

The Iron Clad Wings



Gold Wing Road Riders Association
 GWRR's Motto is...
 Friends for Fun, Safety and Knowledge

**Chartered
 15 April, 1995**

BRONZE Level Chapter for 2017



We're More Than Gold Wings...



Chapter Directors: Dan Clark & Lorrie Thomas
 wingernut93@aol.com lorriemthomas@aol.com
 Dan's Cell 757-343-1783 Lorrie's Cell 954-599-5178

Ride & Grow with VA-L

We meet the 4th Tuesday of each month (except December) at Pop's Diner, 1432 Greenbrier Parkway, Chesapeake, VA 23320 Our meet, greet and eat—begins at 6pm, our gathering begins at 7pm. We invite you to come out and have fun with us

2020 Road Warrior Awards



- January: Will Conrad
- February: Steven Morgan
- March:
- April:
- May:
- June:
- July:
- August:
- September:
- October:
- November:
- December:



IN THIS ISSUE

- Chapter Team Articles
- District News
- National News
- Our Mission Statement
- Birthdays & Stuff
- Ride Calendar
- Event Flyers

ALSO IN THIS ISSUE

- What's So Important About Helmet Certifications Anyway?
- The Start of Riding Season 2020
- SNAPSHOTS—a look at what Chapter L's been up to
- Chapter L Funnies

The Iron Clad Wings

History of St Patrick's Day



St. Patrick's Day is celebrated annually on March 17, the anniversary of his death in the fifth century. The Irish have observed this day as a religious holiday for over 1,000 years. On St. Patrick's Day, which falls during the Christian season of Lent, Irish families would traditionally attend church in the morning and celebrate in the afternoon. Lenten prohibitions against the consumption of meat were waived and people would dance, drink and feast—on the traditional meal of Irish bacon and cabbage.

Who Was St. Patrick?

Saint Patrick, who lived during the fifth century, is the patron saint of Ireland and its national apostle. Born in Roman Britain, he was kidnapped and brought to Ireland as a slave at the age of 16. He later escaped, but returned to Ireland and was credited with bringing Christianity to its people.

In the centuries following Patrick's death (believed to have been on March 17, 461), the mythology surrounding his life became ever more ingrained in the Irish culture: Perhaps the most well-known legend of St. Patrick is that he explained the Holy Trinity (Father, Son and Holy Spirit) using the three leaves of a native Irish clover, the shamrock.

When Was the First St. Patrick's Day Celebrated?

Since around the ninth or 10th century, people in Ireland have been observing the Roman Catholic feast day of St. Patrick on March 17. The first St. Patrick's Day parade took place not in Ireland but in America. Records show that a St. Patrick's Day parade was held on March 17, 1601 in a Spanish colony in what is now St. Augustine, Florida. The parade, and a St. Patrick's Day celebration a year earlier were organized by the Spanish Colony's Irish vicar Ricardo Artur.

More than a century later, homesick Irish soldiers serving in the English military marched in New York City on March 17, 1772 to honor the Irish patron saint. Enthusiasm for the St. Patrick's Day parades in New York City, Boston and other early American cities only grew from there.

What Do Leprechauns Have to Do With St. Patrick's Day?

One icon of the Irish holiday is the Leprechaun. The original Irish name for these figures of folklore is "lobaircin," meaning "small-bodied fellow." Belief in leprechauns probably stems from Celtic belief in fairies, tiny men and women who could use their magical powers to serve good or evil. In Celtic folktales, leprechauns were cranky souls, responsible for mending the shoes of the other fairies.

Though only minor figures in Celtic folklore, leprechauns were known for their trickery, which they often used to protect their much-fabled treasure. Leprechauns have their own holiday on May 13, but are also celebrated on St. Patrick's, with many dressing up as the wily fairies.

History.com Editors

<https://www.history.com/topics/st-patricks-day/history-of-st-patricks-day>

The Iron Clad Wings

Dan Clark & Lorrie Thomas

Chapter Directors

wingernut93@aol.com

Dan cell (757) 343-1783

Lorrie cell (954) 599-5178



**Chapter
Directors**



The weather is finally starting to warm a little and there have been a few days that we have had the opportunity to bring out the bikes. Have you had the chance to get the maintenance completed on your bike in preparation for the riding season? If not, this would be an opportune time.

The calendar for the month of March has been filled out with quite a few items. On the 21st, we will be having a planning meeting at Zino's Pizza on Old George Washington Hwy from noon till 3pm. This is to get input from you, the members, on what type of rides you would like on the calendar and where you would like to go. I encourage everyone to attend that has any idea for a ride or destination.

There is also a Medic First Aid and CPR class being planned for our area. I know there are a few members that need to renew their certification to stay current in their levels. If you are interested in attending this class, contact Lorrie and she will put your name on the roster.

I look forward to the riding season and hope we can come up with some exciting places to ride. I hope you will attend the planning meeting. Until we ride again, be safe, ride safe and keep the shiny side up.

