

The Iron Clad Wings



**Chartered
15 April, 1995**

We're More Than Gold Wings...



Chapter Directors: Dan Clark & Lorrie Thomas
 wingernut93@aol.com lorriemthomas@aol.com
 Dan's Cell 757-343-1783 Lorrie's Cell 954-599-5178

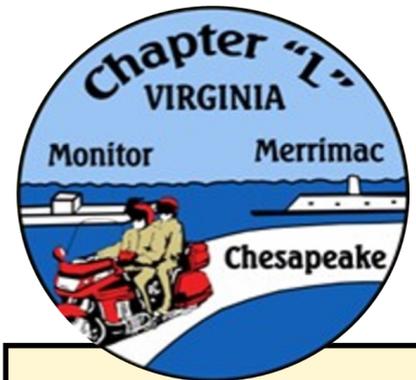
Ride & Grow with VA-L

We meet the 4th Tuesday of each month (except December) at The Golden Corral, 101 Volvo Pkwy, Chesapeake, VA 23320. Our meet, greet and eat—begins at 6pm, our gathering begins at 7pm. We invite you to come out and have fun with us

2022 Road Warrior Awards



January: Lorrie Thomas
 February: No drawing
 March: **Rolled Over**
 April: Will Conrad
 May: Ed Patejak
 June: No drawing
 July: Steve Kapsha
 August: **Rolled Over**
 September: Keith Lindgren
 October: **Rolled Over**
 November: Dan Clark



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- Our Mission Statement
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- Ride Calendar
- Event Flyers

ALSO IN THIS ISSUE

- SNAPSHOTS—A Year in Review
- Did You Know?
- Chapter L Funnies

The Iron Clad Wings

Dan Clark & Lorrie Thomas

Chapter Directors

wingernut93@aol.com

Dan cell (757) 343-1783

Lorrie cell (954) 599-5178



Chapter Directors



As we come to the close of the year, we also come to the close of the association that we have enjoyed for many years. But with the end of GWRRA, a new adventure has started. As a Chapter, we have affiliated with Wing'd Riders. The focus of that association is to keep the heart of GWRRA's beating with new ideas.

This is the last Newsletter article under the GWRRA banner and next month, unless someone volunteers to be the newsletter editor, we will submit all the usual information to a dedicated page in the District newsletter. It will be emailed to all Members and can be found on the District website, as well. If you have not been receiving the District newsletter, contact us so that we can verify your email address. If you rather not receive it, let us know that, too.

We look forward to the continued support of our Members, the fun, fellowship, and riding with each of you.

The weather has gotten colder, and we will be doing less riding. This is the time we schedule education. We will be planning some classes to help further our knowledge so we may continue to ride safe and be more observant while riding and while driving, as well. Take the opportunity to come learn or refresh what you have learned in the past. The classes will be announced later. If there is a break in the weather, we will be doing on-bike training.

In closing, I want to say it has been a pleasure to serve as your Chapter Director and Lorrie and I would also like to wish all our Chapter family a healthy and cheerful Merry Christmas along with a happy and prosperous New Year.

Dan Clark & Lorrie Thomas

Chapter Directors, Va-L

The Iron Clad Wings

District

'Tis The Season...

What is it about the holidays that gives us such joy? I see it in the faces of the children, through their eyes. They aren't bothered with shopping, being creative in their gift giving, planning the family get-togethers with the inherent drama that is almost guaranteed. They just know that school is out, the house, the neighborhood and the cartoons are magical.



Lorrie Thomas & Dan Clark
VA District Directors
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The way my family celebrates the holidays has changed over the years. We hardly decorate and traveling to family takes the logistics of a NASA space launch with multiple splashdowns. The one tradition I have carried with me all these years is to take the time to take stock of the past year, a sort of a blessings inventory.

It would be impossible to do that without including the friends we have made through motorcycling. Until I do the year in review of the pictures of costumes worn, parade ready bikes or the number of times we were photographed eating, riding, dancing or simply being ridiculous, I am reminded just how much I enjoy your company. Truly blessed.

