

The Iron Clad Wings



Gold Wing Road Riders Association
 GWRR's Motto is...
 Friends for Fun, Safety and Knowledge

**Chartered
 15 April, 1995**

BRONZE Level Chapter for 2017



We're More Than Gold Wings...



Chapter Directors: Dan Clark & Lorrie Thomas
 wingernut93@aol.com lorriemthomas@aol.com
 Dan's Cell 757-343-1783 Lorrie's Cell 954-599-5178

Ride & Grow with VA-L

We meet the 4th Tuesday of each month (except December) at Pop's Diner, 1432 Greenbrier Parkway, Chesapeake, VA 23320 Our meet, greet and eat—begins at 6pm, our gathering begins at 7pm. We invite you to come out and have fun with us

2020 Road Warrior Awards



January: Will Conrad
 February: Steven Morgan
 March: **No Gathering**
 April: **No Gathering**
 May: **No Gathering**
 June: Sherry Morgan
 July:
 August:
 September:
 October:
 November:
 December:



IN THIS ISSUE

- Chapter Team Articles
- District News
- National News
- Our Mission Statement
- Birthdays & Stuff
- Ride Calendar
- Event Flyers

ALSO IN THIS ISSUE

- Deep Pockets & Hired Guns
- When The Heat Is On...
- In The Spotlight
- Chapter L Funnies

The Iron Clad Wings

The History of the 4th of July



Military.com

On July 4, 1776, the 13 colonies claimed their independence from England, an event which eventually led to the formation of the United States. Each year on the fourth of July, also known as Independence Day, Americans celebrate this historic event.

Conflict between the colonies and England was already a year old when the colonies convened a Continental Congress in Philadelphia in the summer of 1776. In a June 7 session in the Pennsylvania State House (later Independence Hall), Richard Henry Lee of Virginia presented a resolution with the famous words: "Resolved: That these United Colonies are, and of right ought to be, free and independent States, that they are absolved from all allegiance to the British Crown, and that all political connection between them and the State of Great Britain is, and ought to be, totally dissolved."

Lee's words were the impetus for the drafting of a formal Declaration of Independence, although the resolution was not followed up on immediately. On June 11, consideration of the resolution was postponed by a vote of seven colonies to five, with New York abstaining. However, a Committee of Five was appointed to draft a statement presenting to the world the colonies' case for independence.

Members of the Committee included John Adams of Massachusetts; Roger Sherman of Connecticut; Benjamin Franklin of Pennsylvania; Robert R. Livingston of New York; and Thomas Jefferson of Virginia. The task of drafting the actual document fell on Jefferson.

On July 1, 1776, the Continental Congress reconvened, and on the following day, the Lee Resolution for independence was adopted by 12 of the 13 colonies, New York not voting.

The process of revision continued through all of July 3 and into the late afternoon of July 4, when the Declaration was officially adopted. Of the 13 colonies, nine voted in favor of the Declaration, two -- Pennsylvania and South Carolina -- voted No, Delaware was undecided and New York abstained.

John Hancock, President of the Continental Congress, signed the Declaration of Independence. It is said that John Hancock's signed his name "with a great flourish" so England's "King George can read that without spectacles!"

Today, the original copy of the Declaration is housed in the National Archives in Washington, D.C., and July 4 has been designated a national holiday to commemorate the day the United States laid down its claim to be a free and independent nation.

<https://www.military.com/july-4th/history-of-independence-day.html>

The Iron Clad Wings

Dan Clark & Lorrie Thomas

Chapter Directors

wingernut93@aol.com

Dan cell (757) 343-1783

Lorrie cell (954) 599-5178



Chapter Directors



Greetings Chapter,

Are we ready to have fun yet? What have we been doing? The Ride Calendar has been filling up quickly with a variety of rides. We have Ice Cream rides to a different destination every other week. How about a long weekend ride? I am in the planning stages for a ride to Mt Airy, N.C. the last weekend in September for Mayberry Days. More to follow on that, I will discuss it at the Gathering.

We have two major events scheduled for the year with the All Chapter Picnic the 19th of September in Green Bay, Va., and Rally in the Valley in Lynchburg the end of October. If you are planning on attending either of these events and are camping or staying at the hotel, you should be making your reservations. With many of the other Districts cancelling their Rallies, ours is late enough in the Fall that people are starting to send in their registrations and reserving rooms. See the attached flyers for the events and get those reservations in the mail. The District needs 100 reservations for the Rally by August 1, 2020 for planning purposes. If there are not 100 reservations by then, it may have to be canceled.

At our last Gathering we had a total of 36 people attend with 7 visitors. Pop's Diner, as I have mentioned, is now closed for evening service but opened exclusively for our group. Thanks to everyone that attended, we exceeded the numbers needed for us to continue having our Gatherings at their location. We must continue this trend with a minimum of 25 to 30 people attending and eating. Thank you again for the support to the Chapter and to Pop's.

I hope to see many of you at the next Gathering which will be held at Pop's on the 28th of July. As I said earlier, the rides are filling up, so come out and enjoy a ride or two and join in the fun seeing your Chapter family. Until we meet again, be safe, stay healthy, ride safe and keep the shiny side up.

Dan Clark

Chapter Director, Va-L

The Iron Clad Wings

Dennis & Phyliss Easton

Membership Enhancement Coordinators

eastondm@cox.net



Membership Enhancement



Hello Chapter L Members,

It was great to see everybody who came to the last Chapter Gathering on June 23rd. We had almost a full house of 36 Chapter members and 7 visitors in attendance.

With the state reopening in phases, we are looking forward to finding locations we can hold Motorist Awareness, Recruiting events. When we do find a location and a date, we will get the information out quickly as we will need your participation to make this type of event a success. If you know of any locations we can set up a tent, surrounded by a couple Wings and about 4-5 people to pass out brochures and information about GWRRA, please let us know.

I hope everybody enjoyed the very physical game of trivia at the last Chapter event. We look forward to many more games at future events and gatherings.

Remember we have the All Chapter Picnic coming soon on September 19, 2020 at Twin Lakes State Park in Green Bay, VA. This is a District sponsored event with zero cost to attend, \$5 for parking. Come out and support your Chapter Couples and District. We are asking each Chapter to bring two Desserts for auction and several others to share as desserts.

Until we can gather again, please continue to be safe and let us know if we can be of any assistance.

Thank You,

Dennis & Phyliss Easton
 GWRRA VA-L
 Chapter Membership Enhancement Coordinators
 Chapter Couple of The Year 2019
 VA District Couple of the Year 2019-2020
eastondm@cox.net
 757-636-1023 (Phyliss Cell)
 June 2020

The Iron Clad Wings

Dan Clark

Ride Coordinator

wingernut93@aol.com



Ride Coordinator

Greetings Riders,

I hope this finds everyone being safe, healthy and ready to do some riding. The Ride Calendar is being filled up with rides and events for your pleasure. I had asked in the past for some ideas from Members and I am incorporating them into the calendar.

We have also started ice cream rides every other Thursday night. Although the attendance has been low, we have still had fun. We have attended Cone Slingers in Carrollton and Doumar's in Norfolk. We will be going to Smithfield Ice Cream Parlor, Ben & Jerry's in Yorktown, Uncle Rick's in Portsmouth, and Stone Cold Creamery in Suffolk all in the near future. If anyone knows of any other places, please let me know and I will get them on the calendar.

