

The Iron Clad Wings



Gold Wing Road Riders Association
 GWRR's Motto is...
Friends for Fun, Safety and Knowledge

**Chartered
 15 April, 1995**

BRONZE Level Chapter for 2017

We're More Than Gold Wings...



Chapter Directors: Dan Clark & Lorrie Thomas
 wingernut93@aol.com lorriemthomas@aol.com
 Dan's Cell 757-343-1783 Lorrie's Cell 954-599-5178

Ride & Grow with VA-L

We meet the 4th Tuesday of each month (except December) at Pop's Diner, 1432 Greenbrier Parkway, Chesapeake, VA 23320 Our meet, greet and eat—begins at 6pm, our gathering begins at 7pm. We invite you to come out and have fun with us

2020 Road Warrior Awards



- January: Will Conrad
- February: Steven Morgan
- March: No Gathering
- April: No Gathering
- May: No Gathering
- June:
- July:
- August:
- September:
- October:
- November:
- December:



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- Birthdays & Stuff
- Ride Calendar
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ALSO IN THIS ISSUE

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- SNAPSHOTS—a look at what Chapter L's been up to
- Chapter L Funnies

The Iron Clad Wings

The nation's first Father's Day was celebrated on June 19, 1910, in the state of Washington. However, it was not until 1972—58 years after President Woodrow Wilson made Mother's Day official—that the day honoring fathers became a nationwide holiday in the United States. Father's Day 2020 occurs on Sunday, June 21.

Mother's Day: Inspiration for Father's Day

The "Mother's Day" we celebrate today has its origins in the peace-and-reconciliation campaigns of the post-Civil War era. During the 1860s, at the urging of activist Ann Reeves Jarvis, one divided West Virginia town celebrated "Mother's Work Days" that brought together the mothers of Confederate and Union soldiers.

However, Mother's Day did not become a commercial holiday until 1908, when—inspired by Jarvis's daughter, Anna Jarvis, who wanted to honor her own mother by making Mother's Day a national holiday—the John Wanamaker department store in Philadelphia sponsored a service dedicated to mothers in its auditorium. Thanks in large part to this association with retailers, who saw great potential for profit in the holiday, Mother's Day caught on right away. In 1909, 45 states observed the day, and in 1914, President Woodrow Wilson approved a resolution that made the second Sunday in May a holiday in honor of "that tender, gentle army, the mothers of America."

Origins of Father's Day

The campaign to celebrate the nation's fathers did not meet with the same enthusiasm—perhaps because, as one florist explained, "fathers haven't the same sentimental appeal that mothers have."

On July 5, 1908, a West Virginia church sponsored the nation's first event explicitly in honor of fathers, a Sunday sermon in memory of the 362 men who had died in the previous December's explosions at the Fairmont Coal Company mines in Monongah, but it was a one-time commemoration and not an annual holiday.

The next year, a Spokane, Washington, woman named Sonora Smart Dodd, one of six children raised by a widower, tried to establish an official equivalent to Mother's Day for male parents. She went to local churches, the YMCA, shopkeepers and government officials to drum up support for her idea, and she was successful: Washington State celebrated the nation's first statewide Father's Day on June 19, 1910.

Slowly, the holiday spread. In 1916, President Wilson honored the day by using telegraph signals to unfurl a flag in Spokane when he pressed a button in Washington, D.C. In 1924, President Calvin Coolidge urged state governments to observe Father's Day.

Today, the day honoring fathers is celebrated in the United States on the third Sunday of June: Father's Day 2018 occurred on June 17; the following year, Father's Day 2019 falls on June 16.

In other countries—especially in Europe and Latin America—fathers are honored on St. Joseph's Day, a traditional Catholic holiday that falls on March 19.



The Iron Clad Wings

Dan Clark & Lorrie Thomas

Chapter Directors

wingernut93@aol.com

Dan cell (757) 343-1783

Lorrie cell (954) 599-5178



Chapter Directors



Greetings Chapter,

It seems like eternity since we have had a gathering, ride or seen other members. We truly miss seeing everyone and riding as a group. We have been riding on our own to a couple destinations and have had a few members join us on the ride.

What does the future hold? It appears that the social distancing and face masks are going to be staying, being the new normal. Personally, I don't like the mask but understand the ramifications of not wearing one. The Governor has ordered that Phase Two will go into effect on Friday June 5th and we will be able to congregate again as a Chapter. Can we start having gatherings? Yes, we can but must limit our numbers to no more than 50 people and have a facility to have it. I am currently in negotiations with the owners of Pop's Diner on holding our gatherings at their facility. They have changed their hours from 8 am to 3 pm daily but are willing to accommodate us for June. We will have a June Gathering but we must have a minimum of 35 dining members, and I will have to negotiate with the owners after the gathering. If we cannot come to an agreement, we will be looking for a new home. I will keep everyone updated as we move forward.

Now that the summer has hit us with full force, and we can ride as a group, we will be adding rides and destinations to the Ride Calendar. We will also be adding Ice Cream rides and will be looking for places to get GOOD ice cream. We will be having two ice cream rides each month and will have them on Thursday nights. Any suggestions are welcome if you have a favorite place to go. I have a list of other destinations that members have suggested and will be getting those on the calendar, so look for the updates.

In closing, I hope everyone has survived the pandemic thus far and wish everyone a safe and healthy summer. Be safe, ride safe and keep the shiny side up.

Dan Clark

Chapter Director, Va-L

The Iron Clad Wings

Dennis & Phyliss Easton

Membership Enhancement Coordinators

eastondm@cox.net



Membership Enhancement



Hello Chapter L Members,

Are you out riding?

Would love to hear about your adventures. Send us a line or post some photos to the Chapter L Facebook page.

I have been out a couple times so far this year but miss riding with my co-Rider. Phyliss fell recently on her bad leg and cracked her Tibia. So, back to healing again. Maybe another 4-6 weeks and we can get out and enjoy the Wing Therapy.

We have been talking, planning, and putting together some great games for when we get back together. So be prepared for some fun and as always, some laughs at others expense.

When we do get the OKAY to get back out, we are going to get busy looking for adding to the membership. We need your help. Without you, there is no Chapter. So, stay tuned for when we ask for assistance in planning, preparing, and participating.

Until we can gather again, please continue to be safe and let us know if we can be of assistance.

Thank You,

Dennis & Phyliss Easton

GWRRA VA-L

Chapter Membership Enhancement Coordinators

Chapter Couple of The Year 2019

VA District Couple of the Year 2019-2020

eastondm@cox.net

757-636-1023 (Phyliss Cell)

June 2020

The Iron Clad Wings

Dan Clark

Ride Coordinator

wingernut93@aol.com



Ride Coordinator

With the Governor instituting Phase two, we are now permitted to congregate in groups of 50 or less. I do not believe we have a problem exceeding that number, even during our gatherings. So, it is time to do some riding.

Starting in two weeks, we will begin having ice cream rides. I plan on scheduling two of these per month to see how the attendance is and if we do not have a lot of people, I will reduce this to once a month. They will be held on Thursday evenings so that we don't monopolize the entire weekend with events on Friday and Saturday. If you have a favorite destination for ice cream, let me know, I currently have about 12 places on my list but could always use more. Please send me any suggestions. Our first ice cream ride will be on the 25th and we will be going to Cone Slingers in Carrollton.

