

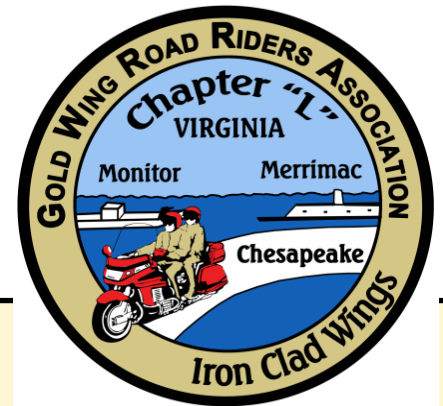
# The Iron Clad Wings



Gold Wing Road Riders Association  
 GWRR's Motto is...  
 Friends for Fun, Safety and Knowledge

**Chartered  
 15 April, 1995**

**BRONZE Level Chapter for 2017**



**We're More Than Gold Wings...**



**Chapter Directors: Dan Clark & Lorrie Thomas**  
 wingernut93@aol.com    lorriemthomas@aol.com  
 Dan's Cell 757-343-1783    Lorrie's Cell 954-599-5178

**Ride & Grow with VA-L**

**We meet the 4th Tuesday of each month (except December) at Zino's Café, 850 George Washington Hwy N, Chesapeake, VA 23323. Our meet, greet and eat—begins at 6pm, our gathering begins at 7pm. We invite you to come out and have fun with us**

**2021 Road Warrior Awards**



- January:
- February:
- March:
- April:
- May:
- June:
- July:
- August:
- September:
- October:
- November:
- December:



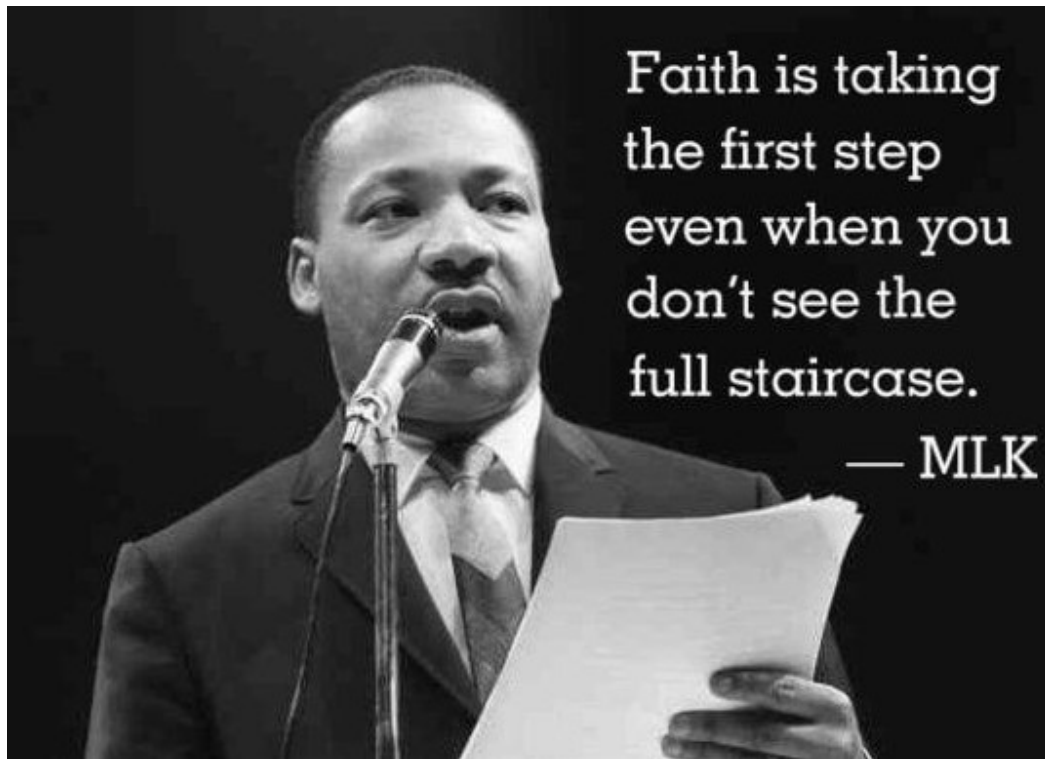
**IN THIS ISSUE**

- Chapter Team Articles
- District News
- National News
- Our Mission Statement
- Birthdays & Stuff
- Ride Calendar
- Event Flyers

**ALSO IN THIS ISSUE**

- Picking Up A Big Bike (by yourself)
- Wind Chill Effect
- In the Spotlight
- Word Search Fun
- Chapter L Funnies

# *The Iron Clad Wings*



# The Iron Clad Wings

**Dan Clark & Lorrie Thomas**

Chapter Directors

wingernut93@aol.com

Dan cell (757) 343-1783

Lorrie cell (954) 599-5178



## Chapter Directors



Greetings Chapter and Happy New Year. I hope everyone had a joyful holiday and got to visit with some family. We had a nice quiet Christmas with my daughter and son in law joining us for dinner along with their fur babies.

Unfortunately, we were not able to hold our annual Christmas party due to the Covid. I was looking forward to having the party and a new venue. Hopefully, we will be able to hold our party this year.

What is in store for the Chapter this year? By the time this is released we will have had a Ride Planning Zoom Meeting to get suggestions from the members as to what and where you want to ride this coming year. If you were unable to attend the zoom, please email any suggestions to me and we will attempt to incorporate them into the calendar.

