



Gold Wing Road Riders Association GWRRA's Motto is... Friends for Fun, Safety and Knowledge

Chartered 15 April, 1995

BRONZE Level Chapter for 2017

We're More Than Gold Wings...













Chapter Directors: Dan Clark & Lorrie Thomas wingernut93@aol.com lorriemthomas@aol.com Dan's Cell 757-343-1783 Lorrie's Cell 954-599-5178 Ride & Grow with VA-L

We meet the 4th Tuesday of each month (except December) at Zino's Café, 850 George Washington Hwy N, Chesapeake, VA 23323. Our meet, greet and eat—begins at 6pm, our gathering begins at 7pm. We invite you to come out and have fun with us

2021 Road Warrior Awards



January: Lorrie Thomas February: March: April: May: June: July: August: September: October: November: December:



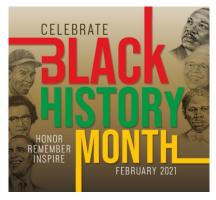
- National News
- Our Mission Statement
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February is Black History Month

Retrieved from www.history.com/topics/black-history/black-history-month



Black History Month is an annual celebration of achievements by African Americans and a time for recognizing their central role in U.S. history. Also known as African American History Month, the event grew out of "Negro History Week," the brainchild of noted historian Carter G. Woodson and other prominent African Americans. Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating Black history.

Origins of Black History Month

The story of Black History Month begins in 1915, half a century after the Thirteenth Amendment abolished slavery in the United States.

That September, the Harvard-trained historian Carter G. Woodson and the prominent minister Jesse E. Moorland founded the Association for the Study of Negro Life and History (ASNLH), an organization dedicated to researching and promoting achievements by Black Americans and other peoples of African descent.

Known today as the Association for the Study of African American Life and History (ASALH), the group sponsored a national Negro History week in 1926, choosing the second week of February to coincide with the birthdays of Abraham Lincoln and Frederick Douglass. The event inspired schools and communities nationwide to organize local celebrations, establish history clubs and host performances and lectures.

Did you know? The NAACP was founded on February 12, 1909, the centennial anniversary of the birth of Abraham Lincoln.

In the decades that followed, mayors of cities across the country began issuing yearly proclamations recognizing Negro History Week. By the late 1960s, thanks in part to the civil rights movement and a growing awareness of Black identity, Negro History Week had evolved into Black History Month on many college campuses.

President Gerald Ford officially recognized Black History Month in 1976, calling upon the public to "seize the opportunity to honor the too-often neglected accomplishments of Black Americans in every area of endeavor throughout our history."

Black History Month 2021 Theme

Since 1976, every American president has designated February as Black History Month and endorsed a specific theme.

The Black History Month 2021 theme, "Black Family: Representation, Identity and Diversity" explores the African diaspora, and the spread of Black families across the United States.

Dan Clark & Lorrie Thomas Chapter Directors wingernut93@aol.com Dan cell (757) 343-1783 Lorrie cell (954) 599-5178





Greetings Chapter, February is upon us and that means that riding season for some will be here soon.

First, I would like to thank the members of the Chapter for all the cards, phone calls, visits, and the food that was brought to us during my recovery from back surgery. As of this writing, I am unable to drive or ride the bike, but I am getting around pretty well without the walker and I have been off the pain pills for about 2 weeks. It is heartwarming to know what great friends we have within the Chapter and the Association. Thank you one and all.

By the time that you read this, the District will have held the annual Ops meeting. We are planning on having an event this year to raise operating monies for the Chapter. We are currently working on a location, but the Chapter Team decided on a Bike Rodeo with bike games (skills riding) such as maneuvers from Shiny side Up. We will also have some other bike games along with door prize games. This event will take place on May 15^{th,} during Motorcycle Awareness month, and we will need everyone's assistance to put this on and make it a success. So, start looking in your goodie closet for prizes you may have won at other events or items you have lying around that you never used to donate for door prizes. Also, start collecting from businesses, asking for donations. I would like to limit the door prizes to about 30 items, so let's not go too crazy. If you do get a donation or have an item that you want to donate, let me know so we can keep track of the number of items we have.

Our February Gathering will also be via Zoom call due to the Governor extending the moratorium till the end of the month. Hopefully, we will be able to resume our Gatherings in March and with the warmer weather coming in, going on some rides. It will be great to see all your smiling faces once again.

That is about all the news I can think of for now, so keep an eye on the ride calendar as it may change due to the weather. Till we meet again, stay healthy, be safe, ride safe and keep the shiny side up.

Dan Clark & Lorrie Thomas Chapter Directors, Va-L

Dennis & Phyliss Easton Membership Enhancement Coordinators <u>eastondm@cox.net</u>

Membership Enhancement





GWRRA Membership Enhancement Program....a focus on Recruiting & Retention

https://gwrramep.org/recruiting-retention

The Recruiting and Retention segment of the Membership Enhancement Coordinator (MEC) position is not only important, but can also be a very FUN mission for the MEC. It not only strengthens the GWRRA organization, but also provides the MEC with the opportunity to assist the Chapter in becoming a vital, vibrant, and FUN place to be.

Prospective Members

All new and prospective Members are contacted in a way that lets them know how special they are to us. Contacts made by the Membership Enhancement Coordinators are often the first opportunity that many new and prospective Members have to fully explore all of the benefits of GWRRA membership. From the MEC perspective, it is a fantastic opportunity to get to know new Members who have taken the first step to becoming part of the GWRRA family. The MEC has the opportunity to assist each Member in becoming comfortable with entry into Chapter life and guide them as they discover their path within the organization.