Virginia

I certainly don't want the changes over the last 5 months to diminish our chances to do all those things and more in 2023. My wish is that we stay connected so that we can continue to celebrate together, find joy in our long friendships and welcome new friends into the family. With the dedication of the Virginia District Team and the energy of the Members who have stepped up or chose to continue leading the Chapters, we won't lose that connection. Declared Wing'd Rider Chapters, Independents, and social groups, however you see yourselves, you are still family.

Friends

Dan and I send warm wishes to you all as you gather to celebrate the season.

Virginia District Directors

Lorrie Thomas & Dan Clark



MERRY CHRISTMAS! HAPPY HOLIDAYS! HAPPY NEW YEAR!

The Iron Clad Wings

WR President's Message

Special Update from the President

For Immediate Release – 10/31/2022

After many months of research and consideration of what would be the best structure for the new Wing'd Rider organization, including what would be in the best interests of the chapters and members going forward, I have decided to switch Wing'd Rider to a new non-profit, instead of a for-profit company.

The name of the new non-profit is "" WINGD RIDER "" and will be designated as a 501c7 Master and all WR chapters/states/districts will be associates/subordinates of the new master non-profit.

Any existing GWRRA chapter that has a current EIN number, (even if your chapter has previously chosen to align with EWMA) they can give me their EIN number, I will help them choose their new name and our law firm here in Tucson will handle the name changes and conversion to a WINGD RIDER non-profit subordinate.

If a new prospective WRider chapter does NOT yet have an EIN number, we will assist you in the process of getting one and then filing the necessary documents with the IRS for the non-profit status as a WRider associate/subordinate chapter.

I will have an updated bylaws template later this week, for use by all new WRider chapters and states.

Jere Goodman is the Executive Director of Chapter Development for the new Wingd Rider non-profit and he and Sherry will help everyone switch their existing GWRRA chapters to the new WINGD RIDER, along with new WINGD RIDER chapter formation.

Also, as the president of the new WINGD RIDER non-profit, I will not be taking a salary.

John Lazzeroni
President



The Iron Clad Wings



1415 S Cherry Ave Tucson AZ 85713 www.WingdRider.com Support@WingdRider.com

Membership Application

All Wing'd Rider memberships include:

- 12 month subscription to WING'D RIDER Magazine's enhanced digital & printed versions.
- Access to all premium features of Wing'd Riders website including discounts on apparel and other merchandise.
- Access to the new Wing'd Rider Forums and its state, chapter and international sections.
- Access to Wing'd Rider Rally advanced registration, discounts and promotions.
- Special product discount codes to use with select merchants to be listed at WingdRider.com.

Name: _____ Co-Rider: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (____) - _____

eMail: _____

C/Card# _____ Exp: _____ Sec Code: _____

Referred By: _____ Mem# _____

\$39.99 per year for single membership \$59.99 for couples

(Send to Wing'd Rider by regular mail; eMail scan or FAX 520-624-6202)

The Iron Clad Wings

Our Mission Statement: RIDE & GROW

Respect all motorcycle riders and motorists

Inspire members to participate in the Levels Program.

Dedicated towards providing a family atmosphere so everyone has fun.

Educate our members about new innovations regarding riding, safety, and about GWRRA.

&

Give back to the community, resulting in a positive image of motorcyclists.

Relax, and enjoy the ride!

Offer assistance and encourage participation by all members.

Work with members by assisting them in achieving their goals.

So, what are we really saying...

We don't discriminate; all types of motorcycles are welcome. If your friends are looking for a group to ride with, that believes in and practices safety, we are that group. Respect drivers by being courteous with our lights and riding style.

We want all our members to participate in the Rider Education (Levels) program. The Levels Program allows members to advance from Level 1 (Committed to Safety) to Level 4 (Safety By Enhanced Commitment and Preparedness), also known as Master Tour Rider. As our members gain experience and miles, we inspire them to advance to the next level.

We are a family association; we are dedicated to providing a fun and friendly atmosphere to members and visitors of all ages. We strive to make every event fun.