I am currently working on an overnight trip to North Carolina to Mt. Airy for their annual celebration of Mayberry days. By the time that we have our next Gathering, I will have much more information and will pass this at the Gathering. If anyone is interested in attending, please let me know and I will pass the information on to you.

Have you made your reservations for the annual Chapter camping trip? The destination this year is the KOA Campground in Lynchburg. They have many cabins available which I understand are going fast, so get those calls made if you care to attend.

I look forward to seeing you all at the next Gathering and at the planned events and rides. Till then be safe, stay healthy, ride safe and keep the shiny side up.

Dan Clark

Chapter Director, Va-L

The Iron Clad Wings

District

I've been thinking....

When was the last time you sat down for a conversation with someone and they started out by saying...'I've been thinking.' I heard it from a boss several times and it resulted in promotions, twice, and even a termination, once. The Director of GWRRA University says it laughingly because it usually means she has a project for me. I find that it has become a frequent habit of mine in the past few months.



Lorrie Thomas & Dan Clark
VA District Directors
lorriemthomas@aol.com
wingernut93@aol.com
LT: 954-599-5178 DC: 757-343-1783

I am fortunate to have a great sounding board; Members, people on the District and Chapter Teams and from Team GWRRA. I've been thinking a lot about how the virus might change the face of GWRRA. I wonder if people will come back. I ask others whether we should keep things as they were for the comfort it might bring upon returning or shake it up using the down time to reinvent, refigure and rejuvenate. The consensus is that we will be shaking things up a bit!

How does this relate to the Rally in the Valley? The Team agreed that we will not do Chapter or Couple's baskets this year. We are trying a new way for Chapters to raise some funds. Table decorating is out. Multiple raffles from each Program is out. 50/50 is definitely still in! The bike show was out and now there seems to be interest. If it is done, we will look to be more inclusive and fairer, yet reduce the number of categories. We added a Flea Market!

There are still some 'usual' activities we need to shake up. Do we have a poker run? What should we do for entertainment? Do we prepare guided tours of the city's points of interest or just supply you with a list of cool things to do in Lynchburg or both? Mascot contest? Banner contest? Best Dressed contest? Bake Off? Now is the time for you, the Members, to tell us what you think.

In the past, we have asked Chapters to share in the responsibilities. Chapters have sponsored the Hospitality room or set up and monitored the Bike Show. We've had Chapters help with set-up and break-down. We will need help organizing the Carnival room. Are you a past Chapter Couple who would like to assist us in putting on the Couple's Reunion, select goodies for their gift bags and help choose the food?

The District is the host and that includes all the Chapter Teams. The District Team certainly isn't looking to monopolize all your time. You should be free to enjoy the Rally, too! Most importantly, we are asking for help, not looking to burden Chapters with the expenses of these responsibilities.

So, I've been thinking that it is time to move forward in organizing the Rally. You with me?? Reach out at: lorriemthomas@aol.com or 954-599-5178.

Virginia District Directors

Lorrie Thomas & Dan Clark

The Iron Clad Wings

National



July classes are listed below and you can find the times and the registration form on the University website: www.gwrradot.com.

All classes are **CENTRAL TIME!**



July 14 | 3:00 pm & 6:00 pm

Co-Rider Seminar 101-102

Information and tips for the co-rider. This seminar is part of the Levels program. This class will be entered into the Rider Ed database when completed.



July 15 | 3:00 pm & 6:00 pm

GWRRA Module 101-02 Riding in the Heat

All about riding in the heat; what to carry, how to dress and how to respond to heat related emergencies.



July 21 | 3:00 pm & 6:00 pm

GWRRA Module 204-02 Planning a Chapter Event

A better understanding of the steps involved in putting together a successful event.



July 22 | 3:00 pm & 6:00 pm

GWRRA Module 103-04 Team Riding

To educate & inform Members about the benefits of team riding.



July 27 | 3:00 pm & 6:00 pm

GWRRA Module 202-04 Retention is Important

How to retain Members. To understand that retention is strategy rather than an outcome.



July 28 | 3:00 pm & 6:00 pm

GWRRA Module 103-02 Riding in the Rain

A better understanding of how rain affects riders and the motorcycle.

- Preregister on-line on the University website: gwrradot.com by clicking on the scrolling notice and filling out the form.
- Once registered, you will receive an email confirming your registration.
- Classes will be offered at **3:00pm** and **6:00pm Central Time**. Class sizes will be limited.
- A U.3 class roster will be completed and submitted for entry into the database.

You must participate by computer or phone with a camera and microphone. No dial in calls.

All Members are encouraged and welcome to attend. The University TEAM is ready and waiting for you to sign-up. Let's have some fun!!!

Updated class lists for training on-line classes and times will be posted on our website, University facebook page and the University GroupWorks site.

Any questions, please contact:

Clara Boldt
Director of the University
toledotraker@gmail.com

The Iron Clad Wings

Our Mission Statement: RIDE & GROW

Respect all motorcycle riders and motorists

Inspire members to participate in the Levels Program.

Dedicated towards providing a family atmosphere so everyone has fun.

Educate our members about new innovations regarding riding, safety, and about GWRRA.

&

Give back to the community, resulting in a positive image of motorcyclists.

Relax, and enjoy the ride!

Offer assistance and encourage participation by all members.

Work with members by assisting them in achieving their goals.

So, what are we really saying...

We don't discriminate; all types of motorcycles are welcome. If your friends are looking for a group to ride with, that believes in and practices safety, we are that group. Respect drivers by being courteous with our lights and riding style.

We want all our members to participate in the Rider Education (Levels) program. The Levels Program allows members to advance from Level 1 (Committed to Safety) to Level 4 (Safety By Enhanced Commitment and Preparedness), also known as Master Tour Rider. As our members gain experience and miles, we inspire them to advance to the next level.

We are a family association; we are dedicated to providing a fun and friendly atmosphere to members and visitors of all ages. We strive to make every event fun.

Chapter L is dedicated to educating our members and visitors about motorcycling. We do this by having training provided by certified trainers that have graduated from Gold Wing University. We educate members about riding alone, with a co-rider, and in a group. We educate on riding as a team, pulling trailers, crash scene response, leadership, fun events, advances in motorcycling, and much more. Our trainers are evaluated by senior trainers to ensure they remain up-to-date regarding motorcycling.

Not all motorcyclists are the same; we strive to present a positive image to the public. We inform the public about what our association stands for; Friends, Fun, Safety, & Knowledge. We are a part of the community and want the community to be a part of us.

Have fun and enjoy riding with Chapter L. We want all of our riders to relax and enjoy the ride while being among friends that share your passion... riding.

