

## **Doulas of Eastern Idaho Doula Mentor Program Ground Rules**

1. Each newly trained doula will be assigned a certified doula as a mentee.
2. The mentor/mentee relationship will last for no more than 12 months. After that time if additional mentoring help is needed the Board of Directors will assess how the mentee can receive additional assistance.
3. The mentor will be available for twice monthly phone conversations (approximately 30 minutes each) during the mentorship.
4. The mentor will establish texting and email limitations to the mentee before the beginning of the mentorship.
5. The mentor will determine if shadowing with the mentor's clients is appropriate.
6. The mentor will determine if her fees should be shared with the mentee and establish this in contract before the start of the mentorship (separate from Doulas of Eastern Idaho).