Fun!!!

Our Members have an experience that keeps them coming back again and again. Individuals join the organization and come to GWRRA gatherings for many different reasons. Our Membership Enhancement Coordinators have the opportunity to make our gatherings, rides, and rallies FUN and enjoyable. When our members see how much FUN participating can be, they are more likely to step up an serve the organization as volunteer leaders and talk about their experiences to other individuals outside of the organization. This can create an influx of new Members who come to see what the FUN is all about.

Hall of Fame & Honor

If you recruit 26 to 100 people into GWRRA, you are inducted into the Hall of Honor. If you recruit 101 or more people into GWRRA, you are inducted into the Hall of Fame.

Dan Clark Ride Coordinator wingernut93@aol.com

Ride Coordinator



Hello Members,

In January we had a Zoom call Ride Planning Meeting and we had approximately 12 people attend. I was thoroughly impressed with the turnout along with all the suggestions. What a marvelous job.

I also sent out a survey with suggestions and the Members pulled through with that one as well. I admit, I stole the suggestion list from another Chapter and made a few changes to it, but I received about 15 responses from the list.

With those two items in mind, I will be adding the rides to the calendar and look forward to going on many of them. I have no idea when the Doctor will release me to start riding again, but I assure you I am chomping at the bit to get back on the bike. The last time I had this surgery it was 4 months, but I was riding two wheels, maybe he will make an exception being on three wheels.

Listed below are the remainder of events for February and the month of March. While the winter months have been upon us, have you performed that maintenance in preparation for the riding season. Now is a good time to get that done.

Here is the riding list:

- Feb 19 Chapter Dinner- Spaghetti Eddies 3325 Taylor Rd, Chesapeake 23321
- Feb 20 Medic First Aid Class- Pre-registration required
- Feb 27 Lunch ride to Jesse's Taqueria 3201 E Ocean View Ave Norfolk
- Mar 6 Hot Dog Lunch Ride Poppy's Hot Dogs
- Mar 12 Chapter Dinner Tucano's Brazilian Grill, Newport News
- Mar 20 Adopt a Spot Clean Up & Lunch Ride to Weeping Radish
- Mar 23 Chapter Gathering- location to be determined

Have a great day, stay healthy, be safe, ride safe and keep the shiny side up

Dan Clark

Ride Coordinator

District

All You Need is Love

February is hearts, flowers, c-a-n-d-y, Valentines, and a semi-naked kid in a diaper with bow and arrow. It may also be a pause in riding for the cold blooded among you who prefer rides at 70 degrees.

It is a great time to plan some training. Medic First Aid/CPR class has been modified so it can be done while abiding by the Covid rules for social distancing. The class time is shorter in duration but still fulfills the requirements. Let us set that up for you. Class size can be small but if you have a location that can handle 6 or more safely, spread the word to surrounding Chapters. Questions? Let me know.



Lorrie Thomas & Dan Clark VA District Directors lorriemthomas@aol.com wingernut93@aol.com LT: 954-599-5178 DC: 757-343-1783

There are a several University classes that can be presented online on a Zoom call by specially trained Instructors. The topics approved so far are:

- 101-02 Co-Rider (seminar) 102-06 - View from The Rear 103-04 - Team Riding (seminar) 102-02 - Riding in the Heat 204-02 - Planning a Chapter Event 103-03 - Riding in the Rain
- 201-03 Communication 201-04 - Managing Change 106-02 - How Aging Affects Riders 201-06 - Newsletters

202-03 - Chapter MEC Role 202-04 - Retention 202-05 - New Member Orientation 106-01 - Levels Program 203-04 - Women in Leadership Roles 205-01 - Chapter Finances 301-02 - Recruitment 308-01 - GWRRA 101 101-06 - Riding at Night

Please contact me to discuss setting up a class for your Members. All topics in the University catalog are available for presentation in person, socially distanced.

Being flexible, thinking outside the box and all that kind of stuff is still the focus. It was tough sending out the notification about cancelling Wingless 2021, but quick thinking by the Cruise Director, Randi, and we shifted to Cruisin' in October at Rally in the Valley. There is a flyer in this issue and further information, including a registration form, will be forthcoming.

Speaking of tough. This past 12 months or so has been brutal. Some of our Chapters have worked very hard to stay in touch with their Members even when not gathering. Zoom calls, newsletters, phone calls and rides have kept the bonds strong. We can help you do this, too.

Some Chapters stopped engagement altogether. As big a change as this has been, as different from business as usual, it is so important to start now to make that connection. A simple one-page newsletter or warm-hearted email from the Chapter Director and Team is a start. Waiting for 'normal' is not an option. When all this is behind us, staying in touch now will allow us something to come home to...our Chapter family.

How can we help?

Virginia District Directors

National

Hindsight is 20/20...

The phrase "Hindsight is 20/20" means looking back at a situation or an event and having a clearer understanding of it and how things could have been done better.

In this case, hindsight is the year 2020, which is now behind us, and we need to move forward into the year 2021. To begin with, Sherry and I would like to wish everyone a



Happy and Healthy New Year. Thank you to all our Officers who finished serving during this past year; we appreciate all that you have done. We also want to welcome our new incoming Officers and wish you success in your new endeavors.