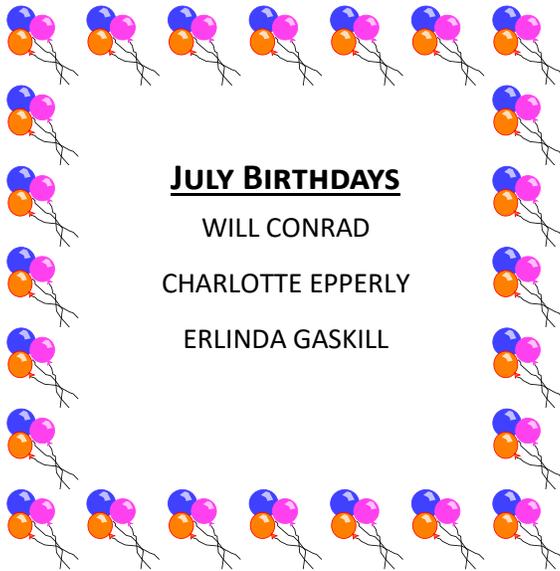
It takes everyone to make the Chapter successful. But what is the definition of **successful**? Successful means the Chapter is fun. Successful means the Chapter rides a multitude of routes with varying distances. Successful means people want the Chapter to thrive. Successful means people ask "what can I do to help..." Successful means our membership thrives. In other words, we cannot be successful without you. Participation from all members results in the Chapter being successful.

Have you achieved your goals you've set? Regardless whether your goals involve motorcycling or are professional, chances are, there is someone in the Chapter that wants to assist you in achieving your goals. Our goal is to assist you in achieving your goal.

Our Motto: RIDE and GROW with VA-L

The Iron Clad Wings

Birthdays, Anniversaries, & Other Information



JULY BIRTHDAYS

WILL CONRAD
 CHARLOTTE EPPERLY
 ERLINDA GASKILL



JULY ANNIVERSARIES:

DAN & TRISH ADAMS
 ZACH & ANGIE BON
 RUSS & RACHEL ELEY
 TERRY & MADONNA ELLIOTT
 HAROLD (BUC) & ERLINDA GASKILL
 WES ORVIS
 JEFF & CARM STOBIE
 AL & KARLA DOBBINS



JULY GWRRA ANNIVERSARIES:

KAREN BOTTONI & DEBBIE MANDIGO
 RUSS & RACHEL ELEY
 DON MCALLISTER
 JOHN & KATHY SKINNER

Helpful information for members

To get Chapter, District, and National patches for your vest, contact our Chapter Treasurer, Will Conrad.

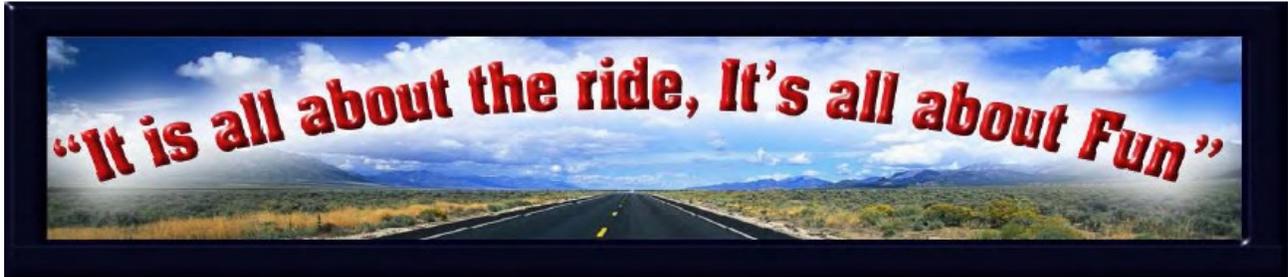
For things you might typically pick up at a Rally, but don't want to wait until the next one comes around:

- **Chapter Shirts/Rider Ed patches:** See the Chapter Directors; Dan Clark & Lorrie Thomas
- **Name Tags:** www.ThEngraver.com (take note of spelling—only 1 'e' at beginning)
- **Vests & sewing patches:**
 - Perfect Fit Alterations, 357 Johnstown Rd, Chesapeake. They also do vest embroidery
 - The Leather Arts Store at 415 N. Military Highway, Suite 13. Ask for the owner, Dennis
- **Embroidery & Name Tags:** Nancy Harbison Uniforms & Tailoring at 479 South Lynnhaven Road, Virginia Beach (463-3241)

These are by no means the only place to get your desired items, just the ones that seem to be used the most by local chapters.

The Iron Clad Wings

Gathering & Ride Calendar



Check out our website to see the latest updates to our calendar <https://gwrraval.org/>

Date	Chapter	Event
Jul 11 CANCELED	L	Mitchie's Tavern Lunch Ride. Depart from Hardee's located at 864 George Washington Hwy at 8:00 am and should arrive about noon for lunch.
Jul 16	L	Ice Cream ride to Smithfield Ice Cream Parlor. Depart from Hardee's at 864 George Washington Hwy at 6:00 pm and should arrive by 6:45.
Jul 25	L	Lunch ride to Wharf Hill Brewery in Smithfield. Depart from Hardee's at 864 George Washington Hwy at 10:30 am and should arrive about 11:15.
Jul 28	L	Chapter L Gathering, Pop's Diner, 1432 Greenbrier Parkway, Chesapeake, VA. Eat at 6pm Meet 7pm
Jul 30 - 2 Aug	L	Chapter Camping/Glamping, KOA in Lynchburg, VA
Sep 12	C	Fall Sprawl, 485 Simmons Ln, White Stone, VA
Sep 19	Virginia	Virginia All Chapters Picnic—Twin Lakes State Park, Green Bay, VA
Sep 24-26 CANCELED	North Carolina	North Carolina District Rally—Wings Over the Smokies, Haywood County Fairgrounds, 758 Crabtree Rd, Waynesville, NC
Oct 29-31	Virginia	Virginia District Rally—"Rally in the Valley": Lynchburg Grand Hotel, 601 Main St, Lynchburg

The Iron Clad Wings



Fall Sprawl

September 12, 2020
485 Simmons Lane
White Stone, VA



**Cost: \$18 Per Person - Pre-Registered
\$23 - After August 29th**

Current Chapter Couples Free

Registration - 9am to 12pm
Lunch around 1pm
Awards after lunch

Saturday **STEAK** lunch!
Steak - Baked Potato - Salad - Drink - Dessert
Bring your own plate, knife & fork

Spend the entire weekend starting on Friday if you like (no additional cost)

- Friday Night Weenie Roast (or bring your own brats)
- Saturday Night Pot Luck
- Saturday "Entertainment"
- Sunday Morning Brunch



Chapter C Fun

Crusty Derby
Race on Saturday!

Chapter Challenge



Register by August 29th to be guaranteed a steak and be entered into the \$50 pre-registration drawing.

Pre-Registration Deadline - August 29th

Cost:
\$18 per person pre-registered, \$23 after August 29th
(Current Chapter Couples Free)

Attending _____ x \$18 = \$ _____

Attending _____ x \$23 = \$ _____

What day are you arriving? _____ Fri _____ Sat
If camping, please check what type:

_____ Tent/Pop Up _____ RV _____ 5th Wheel

How do you want your steaks cooked? Indicate the number of steaks:

_____ Rare _____ Med Rare _____ Med
_____ Med Wel _____ Well Done _____ Raw (uncooked)

Please make check payable to **GWRRRA VAC**
GWRRRA VAC and mail to: **PO Box 1266**
Yorktown, VA 23692

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Organization: _____ Chapter: _____

I/we agree to confirm & comply with the rules governing this event, and I/we further agree to hold harmless GWRRRA VAC or any property owner for any loss or injury to self or property in which I/we may become involved by reason or participation in this event. Everyone attending must sign.