Chapter L is dedicated to educating our members and visitors about motorcycling. We do this by having training provided by certified trainers that have graduated from Gold Wing University. We educate members about riding alone, with a co-rider, and in a group. We educate on riding as a team, pulling trailers, crash scene response, leadership, fun events, advances in motorcycling, and much more. Our trainers are evaluated by senior trainers to ensure they remain up-to-date regarding motorcycling.

Not all motorcyclists are the same; we strive to present a positive image to the public. We inform the public about what our association stands for; Friends, Fun, Safety, & Knowledge. We are a part of the community and want the community to be a part of us.

Have fun and enjoy riding with Chapter L. We want all of our riders to relax and enjoy the ride while being among friends that share your passion... riding.

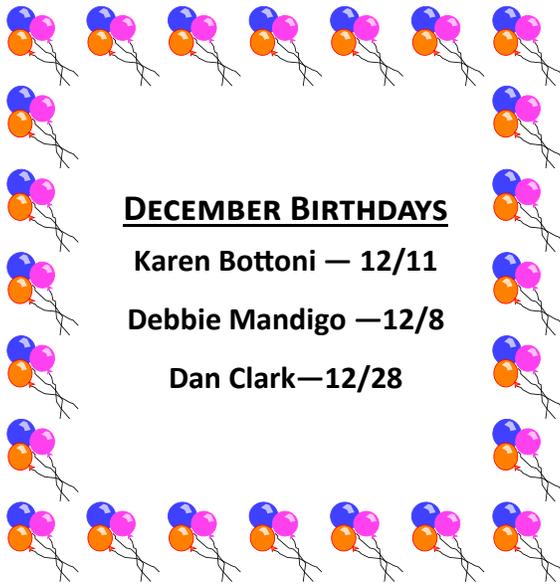
It takes everyone to make the Chapter successful. But what is the definition of **successful**? Successful means the Chapter is fun. Successful means the Chapter rides a multitude of routes with varying distances. Successful means people want the Chapter to thrive. Successful means people ask "what can I do to help..." Successful means our membership thrives. In other words, we cannot be successful without you. Participation from all members results in the Chapter being successful.

Have you achieved your goals you've set? Regardless whether your goals involve motorcycling or are professional, chances are, there is someone in the Chapter that wants to assist you in achieving your goals. Our goal is to assist you in achieving your goal.

Our Motto: RIDE and GROW with VA-L

The Iron Clad Wings

Birthdays, Anniversaries, & Other Information



DECEMBER BIRTHDAYS

Karen Bottoni — 12/11
 Debbie Mandigo —12/8
 Dan Clark—12/28



DECEMBER ANNIVERSARIES:

Dan Clark & Lorrie Thomas —12/15
 Karen Bottoni & Debbie Mandigo—12/11



DECEMBER GWRRA ANNIVERSARIES:

Katheryn Hunter—21 years
 Keith & Carol Lindgren—36 years
 Joe & Trish Daniel—2 years



Helpful information for members

To get Chapter, District, and National patches for your vest, contact our Chapter Treasurer, Will Conrad.

For things you might typically pick up at a Rally, but don't want to wait until the next one comes around:

- **Chapter Shirts/Rider Ed patches:** See the Chapter Directors; Dan Clark & Lorrie Thomas
- **Name Tags:** www.ThEngraver.com (take note of spelling—only 1 'e' at beginning)
- **Vests & sewing patches:**
 - Perfect Fit Alterations, 357 Johnstown Rd, Chesapeake. They also do vest embroidery
 - The Leather Arts Store at 415 N. Military Highway, Suite 13. Ask for the owner, Dennis
- **Embroidery & Name Tags:** Nancy Harbison Uniforms & Tailoring at 479 South Lynnhaven Road, Virginia Beach (463-3241)

These are by no means the only place to get your desired items, just the ones that seem to be used the most by local chapters.