With the arrival of the vaccine, we are all hopeful that normality is just around the corner. There is a lot of excitement in the air as Districts and Chapters begin to make their plans for the upcoming year. That does not mean that 2021 is without its challenges, especially during the first six months. Some events planned for first quarter have already been cancelled or postponed for later in the year. Everyone is eager to get out riding and socializing; however, the health and welfare of our Membership should always be a priority. As an organization, we will always encourage following the guidelines recommended by our Local, State, Provincial and/or Federal entities.

While the tunnel may appear to be very dark, there is a glimmer of light getting brighter with each passing day. Sherry and I are excited that things are looking brighter this year and look forward to the many events that will take place. Naturally, Wing Ding is number one for us, especially with it being held in Missouri. We are looking forward to seeing many of you there, and after not being able to hold a Wing Ding for the first time this past year, this Wing Ding will be special. So, get your rooms booked and get registered for a fantastic family reunion coming your way beginning June 29, 2021.

Stay positive and upbeat and make your plans for an exciting year. Let's focus our energy on all the good things coming our way in 2021 as we leave 2020 far behind us.

Stay safe; be well. And, as always, remember that fun shall be the last word so HAVE FUN!

Jere & Sherry Goodman Directors of GWRRA 540-623-0447 director@gwrra.org

Our Mission Statement: RIDE & GROW

Respect all motorcycle riders and motorists Inspire members to participate in the Levels Program. Dedicated towards providing a family atmosphere so everyone has fun. Educate our members about new innovations regarding riding, safety, and about GWRRA. & Give back to the community, resulting in a positive image of motorcyclists. Relax, and enjoy the ride! Offer assistance and encourage participation by all members. Work with members by assisting them in achieving their goals. So, what are we really saying...

We don't discriminate; all types of motorcycles are welcome. If your friends are looking for a group to ride with, that believes in and practices safety, we are that group. Respect drivers by being courteous with our lights and riding style.

We want all our members to participate in the Rider Education (Levels) program. The Levels Program allows members to advance from Level 1 (Committed to Safety) to Level 4 (Safety By Enhanced Commitment and Preparedness), also known as Master Tour Rider. As our members gain experience and miles, we inspire them to advance to the next level.

We are a family association; we are dedicated to providing a fun and friendly atmosphere to members and visitors of all ages. We strive to make every event fun.

Chapter L is dedicated to educating our members and visitors about motorcycling. We do this by having training provided by certified trainers that have graduated from Gold Wing University. We educate members about riding alone, with a co-rider, and in a group. We educate on riding as a team, pulling trailers, crash scene response, leadership, fun events, advances in motorcycling, and much more. Our trainers are evaluated by senior trainers to ensure they remain up-to-date regarding motorcycling.

Not all motorcyclists are the same; we strive to present a positive image to the public. We inform the public about what our association stands for; Friends, Fun, Safety, & Knowledge. We are a part of the community and want the community to be a part of us.

Have fun and enjoy riding with Chapter L. We want all of our riders to relax and enjoy the ride while being among friends that share your passion... riding.

It takes everyone to make the Chapter successful. But what is the definition of *successful*? Successful means the Chapter is fun. Successful means the Chapter rides a multitude of routes with varying distances. Successful means people want the Chapter to thrive. Successful means people ask "what can I do to help..." Successful means our membership thrives. In other words, we cannot be successful without you. Participation from all members results in the Chapter being successful.

Have you achieved your goals you've set? Regardless whether your goals involve motorcycling or are professional, chances are, there is someone in the Chapter that wants to assist you in achieving your goals. Our goal is to assist you in achieving your goal.

Birthdays, Anniversaries, & Other Information



Helpful information for members

To get Chapter, District, and National patches for your vest, contact our Chapter Treasurer, Will Conrad.

For things you might typically pick up at a Rally, but don't want to wait until the next one comes around:

- Chapter Shirts/Rider Ed patches: See the Chapter Directors; Dan Clark & Lorrie Thomas
- Name Tags: www.ThEngraver.com (take note of spelling—only 1 'e' at beginning
- Vests & sewing patches:
 - Perfect Fit Alterations, 357 Johnstown Rd, Chesapeake. They also do vest embroidery
 - The Leather Arts Store at 415 N. Military Highway, Suite 13. Ask for the owner, Dennis
- Embroidery & Name Tags: Nancy Harbison Uniforms & Tailoring at 479 South Lynnhaven Road, Virginia Beach (463-3241)

These are by no means the only place to get your desired items, just the ones that seem to be used the most by local chapters.

Gathering & Ride Calendar



Check out our website to see the latest updates to our calendar https://gwrraval.org/

Date	Chapter	Event
Feb 19	L	Chapter Monthly Dinner, Spaghetti Eddie's, 3325 Taylor Ro Chesapeake, VA <u>spaghettieddiespizzacafe.com</u>
Feb 20	L	Medic First Aid Class—Pre registration required. Bayside Harley-Davidson, 11am
Feb 23	L	Chapter L Gathering's will be virtual until further notice. CD will send out details and Zoom invite to the Chapter.
Feb 27	L	Lunch ride to Jesse's Taqueria, 3201 E. Ocean View Ave, Norfolk <u>http://jessysov.com/</u>
Mar 6	L	Hot Dog Lunch ride to Poppy's Hot Dogs
Mar 12	L	Chapter Monthly Dinner, Tucano's Brazilian Grill, Newpor News
Mar 20	L	Adopt-a-Spot clean up & lunch ride to Weeping Radish
Mar 23	L	Chapter L Gathering. Location TBD
Apr 29 - May 1	TN	Tennessee District Rally, "Spring Fling", Pigeon Forge
May 15	L	ıst Annual Motorcycle Rodeo & Safety Awareness Event
Jun 29-3 Jul	National	Wing Ding 42, Springfield, Missouri
Oct 14-16	VA	Rally in the Valley, "Cruisin in Grand Style", Lynchburg Grand Hotel, Lynchburg, VA

Best of all, you don't have to be present to win!