Signature: _____

Signature: _____

The Iron Clad Wings



ALL CHAPTERS PICNIC

SEPTEMBER 19, 2020

We will celebrate each other and especially our Couples of the Year, past and present.

Back by popular demand

\$5 to Park

\$0 to Party

11am to 3pm



Deserts To Share



Chapter Challenge Games

Fully Catered Lunch
Menu will be posted later



Location



Twin Lakes State Park is near Farmville, about an hour southwest of Richmond.

To get there, take U.S. 360 West of Burkeville to Route 613 (Indian Springs Rd.). Then go east on Route 629 (Twin Lakes Rd.).

Its address is 788 Twin Lakes Rd., Green Bay, VA 23942-2525.

Latitude, 37.174829, Longitude, -78.273242.

<https://www.dcr.virginia.gov/state-parks/twin-lakes>

In the heart of central Virginia, this 548-acre, historic park offers many cultural, environmental and recreational activities. Overnight accommodations include a 33-site campground and 11 climate-controlled cabins. Visitors enjoy swimming, fishing, hiking, boating and lakeside picnicking.

RV—Tent—Cabins for Rent—Those that can, bring chairs—Pavilion has seating for 65

The Iron Clad Wings



Lynchburg Grand Hotel
601 Main Street, Lynchburg Virginia 24504

Come join us for a new and unique experience in beautiful Lynchburg. Lynchburg is rich in history and waiting to be explored. The traditions remain in the offerings of On-Bike and other classes, reconnecting with friends, guided rides, games, entertainment and more.

Virginia promises to bring you back in time to the fun of an Old-Fashioned Fall Carnival!

Room rate includes breakfast.

Reserve by September 29, 2020. After that date, reservations will be taken on a space available basis. Price remains the same, \$110.00 per night. Call hotel reservations at **434-528-2500** and ask for the special "GOLD WING ROAD RIDERS"

Pre-purchase your Saturday night 50/50 tickets!

Drawing held Saturday during closing ceremonies. **Must be present to win.**

25 tickets for \$10 = \$ _____ OR 60 tickets for \$20 = \$ _____ OR 100 tickets for \$30 _____

2020 RALLY IN THE VALLEY SHIRTS:

Choice of shirt style; all shirts will be white with 2020 Rally in the Valley logo.

SHORT SLEEVE T-SHIRT: (#) (size) Amount
S, M, L, XL, 2XL -- \$14 / 3XL -- 4XL -- \$17

LONG SLEEVED T-SHIRT: (#) (size) Amount
S, M, L, XL, 2XL -- \$16 / 3XL & 4XL -- \$19

SHORT SLEEVE GOLF SHIRT: (#) (size) Amount
S, M, L, XL, 2XL -- \$20 / 3XL & 4XL -- \$23

There is no guarantee that all shirt sizes will be available on site



**Come join us at
The Lynchburg Grand Hotel
for the 32nd Annual
Rally in the Valley!**

- ◊ Pizza Party Thursday Night
- ◊ COY Reception Friday afternoon
- ◊ Door Prizes
- ◊ Modules/Seminars
- ◊ Bike Show
- ◊ On-Bike Courses
- ◊ Hospitality Room
- ◊ 2021-2022 Virginia District Couple of the Year Selection on Saturday
- ◊ Poker Run
- ◊ History Tours of Lynchburg
- ◊ Saturday 50 / 50
- ◊ Ice Cream Social Friday night



The ARC (Advanced Rider Course) classroom portion will be THURSDAY at 2pm, the range portion will FRIDAY morning at 9am. The TRC (Trike Rider Course) classroom portion will be Friday at 1pm, the range portion will Saturday morning at 9am. Cost for either course is \$50 (Co-Riders are free). Full riding gear, CURRENT Motorcycle license, proof of Insurance & Registration are required to take either class. **MAXIMUM OF TWELVE PER CLASS**
NO REFUNDS UNLESS CLASS IS CANCELED BY INSTRUCTOR

Master's Breakfast

Be recognized for your achievements at the Master's Breakfast on Saturday morning, October 31. \$12 per person. Must be pre-registered. There will be a guest speaker, gifts and door prizes.

CPR/MFA Class

We will be offering a CPR/Medic First-Aid class at RITV on Friday, October 30, 2020. The course will begin PROMPTLY at 8:00am. The cost for the course is \$30 per person. Maximum of 12 for the class and must be pre-registered.



Rider: _____ Full Name _____ District/Chapter _____ Position _____ Member # _____
Co-Rider: _____ Full Name _____ District/Chapter _____ Position _____ Member # _____
Address: _____ Street _____ City _____ State _____ Zip _____
Phone: _____ E-Mail: _____

Are you a current or former COY? _____ Is this your first time at Rally in the Valley? _____

Arriving on: Wed Thu Fri Sat

Registration Prices	Received Before	Member	Non-Member
Early Bird	7/15/20	\$25	\$30
Pre-Registration	9/15/20	\$30	\$35
Regular / On Site		\$35	\$40
Day Passes/On Site		\$20	\$25

Children 6 to 12 are \$10 each; Children 5 & under are free

Adult Member \$ _____ x _____ = _____
Adult Non-Member \$ _____ x _____ = _____
Children 6 to 12 \$10 x _____ = _____
Total (See above pricing schedule) _____
• Refunds incur a \$5 cancellation fee
• No refunds after October 1, 2020

Please make checks payable to:
GWRRA Virginia District
Mail registration with payment to:
GWRRA Virginia District
Roman Bazz
331 Paine St
Newport News, Va 23608



Registration Fees	\$ _____
Master's Breakfast	\$ _____
ARC Class	\$ _____
TRC Class	\$ _____
CPR/MFA Class	\$ _____
Saturday 50/50	\$ _____
T-Shirts	\$ _____
Total	\$ _____

RELEASE FORM (Must be signed by all registrants and returned)
I/We agree to hold harmless GWRRA, The Virginia District, the Lynchburg Grand Hotel and any property owners for any loss or injury to self or property by reason of participating in this event.

Rider Signature: _____ Date: _____

The Iron Clad Wings

Rally in the Valley Registrations

Your District Team is working hard to make this a Rally to remember. We understand that most of you have been waiting for a sign that the Rally will go on as planned. The Lynchburg Grand Hotel and the City of Lynchburg have assured us that they are willing, able, and excited to welcome us October 29-31, 2020. Virginia has moved into Phase 3 allowing us to have this gathering.

The time has come to send in your registrations for Rally. The hotel has been receiving room registrations for months, so we know you're interested. In years past, by this time in the registration process, we would be able to predict what we need to order in supplies, food, pins, t-shirts, etc. to be ready for the Rally. We must be able to schedule Rider Coaches from other States for the on-bike classes and Instructors for classes.

We understand why you may have been hesitant to send in your registration but without knowing how many people to expect, we are unable to plan. Please know that reimbursements of your fees will be swift should the Rally be cancelled.

Although we had set the deadline for a guaranteed spot by September 29th, we are asking that you send them in now. If we do not have 100 registrations by August 1st, we will have to consider cancelling. Guaranteed registrations will still be accepted until September 29th and even taken the day of the Rally.

There is much to do; fun to plan, plaques to engrave, carnival games to assemble, cotton candy to swirl, popcorn to pop! Help us make it happen!