The ride calendar is being updated and we have some exciting rides planned. Look at the calendar in the next few days for the updates. I hope to see you all at the gathering on the 23rd, till then be safe, ride safe and keep the shiny side up.

Dan Clark

Chapter Director, Va-L

The Iron Clad Wings

District

Step by step, closer and closer...the end is in sight!

No matter what your political bent is or whether you agree or disagree with the plan our Governor has for us, it does appear that we are closer to 'normal' than we have been for months.

Spring is a time for new growth and renewal in spirit and in nature. Although Spring came in a time of darkness, we can still harness that energy. I, for one, am excited thinking about how we can apply this renewed energy as a District in serving our Members.



Lorrie Thomas & Dan Clark
VA District Directors
lorriemthomas@aol.com
wingernut93@aol.com
LT: 954-599-5178 DC: 757-343-1783

So...what's new and where do we find these new ideas? Sometimes what is old is new again!

In attending and presenting classes online for the past few months, I have had the pleasure of interacting with people from all over the country and in Canada. Not only was there diversity in locations, but in how long they had been Members of GWRRA. We had rookies new enough that the ink was still wet on their membership cards and others who have reached over 25 years of membership. They all shared experiences and expectations.

I learned about BUG RIDES. That's where you draw or stick a small target on your bike's windshield, go for a ride and the rider with a bug splat closest to the target wins! Who knew? I stole ideas for Zoom call Gatherings where people ate ice cream together, played Wingo or did scavenger hunts.

The coolest thing I heard was about LEGACY RIDES. A Chapter shared that once a year they invite the 'old timers', long time Members of their Chapter, to a get together. Some because of age or ailment do not ride anymore. The current Chapter Members offer to give them a short ride, a little long-lost wind therapy. The best part is that they socialize, sit and chat over refreshments and talk about the kind of things they did years ago in the Chapter. What a great time to hear about and include on your ride calendar, the rides they had taken years ago, games they played, Rally and Wing Ding fun and events they put on.

I've heard you play 'remember when'. That's when you say that the rides were better, the Gatherings were more fun and better attended or the picnics, parties, dinners or whatever were more enjoyable in the past. Do we not know what made those things so cool? Of course, it is about recruiting new Members and retaining the ones we have but that may be easier to do if we bring the fun and the light and the creativity back.

When I wasn't busy pilfering good ideas, I also heard things that were sad. It amazed me how few Chapters play games at their Gatherings. I even heard one say they don't promote the rides anymore because so few show up. Could it be they don't know when the rides are happening?? Schedules change, people might want to ride now.

Continued on next page

The Iron Clad Wings

District

Crazy how many traditions have ended. Crazier is that the current Chapter leadership may not even know about the things done in the past. Our Legacy Members are a valuable asset, they are role models, the ones we can learn from. Let's reverse the trend. Reach out to them. They were involved many years ago when things seemed bigger, better, and faster and more fun...could have been because they were the ones involved? Are you a Legacy Member? Please offer to share.

Can't wait to hear what old things you made new again. Miss you all. Sending wishes for a healthy and happy Spring season.

Virginia District Directors

Lorrie Thomas & Dan Clark

The Iron Clad Wings

National



A Virtual Event July 1-4, 2020

We're bringing Wing Ding to you!

From the comfort of your own home or your mobile device you can participate in Wing Ding 2020: A Virtual Event. Hosted through [GWRRA's Facebook Event page](#), you can engage in seminars, classes and other events. Get the latest news from vendors. Find out which one of your peers are award winners.

It's free to all!

Our Members, best in the world, are what makes Wing Ding and GWRRA so special. We want you all to attend. Whether you show up for a First Aid class or just want to post up your holiday weekend ride or barbecue pics, your participation is important. We want to see your smiling faces in these turbulent times.

Virtual wing ding is designed to connect our membership and supporting businesses throughout the social distancing procedures. Support your "Couples of the Year" and thank our amazing volunteers for all their hard work.

Detailed schedule of the event is coming soon.

The Iron Clad Wings



GWRRA UNIVERSITY
JUNE 2020 SCHEDULE

June classes are listed below and you can find the times and the registration form on the University website: www.gwrradot.com.




June 15 | 7:30 pm
GWRRA Module 202-03 Chapter MEC Role



June 18 | 7:30 pm & June 29 | 7:30 pm
GWRRA Module 201-04 Managing Change



June 26 | 3:00 pm
GWRRA Module 106-01 Levels & MyRE

The Iron Clad Wings

Our Mission Statement: RIDE & GROW

Respect all motorcycle riders and motorists

Inspire members to participate in the Levels Program.

Dedicated towards providing a family atmosphere so everyone has fun.

Educate our members about new innovations regarding riding, safety, and about GWRRA.

&

Give back to the community, resulting in a positive image of motorcyclists.

Relax, and enjoy the ride!

Offer assistance and encourage participation by all members.

Work with members by assisting them in achieving their goals.

So, what are we really saying...

We don't discriminate; all types of motorcycles are welcome. If your friends are looking for a group to ride with, that believes in and practices safety, we are that group. Respect drivers by being courteous with our lights and riding style.

We want all our members to participate in the Rider Education (Levels) program. The Levels Program allows members to advance from Level 1 (Committed to Safety) to Level 4 (Safety By Enhanced Commitment and Preparedness), also known as Master Tour Rider. As our members gain experience and miles, we inspire them to advance to the next level.

We are a family association; we are dedicated to providing a fun and friendly atmosphere to members and visitors of all ages. We strive to make every event fun.

Chapter L is dedicated to educating our members and visitors about motorcycling. We do this by having training provided by certified trainers that have graduated from Gold Wing University. We educate members about riding alone, with a co-rider, and in a group. We educate on riding as a team, pulling trailers, crash scene response, leadership, fun events, advances in motorcycling, and much more. Our trainers are evaluated by senior trainers to ensure they remain up-to-date regarding motorcycling.

Not all motorcyclists are the same; we strive to present a positive image to the public. We inform the public about what our association stands for; Friends, Fun, Safety, & Knowledge. We are a part of the community and want the community to be a part of us.

Have fun and enjoy riding with Chapter L. We want all of our riders to relax and enjoy the ride while being among friends that share your passion... riding.

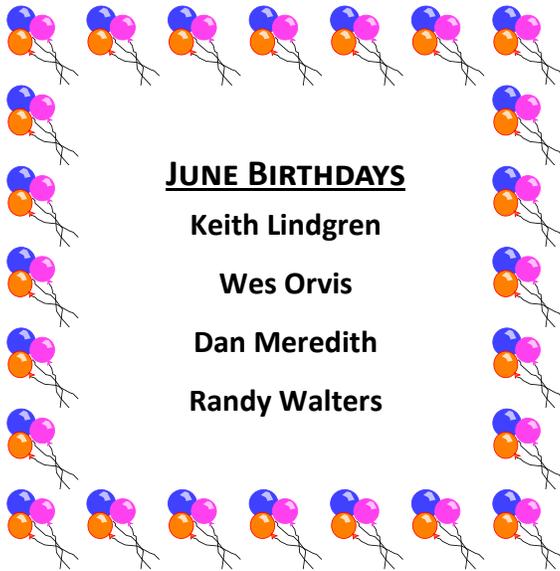
It takes everyone to make the Chapter successful. But what is the definition of **successful**? Successful means the Chapter is fun. Successful means the Chapter rides a multitude of routes with varying distances. Successful means people want the Chapter to thrive. Successful means people ask "what can I do to help..." Successful means our membership thrives. In other words, we cannot be successful without you. Participation from all members results in the Chapter being successful.