The Iron Clad Wings

Gathering & Ride Calendar



Date	Chapter/Type	Event
Dec 25	Holiday	Christmas
Jan 1	L	New Years Lunch Ride. Come join your Chapter for the first ride of the year. We will take our first ride to Coinjock Marina for lunch. We will depart from Hardee's located at 865 George Washington Hwy at 11:00 am and should arrive by noon.
Jan 24	L	Chapter Gathering. Golden Corral, 101 Volvo Pkwy, Chesapeake, VA. Eat at 6:00 pm, Gather at 7:00 pm
Feb 28	L	Chapter Gathering. Golden Corral, 101 Volvo Pkwy, Chesapeake, VA. Eat at 6:00 pm, Gather at 7:00 pm

Check out our website to see the latest updates to our calendar <https://gwrraval.org/>

The Iron Clad Wings

Click here to register: <https://wingdrider.com/wingd-rider-rally-2023/>



JUNE 29th - JULY 2nd, 2023

JUNE 29th - JULY 2nd, 2023

Hosted by
NIEHAUS CYCLES
Litchfield, Illinois, 62056

**FREE TRADE SHOW
ENTRY FOR ALL
RIDERS**

REGISTER NOW FOR ALL EVENTS
50/50 - Adventure Rides - Grand Prize Drawing
Vendor Party Night

**REGISTRATION INFO
COMING SOON**

Hotels & Camping Near Litchfield, IL

- Hampton Inn Litchfield**
11 Thunderbird Circle Litchfield, IL 217-324-4441
- Holiday Inn and Suites**
4 Thunderbird Circle Litchfield, IL 217-324-4555
- Baymont Inn**
1405 West Hudson Dr Litchfield, IL 217-718-5526
- Quality Inn**
1010 East Columbian Blvd North Litchfield, IL 217-324-0260
- Super 8 by Wyndham**
1527 Herman Rd Staunton, IL 618-635-5353
- Carlin Villa Motel**
18891 State Rte 4 Carlinville, IL 217-854-3201
- The Cabins and Cottages at Shale Lake**
1499 Washington Ave Staunton, IL 618-637-2470
- Lazy Days Campground**
22756 White Part Lane Litchfield, IL 217-324-3233
- Country Bend Campground**
3279 Honey Bend Ave Litchfield, IL 217-324-2363
- Kamper Kompanion RV Park**
18388 East Frontage Rd Litchfield, IL 217-324-4747
- Sherwood Forest Campground**
920 City Lake Rd Hillsboro, IL 217-532-5211
- Ramada by Wyndham**
2707 Veterans Ave Vandalia, IL 618-699-4222
- La Quinta Inn & Suites**
1121 LeJune Dr Springfield, IL 62703 217-697-5688
- Comfort Inn & Suites**
3675 S. 6th St. Springfield, IL 62703 217-529-8898

Hotels In Collinsville

- Comfort Inn Collinsville**
8 Commerce Dr. Collinsville, IL, 62234. US 618-477-8946
- Drury Inn & Suites St. Louis Collinsville**
600 N Bluff Rd. Collinsville, IL, 62234 (618) 345-7700
- Double Tree by Hilton Hotel**
1000 Eastport Plaza Dr. Collinsville, IL 62234 (618) 345-2800
- Days Inn by Wyndham Collinsville**
12 Commerce Dr. Collinsville, IL, 62234 (618) 803-4032
- Super 8 by Wyndham Collinsville St. Louis**
2 Gateway Dr. Collinsville, IL 62234 (618) 223-5383
- La Quinta Inn & Suites by Wyndham Collinsville- St. Louis**
6 Gateway Dr. Collinsville, IL, 62234 (618) 855-6400
- Hampton Inn Collinsville**
7 Commerce Dr. Collinsville, IL, 62234 (618) 346-4400
- Americas Best Value Inn Collinsville St. Louis**
552 Ramada Blvd. Collinsville, IL, 62234 (618) 345-9500
- Fairfield Inn by Marriot St. Louis**
4 Gateway Dr. Collinsville, IL. 62234 (618) 346-0600

The Iron Clad Wings



RIDES
Visit A
Gator Farm

RIDES
Tour A
Plantation Home

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“Come One, Come Y’all”

April 20-21-22, 2023

**April 19th - Come Early For Our
SPECIAL Guided Tour To The Gulf of Mexico**

**Clarion Inn / Quality Inn
520 Roderick St**

Morgan City, Louisiana 70380

985-385-2200 ask for Louisiana Rally Rate

Special Rate \$97 per Night

\$115/W Breakfast

Book Through The Host Hotel Only

**Escorted
Lighted
Bike Ride**

**After Rally
Dinner**



**Cookie Bar
Contest Open
to ALL**

**Cornhole
Contest**

Bingo

Laissez les Bon Temps Rouler!