Dan Clark & Lorrie Thomas, Chapter Directors

The Iron Clad Wings

Dennis & Phyliss Easton

Membership Enhancement Coordinators

eastondm@cox.net



Membership Enhancement



Chapter L Membership Enhancement

Reaching Out

The Chapter Team has several goals for 2020, two of which we worked towards on Saturday, March 7 at the Craft Show held at the Russell Memorial Library in Chesapeake. One of the goals is to do community outreach with our message of “Look Twice – Save a Life”, geared toward the motorist we share the road with, and the second goal is to recruit new Members for Chapter L.

Karen, Debbie, Conrad, Doug, Lorrie, Dan and I set up a table at the show and spoke to vendors and guests about our message. Several 4-month free membership applications were given out and a couple of vendors seemed to be itching to buy a Gold Wing! It was cool to see how many riders were at the event.



We gave a live shout out on Facebook on the sponsor’s page. Lorrie gathered some business cards to add to the vendor list at Rally.

The Chapter has scheduled more of these shows, festivals and jubilees in the months ahead. If you know of an event, contact Debbie Mandigo. Hope we can get others of you to attend and help. Beware...we gave into temptation and did support the vendors.

Thank You,

Dennis and Phyliss Easton

GWRRA VA-L

Chapter Membership Enhancement Coordinators

The Iron Clad Wings

Dan Clark

Ride Coordinator

wingernut93@aol.com



Ride Coordinator

Greetings Chapter,

The weather is getting warmer and we are now on daylight savings time. This means that we will have more daylight in the evening and can get caught up on those outdoor chores. This will leave more time for riding on Saturdays or Sundays with the Chapter.

We will have our first Community service clean-up at our Adopt a Spot on Hanbury Rd and Rt 168 this Saturday, March 14th at 10:00am. After clean-up, we will go to Nacho Grande Mexican Restaurant located at 237 Hanbury Rd E for lunch.

We will be doing something different this year, we will have a ride planning meeting on March 21st from 12:00 pm till 3:00 pm at Zino's Pizza on Old George Washington Hwy. If you are not familiar with the location, it is basically across the street from the Hardee's that we meet at for our departures. Please bring your ride ideas, destinations, and adventures. You will not have to lead the ride by submitting a suggestion, just help fill the calendar. This is your Chapter and I would like to see more involvement and participation.

April will also be our last Chapter dinner event and we will change to Ice Cream rides in May. If you have a special place you would like to attend for ice cream, please bring it to the planning meeting or get in touch with me. As always, be safe, ride safe and keep the shiny side up.

Dan Clark

Chapter Director, Va-L

The Iron Clad Wings

District

Coming soon: An Old-Fashioned Fall Carnival

Before I share the news about Rally, I wanted to thank everyone for supporting the return of Wingless Weekend. It was my first Wingless and I will never, ever forget what I saw there! A picture is worth a thousand words, but the memories are priceless...unless you threaten to post them on Facebook, then you can make some hush money.

We will strive to grow Wingless to the mega event Virginia had in the past, but the 90 folks that were there, including the Maryland/Delaware contingent, had a great time and promised to return next year. Thanks to the District Team and the Members who stepped up to assure it went smoothly.



Now to Rally. When someone heard that we had changed Rally to Lynchburg, they thought we'd have to change the name because we were no longer in a valley. A little research was done, and it was discovered that Lynchburg is actually more valley-er than Roanoke. Who knew?

What can you expect from the 32nd Rally in the Valley? Lots.

Lynchburg is an exciting city with a welcoming spirit and loads of hospitality. They are thrilled to have us there. We are working with the Office of Economic Development and Tourism to plan museum trips, rides to the D-Day Memorial, Civil War Museum and Appomattox. There are homes to tour, gardens and cemeteries to explore, children's museums and nature exhibits. Check out lynchburgvirginia.org to see more.

The hotel, the Lynchburg Grand, is newly renovated, has a lounge and a restaurant. Plenty of places to eat close by, too. There is free covered parking.

The theme will be a blast from the past, bringing you back to the school carnivals our parents and the PTA put together. Each Chapter will have a booth where you can play games, win prizes or get some carnival food. I remember in Elementary school bringing a goldfish home, that I won, in a water-filled zip lock bag that resulted in Mom running to the pet store for a bowl, food and a plaster castle. My 25-cent fish cost Mom a bunch of money. Not sure if it lived through the night! There will be no baskets to bid on this year, just an evening of playing games and having fun. Game and food tickets will be for sale on site.

There will be the usual fare; classes, on-bike courses, games, Couple of the Year gatherings, Master Breakfast, Wingo, history tours, a tour of California Sidecar, vendors and ice cream, of course. It's still a work in progress and we will keep you informed. The hotel is ready to take reservations and the room rate will include breakfast.

There is still time to let the Team know what you would like to see during Rally. Please let your thoughts be heard. The reservation form is in this newsletter and on the website. Early registration is until July 15th, pre-registration is until September 15. On-Bike courses are still \$50.00, MFA/CPR is \$30.00.

Be safe.