Have you achieved your goals you've set? Regardless whether your goals involve motorcycling or are professional, chances are, there is someone in the Chapter that wants to assist you in achieving your goals. Our goal is to assist you in achieving your goal.

Our Motto: RIDE and GROW with VA-L

The Iron Clad Wings

Birthdays, Anniversaries, & Other Information



JUNE BIRTHDAYS

Keith Lindgren
 Wes Orvis
 Dan Meredith
 Randy Walters



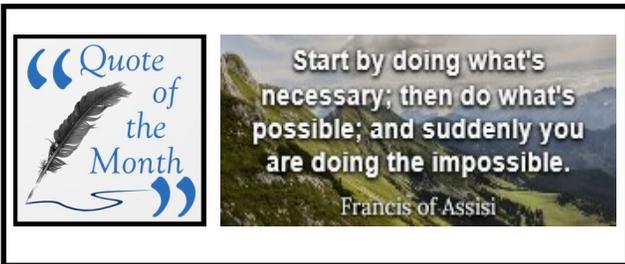
JUNE ANNIVERSARIES:

DENNIS & PHYLISS EASTON
 ED & CHARLOTTE EPPERLY
 JERRY & DOROTHY HILDMAN
 ERIK & DINA JORGENSEN



JUNE GWRRA ANNIVERSARIES:

Grace Broady—2 years
 Ed & Charlotte Epperly—8 years
 George Fowler—8 years
 John & Beverly Steffel—16 years
 James & Maria Clagett—1 year (+)



Helpful information for members

To get Chapter, District, and National patches for your vest, contact our Chapter Treasurer, Will Conrad.

For things you might typically pick up at a Rally, but don't want to wait until the next one comes around:

- **Chapter Shirts/Rider Ed patches:** See the Chapter Directors; Dan Clark & Lorrie Thomas
- **Name Tags:** www.ThEngraver.com (take note of spelling—only 1 'e' at beginning)
- **Vests & sewing patches:**
 - Perfect Fit Alterations, 357 Johnstown Rd, Chesapeake. They also do vest embroidery
 - The Leather Arts Store at 415 N. Military Highway, Suite 13. Ask for the owner, Dennis
- **Embroidery & Name Tags:** Nancy Harbison Uniforms & Tailoring at 479 South Lynnhaven Road, Virginia Beach (463-3241)

These are by no means the only place to get your desired items, just the ones that seem to be used the most by local chapters.

The Iron Clad Wings

Gathering & Ride Calendar



Check out our website to see the latest updates to our calendar <https://gwrraval.org/>

Date	Chapter	Event
Jun 20	L	Adopt-a-Spot Clean up. Meet at Walgreens, 9:30am, 201 Hanbury Rd E. Afterward, we will ride to Elizabeth City to the City Grille for lunch
Jun 20 CANCELED	O	VA-O Casino Picnic—New Quarter Park, Williamsburg, VA
Jun 23	L	Chapter L Gathering, Pop's Diner, 1432 Greenbrier Parkway, Chesapeake, VA. Eat at 6pm Meet 7pm
Jun 25	L	Ice Cream ride to Cone Slingers in Carrollton, VA. Meet at Hardee's, 864 George Washington Hwy in Chesapeake. K/U at 6:30pm
Jun 30-Jul 4 CANCELED	National	Wing Ding 42, Springfield MO
Sep 12	C	Fall Sprawl, 485 Simmons Ln, White Stone, VA
Sep 19	Virginia	Virginia All Chapters Picnic—Twin Lakes State Park, Green Bay, VA
Sep 24-26 CANCELED	North Carolina	North Carolina District Rally—Wings Over the Smokies, Haywood County Fairgrounds, 758 Crabtree Rd, Waynesville, NC
Oct 29-31	Virginia	Virginia District Rally—"Rally in the Valley": Lynchburg Grand Hotel, 601 Main St, Lynchburg

The Iron Clad Wings



Fall Sprawl

September 12, 2020
485 Simmons Lane
White Stone, VA



**Cost: \$18 Per Person - Pre-Registered
\$23 - After August 29th**

Current Chapter Couples Free

Registration - 9am to 12pm
Lunch around 1pm
Awards after lunch

Saturday **STEAK** lunch!
Steak - Baked Potato - Salad - Drink - Dessert
Bring your own plate, knife & fork

Spend the entire weekend starting on Friday if you like (no additional cost)

- Friday Night Weenie Roast (or bring your own brats)
- Saturday Night Pot Luck
- Saturday "Entertainment"
- Sunday Morning Brunch



Chapter C Fun

Crusty Derby
Race on Saturday!

Chapter Challenge



Register by August 29th to be guaranteed a steak and be entered into the \$50 pre-registration drawing.

Pre-Registration Deadline - August 29th

Cost:
\$18 per person pre-registered, \$23 after August 29th
(Current Chapter Couples Free)

Attending _____ x \$18 = \$ _____

Attending _____ x \$23 = \$ _____

What day are you arriving? _____ Fri _____ Sat
If camping, please check what type:

_____ Tent/Pop Up _____ RV _____ 5th Wheel

How do you want your steaks cooked? Indicate the number of steaks:

_____ Rare _____ Med Rare _____ Med
_____ Med Wel _____ Well Done _____ Raw (uncooked)

Please make check payable to **GWRA VAC**
GWRA VAC and mail to: **PO Box 1266**
Yorktown, VA 23692

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Organization: _____ Chapter: _____

I/we agree to confirm & comply with the rules governing this event, and I/we further agree to hold harmless GWRA VAC or any property owner for any loss or injury to self or property in which I/we may become involved by reason or participation in this event. Everyone attending must sign.

Signature: _____

Signature: _____

The Iron Clad Wings



ALL CHAPTERS PICNIC

SEPTEMBER 19, 2020

We will celebrate each other and especially our Couples of the Year, past and present.

