

## **Doula Mentee Needs Assessment**

Complete this before the initial meeting with your doula mentor. Send it and your contact information to your mentor before the first meeting. This is a discussion tool only, not an assessment to be used for evaluation purposes.

Rank from 1-7

1=greatest need to discuss

7= low priority topic

*\*I completed this assessment in regards to what I aspire to learn regarding the field, as that's how I interpreted it. Let me know if you intended it to be based on what should be most important in regards to the field.*

Communication \_\_\_\_\_

Interpersonal skills \_\_\_\_\_

Organizational skills \_\_\_\_\_

Time management (doula work balance with family/other work needs) \_\_\_\_\_

Marketing your doula business \_\_\_\_\_

Doula fees \_\_\_\_\_

Pro bono work \_\_\_\_\_

Understanding the prenatal and postpartum visit planning process \_\_\_\_\_

Working with/finding doula backup \_\_\_\_\_

Continuing education \_\_\_\_\_

Doula shadowing \_\_\_\_\_

Doula associations (relationships with other local doulas) \_\_\_\_\_

Birth professional relationship building \_\_\_\_\_

Other Needs (please list):

Full time vs part time doulas

Types of Doulas (birth, postpartum, etc).

What are the most important things you would like to get from this relationship?

**Contact Information:**