Your Virginia District Team



A way to clean out your garage and closets of Motorcycle Parts, Clothing and Accessories at the First Annual Rally in the Valley Flea Market!

Friday, October 30th , 10:00 – Noon.

A 6' table is included. Bring your own bank to make change. Tag your treasurers and be prepared to haggle. All tables must be attended during the duration of the sale. To reserve a table or for further information, please contact Dan Clark at

Wingernut93@aol.com by September 29th.

The Iron Clad Wings

Case Study

Deep Pockets and Hired Guns

By: James R. Davis, The Master Strategy Group

Virtually every time an accident occurs in which a participant in the incident is severely injured, that motorcyclist will retain an attorney in an effort to recover monetary compensation for his or her pain and suffering and, possibly, for other damages.

Let's look at a case where that attorney knows essentially nothing about motorcycles but who retains the services of an accident reconstructionist to help him build his case and then relies entirely on that reconstructionist to help him build his case.

A motorcyclist was riding at 35 MPH eastbound on a city street one morning as part of his daily commute to work. Just after he safely crosses a major intersection along his way, he noticed that a large commercial 18-wheeler truck was pulling out of a driveway in front of him in order to cross the eastbound lane of traffic.

He was afraid that his motorcycle would collide with that truck, so he applied his brakes in an effort to quickly stop and thus avoid the collision.

Unfortunately, he used too much braking power on both his front and rear brakes which caused both brakes to lock. (He "grabbed a handful" of his front brake lever and "stomped" on his rear brake pedal.)

As a result, both tires began to skid and the motorcycle soon thereafter fell to its side and scraped/gouged its way eastbound on the roadway until it came to a complete stop. The rider was seriously injured when he hit the ground.

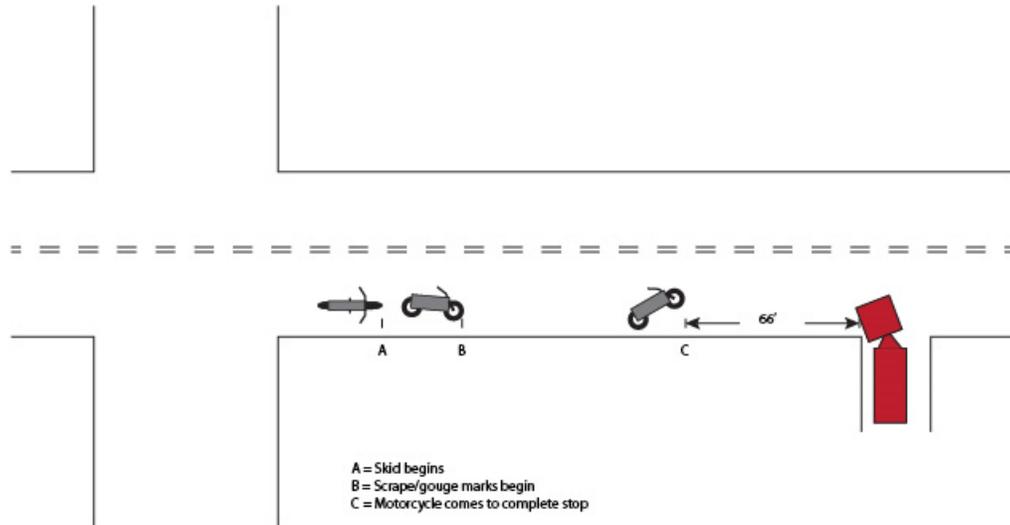
The motorcycle did not hit the 18-wheeler, which continued its travel across the eastbound lane and turned left onto the westbound lane.

We already know that the motorcyclist used improper braking in his effort to avoid the collision, but, argued the attorney, he was confused by being put into an emergency situation by the improper and dangerous behavior of the truck driver. He went on to say that when the motorcyclist became aware of the danger, he was already past the "point of no escape" - the place and time after or beyond which the collision cannot be prevented.

This was a very curious argument for him to make as, in fact, no collision had actually occurred.

Continued on next page

The Iron Clad Wings



Where did the attorney get the impression that the motorcyclist had already past "the point of no return" when he first noticed the truck and what made him think that was true? Well, of course, that phrase and "proof" came in the form of the report that was prepared by the accident reconstructionist he had retained.

The diagram above shows an overview of the situation as documented by that "expert". (Obviously this was not a diagram he prepared. It is my summary of his description.)

When reading his report I was struck with a few other curious statements that were made in it. For example, it was stated that "It is well known that a motorcycle without ABS is only capable of attaining about 60% of the braking efficiency of a vehicle, like the truck, which does have an active ABS system installed." Now that is simply not true. Braking efficiency is a measure of how much of the potential of a braking system is being used during a stop. If only the rear brake on a motorcycle is being used, for example, then the braking efficiency of that motorcycle at the time is somewhere near 40%. If both brakes are being used but the rider elects to attain a deceleration rate of only .6g's when the bike is capable of attaining a deceleration rate in excess of 1.0g's, then the braking efficiency could be described as being about 60% during that stop. But if both brakes are locked and both tires are skidding as a result, then braking efficiency during that stop is, by definition, 100% - it is impossible to get a higher deceleration rate by using more braking pressure.

And what on earth does it matter if a non-ABS motorcycle is unable to stop as quickly as another vehicle that has an active ABS system (not true, but that was the argument)? There was no other vehicle involved in this motorcycle's braking.

The report went on to say that because the motorcycle did not have ABS, its braking efficiency was 60%. Then, when it was disclosed that the coefficient of friction of the roadway and motorcycle tires was 0.6, that the motorcycle's maximum deceleration rate when skidding was only 0.6 times its braking efficiency of 60%, or 0.36g's.

That's preposterous. While skidding that motorcycle was decelerating at 0.6g's - by definition. And by the way, I will remind you that even brand new riders without any riding experience at all, on an unfamiliar bike only two days into their BRC training are expected to be able to brake at a deceleration rate of 0.6g's.

Continued on next page

The Iron Clad Wings

But the motorcycle wasn't skidding for long. Most of the time it was sliding on its side. Even on its side sliding on asphalt, that motorcycle attained a deceleration rate greater than the reconstructionist claimed was the highest a non-ABS equipped motorcycle could attain when braking on its tires.

I left out the measurements of skid and slide distances above in that ultimately they were not important. For the fact is that no matter how badly the rider performed his braking function, his motorcycle stopped 66 feet short of a collision with the truck. Had the motorcyclist used better braking skills, he would have stopped with even more distance between his bike and the truck.

The case settled immediately after the expert witness reports were submitted. The motorcyclist received a token payment rather than the substantial amount requested. It was cheaper, by far, to settle the case for the token amount than to have to take the time and effort to go to trial. As far as the motorcyclist's attorney was concerned, he found that he had no case at all and so any settlement at all was acceptable to him.

The trucking company had deep pockets so they were targeted by that attorney. However, the truck was a distant and uninvolved participant in the accident.

The accident reconstructionist was a 'gun for hire' - a person willing to say anything for a price. Had the case gone to trial, he would have probably been allowed to testify based on his credentials, but his testimony would have been easily seen by a jury made up of even a set of laymen from a motorcycling perspective, as uninformed or blatantly dishonest or simply stupid. But what do I know? In any event, you can be sure that he is never again retained by that attorney.