Back by popular demand

\$5 to Park

\$0 to Party

11am to 3pm

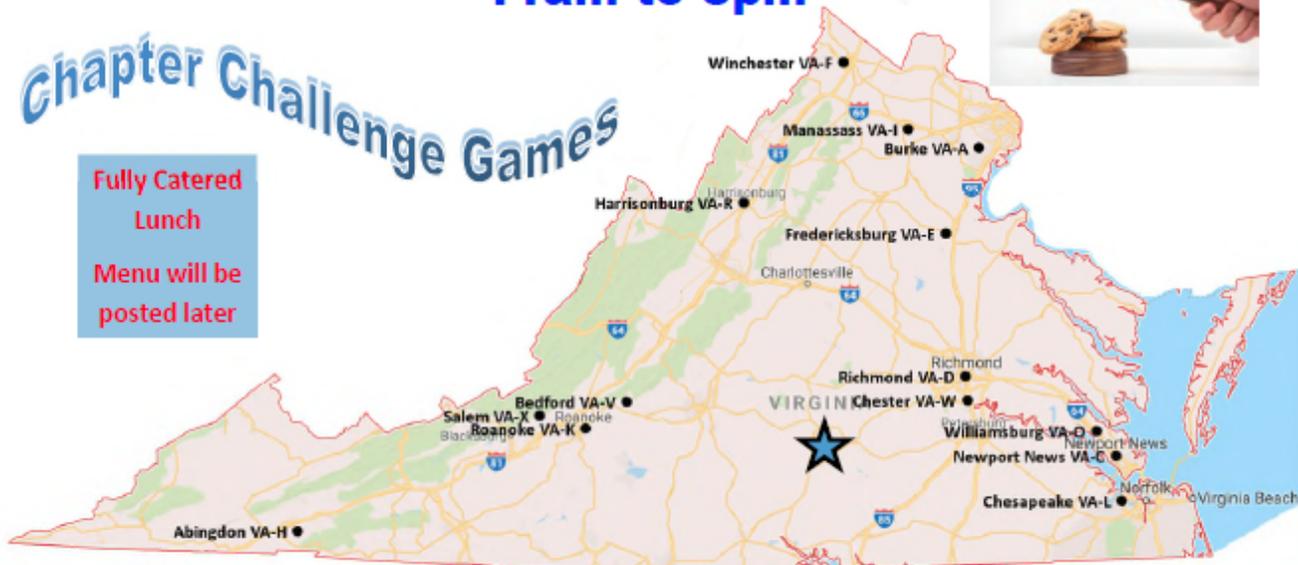


Deserts To Share



Chapter Challenge Games

Fully Catered Lunch
Menu will be posted later



Location



Twin Lakes State Park is near Farmville, about an hour southwest of Richmond.

To get there, take U.S. 360 West of Burkeville to Route 613 (Indian Springs Rd.). Then go east on Route 629 (Twin Lakes Rd.).

Its address is 788 Twin Lakes Rd., Green Bay, VA 23942-2525.

Latitude, 37.174829, Longitude, -78.273242.

<https://www.dcr.virginia.gov/state-parks/twin-lakes>

In the heart of central Virginia, this 548-acre, historic park offers many cultural, environmental and recreational activities. Overnight accommodations include a 33-site campground and 11 climate-controlled cabins. Visitors enjoy swimming, fishing, hiking, boating and lakeside picnicking.

RV—Tent—Cabins for Rent—Those that can, bring chairs—Pavilion has seating for 65

The Iron Clad Wings

Greetings to all GWRRA Members

Many have asked, others are waiting, and some have already decided. Yes, the question is "What is happening with Wings Over the Smokies?"



Wings Over the Smokies 2021 is a go! But not so for WOTS 2020. We want you all to know how hard of a decision this was to come to, but we really felt the safety and health of our members to be our first obligation. The beautiful hills and mountains still call us to enjoy their thrills and their beauty; the Smoky Mountains will hold over all their grandeur for us.

We are extremely excited to say that in place of Wings Over the Smokies 2020, we are working to organize the first **"Wings Over Carolina"**.

- "Wings Over Carolina" will be 3 separate regional rides spread across our state with specific routes and gathering points and will be in the fall, sometimes between the middle of September and the middle of October.
- "Wings Over Carolina" will be an open-air focused event; meeting, riding, picnicking, and playing, all outside.
- "Wings Over Carolina" will maintain safe social distancing and allow for masking as individuals may deem appropriate.
- "Wings Over Carolina" will allow us to visit personally with friends.
- "Wings Over Carolina" will not require hotels.
- "Wings Over Carolina" will be exciting!
- "Wings Over Carolina" will be fun!
- "Wings Over Carolina" will welcome 2 wheels, 3 wheels or 4 wheels.

We will do our best to schedule the "Wings Over Carolina" ride for the western region (mountains) during the previously scheduled dates for WOTS (September 24th, 25th or 26th). We hope this will facilitate people that had plans to attend WOTS to come and join us for the western "Wings Over Carolina" ride.

Of course we understand if you prefer to stay home, no one knows what the next few months will hold, but on the assumption that the virus is beginning to come under control in the US, we would like to continue to ride together, even while we can't gather in large groups. We believe this is the absolute best way to balance the health and safety of all GWRRA members with our collective desire to gather, ride, and have fun.

Believing the safety and health of our members to be our first obligation, we have been brainstorming other ways to keep our GWRRA community connected. For the immediate future, organizing smaller local rides, observing proper social distancing protocols, and wearing masks in public places must be a consideration. The good news is that if we all do these things, we will help slow the spread of the disease enabling us to gather in groups once again.

Facing the threat of Covid-19 has certainly posed many challenges for all of us, individually and collectively. Out of this struggle to find the new path forward. "Wings Over Carolina" was born but may ultimately become a summer tradition.

There will be many more details forthcoming about "Wings Over Carolina" rides as the District Team works together with CDs and Ride Coordinators to make this happen.

Joy and I hope you and your loved ones are staying healthy and finding ways to stay connected. We truly look forward to seeing you soon.

for our GWRRA FAMILY

Glenn and Joy Kennedy

NC District Directors

districtdirector@gwrranc.org

919-740-0045 (G) 919-740-0395 (J)

The Iron Clad Wings



Lynchburg Grand Hotel
601 Main Street, Lynchburg Virginia 24504

Come join us for a new and unique experience in beautiful Lynchburg. Lynchburg is rich in history and waiting to be explored. The traditions remain in the offerings of On-Bike and other classes, reconnecting with friends, guided rides, games, entertainment and more.

Virginia promises to bring you back in time to the fun of an Old-Fashioned Fall Carnival!

Room rate includes breakfast.

Reserve by September 29, 2020. After that date, reservations will be taken on a space available basis. Price remains the same, \$110.00 per night. Call hotel reservations at **434-528-2500** and ask for the special "GOLD WING ROAD RIDERS"

Pre-purchase your Saturday night 50/50 tickets!

Drawing held Saturday during closing ceremonies. **Must be present to win.**

25 tickets for \$10 = \$ _____ OR 60 tickets for \$20 = \$ _____ OR 100 tickets for \$30 _____

2020 RALLY IN THE VALLEY SHIRTS:

Choice of shirt style; all shirts will be white with 2020 Rally in the Valley logo.

