



Week of: 02/22/26

*Chef Heather Gerak*

**Dessert Friday:** Cookie Pies: Oatmeal, PB, Carrot Cake \$2.00 a pie

	Regular Meal	Healthier Option	Price
<b>SUN</b>	Tacos: Chicken Or Beef 3 Tacos with all the goods are & Spanish Rice	SAME	\$11.00
<b>MON</b>	Chicken Salad by the Pint or Quart	Made with Light Mayo if preferred	\$6.00 pint \$11.00 Quart
<b>TUE</b>	Lasagna	Zucchini Lasagna	Per Piece: \$8.00 Per 8x8 tray: \$20.00
<b>WED</b>	Salisbury Steak with Mashed Potatoes & Snap Peas	Replace Mashed with Butternut Squash Mashed	\$13.00
<b>THU</b>	Tuscan White Bean Soup (Sausage)	House Salad with Homemade Italian or Ranch \$6.00	\$5.00 Pint \$10.00 Quart
<b>FRI</b>	Weekly Roll Lent: Spinach and Mushroom (Portabellas) \$7.50 Add Italian Sausage \$1.50 Reg \$6.00 Rolls: Pepperoni, Pepperoni Mushroom, Pepperoni GiGi Peppers, Mushroom GiGi Peppers, Ham & Swiss	Make any roll into a Low Carb Wrap	Price Varies
<b>SAT</b>	Quiche: options are endless. If by the slice, I plan on making Mushroom, Onion, Green Pepper	Crustless Quiche	\$4.00 per slice \$15.00 full pie