Chapter – L Gathering Feb 23, 2021 7pm

 Who wants to win some extra cash? Just because our Gatherings are temporarily virtual, we can still do our traditional 50/50 drawing.

• So yes, you can buy tickets either prepurchase or you'll have the option to buy them in only a 10 min window at start of Gathering.

 Our MEC's Dennis & Phyliss Easton will be handling the tickets and your Newsletter Editor, Karen Bottoni will handle receiving payments.
 Payment options: Check, PayPal, CashApp

• You may send a check made out to <u>Gwrra</u> Va-L and send it to Dennis Easton at 1029 Hunting Hill Ln. Virginia Beach, Va. 23455 and please send them at least 2 weeks prior to the Gathering. Another way to purchase tickets will be to send an email to Karen Bottoni at kbottoni@gmail.com letting her know how many tickets you want then pay to either her PayPal account, <u>PayPal.Me/kbotts</u> or her Cash App, <u>\$KarenBottoni</u>

1st Annual GWRRA VA-L Motorcycle Rodeo & Safety Awareness Event



Brand New

58" VIZIO V-Series - 4K UHD LED LCD TV

Drawing held on Saturday, May 15th, 2021

> at the event Need not be present to win

> > There will only be a total of 1000 tickets sold for this raffle Tickets are \$1.00 each

Make checks payable to: GWRRA VA-L Send to: Dan Clark 5308 High St W. Portsmouth, VA 23703



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Wanted: Motorcycle Riders

Get your passport for the

Virginia Grand Tour

All Proceeds go to benefit:

The Pediatric Brain Tumor Foundation

Run out of new places to ride?

Tired of the same rides every weekend?

Ready for some new motorcycling adventures?

We've done all the work for you. Sign up today and get ready to ride!

If you're tired of following the group every weekend and ready to strike out on your own, or with your own group, just pick a destination and get ready for a great day or weekend ride.

We've taken 15 great ride destinations, along with maps, nearby attractions and put them into booklet form (similar to a passport).

Here's how it works: When you visit one of the destinations in the "Passport" between February 1st and October 31st, answer the question and write the answer in your passport. Visit at least 12 of the 15 locations to qualify as a "finisher", and get a "Virginia Grand Tour" ride pin and/or year bar.



The 17th annual Virginia Grand Tour



S20.00

Brought to you by the Honda Riders of Tidewater (HRoT)

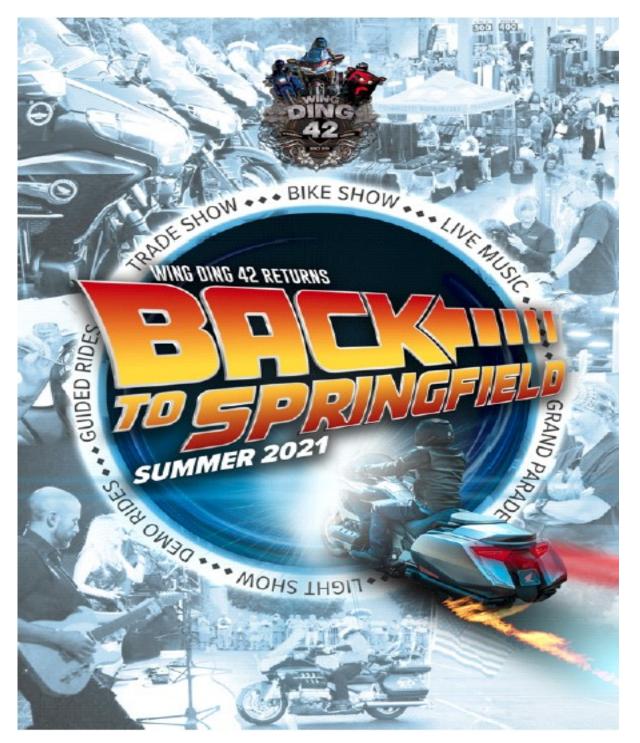
Contact: Terry Simpkins: 07573867-7677 or virginiagrandtour@cox.net

Send your name, address and \$20 to: Virginia Grand Tour. 205 Pamlico Run, Yorktown, VA 23693 Make checks payable to: Honda Riders of Tidewater

ISSUE 2 February 2021

The Iron Clad Wings





June 29 – July 3, 2021 | Springfield Expo Center in Springfield, Missouri

Wing Ding is the ultimate Honda Gold Wing & Touring Bike convention! Hosted by GWRRA at different locations across the United States every year, the rides to Wing Ding as well as unique atmospheres are unforgettable. Come join us for a motorcycle convention unlike any other, where you can enjoy the company of friends with live entertainment in a beautiful location, learn more about motorcycle safety, discover all the latest products for your bike, and even test drive a new one.