SHORT SLEEVE T-SHIRT: (#) (size) Amount
S, M, L, XL, 2XL -- \$14 / 3XL -- 4XL -- \$17

LONG SLEEVED T-SHIRT: (#) (size) Amount
S, M, L, XL, 2XL -- \$16 / 3XL & 4XL -- \$19

SHORT SLEEVE GOLF SHIRT: (#) (size) Amount
S, M, L, XL, 2XL -- \$20 / 3XL & 4XL -- \$23

There is no guarantee that all shirt sizes will be available on site



**Come join us at
The Lynchburg Grand Hotel
for the 32nd Annual
Rally in the Valley!**

- ◊ Pizza Party Thursday Night
- ◊ COY Reception Friday afternoon
- ◊ Door Prizes
- ◊ Modules/Seminars
- ◊ Bike Show
- ◊ On-Bike Courses
- ◊ Hospitality Room
- ◊ 2021-2022 Virginia District Couple of the Year Selection on Saturday
- ◊ Poker Run
- ◊ History Tours of Lynchburg
- ◊ Saturday 50 / 50
- ◊ Ice Cream Social Friday night



The ARC (Advanced Rider Course) classroom portion will be THURSDAY at 2pm, the range portion will FRIDAY morning at 9am. The TRC (Trike Rider Course) classroom portion will be Friday at 1pm, the range portion will Saturday morning at 9am. Cost for either course is \$50 (Co-Riders are free). Full riding gear, CURRENT Motorcycle license, proof of Insurance & Registration are required to take either class. **MAXIMUM OF TWELVE PER CLASS**
NO REFUNDS UNLESS CLASS IS CANCELED BY INSTRUCTOR

Master's Breakfast

Be recognized for your achievements at the Master's Breakfast on Saturday morning, October 31. \$12 per person. Must be pre-registered. There will be a guest speaker, gifts and door prizes.

CPR/MFA Class

We will be offering a CPR/Medic First-Aid class at RITV on Friday, October 30, 2020. The course will begin PROMPTLY at 8:00am. The cost for the course is \$30 per person. Maximum of 12 for the class and must be pre-registered.



Rider: _____ Full Name _____ District/Chapter _____ Position _____ Member # _____
 Co-Rider: _____ Full Name _____ District/Chapter _____ Position _____ Member # _____
 Address: _____ Street _____ City _____ State _____ Zip _____
 Phone: _____ E-Mail: _____
For registration confirmation

Are you a current or former COY? _____ Is this your first time at Rally in the Valley? _____

Arriving on: Wed Thu Fri Sat

Registration Prices	Received Before	Member	Non-Member
Early Bird	7/15/20	\$25	\$30
Pre-Registration	9/15/20	\$30	\$35
Regular / On Site		\$35	\$40
Day Passes/On Site		\$20	\$25



Children 6 to 12 are \$10 each; Children 5 & under are free

Adult Member \$ _____ x _____ = \$ _____
 Adult Non-Member \$ _____ x _____ = \$ _____
 Children 6 to 12 \$10 x _____ = \$ _____
 Total (See above pricing schedule) _____
 • Refunds incur a \$5 cancellation fee
 • No refunds after October 1, 2020

Please make checks payable to:
GWRRA Virginia District
Mail registration with payment to:
GWRRA Virginia District
Roman Bantz
331 Paine St
Newport News, Va 23608

Registration Fees	\$ _____
Master's Breakfast	\$ _____
ARC Class	\$ _____
TRC Class	\$ _____
CPR/MFA Class	\$ _____
Saturday 50/50	\$ _____
T-Shirts	\$ _____
Total	\$ _____

RELEASE FORM (Must be signed by all registrants and returned)
 I/We agree to hold harmless GWRRA, The Virginia District, the Lynchburg Grand Hotel and any property owners for any loss or injury to self or property by reason of participating in this event.

Rider Signature: _____ Date: _____

The Iron Clad Wings

Expect the Worse And Plan Accordingly

By: James R. Davis, The Master Strategy Group

<https://www.msgroup.org>

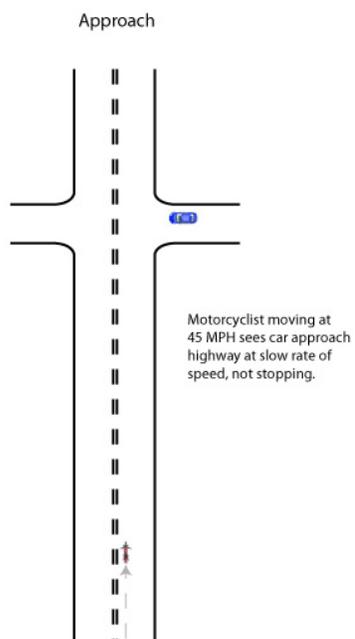
When we ride we are constantly confronted with situations that usually turn out to be of no consequence. After awhile, having seen it before and never having been negatively impacted, we tend to believe that we can handle just about anything and that *THIS* situation is just like all those that preceded it - just another 'no big deal'.

Then we die.

I do not mean to be so fatalistic with this post as to discourage riding altogether. Rather, I intend to restore those earlier caution/warning/danger signals back to reality for you.

My advice: **Always assume the worst will happen and plan accordingly.** So what if you turn out to be wrong? You lived another day and aside from burdening yourself with some defensive efforts that ultimately proved to be unnecessary, the ride was enjoyable.

Let me provide an example.



Here we see that while you are traveling on the 'main drag' (essentially a highway city street) at 45 MPH, in the distance there is a minor intersection with a car approaching that intersection at a slow rate of speed. With virtual certainty that car driver is approaching a stop sign. You assess that there is no 'real' threat at this time.

The car can stop, or not. But in any event, you have lots of time and distance available to you for use in either stopping or slowing to avoid that car.

What do you do?

- Stop
- Slow down
- Nothing but continue to watch the car
- Cover your brake lever and keep watching the car

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The Iron Clad Wings

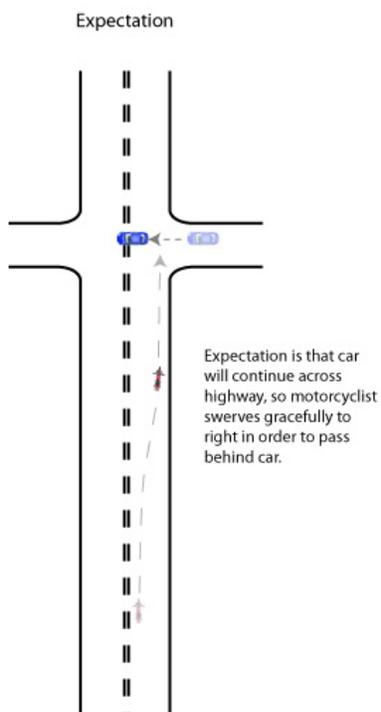
I believe that almost everyone who is a regular reader here would choose the last option, as would I.

There is no threat to have to deal with immediately, **but as a defensive driver, you assume the worst**, that the car may not stop and so you cover your brake lever to be able to react as quickly as possible, 'just in case'.

A few moments later you observe that the car is not stopping. It continues at a slow speed and enters the intersection. At this time you assess the situation as a possible threat - though of relatively low odds. Even if the car continues to cross the intersection at a slow rate of speed, it is not going to become a collision event. You have lots of time and distance to react in such a way as to avoid a collision.

What do you do?