Another issue is that the Chapter will need to put on a fund-raising event this year. We are tentatively looking at May 15<sup>th</sup> in conjunction with Motorcycle Safety/Motorcycle Awareness Month. The team has come up with some ideas as to what we want to do but we need teams to organize the events. We will have a Chapter organizational zoom meeting to discuss the event.

We are currently collecting socks for the Union Mission for the homeless. If you would like to donate, contact Lorrie or I and we can either meet you, you can drop them off to us or we can arrange to pick them up. We will be making the delivery the end of January.

We also look forward to resuming our Chapter Gatherings in the near future. We will continue to meet at Zino's Pizza on the 4<sup>th</sup> Tuesday. I will let you know when we will be heading back to the restaurant but until then we will have zoom gatherings.

We hope you are able to stay warm for the next couple of months and we look forward to seeing you soon. Until then, stay healthy, be safe, ride safe and keep the shiny side up.

Dan Clark & Lorrie Thomas

Chapter Directors, Va-L

# The Iron Clad Wings

Dan Clark

Ride Coordinator

[wingernut93@aol.com](mailto:wingernut93@aol.com)



## Ride Coordinator

Happy New Year and welcome to 2021. Hopefully, this year will be much better than last year. We were not able to ride as much as we are used to doing because of the Covid, but I'm sure we can make up for it this year.

On January 9<sup>th</sup>, we held a ride planning meeting and had 9 participants. We also sent out a survey and I received some responses from that prior to the zoom meeting. We came up with some great ideas and they will be incorporated into the ride calendar. I'm sorry if you missed the zoom planning meeting, it was a lot of fun and some great conversation.

Keep an eye out on the Ride Calendar. I will be adding rides in the future and if anyone has any suggestions, please contact me, I will always listen to them. Listed below is the current schedule for February.

**Feb 6** Ride to Valentine, Va Depart from Hardee's 8:30 am

**Feb 12 & 13** Ops meeting Charlottesville, Comfort Inn Friday 6-9 pm Sat 8 am to 4 pm

This is for Chapter Officers but open to all members to see what is happening with the other Chapters and within the organization. Please RSVP to Lorrie Thomas by January 31<sup>st</sup>.

**Feb 19** Chapter Dinner to Spaghetti Eddies on Taylor Rd in Chesapeake

**Feb 23** Chapter Gathering

**Feb 26 & 27** Wingless Weekend, Williamsburg. Make your reservations at the Doubletree Hotel, see the attached flyer in the newsletter.

Have a great day and we hope to see you soon.

Dan Clark

Ride Coordinator



# The Iron Clad Wings

## District

### One Step Forward and Two Steps Back

Well, maybe not two whole steps back. I am the type of person who tries really hard to put a positive spin on things. Even for us Pollyanna types, this has been a rough road to walk. I am so glad I have people in my GWRRA circle who continue to smile behind their masks and remind me how much we can still be grateful for right now.

There are plans being made.

The OPS meeting is scheduled for February 12-13 in Charlottesville and it is open to, not only, Chapter Team members, but all of you. We will feed your tummies and feed your brains. You will get a front row seat and input to what will be going on in 2021 for Virginia.

Also in February is Wingless Weekend, "Cruise Into 2021 Aboard the S. S. Wingless"! Trust me, this is going to be fun!! Creative minds at work. Get your reservations in for February 26-27.

Training events are going to be a part of our new year. We can do training at the Chapter level, combine a couple of local Chapters or regionally, doing bigger events in your area based on geographic location. Yes, we can do it safely with a controlled number of attendees and at a location that allows social distancing. Contact me with your Member's training needs. I will help you make the arrangements.

Need first aid? The GWRRA MFA Coordinator has worked out a safe method of doing that class without the contact usually required. Small classes can be planned, even just 2 attending. On bike courses can be done safely, too. It can be offered *range only* to those who have taken the full course prior. Note: We are looking to train members who wish to be Medic First Aid Instructors. Let me know if you're interested.

We have several positions on the District Team that need filling. They are District Ride Coordinator, District University Coordinator, District Educator. If you wish to know more about these positions, I can send you the job description and answer your questions.

So, virus or not, vaccine or not, we can still participate in what we enjoy and still be safe. We just have to be a bit more creative.

To all our Members and their families who have been directly or indirectly affected by Covid, wishing you strength, a quick recovery and patience. The end of this is near.



Lorrie Thomas & Dan Clark  
VA District Directors  
lorriethomas@aol.com  
wingernut93@aol.com  
LT: 954-599-5178 DC: 757-343-1783

**Virginia District Directors**

**Lorrie Thomas & Dan Clark**

# The Iron Clad Wings

## National



FOR MORE INFO ON BENEFITS, VISIT **GWRRA.ORG**

GOLD WING ROAD RIDERS ASSOCIATION

# TRIAL MEMBERSHIP

# 4<sup>Free</sup> Months



### You will receive:

- Rescue Motorcycle Towing of 35 miles
- 4 months subscription to *Wing World* magazine
- Opportunity to participate in Chapter Life

**Yes! I would like a 4 month free trial membership to GWRRA**

Name: \_\_\_\_\_ Corider: \_\_\_\_\_

Address: \_\_\_\_\_  
(Street Address)

City: \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone: (\_\_\_\_\_) - \_\_\_\_\_  
(Area Code)

Email: \_\_\_\_\_

Referred By: \_\_\_\_\_ Member Number: \_\_\_\_\_

Mail to GWRRA-PO Box 42450, Phoenix, AZ 85080-9942

## *The Iron Clad Wings*

### Our Mission Statement: RIDE & GROW

Respect all motorcycle riders and motorists

Inspire members to participate in the Levels Program.

