatballs for \$48.00

Slow Cooked Chuck Roast \$25.00 per roast averaging 3lbs

Air Fried Turkey Breast \$35.00 whole breast

SIDES

Smoked Cauliflower Mac & Cheese \$30.00 half tray \$50.00 full tray

Vegetable Fried Rice \$30.00 half tray \$60.00 full tray

Rice comes with peas, carrots, onions, peppers, and eggs

Seasoned Vegetables \$25.00 half tray \$45.00 full tray

Broccoli, Cauliflower, Mushrooms, Onions, Pepper, Sugar Peas, Carrots, Green Beans, Zucchini, Brussel Sprouts, and more. Pick 4 !

Sauteed Spinach and Garlic (Heather's Greens) \$30.00 half tray

Fried Cabbage or Cabbage Steaks(5) \$20.00

Cabbage slow cooked in homemade stock, then fried with butter and onions.

Add Keilbasa for \$8.0

Desserts

All my regular menu desserts are offered sugar free and/or gluten free. If you have Celiac but can have sugar I can just alter the gluten. If you are doing Keto, I can alter both the gluten and the sugars.

Please view my dessert options online at
Backyardbakers.net or on Facebook @Backyard Bakers

Some popular options include:

Cheesecakes
Muffins
Cupcakes
Cakes
Pies
Cookies
Trifles
& More

Important Information

I have been baking gluten free for about 4 years. I have also done the keto diet several times. I try my absolute best, to accommodate different diets. I'm fully aware that Celiac (Gluten Intolerance) and Keto are different diets. However, some of the foods are similar that can be eaten for both. Everything listed on this menu can be made Gluten Free or Keto. It also can be made Diabetic Friendly or all 3 diets in one. I try to keep the prices affordable, because HEY, it's not our faults we have medical conditons ❤️ Thank you for your time. Let me know if you have any questions at all. (330)397-9790