For more Info:

Website gwrra-la.org - Email dd@gwrra-la.org - Facebook: GWRRR Louisiana - Groupworks: LA District

The Iron Clad Wings

"Come One Come Y'all"
Louisiana Mardi Gras Madness Rally
April 20th—22nd 2023
April 19th For Our SPECIAL Guided Tour

gwrra-la.org and click on the Rally tab
 Early Registration ENDS 4/1/2023
 PLEASE PRINT

Rider's Name _____
 Co-Rider's Name _____
 Former District / Chapter _____
 Address _____
 City _____ State _____ Zip _____ Phone (____) _____
 Rider Email _____
 Co-Rider Email _____

		Total
Early Registration	\$30, \$40 after 4/1	_____
Former GWRRRA Life Member	\$20	_____
Day Pass	\$20	_____
MUST BE PRESENT TO WIN		
Sat 50/25/25 Tickets/Stretch (10 Double Tickets)	\$10	_____
Grand Prize Tickets/Stretch (10 Double Tickets)	\$10	_____

Come To Louisiana And "Feed Your Soul"
After Rally Dinner Choose One Option Per Person Below

SATURDAY AFTER CLOSING Must Be Paid By April 1st

1/2 Fried Fish PoBoy with a cup of Seafood Gumbo	\$25	_____
Shrimp Stew over White Rice, Smothered Green Beans with Bacon and Potatoes and Potato Salad	\$25	_____
Baked Chicken served with Steamed Broccoli and a Side Salad (Gluten and Dairy Free)	\$25	_____
Baked Fish served with Steamed Broccoli and a Side Salad (Gluten and Dairy Free)	\$25	_____
Former Level IV Breakfast Must Be Paid By April 1st	\$15	_____
Apr 19th Escorted Tour Per Vehicle Paid in Advance	\$5	_____
Grilled Chicken Wrap, chips & cookie	\$12	_____
Club Wrap, chips & cookie	\$12	_____
Grilled Chicken Salad & cookie	\$14	_____
	Total	_____

Rider Signature _____ Date _____

Co-Rider Signature _____ Date _____

Make Checks or Money Orders Payable to: Louisiana District

Mail to: Fritz & Johnette Beter, LA D/D, 3257 E Lafourche Ct Kenner, La 70065

I/we agree to hold harmless any member of Louisiana, co-sponsoring organization, and any property owners for any loss or injury to self or property to which I/we may become involved by reason of participation in this Rally.

The Iron Clad Wings

S N A P S H O T S

2022—A Year in Review



New Years Ride to Coinjock



District Ops Meeting



Courtesy, Confidence and Connection

The Iron Clad Wings

SNAPSHOTS

2022—A Year in Review



Ride to Valentines, Virginia



Martha Phelan



January Gathering

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SNAPSHOTS

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A visit to Karla Dobbins at Sheila's Place



Steve Kapsha receives Level 1



GWRRA ITCP Workshop

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SNAPSHOTS

2022—A Year in Review



Chapter L Ladies February Luncheon



Lunch stop in Saluda, Va



Lunch at Kelly's Tavern



Terry & Madonna receive Level 4 Master Tour Rider

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SNAPSHOTS

2022—A Year in Review



Training Day



Chapter Dinner at Dirty Buffalo



Bike Clinic



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SNAPSHOTS

2022—A Year in Review



Southeast District Ride



Joe Daniel arrested for Gnome Abandonment



Bingo



Winners



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SNAPSHOTS

2022—A Year in Review



Bug Splat Ride



Dice Stacking Game at Gathering



Spring Fling in Tennessee
Mel's Diner



Wing Ding 43

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SNAPSHOTS

2022—A Year in Review



Karen Bottoni receives Red Hat #66 at Wing Ding



The “aged” Danny and Sandy
Rally in the Valley



Rally in the Valley Pink Ladies

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SNAPSHOTS

2022—A Year in Review

Chapter L Christmas Party December 10, 2022



The Iron Clad Wings

SNAPSHOTS

2022—A Year in Review

Chapter L Christmas Party December 10, 2022



The Iron Clad Wings

Did You Knows?