https://www.wing-ding.org/

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GWIGH wing-ding.org Wing-ding.org Din Springfield, Missouri, June Springfield Expo Center, 635 St. Lowis Str	0 42
Springfreid Expo Center 533 St. Louis St. REGISTER TODAY! SIMPLY MAIL OR FAX Contact Member Services at 1-800-843 Please visit <u>www.wing-ding.org</u> & click "REGIS TRADE SHOW OPENS JUNE 30, SEE EVENT	X YOUR COMPLETED FORM -9460 with any questions. STRATION" at the top of page.
RIDER'S NAME:	GWRRA MEMBER: #
CO-RIDER'S NAME:	
MAILING ADDRESS:	
CITY/ST/ZIP:	
HOME PHONE: ALTERN	
OYES! I would like to opt-in for mobile text alert PREREGISTRATION: (Postmarked before May 25, 2021) Number of Life Members x \$20 = \$ Number of Members x \$40 = \$ Number of Non-Members x \$50 = \$ LATE: (Postmarked May 25 - June 8, 2021) X \$22 = \$	 Full registration includes: Access to 'Pre-Event Day' activities! Tuesday 6/29 Wing Ding Welcome Party - Tuesday 6/29 4-day pass to indoor Trade Show - Opens 6/30 4-day pass to Demo Rides on all participating manufacturers' bikes (subject to availability) Access to Seminars and Parades
Number of Members x \$45 = \$	Access to Opening and Closing Ceremonies Access to free Evening Entertainment Event
Number of Non-Members x \$55 = \$ Children 15 and under at the time of the event are admitted free Cancellations in writing must be received at the Home Office on or before June 8, 2021, and are subject to a \$15 processing fee. No refunds for meal functions, Grand Prize Tickets, 50/20-15-10-5 Tickets, Poker Run, Bike Show, T-shirts or Polos will be given after June 8, 2021. No telephone or verbal cancellations will be accepted. Please note, only registered delegates may participate in Wing Ding functions, activities and events! You will receive a confirmation via email 24-48 hours after your registration is processed. Please visit our website for hotel and camping information. Armbands, tickets, T-shirts or any other items purchased will be available for pickup beginning the day prior to Wing Ding in the	 Souvenir Event Pin and Pocket Guide Exclusive opportunities for tours, dinners and other ticketed events Numbered armband for chance at thousands of dollars in great prizes! Precision Drill Team Exhibitions and other performances Optional Rider Education Safety Courses, CPR
registration area (see website for hours and location).	FAX or MAIL this form to:

RIDER EDUCATION COURSES

The number and availability of courses is dependent upon the number of participants. You will be notified of your class time and location as soon as possible. Note: Certification cost is per bike!*

ARC: Experience advanced techniques in turning, maximum braking, and swerving plus mental and situational strategies in GWRRA's own Advanced Rider Course. Co-Riders welcome. 8 hours (class and range) ARC (Recertification): The GWRRA ARC for those who have PREVIOUSLY COMPLETED the ARC. Includes discussions at the beginning of the course and between exercises. 5 hours (range only) SIDECAR: Experience advanced techniques of riding with a sidecar as well as situation strategies and accident avoidance tactics. 8 hours (3 classroom/5 range).

TRAILERING: Learn advanced trailering techniques and strategies for safe and enjoyable travel. Motorcycles only-no trikes or sidecars please. 8 hours (3 classroom/5 range)

TRIKE: This course teaches advanced riding skills for the trike rider such as maximum braking, swerving and turning. 8 hours (3 class/5 range) TRIKE/TRAILER: This course combines the Trike Rider Course (TRC) with some guided practice in backing a trailer. 8 hours (3 class/5 range) TRC-R (Recettification): The GWRRA TRC for those who have PREVIOUSLY COMPLETED the TRC. Includes discussions at the beginning of the course and between exercises. 5 1/2 hours (range only) Vanguard Rider Course: A performance based course to be used in conjunction with a 2 1/2 hour seminar to be taken separately.

AORC (Add-On Kit Rider Course): A Rider Course designed for the motorcycle with a 2-Wheel Add-on Kit installed.

CPR/First-Aid: This course is designed to teach and certify you in the basic principles of CPR and First Aid. 4 hours

CLASS	#OF PEOPLE	TOTAL		
ARC	\$50 per bike =			
Rider	Co-Rider			
ARC (Recert.)	\$50 per bike =			
Rider	Co-Rider			
Sidecar				
Rider	Co-Rider			
	\$50 per bike =			
Rider	Co-Rider			
Trike	\$50 per bike =			
Rider	Co-Rider			
Trike/Trailer	\$50 per bike =			
Rider	Co-Rider			
TRC-R (Recertifica	tion) \$50 per bike =			
Name	Name			
Vanguard Rider C	ourse\$50 per person =			
	Name			
AORC	\$50 per bike =			
	Co-Rider			
	\$50 per person =			
	Name			
*\$20 refund after course completion Rider Education Total				

GRAND PRIZE - Must be present to win! Drawing held at Closing Ceremonies

_____ 10 Tickets = \$20 5 Tickets = \$15 ____ 20 Tickets = \$30

_____ 40 Tickets = \$50 Total

GRAND 58/28-15-10-5 (4 Winners!) Must be present to win!

1 Yard (18 Tickets) = \$10 3 Yards (54 Tickets) = \$20

7 Yards (126 Tickets) = \$40 Drawing held at Closing Caremonies Total

GWRRA DINNER AND ENTERTAINMENT EVENT!