If you ever have need for an attorney in a case involving a motorcycle accident, you must select one who knows about motorcycling. At least then you will have some confidence that he will be able to properly select his expert(s) and determine whether or not what they say has merit. That is a charitable recommendation. Alternatively, you are advised to select an attorney who knows about motorcycling so that they are disinclined to look for hired guns to make their case.

This rider was both the cause and victim of his own accident.

(James R. Davis is a recognized Expert Witness in the fields of Motorcycle Safety/Dynamics.)

The Iron Clad Wings

When The Heat Is On How To Deal With Riding In Extreme Heat

By BikeBandit

<https://www.bikebandit.com/blog/when-the-heat-is-on-how-to-deal-with-riding-in-extreme-heat>

Death is rare, but dehydration, heat exhaustion, and even heat stroke are very common in intense heat, and the fatigue that results can put you at increased risk of an accident on a bike – which can be far more deadly. The moral of the story here – heat can hurt you, and can even kill you, if you're out riding and not prepared for the challenges of intense heat you might encounter.

How Heat Can Hurt (Or Kill) You

Riding in the heat is uncomfortable, especially when you're geared up properly. But at a certain level of heat, it can go from uncomfortable to actually dangerous – and it happens pretty fast.

There are a few reasons why. I wrote [this article on wind chill](#) last year, explaining how wind can drop your body temperature and magnify the effects of cold temperatures. But at temperatures exceeding 93 degrees, the same principles apply in reverse, as the convection effect intensifies the effects of heat; that makes it feel even hotter than it actually is, forcing your body to work overtime by sweating to keep itself cool.

But heavy sweating is often less noticeable on a motorcycle, because it evaporates more quickly in the rushing air. So you can be sweating profusely, dehydrating your body very quickly, and actually accelerating the effects of heat exhaustion – all without even noticing!

To make matters worse when riding on-road, asphalt roads collect and radiate heat, making the air above the highway even hotter than ambient temperatures – and when you add that to the heat already being generated by your bike, it can become a recipe for heat injury very quickly.



Intense heat can not only burn you, but it dehydrates you at an accelerated rate due to the effects of convection. That's why you can suffer from heat exhaustion on a bike much faster than you even realize it!

Continued on next page

The Iron Clad Wings

How to Fight Back Against Heat Injury

The key to preventing heat injury is preparation. Most often, heat injuries occur when someone is unprepared for the heat, and tries to “tough it out.” To make sure you’re not “that guy/girl,” here are a few tips to make sure you’re ready to face the heat:

Hydrate or die. Camelbak’s motto holds true – water is essential to life, and in the heat, especially in sports where you sweat intensely (like riding) it is absolutely crucial to staying hydrated and preventing heat injury. Bring more and drink more than you think you need. Using a [hydration pack](#) is essential while riding, because it allows you to hydrate without stopping your ride and prevents you from “pushing a little farther.”

Avoid energy drinks to stay alert. One of the first signs of heat exhaustion is fatigue, which occurs as your body overworks itself sweating to keep you cool. A common remedy is to “energize” with caffeinated energy drinks; however, these can make the effects you’re feeling even worse, since caffeine is a diuretic, and actually pulls more water out of your body! There is no substitute for pure water in the heat (though a sports drink with electrolytes can be added to your water as well.)

Rest and recover more than normal. Long rides are exhausting and rest stops are essential, but you should include more of these than normal on especially hot trips – this will allow your body to recover, your temperature to equalize, and give you some time to hydrate before the next leg of a trip. Find a shady spot to stop at least, but an air conditioned spot is even better!

Cover up. Head-to-toe gear prevents injury from a crash, but did you know it also prevents heat injury? This is because the sun not only burns bare skin, but it also loses sweat faster due to the effects of convection, which draws more water and energy from the body at a faster rate. It sounds counter-intuitive, and goes against the inclination to strip off all your gear, but while riding in intense heat, you’re better off staying covered from head to toe in mesh or moisture wicking material.



It may seem counter-intuitive, but covering up in extreme hot weather is actually better than stripping down.

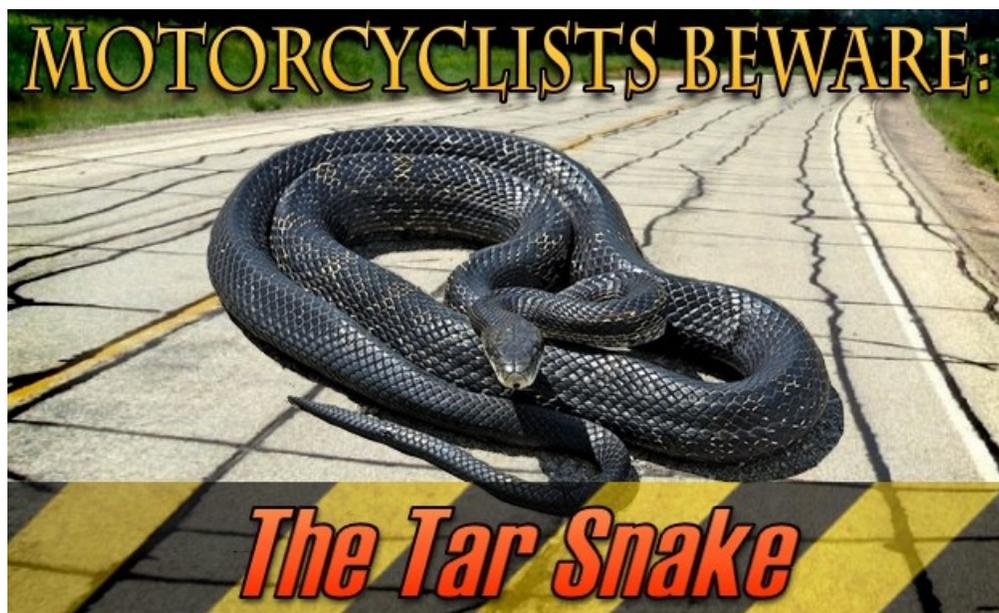
Continued on next page

The Iron Clad Wings

Use cooling gear. These days, technology has given us some awesome tools to fight off the heat, like [cooling vests](#), collars, and even wrist bands, which absorb water into special moisture-retaining fabric and help keep your body cool for hours.

Use sunscreen to prevent sunburn. Dehydration isn't the only way the heat can hurt you – extreme heat is usually accompanied by intense sun, which can cause sunburn in as little minutes in extreme conditions! Use a sunscreen with an SPF of 30 or greater on exposed skin every time you ride in the sun to prevent burns and long-term effects of sun, like accelerated aging and even skin cancer.

Beware the melting road. You've probably seen how roads, especially fresh ones, can become soft in high heat as the tar melts. "Tar snakes" (patches of sealant in the cracks on road surfaces) can melt and become slippery in high heat, causing a crash hazard, so ride over these with extra caution when it's hot out.



The sun can dump your bike! And don't forget one often overlooked nuisance from heat – that a parked bike's kickstand can "melt" into the pavement slowly, even dropping your bike while you're not looking! Place a puck of some sort under your kickstand when parking in hot areas, especially on fresh asphalt – a small block of wood, a rock, or even a dip can will work to keep your kickstand from punching a hole in the ground.