Dedicated towards providing a family atmosphere so everyone has fun.

Educate our members about new innovations regarding riding, safety, and about GWRRA.

&

Give back to the community, resulting in a positive image of motorcyclists.

Relax, and enjoy the ride!

Offer assistance and encourage participation by all members.

Work with members by assisting them in achieving their goals.

So, what are we really saying...

We don't discriminate; all types of motorcycles are welcome. If your friends are looking for a group to ride with, that believes in and practices safety, we are that group. Respect drivers by being courteous with our lights and riding style.

We want all our members to participate in the Rider Education (Levels) program. The Levels Program allows members to advance from Level 1 (Committed to Safety) to Level 4 (Safety By Enhanced Commitment and Preparedness), also known as Master Tour Rider. As our members gain experience and miles, we inspire them to advance to the next level.

We are a family association; we are dedicated to providing a fun and friendly atmosphere to members and visitors of all ages. We strive to make every event fun.

Chapter L is dedicated to educating our members and visitors about motorcycling. We do this by having training provided by certified trainers that have graduated from Gold Wing University. We educate members about riding alone, with a co-rider, and in a group. We educate on riding as a team, pulling trailers, crash scene response, leadership, fun events, advances in motorcycling, and much more. Our trainers are evaluated by senior trainers to ensure they remain up-to-date regarding motorcycling.

Not all motorcyclists are the same; we strive to present a positive image to the public. We inform the public about what our association stands for; Friends, Fun, Safety, & Knowledge. We are a part of the community and want the community to be a part of us.

Have fun and enjoy riding with Chapter L. We want all of our riders to relax and enjoy the ride while being among friends that share your passion... riding.

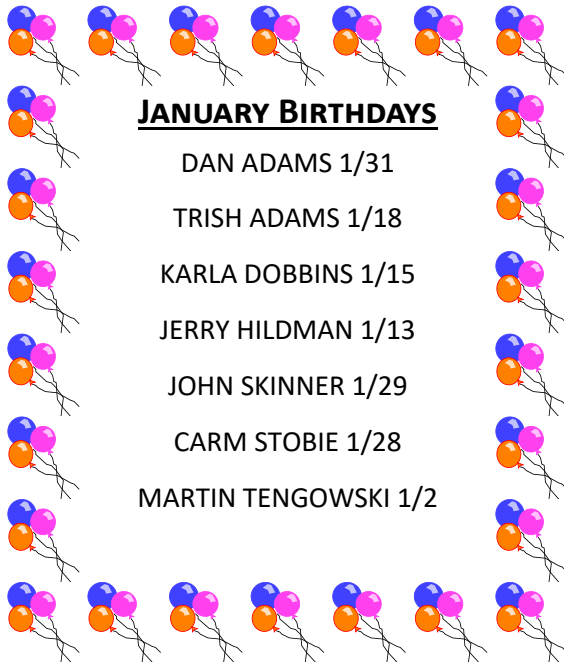
It takes everyone to make the Chapter successful. But what is the definition of **successful**? Successful means the Chapter is fun. Successful means the Chapter rides a multitude of routes with varying distances. Successful means people want the Chapter to thrive. Successful means people ask "what can I do to help..." Successful means our membership thrives. In other words, we cannot be successful without you. Participation from all members results in the Chapter being successful.

Have you achieved your goals you've set? Regardless whether your goals involve motorcycling or are professional, chances are, there is someone in the Chapter that wants to assist you in achieving your goals. Our goal is to assist you in achieving your goal.

### Our Motto: RIDE and GROW with VA-L

# The Iron Clad Wings

## Birthdays, Anniversaries, & Other Information



### JANUARY BIRTHDAYS

- DAN ADAMS 1/31
- TRISH ADAMS 1/18
- KARLA DOBBINS 1/15
- JERRY HILDMAN 1/13
- JOHN SKINNER 1/29
- CARM STOBIE 1/28
- MARTIN TENGOWSKI 1/2




### JANUARY ANNIVERSARIES:

NONE



### JANUARY GWRRA ANNIVERSARIES:

- TERRY & MADONNA ELLIOT 2 yrs
- JESSE & LEANN TENGOWSKI 10 yrs
- MARTIN TENGOWSKI 13 yrs
- RANDY & SHEILA WALTERS 22 yrs
- ERIK JORGENSEN 5 yrs
- DAN MEREDITH 4 yrs



“You must not lose faith in humanity. Humanity is like an ocean; if a few drops of the ocean are dirty, the ocean does not become dirty.”  
 – Mahatma Gandhi

### Helpful information for members

To get Chapter, District, and National patches for your vest, contact our Chapter Treasurer, Will Conrad.