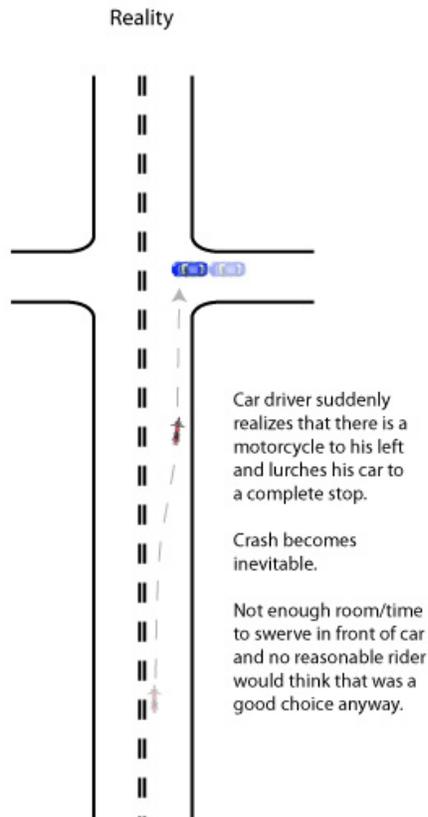
- Stop
- Slow down
- Nothing but continue to watch the car expecting that the car will cross the intersection
- Increase speed in order to try to pass in front of the slow moving car
- Give yourself more time and distance by gently swerving to the right in order to pass behind the car



But your expectations failed to consider the worst possible outcome - that the driver of that car might actually stop in the intersection when he suddenly wakes up to the fact that your motorcycle exists and is heading straight for him!

Continued on next page

The Iron Clad Wings



That non-threatening situation has just become life or death.

Why? Because you didn't expect the worst and plan accordingly.

Do so and you continue your ride without incident other than a brief expenditure of evasive effort along the way.

Expect the worst, and plan accordingly!

If you bet (have expectations) on something other than the worst, **you can lose**. But if you bet on the worst, and plan accordingly, if those expectations are met, **OR NOT, you win!**

The Iron Clad Wings

All The Gear All The Time

<https://www.icbc.com/road-safety/sharing/motorcycle-safety/Pages/motorcycle-safety-gear.aspx>



Most crashes involve falling off your motorcycle but street clothes won't protect you from injuries. Good riding gear can save you from road rash, broken bones, or worse. So the real question is, why wouldn't you wear all the gear, all the time?

Choose the right gear

Wearing the proper gear can save your skin in a crash. Follow our guidelines on choosing gear that provides the most protection for you.



Full-face helmet

The helmet is the most important piece of gear to protect against head injuries and fractures. Choose one with a full-face visor to guard against flying debris, watery eyes, and of course, bugs.

Leather or heavy fabric jacket

Increase your visibility with reflective material and bright colours. When it comes to impact and abrasion protection, leather can't be beat. However heavy textile or synthetic jackets offer comparable safety with added comfort in warmer weather.

Leather gloves that cover your wrists

In a crash, your hands may be the first part of you to hit the pavement. Be sure to choose sturdy gloves that cover your wrists and are made for motorcycle riding - work and mechanic's gloves simply don't cut it.

Abrasion-resistant pants with knee pads

Legs take most of the impact in a crash. Leather offers superior protection against exhaust burn, road rash, crushing, and dislocation, but textile riding pants are more versatile in varying weather conditions.

Heavy over-the-ankle boots with low heels

Good boots (avoid steel-toed) secure your feet on the foot pegs and road surfaces. Proper boots can prevent torn ligaments, sprains or even broken bones.

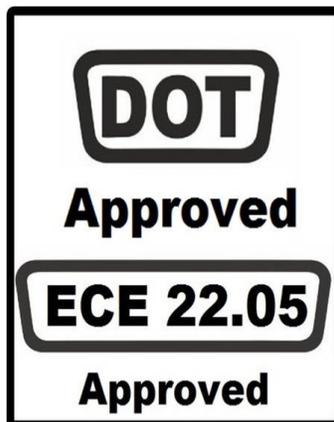
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The Iron Clad Wings

Wear an approved motorcycle helmet

All motorcycle riders and passengers must wear helmets that meet safety industry standards. Protecting your head is one of the most important factors in preventing or reducing serious injuries.

Choose a helmet that meets or exceeds one of these safety standards:



Ensure that your brand new helmet features:

- the proper label and meets safety-helmet labelling requirements (check the manufacturer's manual for an expiry date);
- a bright, visible colour (and add reflective tape to the sides and back); and
- a full-face helmet for the best protection in a crash.

When to replace your helmet

Any helmet that's been in a crash should be replaced immediately. It's also recommended that you consider replacing your helmet if it's been dropped or shows any sign of wear.

The Iron Clad Wings

In the Spotlight

Meet Martin “Marty” Tengowski, VA-L Member



Chapter L member – Martin “Marty” Tengowski. Raised on dairy farms in southern Wisconsin for 14 of the 19 years. Lived in a town with a population of 261, and a graduating class of 67. Other than that, single speed bike back then, and I did have a pet heifer that I could ride around the pasture to bring the cows into the barn for milking.

Joined the Army back in March 1977 as a big bomb maintenance technician. Went to boot at Ft Knox, KY, training at Red Rock U in Huntsville, AL and then off to Miesau Army Depot for three years of fun and excitement in Germany, Austria, France, Italy, and Switzerland. Great experience, great food, and oh yea, some great Bier! Finished up my four years in the Army at Seneca Army Depot in Romulus, NY.

Back in Wisconsin I went back to work at Advance Transformer and helped the folks on the dairy farm. After a year and a half and pondering at the employee handbooks, I took out a calculator, did a few computations, and after 50 years working there, I would get \$300 retirement. Thinking I could do better, I headed back to the Army to find they only had openings in Infantry, Artillery, and Combat Engineers. Looking for more of an Electronics Field and less camping field, went to see the Navy. Wanting to get the full experience and since it was 18 months, they let me do boot camp and everything. Finding the Navy boot camp a little on the boring side, Electronic A and C schools made up for it. The last thing you wanted to happen was to get set back, so you took those shocks right in stride, nary a flinch! Navy career took me from FL, to Great Lakes, IL, out to a school in Denver CO, Sub Base New London, CT, off to Guantanamo Bay, Cuba, then brisk Cutler, Maine, and finally Norfolk, VA where I retired in 1996.

I did not ride a lot before the Service, mainly on a 250 Yamaha on/off-road bike. One of the favorite things was seeing how and high and far we could jump with that bike. After I retired, I wanted to get back into riding. Picked up a Honda Magna 750, got the carbs tuned, and that little thing would scoot. Not sure how many miles I put on that bike, trip to SC, and rode with brother-in-law who lived north of Richmond. While on vacation I stopped in KY to see my brother, who had an 1100 Gold Wing that he had all shined up. I joked about taking off on it, and he threw me the keys. He lives in Ashland, KY across the river from West by God Virginia, the roads were great. I got back to the house, said “this thing is great, I bet you could even smoke while riding”, he said yep, “I need to check that out”, and off I went, and I was hooked, not on smoking cause I’ve quit, but hooked on a Gold Wing.