The Iron Clad Wings

In the Spotlight

Meet Karen “Gnome Napper” Bottoni, VA-L Member

I was born and raised in Greendale, Wisconsin on a farm many many years ago. Let's just say John F. Kennedy won the presidential Election the year I popped into the world. I lived there for 14 years until the land our house was on sold to a developer. And as a result, the big house I grew up in was burned down. Many wonderful memories growing up. Jumping homemade ramps with my Schwinn banana seat bike, riding my Brother's Honda mini and go cart around the yard, hanging out at a local quarry fishing and swimming, walking to the local custard stand for a cone, climbing and falling out of apple trees in our orchard, picking wild asparagus for Mom, helping Dad with his honey business and vegetable garden, taking care of the horses and the one goat that chased me around a lot, and stealing keys to Mom's 1967 Mercury Cougar and joy riding around the property. It was a simple time in life. Lots of switches, spankings, and groundings came my way.

I attended a Catholic junior high my 7th and 8th grades. The Nuns weren't nice especially if you talked back to them. It was 8th grade where I and a friend sampled a cigarette during lunch break and got caught. We were not allowed to go on the 8th grade graduation trip to Chicago. For my Freshman year of high school, Mom decided I needed to attend St Pius X catholic high school. That lasted a year and it was the year my parents separated. I attended two other high schools before finally finishing my junior and senior year in Portage, Wis where my Dad moved to.

I joined the Navy in 1979 after graduating high school. Spent the Summer goofing off and left in September. After boot camp, I went to "A" School in Meridian, Miss. I became a Yeoman and reported to my first duty station in Norfolk, Va in January 1980. It was here in Norfolk where I purchased my first motorcycle, a 1978 Kawasaki KZ200, nicknamed "Thumper" for single stroke. I rode this every-day to work since that's all I could afford. After about 12 months or so, I traded the Kawi in for a 1981 Yamaha XS650. In 1983 I decided I needed something little bigger. I traded in the Yamaha in for a Honda V45 Magna, loved that bike. Lots of power and rode very smooth. Took it overseas to Sicily with me and rode it everywhere.

When I returned home to the U.S. in 1985, I decided to get my first Harley, an 883 Sportster. It was a beauty but one trip to Daytona for Bike Week and stopping every 100 miles to adjust the chain got old. I decided I no longer wanted the Sportster so went and traded it in on a 1988 Harley Softail Custom, belt drive. Now were talking. Kept that one the longest.



Young 19 year old Karen on 78 Kawasaki

Continued on next page

The Iron Clad Wings

It wasn't even a week after I purchased the bike and during a cookout with Harley riding friends in attendance, one pipes up and says the new Harley sounds like a Honda. Laughter broke out of course. I said so what do I do about this problem. "Punch the baffles out" one guy yells. "Holy batman, what do I need to do that", I asked. Turns out I needed a tire iron and sledge hammer. Bang, bang on inside of each pipe and it was done. It sounded good. Back in the day you could do stuff like that to Harleys, but no more with the new ones. While I was stationed aboard the sub tender, USS Holland in Goose Creek, SC I decided I needed to sell the Softail on consignment at the local Harley dealership. I was being sent to Yeoman "C" school in Meridian, MS and then onto Seoul, South Korea for duty. Kicking myself for selling it but I didn't know. When I returned back to the U.S. in 1993, I didn't ride for a few years. Then in 1997 I decided to upgrade to a used touring motorcycle, a pretty blue 1992 Yamaha Venture Royale. Beautiful riding machine. Kept it for a couple years and sold it. Didn't ride for a couple years then decided to purchase a used 1981 Suzuki GS 850L. Enjoyed that for a bit then sold it. I again didn't own a bike when I retired from the Navy in 1999. In 2004, decided to purchase a 2003 Yamaha Silverado 1400. Somewhere between 2007-2008, I became a MSF Instructor and did that for eight or nine years. Ironically, Keith Lindgren, VA-L, was one of my instructors. He was fun and I learned a lot from him. Enjoyed that until I wanted a new Harley again. In 2005 bought a new 2005 Harley Electra Glide Classic. In 2012, I got the itch again and traded my Electra Glide in for a 2012 Harley CVO Softail Custom. In June of 2012, I lost one of my Brother's in a motorcycle accident and contemplated giving up teaching for MSF. In the end, I stayed and continued until I resigned in 2014. Then in 2016, the CVO got traded in for my current and last ride, 2016 Harley Tri-Glide. I love my trike and got lots of miles to cover in the United States. Debbie loves the trike and was elated I settled for three wheels. I can still ride two comfortably, but a trike at my age provides less stress, more comfort. Whenever I decide to retire, we plan on touring the US on the trike.

Besides riding, my other interests and hobbies are collecting antiques, camping, fresh water-fishing, water skiing, tubing and spending time with family. Also like helping people out in need.

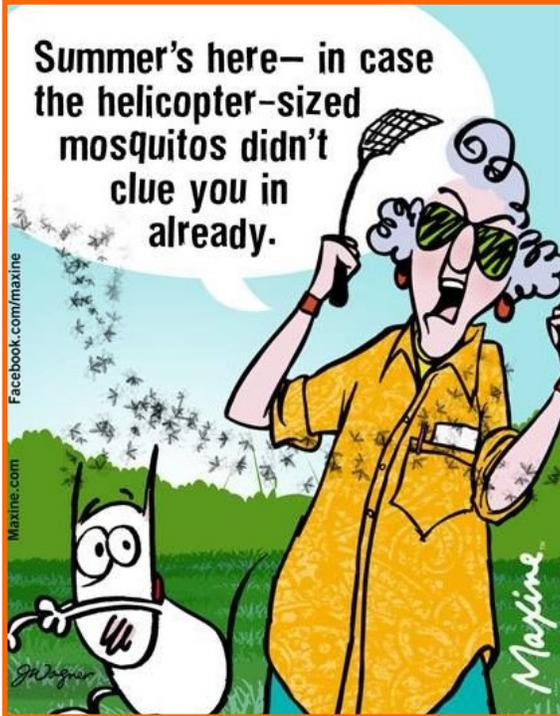
I joined GWRRA in July of 2016 and have loved every minute of it. I became ITCP certified and obtained certification to teach trike courses for GWRRA. Currently serving as VA-L's Newsletter Editor. For now, I have a few things on my bucket list; attend one Sturgis Rally in South Dakota, tour all 50 States on trike, and win a lottery.



2016 Harley Tri Glide and Trailer

The Iron Clad Wings

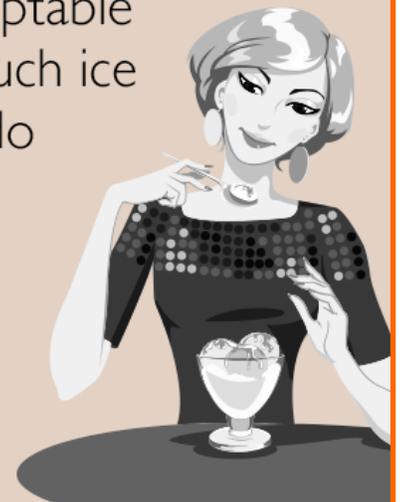
Chapter-L Funnies



SUMMER GOALS



The warm weather means it's finally socially acceptable to eat as much ice cream as I do all year.



someecards

The Iron Clad Wings

1432 Greenbrier Parkway,
Chesapeake, VA 23320
(757) 502-8220
www.popsdinerco.com



Please come and join us!