For things you might typically pick up at a Rally, but don't want to wait until the next one comes around:

- **Chapter Shirts/Rider Ed patches:** See the Chapter Directors; Dan Clark & Lorrie Thomas
- **Name Tags:** [www.ThEngraver.com](http://www.ThEngraver.com) (take note of spelling—only 1 'e' at beginning)
- **Vests & sewing patches:**
  - Perfect Fit Alterations, 357 Johnstown Rd, Chesapeake. They also do vest embroidery
  - The Leather Arts Store at 415 N. Military Highway, Suite 13. Ask for the owner, Dennis
- **Embroidery & Name Tags:** Nancy Harbison Uniforms & Tailoring at 479 South Lynnhaven Road, Virginia Beach (463-3241)

**These are by no means the only place to get your desired items, just the ones that seem to be used the most by local chapters.**



# The Iron Clad Wings

## Gathering & Ride Calendar



Check out our website to see the latest updates to our calendar <https://gwrraval.org/>

Date	Chapter	Event
Jan 26	L	Chapter L Gathering's will be virtual until further notice. CD will send out details and Zoom invite to the Chapter.
Feb 6	L	Ride to Valentine Va, depart Hardee's, 864 George Washington Hwy N at 8:30am
Feb 12-13	VA	Virginia District Officer's Conference, Comfort Inn-Monticello, Charlottesville, VA
Feb 19	L	Chapter Monthly Dinner, Spaghetti Eddie's, 3325 Taylor Rd, Chesapeake, VA <a href="http://spaghettieddiespizzacafe.com">spaghettieddiespizzacafe.com</a>
Feb 23	L	Chapter L Gathering's will be virtual until further notice. CD will send out details and Zoom invite to the Chapter.
Feb 26-27	VA	Wingless Weekend—Doubletree Hotel, 50 Kingsmill Rd, Williamsburg, VA
Apr 29 - May 1	TN	Tennessee District Rally, "Spring Fling", Pigeon Forge

## *The Iron Clad Wings*

### *Officer's Conference*

***February 12-13, 2021***

Comfort Inn – Monticello

2097 Inn Drive, Charlottesville, VA 22911

434-977-3300 or <https://www.choicehotels.com/reservations/groups/VZ39W2>

**Friday, February 12 at 6:30 PM - 9:30 PM Social and Dinner**

**Saturday, February 13 at 8:00 AM – 4:00 PM Conference and Break-Out Sessions**

All Members are invited to attend, specifically Chapter and District Team Members, those who may be interested in taking a leadership position and/or those who would like to participate in the planning of the Virginia District's year.

Room rates: \$82.00, per night. Make your own reservations

Full, hot breakfast included for all guests with room reservation

Cancellation policy for rooms, 24-hour prior without penalty

Guests call and identify themselves with the **GWRRA – VA District Room Block**  
**Group Number VZ39W2.**

The District is covering the cost of the Friday night dinner and Saturday breakfast, if not available, Saturday lunch, so RSVP's are necessary. Please respond by January 31.

Name \_\_\_\_\_ Chapter \_\_\_\_\_ Position \_\_\_\_\_

Name \_\_\_\_\_ Chapter \_\_\_\_\_ Position \_\_\_\_\_

Yes, I/we are attending the Friday night Social and Saturday Conference

Yes, I/we are attending the Saturday Conference, only.

Send RSVP to:

Lorrie M. Thomas, District Director, [lorriemthomas@aol.com](mailto:lorriemthomas@aol.com) or to

5308 High Street West, Portsmouth, VA 23703 954-599-5178

## *The Iron Clad Wings*

Gold Wing Road Riders Association Presents



"Cruise"  
into 2021  
ABOARD THE  
S.S. WINGLESS

Hosted by the Virginia District  
Friday and Saturday, February 26 and 27

### Registration Friday 4 pm - 7 pm

- Social Time
- Muster Fun & Games
- Bon Voyage Ice Cream Social
- Love & Marriage Game Show
- 50/50 Drawing

### *Costume Contest Categories:*

- Tropical
- Tacky Tourist
- Best Coconut Bra

### Registration Saturday 8 am - noon

- Hospitality Room
- WINGO, Fun & Games
- Crafts
- Excursions
- Captain's Dinner (Wear your best tropical attire!)
- Costume Contest
- Casino Games
- DJ & Dancing
- "The Quest"
- 50/50 Drawing

Register online at [gwrra.square.site](http://gwrra.square.site) OR  
Download the Registration Form from [gwrravadistrict.com](http://gwrravadistrict.com) OR  
Use the form in the monthly VA District Newsletter.

Hope to "SEA" You in Williamsburg!

# The Iron Clad Wings

## Wingless Weekend – February 26 – 27, 2021

**DoubleTree by Hilton Hotel Williamsburg**  
 50 Kingsmill Road, Williamsburg, VA 23185 (757) 220-2500  
 Mention "Wingless Weekend" when making room reservations.  
 Rooms blocked until **February 15, 2021**; Room rate \$79

**Deadline for Pre-Registration is February 6, 2021**

(You **MUST** Pre-Register to be guaranteed the Saturday Night Captain's Dinner)

**No refunds after February 13, 2021 (Excepting Event Cancellation by Hotel Due to Government Ordered Restrictions)**



"Cruise"  
 into 2021  
 ABOARD THE  
 S.S. WINGLESS

**Featured Saturday (Optional) Excursions (Self-Driving)**

- ❖ Yankee Candle Village
- ❖ Williamsburg Premium Outlets
- ❖ Virginia Musical Museum (\$12 adm)
- ❖ 8 Shires Coloniale Distillery Tour & Tasting
- ❖ American Revolution Museum at Yorktown (\$16 adm)