Thursday, July 1, 2021

Includes Dinner and Entertainment! Pulled pork, Potato salad, BBQ sauce, Baked

beans, Kaiser roll, Plated brownie, Tea and Water. (Seating is limited, while supplies last).

Number of people _____ x \$24 = _____

COBPORATE SPONSOR EVENING EVENT!

Wednesday, June 30, 2021

Includes Dinner and Entertainment with Tossed salad w/ 2 dressings, Grilled chicken w/ signature sauce, Roasted potato, Green beans, Plated cookie, Tea and

Water. (Seating is limited, while supplies last).

Number of people _____ x \$24 = _____

PEOPLE'S CHOICE BIKE SHOW! - Includes a souvenir pin.

Number of bikes _____ x \$10 = _____

SOUVENIR T-SH	ITT (Place quan	tity next to size.)
Small	x \$15 =	2XL x \$17 =
Medium	n x \$15 =	3XL x \$17 =
Large	x \$15 =	4XL x \$20 =
XL	x \$15 =	
Embroidered P	olo Shirt (moist	ure wicking performance material
Small - XL (\$3	0 ea.) 2XL (\$3	5 ea.) 3XL (\$37) 4XL (\$40)
		Total
	GR	AND TOTAL: \$
Please send cher others will be return Please do not se	Check ck or money orde urned to sender fu nd cash.	Hency Order rin equivalent U.S. funds. All or adjustment.
Please send cher others will be retu Please do not se CHARGE MY:	Check ck or money orde urned to sender fund cash.	Money Order in equivalent U.S. funds. All or adjustment. ISA AmEx Discover
Please send che others will be retu Please do not se CHARGE MY: Number:	Check ck or money orde urmed to sender fa nd cash.	Money Order in equivalent U.S. funds. All or adjustment. ISA AmEx Discover
Please send che others will be retu Please do not se CHARGE MY: Number: Exp	Check ck or money orde urned to sender for nd cash.	Money Order in equivalent U.S. funds. All or adjustment. ISA AmEx Discover

Gold Wing Road Riders Association Presents



"Cruisin'"

in GRAND Style

AT RALLY IN THE VALLEY

Hosted by the Virginia District October 14-16, 2021

Lynchburg Grand Hotel 601 Main Street, Lynchburg, VA 24504

- Modules/Seminars
- ARC/TRC On Bike Courses*
- MFA/CPR Course*
- Pizza Party Thursday Night
- Muster Fun & Games
- Bon Voyage Ice Cream Social
- Love & Marriage Game Show
- Hospitality Room & Crafts
- WINGO, Fun & Games
- Vendors

- Rides/Excursions
- Daily 50/50 Drawing
- COY Reception
- Captain's Dinner* (Wear your best tropical attire!)
- Costume Contest
- Casino Games
- DJ & Dancing
- "The Quest"
- And more!

*Additional charges apply for these items

Costume Contest Categories Tropical

- Tacky Tourist
- Best Coconut Bra

More details coming in the March newsletter!

Hope to "SEA" You in Lynchburg!

A Valentine for Chapter Va-L

By: Lorrie Thomas, CD and proud member

If I could, you would all be receiving a dozen roses and a huge box of Whitman's...cheap candy, but my favorite! I've always thought that we shouldn't wait until some designated day to say how much we appreciate someone. NOT that I want you to forget my birthday! Those so-called designated days do remind us to make sure people know how we feel.

This Chapter, you the Members, have done so much to help us all through an unusually trying year. In addition to some of you or your family dealing with Covid, we have had sick folks, injured folks, folks having surgeries, job loss and loved ones lost. Thank you for your kindness and support.

It is time we had something good to look forward to as a reward for making it through 2020.

The Chapter is planning an event for May. May is Motorcycle Awareness Month. The event serves several purposes. One, it will make the motoring public more aware of motorcycles on the road, making it safer for us. Second, it will raise some operating funds for the Chapter and third, we can brush up on our riding skills while just being plain ol' fun!

Scheduled for May 15th, it will be a day filled with motorist education, bike skill exercises and rodeo games for the riders. There will be carnival type games for kids big and small, a raffle and a whole bunch of other good things. We will be hosting guests from Chapters all over Virginia and the motoring public.

An event like this requires everyone to be involved. In the coming weeks, detailed descriptions of ways to volunteer will be sent out. We have most of the supplies we need but need some donations of goods and services to use as prizes. Open for suggestions, let Dan know what you think.

Again, thank you for all you do and all you have meant to each other. I am looking forward to having some fun with you in May and beyond!

Lorrie,

CD and proud Member of Va-L

Dumping A Bike Is No Sin But ending up under it is

Retrieved from msgroup.org Motorcycle Tips & Techniques By: James R. Davis

I have a suspicion that many here think that dumping a bike is to be avoided at all costs. That dumping a bike is extremely dangerous. That experienced riders simply don't do such a thing.

Nonsense! I do not know anybody who has a few years of experience on two-wheels who has failed to dump their bike, or who will not sooner or later do so.

To dump a bike should be an embarrassment, and is the stuff we kid each other about, but it need not be dangerous.

After a very long ride, I have seen very experienced people stop, get off their bikes and start to walk away from them - without having put their side stands down. I have seen people mount a bike that was parked on a right-biased slope and have the bike fall over to the right as a result. I have seen loose gravel cause a foot to slip away and the bike lay down before an eye could blink. But in virtually every case, there was neither damage to the bike nor to the rider.