Other local gatherings

- **Chapter C-Hampton/Newport News:** 2nd Sunday each month, 5pm. Angelo's Steak House at 755 J Clyde Morris Blvd in Newport News
- **Chapter O-Williamsburg:** 4th Sunday each month, 4pm. Denny's Restaurant at 409 Bypass Rd in Williamsburg
- **Chapter NC-E2-Elizabeth City, NC:** 3rd Thursday each month, 7pm. The Villa at 846 Halstead Ave in Elizabeth City, NC



The Iron Clad Wings

Chapter Team Members

POSITION	NAME	EMAIL
CHAPTER DIRECTORS	DAN CLARK Dan cell: (757) 343-1783 LORRIE THOMAS Lorrie Cell: (954) 599-5178	wingernut93@aol.com lorriemthomas@aol.com
MEMBERSHIP ENHANCEMENT	DENNIS & PHYLISS EASTON	eastondm@cox.net
TREASURER	WILL CONRAD	will38@cox.net
RIDE COORDINATOR	DAN CLARK	wingernut93@aol.com
EVENT COORDINATOR	VACANT	
CHAPTER HISTORIAN SCRAP BOOK	VACANT	
NEWSLETTER EDITOR	KAREN BOTTONI	kbottoni@gmail.com
WEBMASTER	ZACH BON	zachkbbon@gmail.com
SECRETARY	DEBBIE MANDIGO	dsteamn@gmail.com
SUNSHINE COMMITTEE	KARLA DOBBINS	karla_cowboys@yahoo.com



<https://gwrraval.org/>



The Iron Clad Wings

Virginia District Team

POSITION	NAME	PHONE	E-MAIL
District Director	Lorrie Thomas Dan Clark	954-599-5178 757-343-1783	lorriemthomas@aol.com wingernut93@aol.com
Asst. DD West	Wayne & Kathy Whitworth	540-875-8064	wayne69997@yahoo.com
Asst. DD North	Vacant		
District Couple of the Year	Dennis & Phyliss Easton	757-636-1023	eastondm@cox.net
District Educator	Vacant		
Asst. District Educator	Bob Beltz	757-869-8277	beltzb@cox.net
Asst. District Educator	Gordon Combs	540-840-0394	gorcom@msn.com
District University Coordinator	Vacant		
CPR/MFA Coordinator	Ken Taylor	703-819-6766	2012pearlwhiterider@comcast.net
Member Enhancement	Vacant		
Asst. Membership Enhancement	Ann Peterson	703-583-1655	nativepeterson12@gmail.com
District Web Master	Fritz Sassine	804-938-9183	fritz.sassine@gmail.com
District Event Photographer	Jim Peterson	703-583-1655	nativepeterson12@gmail.com
District Special Events Coord.	Vacant		
District Rally Vendor Coord.	Vacant		
District Treasurer	Roman Paryz	757-687-9282	roman.paryz@gmail.com
Newsletter Editor	Roman Paryz	757-687-9282	roman.paryz@gmail.com

Team GWRRA

Directors	Jere & Sherry Goodman	540-623-0447	director@gwrra.org
Director's Assistant	Tom & Renee Wasluck	570-239-2353	tom.renee11@gmail.com
Director of Membership Enhancement	Larry & Penny Anthony	205-492-9728	mepgwrra@gmail.com
Director Rider Education Program	Susan & St. George Huttman	828-368-2249	director-re@gwrra.org
Director of the University	Clara and Fred Boldt	319-240-4269	toledotriker@gmail.com



<https://www.gwrravadistrict.com/>

<http://gwrra.org/>



The Iron Clad Wings

Chapter	Area / Location	Chapter Director	Phone Number & Email	Monthly Gatherings
VA-A	Burke	Mary O'Connor (11/09)	703-635-6775 maryoc4429@aim.com	2nd Wed. 7:30 pm The Ponds Community Center, 9837 Burke Pond Lane, Burke, VA. 22015
VA-C	Hampton/Newport News,	Dave & Donna Huey (01/18)	757-719-0668 dhuey1800@verizon.net	2nd Sun. 4:pm Angelo's Steak House 755 J. Clyde Morris Blvd, Newport News
VA-D	Richmond	Fritz Sassine & Iris Guillet (01/18)	804-938-9183 fritz.sassine@gmail.com	4th Wed. 6:pm Candelas Pizzeria & Ristorante Italiano, 14235 Midlthoian Tnpk., Richmond
VA-E	Fredericksburg	Claude Revely (01/19)	540-207-7646 Knightwing263507@gmail.com www.battlefieldwings.com	3rd Wed. 6:pm Great American Buffet. 1780 Carl D Silver Pkwy, Fredericksburg Central Park Shopping Center, exit 130 off I95
VA-F	Winchester	Stephanie Davis (08/14)	540-664-6430 davis.stephanie80@yahoo.com	4th Sun. 8:am Golden Corral, 120 Costello Dr., Winchester
VA-H	Abingdon	Paul & Dorothy Baker (11/01)	276-628-6047 09nellie@comcast.net	2nd Tue. 7:pm Abingdon Moose Lodge US19, Porterfield Hwy, Abingdon
VA-I	Manassas	David & Robin Hotaling (1/20)	646-406-1200 Rah889195@yahoo.com davidsgoldwing02@gmail.com	2nd Sun. 9:am Great American Buffet 8365 Sudley Rd, Manassas
VA-K	Roanoke	Jim Dailey & Susan Stuppiello (6/19)	540-230-0511 DaileyENT@yahoo.com susantuppiello@gmail.com	2nd Mon. 6:pm Great 611 Steak Co., 3830 Franklin Rd., Roanoke
VA-L	Chesapeake	Dan Clark & Lorrie Thomas (1/20)	757-343-1783 (D) 954-599-5178 (L) Wingernut93@aol.com lorriethomas@aol.com	4th Tue. 6:pm Pops Diner 1432 Greenbrier Parkway, Chesapeake
VA-O	Williamsburg	Ray & Tammie Pierce (04/14)	757-268-6286 gwrravaochapterdirector@cox.net	4th Sun. 4:pm Denny's Restaurant 409 Bypass Rd. Williamsburg
VA-R	Harrisonburg	Gary Hoover hoov@shentel.net (01/18)	540-742-1751 Judy Russell tiggerly13@hotmail.com	1st Sun Location to be Announced
VA-V	Bedford	Jonathan Whitworth (04/17)	540-425-0028 OtterRideVAV@gmail.com	3rd Sun. 2:pm NO FOOD Bedford Church of God 1212 E Main St, Bedford
VA-W	Chester	Sheila & Jim Hazan (06/18)	804-396-9088 (S) 804-396-9089 (J) gwrravaw@gmail.com	2nd Tue. 6:pm The Patron Cantina 12211 Jefferson Davis Hwy., Chester
VA-X	Salem	Larry Stanton (01/15)	304-922-1401 Larry250222@gmail.com	1st Sat. 3:pm Riverside Evangelical Methodist Church, 1920 Lucas St, Salem