**2 EASY Payment Options:**

**Secure Credit Card Payment**  
<https://gwrrava.square.site>

**OR**

**Personal Check Payable to:**  
 GWRRA Virginia District

Mail to:  
 Roman Paryz  
 331 Paine Street  
 Newport News, VA 23608

Rider \_\_\_\_\_ GWRRA # \_\_\_\_\_ Chapter \_\_\_\_\_

Rider or Co-Rider \_\_\_\_\_ GWRRA # \_\_\_\_\_

Pre-Registration – GWRRA Member (prior to Feb. 7, 2021)      \$ 40 x \_\_\_\_\_ = \$ \_\_\_\_\_

Pre-Registration – Non-GWRRA Member (prior to Feb. 7, 2021)      \$ 43 x \_\_\_\_\_ = \$ \_\_\_\_\_

Reg. Registration – GWRRA Member (after Feb. 6, 2021)      \$ 45 x \_\_\_\_\_ = \$ \_\_\_\_\_

Reg. Registration – Non-GWRRA Member (after Feb. 6, 2021)      \$ 48 x \_\_\_\_\_ = \$ \_\_\_\_\_

TOTAL: \$ \_\_\_\_\_

Email Address for Registration Confirmation: \_\_\_\_\_

I/We agree to hold harmless GWRRA, the Co-Sponsoring organizations and the property owners for loss or injury to self or property in which I/we may become involved by any reason of participation in the event.

Signature: \_\_\_\_\_ Date \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## The Iron Clad Wings

# HILLBILLY HOEDOWN

Tennessee District  
38th Annual  
Spring Fling



**WHEN**  
April 29, 30, May 1, 2021



**WHERE**  
**PIGEON FORGE** at the Evergreen Smoky Mountain Lodge & Convention Center located at 4010 Parkway, Pigeon Forge TN 37863. All activities will be at the Evergreen Smoky Mountain Lodge & Convention Center to include opening, inside vendors, outside vendors, hospitality room, chapter challenge games, training and much more. The Talent Show on Friday night and Closing on Saturday night will also be at the Evergreen Smoky Mountain Lodge & Convention Center. Call 865-453-1823 for room Reservations.



**REGISTRATION FORM &  
Schedule of Activities**  
Will soon be on our WEB SITE  
[www.gwrratn.org](http://www.gwrratn.org)

Daily 50/25/25  
awarded every day.  
Grand 50/50  
awarded at closing.

**Point of contact for more  
information.**  
**Dennis Peterson**  
**Tennessee District Director**  
**931-302-5283**  
**gwrratn.dd@gmail.com**

**GRAND PRIZE**  
**\$1000.00**  
**BABY GRAND PRIZE**  
**\$500.00**

## The Iron Clad Wings



June 29 – July 3, 2021 | Springfield Expo Center in Springfield, Missouri

<https://www.wing-ding.org/>

Wing Ding is the ultimate Honda Gold Wing & Touring Bike convention! Hosted by GWRRA at different locations across the United States every year, the rides to Wing Ding as well as unique atmospheres are unforgettable. Come join us for a motorcycle convention unlike any other, where you can enjoy the company of friends with live entertainment in a beautiful location, learn more about motorcycle safety, discover all the latest products for your bike, and even test drive a new one.



# *The Iron Clad Wings*

## **Picking Up A Big Bike by yourself**

Retrieved from msgroup.org

Motorcycle Tips & Techniques

By: James R. Davis

OK, so most motorcyclists go to a parking lot to practice riding skills, not to dump their bikes so they can have the pleasure of picking them up again. I guess Cash and I are not exactly 'normal' - we like to think of ourselves as 'odd ducks' - because a few weeks ago we did just that.

After Cash practiced driving the Wing by herself I had her dump it on its left side for me. Though she was not going to try to pick it up herself, since she had never dumped the Wing before I wanted her to learn how to do it without ending up under the thing.

She dumped it on grass covered firm ground and then I approached the bike and considered all I had heard about how to pick up 900 pounds of bike by myself. I weigh in at only about 160 lbs. and am only 5'8" high. Frankly, I wasn't at all sure I could do it and had studied the advice of others to try to avoid doing something that could hurt me.

Virtually everything I had read in the past on the subject argued that you are not to try to lift the bike with your arms or back - that you should use the largest muscles in your body instead - your legs. So that is exactly what I intended to do - and this practice event would be more learning than practice for me as I had never before tried to pick up a down Wing by myself.

Let me tell you that a dumped bike on grass is harder to pick up than one on the street for two reasons:

- The case guard and rear guard dig into the ground just a little, but that makes the lean angle of the down bike significantly more than it would be if it were lying on pavement.
- Getting good traction with your feet on grass can be iffy at best.

The significance of the fact that the bike rests lower when on ground versus pavement is that you are often unable to get a low enough purchase on it to bring it up without lifting. That is, the secret to 'picking up' a big bike by yourself is that you **PUSH it up rather than LIFT it up**, and if it is laying over at more than a 45 degree angle you will have to do some lifting!

The smaller the angle of lean (relative to vertical), the easier it is to make that angle still smaller. In other words, it is the first inch or so of movement that is the hardest. So, the very first thing you should do is try to get the lean angle to be as small as possible. If you are on an incline, for example, twist the bike until its tires are facing downhill. OK, so most motorcyclists go to a parking lot to practice riding skills, not to dump their bikes so they can have the pleasure of picking them up again. I guess Cash and I are not exactly 'normal' - we like to think of ourselves as 'odd ducks' - because a few weeks ago we did just that.