www.did-you-knows.com

Water did you know

Did you know toilets use 35% of indoor water use

Did you know the average human brain contains around 78% water

Did you know sponges hold more cold water than hot

Did you know giraffes and rats can last longer without water than camels

Did you know when water freezes it expands by 9%

Did you know the WD in WD-40 stands for Water Displacer

Did you know a giraffe can go longer without water than a camel

Did you know an iguana can stay under water for 28 minutes

Did you know the Atlantic Ocean is saltier than the Pacific

Did you know you begin to feel thirsty when your body loses 1% of water

Did you know sound travels 4.3 times faster through water than in air

Did you know Niagara Falls could fill 4,000 bathtubs every second

Did you know a banana contains 75% water

Did you know rain contains vitamin B12

Did you know after Hawaii, New York is the state surrounded by the most water

Did you know cucumbers are 96% water.

Did you know a jellyfish is 95% water

Did you know hippopotamuses are born under water

The Iron Clad Wings

Chapter Team Members

POSITION	NAME	EMAIL
CHAPTER DIRECTORS	DAN CLARK Dan cell: (757) 343-1783 LORRIE THOMAS Lorrie Cell: (954) 599-5178	wingernut93@aol.com lorriemthomas@aol.com
MEMBERSHIP ENHANCEMENT	DENNIS & PHYLISS EASTON	eastondm@cox.net
TREASURER	WILL CONRAD	will38@cox.net
RIDE COORDINATOR	DAN CLARK	wingernut93@aol.com
CHAPTER SKILLS ENHANCEMENT ADVISOR (CSEA)	KAREN BOTTONI	kbottoni@gmail.com
COUPLE OF THE YEAR	JOE & TRISH DANIEL	famdand4@charter.net
NEWSLETTER EDITOR	KAREN BOTTONI	kbottoni@gmail.com
WEBMASTER	KAREN BOTTONI	kbottoni@gmail.com
MILEAGE COORDINATOR	BRUCE CONKLIN	Xtrucker4.3@gmail.com
SECRETARY	DEBBIE MANDIGO	dsteamn@gmail.com
GREETER	PAULA DIGNAN	shortyd2@cox.net
SUNSHINE COMMITTEE	KARLA DOBBINS	karla_cowboys@yahoo.com

<https://gwrraval.org/>

The Iron Clad Wings

Virginia District Team

POSITION	NAME	PHONE	E-MAIL
District Director	Lorrie Thomas	954-599-5178	lorriemthomas@aol.com
	Dan Clark	757-343-1783	wingernut93@aol.com
Asst. DD West	Wayne & Kathy Whitworth	540-875-8064	wayne69997@yahoo.com
Asst. DD North	Vacant		
District Couple of the Year	Vacant		
District Educator	Vacant		
Asst. District Educator	Bob Beltz	757-869-8277	beltzb@cox.net
Asst. District Educator	Gordon Combs	540-840-0394	gorcom@msn.com
District University Coordinator	Vacant		
CPR/MFA Coordinator	Vacant		
District Membership Enhancement	Dave & Randi Green	757-870-7282	davenrand@cox.net
Asst. Membership Enhancement	Ann Peterson	703-583-1655	nativepeterson12@gmail.com
District Web Master	Fritz Sassine	804-938-9183	fritz.sassine@gmail.com
District Event Photographer	Jim Peterson	703-583-1655	nativepeterson12@gmail.com
District Special Events Coord.	Dave Hotaling		davidsgoldwing02@gmail.com
	Robin Hotaling	646-406-1200	rah889195@yahoo.com
District Rally Vendor Coord.	Linda Carlyle	804-652-9520	lindaredwing05@verizon.net
District Treasurer	Roman Paryz	757-687-9282	roman.paryz@gmail.com
Newsletter Editor	Roman Paryz	757-687-9282	roman.paryz@gmail.com