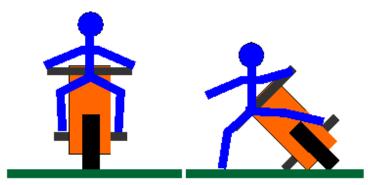
It is no sin to dump a bike, but it is stupid and dangerous to end up under that bike!

The VERY FIRST riding lesson I give a person who is moving up to a larger bike is how to dump it. If they are not, yet, riding a big bike, I even let them learn this lesson using my GoldWing.

I have them take the bike onto a grassy area with relatively firm ground and, with the engine turned off, I have them lean the bike slowly over to the left. I have explained before we do any of this that what I want them to learn is that there comes a point in leaning the bike where the center of gravity of the bike will move past the side of their tank and that most of the weight of the bike will be on their 'down' leg. That at this point NOBODY can hold up a GoldWing and that to try to do so can result in injury! That they are to decide for themselves when they have reached that point and then to STOP TRYING TO HOLD UP THE BIKE. They are to let go of the lower grip, QUICKLY step on the high peg and step as wide away from the bike as possible with their 'down' leg as the bike lays down.

Continued on next page

If they do this correctly they will find that they remain standing, one foot on the ground, the other on the high peg, with the bike between their legs on its side.



It usually takes no more than two tries to get this right - the first try usually finds them landing on their hands. (If they do, I remind them that they might want to let go of the lower grip before it pulls them to the ground .) But by the second time they get the idea that they have to let go of the lower grip, shift their weight VERY FAST to the high peg and step away with the other leg. This 'move' tends not to be forgotten long after it is learned

With the bike down they then observe, at least for Wings, that it usually does not even leave its wheels because of the engine and saddlebag guards, and that neither is there damage to the bike. This goes a long ways towards increasing confidence.

The next lesson, of course, is how to pick up a 900 pound bike.

By the way, I extend this lesson into a discussion of when you should keep your feet on the pegs and when you can safely step away from a bike that is going down: If the bike is moving faster than you can walk, keep your feet on the pegs! If it is going slower than that, stand on the high peg and let the bike fall between your legs and walk (hop) away from it.

[If you are going to practice this on your bike MAKE SURE THE BIKE HAS SOME FORM OF ENGINE GUARD TO PREVENT DAMAGE!!! I assure you that I've performed this practice SEVERAL times with my GoldWing without damage but your bike is an unknown to me. You can use a flat solid surface, such as a LARGE piece of cardboard and place one edge at the contact patch of both tires then see if anything other than your fold-up pegs and engine guards touch that surface. If so, it can hit the ground when you dump the bike and break. Notice has been given.]



Update on Karla Dobbins, VA-L Member

Journal entry by Charis Lasky, Sheltering Arms Spinal Rehabilitation Center in Richmond, VA / - Feb 7, 2021



Karla looks and sounds great (we FaceTimed today). She is in good spirits and her appetite is good. She had grilled cheese and tomato today and has eaten pizza two more times since the last update. She can now brush her teeth and wash her face with the help of a special washcloth mitt and the same wrist holder used with her stylus. The stylus is replaced with a toothbrush. At night when she sleeps, Karla is now wearing special braces on her hands to prevent her fingers from curling. Karla also got a new special brace for her arm which exaggerates tendon flexion and allows her to use her hand like a claw. When she wears the brace and bends her wrist outward, her four fingers will open simultaneously as one unit. When she bends her wrist inward, her fingers close. The speech therapist worked with Karla to teach her how to open some

apps on her phone without using the stylus. Karla is feeling spasms in her feet and all over her body. This is a good thing. Karla is also using her stylus to do more things. She is working on using her legs. The attached photo shows Karla using a stationary bicycle with her hands. The wires you see are providing stimulation to her arm muscles which helps activate them.

Karla is making slow, but steady progress. However, she has a long way to go. All of your prayers and messages of encouragement thus far are much appreciated and have meant a lot. They also help more than you know and are a crucial part of Karla's recovery, so please keep them coming.

Special thanks to Susan Berry for your tribute donation. Your generosity is greatly appreciated.

Thank you also to Alessandra Dal Pino and her family for your kind message. They are Karla's relatives who live in Italy. To Alessandra, Giuliana, Bruno, Lucrezia, Michelangelo and Ginevra - Mille Grazie!



SNAPSHOTS

A look at what Chapter-L's Been Up To

Chapter Gathering January 26, 2021



15 Chapter L members called in for the January Zoom gathering: Dan Clark & Lorrie Thomas, Karen Bottoni & Debbie Mandigo, Joe & Trish Daniel, Dennis & Phyliss Easton, Jeff Stobie, Keith Lindgren, Terry Elliott, Will Conrad, Paula Dignan, Keith Herchenroder, Doug Gilliam