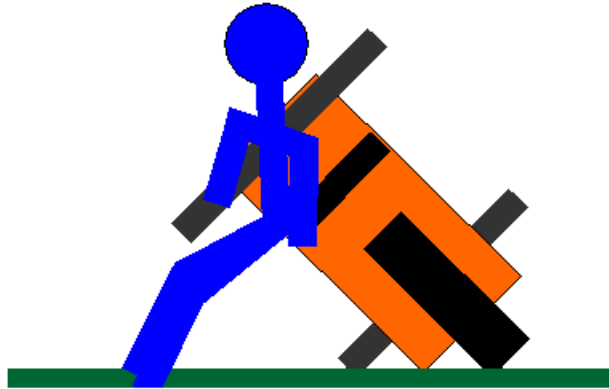
The next thing you do is to turn the front wheel as far as possible TOWARDS the ground. If possible, turn it to its stop and lock it in place. (I found that on the ground I could not get mine turned all the way - perhaps I am not strong enough, or the bike was leaned too far over.) You may have to jerk hard on the handlebar to get the wheel turned, but this is a very important step. Why? Because by turning the wheel towards the ground the frame of the motorcycle is lifted off the ground. This means you are reducing the lean angle before you even begin to try to pick up the machine.

**Continued on next page**

## *The Iron Clad Wings*

If the bike happens to be on its left side, you should check that the side stand is up, if possible. If it is on its right side, you **MUST** make sure the side stand is down (before you pick up the bike!.)

If possible, insure that the bike is in a low gear or, in the case of some GoldWings, in reverse, so that there is minimal chance of the bike rolling when you get it back on its wheels.



Next, you are going to plant your butt (not your hip) on the seat. So, face away from the motorcycle and lean against the seat such that the top half of your cheeks are above your contact with the seat and the bottom half are pressed solidly against the seat. Your feet should be spread no wider than your shoulder width and planted **FIRMLY** (you are wearing **RUBBER SOLED** boots, right?) on the ground away from the bike by about three feet. Your knees should be bent at about a 40 to 50 degree angle - anything more than that and you will probably not be able to straighten them. Indeed, though you want some bend, the less bend in your knees that you can manage, the easier this effort will be - what limits your choice is the length of your legs.

Now you need to grasp your motorcycle with your hands on both sides of your body. You need to hold onto firm structures, but because you should not be doing anything with your hands other than guiding and possibly a little lifting when you start, they can be parts of your fairing, a firmly mounted part of your backrest, a passenger handrail, under your seat, or handlebar. What you hold is not very important except that it is firmly attached (no give) and is conveniently located.

Now simply walk backwards as you **PUSH** against the seat. (I remind you that if the bike has a lean angle of 45 degrees or more you must also **LIFT** - be careful!)

As you approach vertical the vast majority of the bike's weight will be on the tires. Proceed slowly so as to prevent going too far and causing it to fall over on its other side. Once vertical, still facing away from the motorcycle, fish for the side stand with your left foot and bring it down. Then just let the bike lean over onto the stand.

If the bike had been on its right side when you started you already made sure that the side stand was down. So, in this case you simply ease the bike past vertical and let it come to rest on that side stand. Please note that if you are on an incline, my earlier instruction had you twist the bike such that the wheels face down slope. In this case you will need to be **VERY** careful about how fast you let the bike go past vertical or you may find yourself having to pick it up again from the other side! Indeed, it may be impossible for you to ease it past vertical without losing control of the bike again. (In this case I would try to change my body position so that it is facing the front of the bike (while it is vertical) and try to push the bike to a more level location - but **REMEMBER** that your side stand is down!)

**Continued on next page**



## *The Iron Clad Wings*

So now you know what I learned out there on the parking lot with Cash. I was successful in picking up my GoldWing by myself after she dumped it on its left side - but because of the very severe lean angle caused by the fact that the guards dug themselves partly into the dirt I had to do considerable lifting at the beginning. This left my upper thighs sore from the effort. Still, I had done it and the feeling of success was more important than the slight quivering of my thigh muscles.

I had Cash dump the bike again, this time on its right side. After insuring that the side stand was down and locked I successfully repeated the lift maneuver by myself. Again, my upper thighs were sore as a result. But let me tell you how happy I was to discover that I could actually pick up a dumped GoldWing by myself!! It was not easy, but nobody expected it to be - though it was easier than I expected it to be.

This is after all why we went out to the parking lot - to practice what we each felt was hard for us individually - so that whatever it was would become easier.