Continued on next page

The Iron Clad Wings

Finally finding a 1983 Gold Wing, I started putting miles on the bike. Working for the Navy, I had to have MSF course to ride on base, and that is when I took a class out in Franklin at PDCC community college. One of the instructors, Darden, rode a Gold Wing and told me about Chapter L in Chesapeake. That was back in 2007 that I joined Chapter L, and at the time if we had 10 to 15 people at a gathering we were doing well. It was not long after joining Chapter L, I had just volunteered for Chapter Educator, and the CD Mike Brooks, accepted a position back home, and was moving. So, before I could take the Educator position, I took over as CD to make sure the Chapter kept going, because I met a bunch of fun people to ride with. We all have stories that we can share, like being asked on base if I ever made any long rides, I said I did an Iron Butt Saddle Sore 1000, 1K miles in less than 24 hours, so if you consider that long, then yes! He was a sport bike rider! How many can say, while on a group ride, positioned in the middle of the group, you have been pulled over by Suffolk's finest! I can! How many can say they gave the Road Captain a heart attack, when he stops for the red light, but you roll on through because you had your feet up and did not want to use extreme breaking! I can! I provided a lot of entertainment to the Chapter because that old 83 Gold Wing did not have a fancy CB. I had a car CB and would have to use a handheld mic to talk with everyone. Everyone would comment on how I led rides, talking on the CB, smoking my cigs, and drinking coffee, but did not think I missed a beat! I moved up to 1500s and now to this blue 1800 which is a joy to ride. I have about 250,000 miles on a Gold Wing, just counting from my first '83 wing. I'm not done, I want to ride out to Utah to see my oldest daughter, and a trip to Alaska would be a fun retirement ride. I only have 58,000 on this 1800 with 20,000 being mine. I don't know if I'll hit 100,000 miles under four years like the last bike. Maybe!

So, besides riding, I enjoy the outdoors, especially hunting and fishing, which includes fly fishing and fly tying. I tell everyone that after four more years working for the Navy doing telephones, I have a research job lined up. I'm going to be tying flies, and then doing research to see which ones catch the most. So, if you want to see the upper Mid-West, fish in some of the best waters, keep in touch. I'll be somewhere in the Hayward, WI area. Musky Capital of the World.

Chapter L has provided some really fun times, for me and my kids! A Former CD.

The Iron Clad Wings

SNAPSHOTS

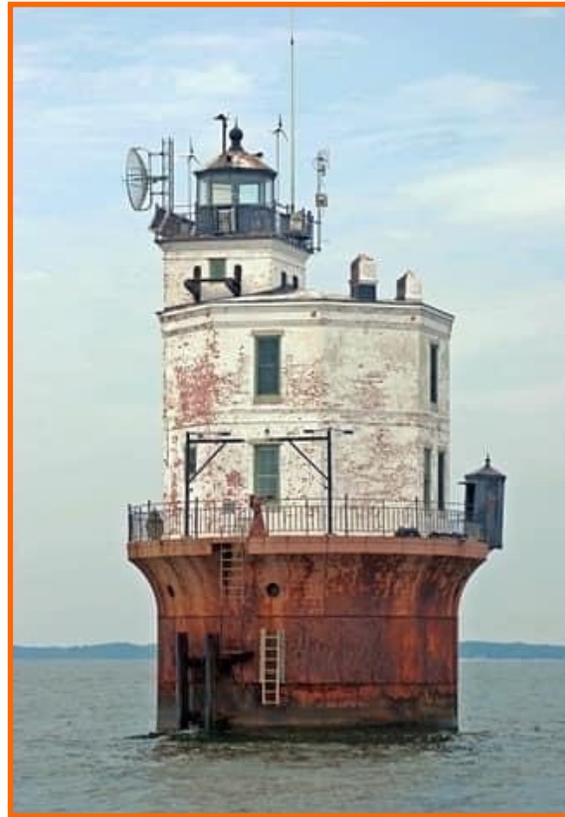
A look at what Chapter-L's Been Up To



Lighthouse Ride & Lunch Smith Point, VA May 16, 2020



Lorrie and Dan Phyliss and Dennis



Smith Point Lighthouse



Terry and Madonna



Horn Harbor Restaurant

The Iron Clad Wings

Chapter-L Funnies



Honda's new hardtop Gold Wing



"Look kids, Dad can cut grass without breaking a sweat"

Verizon LTE 3:05 PM 87%

This brutally honest Amazon review is so funny 😂

amazon prime

☆☆☆☆ A fun way to ruin a weekend and blow 100 bucks.

By Reid hamlin on February 3, 2018

We took this ball to the beach and after close to 2 hours to pump it up, we pushed it around for about 10 fun filled minutes. That was when the wind picked it up and sent it huddling down the beach at about 40 knots. It destroyed everything in its path. Children screamed in terror at the giant inflatable monster that crushed their sand castles. Grown men were knocked down trying to save their families. The faster we chased it, the faster it rolled. It was like it was mocking us. Eventually, we had to stop running after it because its path of injury and destruction was going to cost us a fortune in legal fees. Rumor has it that it can still be seen stalking innocent families on the Florida panhandle. We lost it in South Carolina, so there is something to be said about its durability.

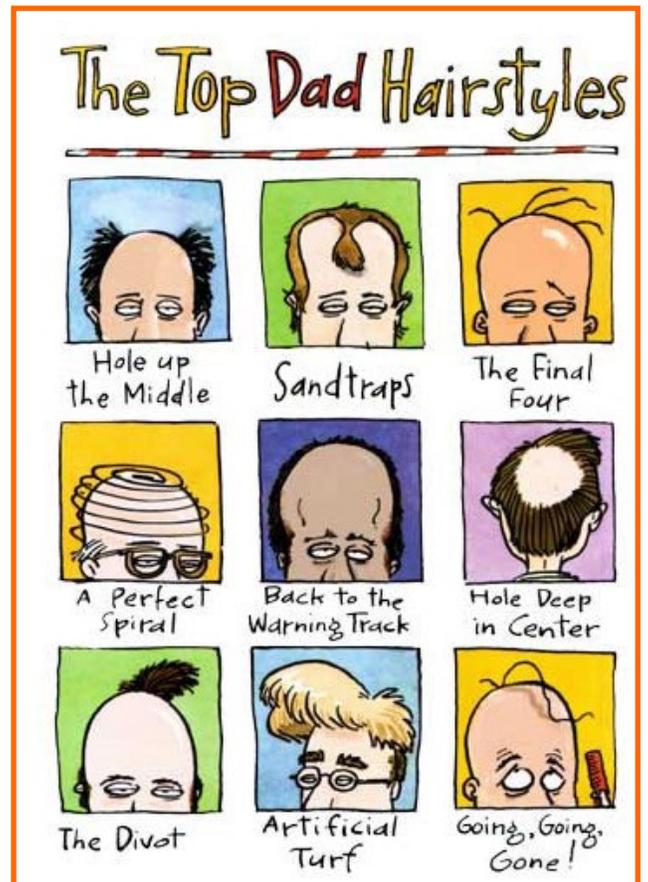
Sol Coastal The Beach Behemoth Giant Inflatable 12-Foot Pole-to-Pole Beach Ball by Sol Coastal

\$95⁹⁶

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Chesapeake, VA 23320
(757) 502-8220
www.popsdinerco.com



Please come and join us!