- Karen won the scavenger hunt game
- Lorrie won the ride pot \$38

Word Search

Theme: *Winter*

	S T D O E H C N A L A V A F R A C S R D S W E A T H E R F O R E C A S T E A U O S N O W P L O U G H C W P N T O E O R U Z S E H S O L A G F Y O N T A W L F W A M I T T E N S S M S I G Q O R C T A J Y R N Y S N Y E A W L H T R E M M R A R S E O R L C E R O Q E L E D R I M T E W Z D L N S A V X S Y O Z N O S S B P D O L W Y E E X W C F C W U T A O U P O R C B L S A H O O R G O L S P C C I I F A C C L H A N D K L L A K V K S L C L U X L T H N S F G O E M I M S A S A N C F Y L M L N L M O B R L W T F C	
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AVALANCHE	MITTENS	SNOWBALLFIGHT
BALACLAVA BELOWZERO	NUCLEARWINTER PUDDLES	SNOWPLOUGH STORMCLOUDS
COLDTOES	RADIATOR	TEMPERATURE
FROST	RAINCOAT	THERMALUNDERWEAR
FROZEN	SCARF	UMBRELLA
GALOSHES	SEASON	WARMSOCKS
GLOVES	SKIING	WEATHERFORECAST
HEATER	SLIPPERY	WINDGUSTS
ICY	SNOW	

You can find the words in the grid by looking Diagonal, Forward, Backward, Up, and Down. Circle them with a pencil or use a marker to highlight the letters. But most of all HAVE FUN!!!

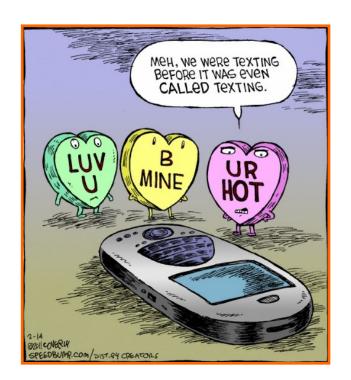
ANSWERS: Click here

Puzzle Retrieved from whenwewordsearch.com

All images retrieved from https://images.search.yahoo.com/search/

Chapter-L Valentine Funnies











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Virginia District Team

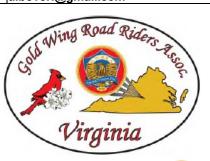
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Virginia Chapters

Chapter	Area / Location	Chapter Director	Phone Number & Email	Monthly Gatherings
VA-A	Burke	Mary O'Connor (11/09)	703-635-6775 <u>maryoc4429@aim.com</u>	2nd Wed. 7:30 pm
				The Ponds Community Center, 9837 Burke Pond Lane, Burke, VA. 22015
VA-C	Hampton/Newport News,	John & Lynn Floyd (01/21)	757-838-0607 crayonjohnfloyd@gmail.com myluckymnm@yahoo.com	2nd Sun. 4:pm Angelo's Steak House 755 J. Clyde Morris Blvd, Newport News
VA-D	Richmond	Fritz Sassine & Iris Guillet (01/18)	804-938-9183 fritz.sassine@gmail.com	4th Wed. 6:pm Candelas Pizzeria & Ristorante Italiano, 14235 Midlthoian Tnpk., Richmond
VA-E	Fredericksburg	Claude Revely (01/19)	540-207-7646 <u>Knightwing263507@gmail.com</u> www.battlefieldwings.com	3rd Wed. 6:pm Great American Buffet. 1780 Carl D Silver Pkwy, Fredericksburg Central Park Shopping Center, exit 130 off 195
VA-F	Winchester	Stephanie Davis (08/14)	540-664-6430 <u>davis.stephanie80@yahoo.com</u>	4th Sun. 8:am Golden Corral, 120 Costello Dr., Winchester
VA-H	Abingdon	Paul & Dorothy Baker (11/01)	276-628-6047 <u>09nellie@comcast.net</u>	<mark>2nd Tue. 7:pm</mark> Abingdon Moose Lodge US19, Porterfield Hwy, Abingdon
VA-I	Manassas	David & Robin Hotaling (1/20)	646-406-1200 <u>Rah889195@yahoo.com</u> <u>davidsgoldwing02@gmail.com</u>	2nd Sun. 9:am Great American Buffet 8365 Sudley Rd, Manassas
VA-K	Roanoke	Jim Dailey & Susan Stuppiello (6/19)	540-230-0511 <u>DaileyENT@yahoo.com</u> <u>susantuppiello@gmail.com</u>	2nd Mon. 6:pm Great 611 Steak Co., 3830 Franklin Rd., Roanoke
VA-L	Chesapeake	Dan Clark & Lorrie Thomas (1/20)	757-343-1783 (D) 954-599-5178 (L) <u>Wingernut93@aol.com</u> <u>lorriethomas@aol.com</u>	4th Tue. 6:pm Zino's Café & Tavern 850 Old George Washington Hwy N, Chesapeake
VA-R	Harrisonburg	Gary Hoover <u>hoov@shentel.net</u> (01/18)	540-742-1751 Judy Russell tiggerly13@hotmail.com	1st Sun Location to be Announced
VA-V	Bedford	Jonathan Whitworth (04/17)	540-425-0028 OtterRideVAV@gmail.com	3rd Sun. 2:pm NO FOOD Bedford Church of God 1212 E Main St, Bedford
VA-X	Salem	Larry Stanton (01/15)	304-922-1401 <u>Larry250222@gmail.com</u>	1st Sat. 3:pm Riverside Evangelical Methodist Church, 1920 Lucas St, Salem

Zino's Café & Tavern

850 Old George Washington Hwy N, Chesapeake, VA 23323 (757) 485-1468 www.zinoscafe.com





Please come and join us!

Other local gatherings

- Chapter C-Hampton/Newport News: 2nd Sunday each month, 5pm. Angelo's Steak House at 755 J Clyde Morris Blvd in Newport News
- Chapter NC-E2-Elizabeth City, NC: 3rd Thursday each month, 7pm. The Villa at 846 Halstead Ave in Elizabeth City, NC