# The Iron Clad Wings

## Ever Wonder What The Wind Chill Temperature Is At Riding Speeds...

Submitted by: Karen Bottoni, VA-L

### MOTORCYCLE WIND CHILL CHART

Riding Speed (mph)	Air Temperature (°f)									
	15°	20°	25°	30°	35°	40°	45°	50°	55°	60°
25	-4°	3°	9°	16°	23°	29°	36°	43°	49°	56°
30	-5°	1°	8°	15°	22°	28°	35°	42°	49°	56°
35	-7°	0°	7°	14°	21°	28°	35°	41°	48°	55°
40	-8°	-1°	6°	13°	20°	27°	34°	41°	48°	55°
45	-9°	-2°	5°	12°	19°	26°	33°	40°	47°	54°
50	-10°	-3°	4°	12°	19°	26°	33°	40°	47°	54°
55	-11°	-3°	4°	11°	18°	25°	32°	40°	47°	54°
60	-11°	-4°	3°	10°	17°	25°	32°	39°	46°	54°
65	-12°	-5°	2°	10°	17°	24°	32°	39°	46°	53°
70	-13°	-6°	2°	9°	16°	24°	31°	38°	46°	53°
75	-13°	-6°	1°	9°	16°	23°	31°	38°	46°	53°
80	-14°	-7°	1°	8°	16°	23°	30°	38°	45°	53°
85	-15°	-7°	0°	8°	15°	23°	30°	38°	45°	52°



If you're like me, you have a hard time sitting on the sidelines waiting to ride your motorcycle when it's cold. Now, there is a limit of course, of where motorcycle riding becomes painful when it gets too cold and if your riding too fast. Print the above motorcycle wind chill chart and keep it handy. The chart will help you calculate the real air temp and the wind chill temps while riding. Hopefully this saves you from any frozen limbs while out on a ride! Always watch for ice and black ice when riding at super cold temps.

Motorcycle riding with low wind chills can obviously be dangerous if for long periods of time, so be smart, ride safe, and bundle up!



## *The Iron Clad Wings*

# In the Spotlight

### **Meet Debbie Mandigo, Chapter Secretary, VA-L**

I was born in Texas. My Dad was Army, so we moved a lot going to eleven schools before I graduated high school and four different colleges. We lived in South Korea when I was three where I became proficient in the language. My family lives in Roanoke and Norfolk except for my one Brother who lives in Arizona.

I developed Tourettes when I was eight. Activities like playing flute and piano, scouts, ballet, chorus, and tons of volunteer work helped the tics stay down. I competed against adults in piano at the National Federation of Music from ages 12-15.

Karen and I met in 1981 and started dating in 1985. She took me on my first motorcycle ride on her 750 Honda Magna. I'll never forget how afraid I was as my kids stood on the sidewalk laughing.

I've always loved animals and have owned everything from hamsters to horses. I raised guinea pigs and produced many varieties of tropical fish and salt water anemones. I've bred blue tongue Skinks for 12 years. We own a dog, Chinese water dragon, and several Skinks. They like Karen more than me and go to her when she's in the room.

I worked in law for 15 years, then went back to school and became a nationally certified interpreter. My career brought incredible opportunities. I met Nancy Reagan, Barack Obama, John Travolta, and all the astronauts that have been in space. My best job was being on stage with my favorite group, the Beach Boys. I've seen 28 babies born and did extensive medical and psychiatric interpreting. Royal Caribbean and Celebrity cruise lines hired me an interpreter for the deaf where I visited over 200 port stops.

We joined Chapter L in August 2016 and immediately found our new family. We've made wonderful memories through our rides, activities, and trips. I've been involved in committee work and last year became secretary for our chapter. Karen has made her own mark becoming an ITCP instructor, TRC instructor, newsletter editor, webmaster, and earning the infamous title of Gnome Napper. In years to come, looking back on our time with GWRRA Chapter L will be one of the greatest memories of my life.



# The Iron Clad Wings

## Word Search

Theme: *Winter*



BLIZZARD  
BOOTS  
CARROT  
CHRISTMAS  
COLD  
COSY  
CURLING  
DECEMBER  
FEBRUARY  
FIREPLACE  
FREEZING  
FROSTY  
GLOVES  
HEATER  
HOCKEY  
ICICLES  
ICY ROADS

JACKET  
JANUARY  
MITTENS  
OVERCAST  
PARKA  
SANDING  
SCARVES  
SHIVERING  
SHOVEL  
SIDEWALK  
SKATING  
SKIING  
SLEDDING  
SLEIGH  
SLIPPERY  
SNOWDRIFTS  
SNOWFLAKE

SNOWMAN  
SNOWMOBILE  
SNOWPLOW  
SNOWSTORM  
SNOWSUIT  
THERMALWEAR  
THERMOMETER  
TOBOGGAN  
TOP HAT  
TOQUE  
WARM SOCKS  
WARMTH  
WEATHER  
WHITEOUT  
WINDY  
WONDERLAND

You can find the words in the grid by looking Diagonal, Forward, Backward, Up, and Down.  
Circle them with a pencil or use a marker to highlight the letters. But most of all HAVE FUN!!!

ANSWERS: [Click here](#)

Puzzle Retrieved from [whenwewordsearch.com](https://whenwewordsearch.com)

All images retrieved from <https://images.search.yahoo.com/search/>



# The Iron Clad Wings

## Chapter-L Funnies



Was this the Goldwing prototype?