Other local gatherings

- **Chapter C-Hampton/Newport News:** 2nd Sunday each month, 5pm. Angelo's Steak House at 755 J Clyde Morris Blvd in Newport News
- **Chapter O-Williamsburg:** 4th Sunday each month, 4pm. Denny's Restaurant at 409 Bypass Rd in Williamsburg
- **Chapter NC-E2-Elizabeth City, NC:** 3rd Thursday each month, 7pm. The Villa at 846 Halstead Ave in Elizabeth City, NC



Come Join Us

The Iron Clad Wings

Chapter Team Members

POSITION	NAME	EMAIL
CHAPTER DIRECTORS	DAN CLARK Dan cell: (757) 343-1783 LORRIE THOMAS Lorrie Cell: (954) 599-5178	wingernut93@aol.com lorriemthomas@aol.com
MEMBERSHIP ENHANCEMENT	DENNIS & PHYLISS EASTON	eastondm@cox.net
TREASURER	WILL CONRAD	will38@cox.net
RIDE COORDINATOR	DAN CLARK	wingernut93@aol.com
EVENT COORDINATOR	VACANT	
CHAPTER HISTORIAN SCRAP BOOK	VACANT	
NEWSLETTER EDITOR	KAREN BOTTONI	kbottoni@gmail.com
WEBMASTER	ZACH BON	zachkbbon@gmail.com
SECRETARY	DEBBIE MANDIGO	dsteamn@gmail.com
SUNSHINE COMMITTEE	KARLA DOBBINS	karla_cowboys@yahoo.com



<https://gwrraval.org/>



The Iron Clad Wings

Virginia District Team

POSITION	NAME	PHONE	E-MAIL
District Director	Lorrie Thomas Dan Clark	954-599-5178 757-343-1783	lorriemthomas@aol.com wingernut93@aol.com
Asst. DD West	Wayne & Kathy Whitworth	540-875-8064	wayne69997@yahoo.com
Asst. DD North	Vacant		
District Couple of the Year	Dennis & Phyliss Easton	757-636-1023	eastondm@cox.net
District Educator	Vacant		
Asst. District Educator	Bob Beltz	757-869-8277	beltzb@cox.net
Asst. District Educator	Gordon Combs	540-840-0394	gorcom@msn.com
District University Coordinator	Vacant		
CPR/MFA Coordinator	Ken Taylor	703-819-6766	2012pearlwhiterider@comcast.net
Member Enhancement	Vacant		
Asst. Membership Enhancement	Ann Peterson	703-583-1655	nativepeterson12@gmail.com
District Web Master	Fritz Sassine	804-938-9183	fritz.sassine@gmail.com
District Event Photographer	Jim Peterson	703-583-1655	nativepeterson12@gmail.com
District Special Events Coord.	Vacant		
District Rally Vendor Coord.	Vacant		
District Treasurer	Roman Paryz	757-687-9282	roman.paryz@gmail.com
Newsletter Editor	Roman Paryz	757-687-9282	roman.paryz@gmail.com

Team GWRRA

Directors	Jere & Sherry Goodman	540-623-0447	director@gwrra.org
Director's Assistant	Tom & Renee Wasluck	570-239-2353	tom.renee11@gmail.com
Director of Membership Enhancement	Larry & Penny Anthony	205-492-9728	mepgwrra@gmail.com
Director Rider Education Program	Susan & St. George Huttman	828-368-2249	director-re@gwrra.org
Director of the University	Clara and Fred Boldt	319-240-4269	toledotriker@gmail.com



<https://www.gwrravadistrict.com/>

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The Iron Clad Wings

Chapter	Area / Location	Chapter Director	Phone Number & Email	Monthly Gatherings
VA-A	Burke	Mary O'Connor (11/09)	703-635-6775 maryoc4429@aim.com	2nd Wed. 7:30 pm The Ponds Community Center, 9837 Burke Pond Lane, Burke, VA. 22015
VA-C	Hampton/Newport News,	Dave & Donna Huey (01/18)	757-719-0668 dhuey1800@verizon.net	2nd Sun. 4:pm Angelo's Steak House 755 J. Clyde Morris Blvd, Newport News
VA-D	Richmond	Fritz Sassine & Iris Guillet (01/18)	804-938-9183 fritz.sassine@gmail.com	4th Wed. 6:pm Candelas Pizzeria & Ristorante Italiano, 14235 Midlthoian Tnpk., Richmond
VA-E	Fredericksburg	Claude Revely (01/19)	540-207-7646 Knightwing263507@gmail.com www.battlefieldwings.com	3rd Wed. 6:pm Great American Buffet. 1780 Carl D Silver Pkwy, Fredericksburg Central Park Shopping Center, exit 130 off I95
VA-F	Winchester	Stephanie Davis (08/14)	540-664-6430 davis.stephanie80@yahoo.com	4th Sun. 8:am Golden Corral, 120 Costello Dr., Winchester
VA-H	Abingdon	Paul & Dorothy Baker (11/01)	276-628-6047 09nellie@comcast.net	2nd Tue. 7:pm Abingdon Moose Lodge US19, Porterfield Hwy, Abingdon
VA-I	Manassas	David & Robin Hotaling (1/20)	646-406-1200 Rah889195@yahoo.com davidsgoldwing02@gmail.com	2nd Sun. 9:am Great American Buffet 8365 Sudley Rd, Manassas
VA-K	Roanoke	Jim Dailey & Susan Stuppiello (6/19)	540-230-0511 DaileyENT@yahoo.com susantuppiello@gmail.com	2nd Mon. 6:pm Great 611 Steak Co., 3830 Franklin Rd., Roanoke
VA-L	Chesapeake	Dan Clark & Lorrie Thomas (1/20)	757-343-1783 (D) 954-599-5178 (L) Wingernut93@aol.com lorriethomas@aol.com	4th Tue. 6:pm Pops Diner 1432 Greenbrier Parkway, Chesapeake
VA-O	Williamsburg	Ray & Tammie Pierce (04/14)	757-268-6286 gwrravaochapterdirector@cox.net	4th Sun. 4:pm Denny's Restaurant 409 Bypass Rd. Williamsburg
VA-R	Harrisonburg	Gary Hoover hoov@shentel.net (01/18)	540-742-1751 Judy Russell tiggerly13@hotmail.com	1st Sun Location to be Announced
VA-V	Bedford	Jonathan Whitworth (04/17)	540-425-0028 OtterRideVAV@gmail.com	3rd Sun. 2:pm NO FOOD Bedford Church of God 1212 E Main St, Bedford
VA-W	Chester	Sheila & Jim Hazan (06/18)	804-396-9088 (S) 804-396-9089 (J) gwrravaw@gmail.com	2nd Tue. 6:pm The Patron Cantina 12211 Jefferson Davis Hwy., Chester
VA-X	Salem	Larry Stanton (01/15)	304-922-1401 Larry250222@gmail.com	1st Sat. 3:pm Riverside Evangelical Methodist Church, 1920 Lucas St, Salem