<https://www.gwrravdistrict.com/>

Team GWRRA

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John & Shawn Irons	Director's Assistant	ironslines3414@gmail.com
Frank and Sharon Jackson	Director's Assistant	frankj64155@yahoo.com
Lorrie Thomas and Dan Clark	Director of the University	lorriemthomas@aol.com
Dan and Mary Costello	Directors of Membership Enhancement	mep.director.gwrra@gmail.com
James & Freida Clayson	Directors of Motorist Awareness	james.clayson@gmail.com
Randall and Janet Drake	Director of Finance	financedirector@gwrra.org
Susan & George Huttman	Directors of Rider Ed	director-re@gwrra.org
Allesandro Boveri & Mariarosa Bruzzone	Directors Overseas	alboveri@gmail.com

The Iron Clad Wings

Virginia Chapters



CHAPTER	LOCATION	CHAPTER DIRECTOR	PHONE	SOCIAL GATHERING
VA-A	Burke American Legion 3939 Oak Street Fairfax	Steve Hartsock Shartsock9@gmail.com	703-380-6086	3rd Saturday 8am Meet / Ride at 9am
VA-C	Newport News IHOP 15447 Warwick Blvd	John & Lynn Floyd Lynn.floyd1960@gmail.com	757-838-0607	2nd Sunday 4pm Eat / 5pm Meet
VA-D	Richmond Candelas Ristorante 14235 Midlothian Turnpike	Fritz Sassine & Iris Guillet fritz.sassine@gmail.com	804-938-9183	4th Wednesday 6pm Eat / 7pm Meet
VA-E	Fredericksburg Castiglia's Italian Rest. 10705 Courthouse Rd	Joe and Peggy Herron jdheron6919@yahoo.com	540-424-5852	3rd Wednesday 5:30pm Eat 6:30pm Meet
VA-F	Winchester Stephens City Diner 5460 Main St Stephens City	Stephanie Provost davis.stephanie80@yahoo.com	540-664-6430	4th Sunday 8:30am Meet
VA-H	Abingdon Moose Lodge 15605 Porterfield Hwy	Paul & Dorothy Baker 09nellie@comcast.net	276-628-6047	2nd Tuesday 6pm Eat / 7pm Meet
VA-I	Manassas Great American Buffet 8365 Sudley Rd	David & Robin Hotaling davidsgoldwing02@gmail.com Rah889195@yahoo.com	202-309-5953 646-406-1200	2nd Sunday 11am Meet / Eat
VA-K	Roanoke Faith Alliance Church 7505 Barrans Rd.	Jim Daily & Susan Stuppiello dailylent@yahoo.com susanstuppiello@gmail.com	540-230-0511	2nd Monday 6pm Eat / 7pm Meet
VA-L	Chesapeake Golden Corral 101 Volvo Pkwy	Dan Clark & Lorrie Thomas wingernut93@aol.com lorriemthomas@aol.com	753-343-1783 D 954-599-5178 L	4th Tuesday 6pm Eat / 7pm Meet
VA-R	Harrisonburg	Gary Hoover hoov@shentel.net	540-975-0223	1st Sunday Location TBD
VA-V	Bedford Bedford Church of God 212 E. Main St	Jonathan Whitworth otteridevav@gmail.com	540-425-0028	3rd Sunday 2pm Meet
VA-X	Salem Riverside Evangelical Methodist Church 1920 Lucas St	Larry Stanton larry25022@gmail.com	304-922-1401	1st Saturday 3pm Meet



The Iron Clad Wings

The Golden Corral Buffet & Grill
101 Volvo Parkway, Chesapeake,
VA 23320
(757) 549-2819
www.goldencorral.com
Please come and join us!



Other local gatherings

- **Chapter C-Hampton/Newport News:** 2nd Sunday each month, 5pm. IHOP at 15447 Warwick Blvd in Newport News
- **Chapter NC-E2-Elizabeth City, NC:** 3rd Thursday each month, 7pm. Itsa Boutza Pizza, 109 S. Hughes Blvd in Elizabeth City, NC



Come Join Us