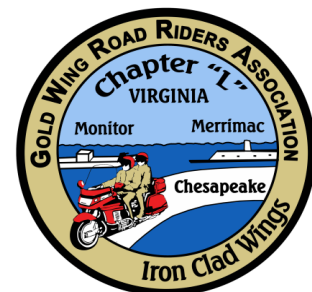
# The Iron Clad Wings

## Chapter Team Members

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CHAPTER HISTORIAN SCRAP BOOK	VACANT	
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<https://gwrraval.org/>



# The Iron Clad Wings

## Virginia District Team

POSITION	NAME	PHONE	E-MAIL
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District Educator	Vacant		
Asst. District Educator	Bob Beltz	757-869-8277	beltzb@cox.net
Asst. District Educator	Gordon Combs	540-840-0394	gorcom@msn.com
District University Coordinator	Vacant		
CPR/MFA Coordinator	Vacant		
District Membership Enhancement	Dave & Randi Green	757-870-7282	davenrand@cox.net
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<https://www.gwrravistrict.com/>

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# The Iron Clad Wings

## Virginia Chapters

Chapter	Area / Location	Chapter Director	Phone Number & Email	Monthly Gatherings
VA-A	Burke	Mary O'Connor (11/09)	703-635-6775 <a href="mailto:maryoc4429@aim.com">maryoc4429@aim.com</a>	<b>2nd Wed. 7:30 pm</b>  The Ponds Community Center, 9837 Burke Pond Lane, Burke, VA. 22015
VA-C	Hampton/Newport News,	John & Lynn Floyd (01/21)	757-838-0607 <a href="mailto:crayonjohnfloyd@gmail.com">crayonjohnfloyd@gmail.com</a> <a href="mailto:myluckymnm@yahoo.com">myluckymnm@yahoo.com</a>	<b>2nd Sun. 4:pm</b>  Angelo's Steak House 755 J. Clyde Morris Blvd, Newport News
VA-D	Richmond	Fritz Sassine & Iris Guillet (01/18)	804-938-9183 <a href="mailto:fritz.sassine@gmail.com">fritz.sassine@gmail.com</a>	<b>4th Wed. 6:pm</b>  Candelas Pizzeria & Ristorante Italiano, 14235 Midlthoian Tnpk., Richmond
VA-E	Fredericksburg	Claude Revely (01/19)	540-207-7646 <a href="mailto:Knightwing263507@gmail.com">Knightwing263507@gmail.com</a> <a href="http://www.battlefieldwings.com">www.battlefieldwings.com</a>	<b>3rd Wed. 6:pm</b>  Great American Buffet. 1780 Carl D Silver Pkwy, Fredericksburg Central Park Shopping Center, exit 130 off I95
VA-F	Winchester	Stephanie Davis (08/14)	540-664-6430  <a href="mailto:davis.stephanie80@yahoo.com">davis.stephanie80@yahoo.com</a>	<b>4th Sun. 8:am</b>  Golden Corral, 120 Costello Dr., Winchester
VA-H	Abingdon	Paul & Dorothy Baker (11/01)	276-628-6047  <a href="mailto:09nellie@comcast.net">09nellie@comcast.net</a>	<b>2nd Tue. 7:pm</b>  Abingdon Moose Lodge US19, Porterfield Hwy, Abingdon
VA-I	Manassas	David & Robin Hotaling (1/20)	646-406-1200  <a href="mailto:Rah889195@yahoo.com">Rah889195@yahoo.com</a> <a href="mailto:davidsgoldwing02@gmail.com">davidsgoldwing02@gmail.com</a>	<b>2nd Sun. 9:am</b>  Great American Buffet 8365 Sudley Rd, Manassas
VA-K	Roanoke	Jim Dailey & Susan Stuppiello (6/19)	540-230-0511  <a href="mailto:DaileyENT@yahoo.com">DaileyENT@yahoo.com</a> <a href="mailto:susantuppiello@gmail.com">susantuppiello@gmail.com</a>	<b>2nd Mon. 6:pm</b>  Great 611 Steak Co., 3830 Franklin Rd., Roanoke
VA-L	Chesapeake	Dan Clark & Lorrie Thomas (1/20)	757-343-1783 (D) 954-599-5178 (L)  <a href="mailto:Wingernut93@aol.com">Wingernut93@aol.com</a> <a href="mailto:lorriethomas@aol.com">lorriethomas@aol.com</a>	<b>4th Tue. 6:pm</b>  Zino's Café & Tavern 850 Old George Washington Hwy N, Chesapeake
VA-R	Harrisonburg	Gary Hoover <a href="mailto:hoov@shentel.net">hoov@shentel.net</a> (01/18)	540-742-1751 Judy Russell <a href="mailto:tiggerly13@hotmail.com">tiggerly13@hotmail.com</a>	<b>1st Sun</b>  Location to be Announced
VA-V	Bedford	Jonathan Whitworth (04/17)	540-425-0028  <a href="mailto:OtterRideVAV@gmail.com">OtterRideVAV@gmail.com</a>	<b>3rd Sun. 2:pm NO FOOD</b>  Bedford Church of God 1212 E Main St, Bedford
VA-X	Salem	Larry Stanton (01/15)	304-922-1401  <a href="mailto:Larry250222@gmail.com">Larry250222@gmail.com</a>	<b>1st Sat. 3:pm</b>  Riverside Evangelical Methodist Church, 1920 Lucas St, Salem



## The Iron Clad Wings

### Zino's Café & Tavern

850 Old George Washington Hwy N,  
Chesapeake, VA 23323

(757) 485-1468

[www.zinoscafe.com](http://www.zinoscafe.com)

Please come and join us!



### Other local gatherings

- **Chapter C-Hampton/Newport News:** 2nd Sunday each month, 5pm. Angelo's Steak House at 755 J Clyde Morris Blvd in Newport News
- **Chapter NC-E2-Elizabeth City, NC:** 3rd Thursday each month, 7pm. The Villa at 846 Halstead Ave in Elizabeth City, NC