Virginia District Director

Lorrie Thomas

The Iron Clad Wings

National

Tony Lasher
Assistant Director Motorist Awareness



How to Properly Hook Up a Trailer and Why

This is a true story. It happened to me recently on a Patriot Guard Rider (PGR) mission. I ride a 2018 GL 1800 with a Road Smith trike kit. I hooked up my trailer (loaded with my flags) and proceeded on my ride. The hook-up was nothing unusual. I latched the trailer to the ball hitch as I have done several times before. I placed the padlock in the hitch to secure the trailer. I then hooked up the lights and secured the safety chains by crossing the chains as required by law. I checked all lights on the trailer. Everything seemed okay. Off I went.

About ten miles down the road doing 50 mph, I noticed my trailer moving around. I thought I had a flat tire so I slowed to pull over and all *&%\$# broke loose! The trailer started to fish tail and it hit me in the back of the trike (I have a nice scratch on the back bumper – UGH!). The trailer came loose from the ball hitch. The safety chains held. Unfortunately, the tongue did not fall into the crossed chains, but dragged on the ground. Thank goodness it did not dig into the pavement! It DID tear the trailer stand off, and in the process destroyed the trailer wiring at the tongue.

What I DID NOT do was check out the hitch before leaving home. I didn't twist the safety chains to take up the slack. I learned a lesson – not to assume everything is ok with your trailer hook-up. Do a complete assessment on your trailer as you do on your bike/trike before you ride.

How does this apply to the Motorist Awareness Program?

Motorists always seem to take for granted that trailers, cargo, campers, etc. are hooked up properly. In the above example, if the tongue had dug into the pavement the trailer could have flipped into oncoming traffic. I could have lost control of my motorcycle and caused an accident. Encourage motorists to give riders additional space. Please remind them to drive aware and to expect the unexpected!

Ride Safe and look out for others. Your life depends on it!!!

Tony Lasher
tlasher@mchsi.com

Mike & Barri Critzman
 Director of Motorist Awareness
 760-245-9218
itsawingthing@hotmail.com



The Iron Clad Wings

Our Mission Statement: RIDE & GROW

Respect all motorcycle riders and motorists

Inspire members to participate in the Levels Program.

Dedicated towards providing a family atmosphere so everyone has fun.

Educate our members about new innovations regarding riding, safety, and about GWRRA.

&

Give back to the community, resulting in a positive image of motorcyclists.

Relax, and enjoy the ride!

Offer assistance and encourage participation by all members.

Work with members by assisting them in achieving their goals.

So, what are we really saying...

We don't discriminate; all types of motorcycles are welcome. If your friends are looking for a group to ride with, that believes in and practices safety, we are that group. Respect drivers by being courteous with our lights and riding style.

We want all our members to participate in the Rider Education (Levels) program. The Levels Program allows members to advance from Level 1 (Committed to Safety) to Level 4 (Safety By Enhanced Commitment and Preparedness), also known as Master Tour Rider. As our members gain experience and miles, we inspire them to advance to the next level.

We are a family association; we are dedicated to providing a fun and friendly atmosphere to members and visitors of all ages. We strive to make every event fun.

Chapter L is dedicated to educating our members and visitors about motorcycling. We do this by having training provided by certified trainers that have graduated from Gold Wing University. We educate members about riding alone, with a co-rider, and in a group. We educate on riding as a team, pulling trailers, crash scene response, leadership, fun events, advances in motorcycling, and much more. Our trainers are evaluated by senior trainers to ensure they remain up-to-date regarding motorcycling.

Not all motorcyclists are the same; we strive to present a positive image to the public. We inform the public about what our association stands for; Friends, Fun, Safety, & Knowledge. We are a part of the community and want the community to be a part of us.

Have fun and enjoy riding with Chapter L. We want all of our riders to relax and enjoy the ride while being among friends that share your passion... riding.

It takes everyone to make the Chapter successful. But what is the definition of **successful**? Successful means the Chapter is fun. Successful means the Chapter rides a multitude of routes with varying distances. Successful means people want the Chapter to thrive. Successful means people ask "what can I do to help..." Successful means our membership thrives. In other words, we cannot be successful without you. Participation from all members results in the Chapter being successful.

Have you achieved your goals you've set? Regardless whether your goals involve motorcycling or are professional, chances are, there is someone in the Chapter that wants to assist you in achieving your goals. Our goal is to assist you in achieving your goal.

Our Motto: RIDE and GROW with VA-L

The Iron Clad Wings

Birthdays, Anniversaries, & Other Information



MARCH BIRTHDAYS

Madonna Elliott

Jan Gunter

Betty Leonard



MARCH ANNIVERSARIES:

NONE



MARCH GWRRA ANNIVERSARIES:

BOB & JAN GUNTER—7 YRS

RICK MAKOWSKI—11 YRS

WES ORVIS—12 YRS

RICHARD & BETTY LEONARD—4 YRS

MARTHA PHELAN—3 YRS

Quote
of
the
Month

Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, vision cleared, ambition inspired, and success achieved.

Helen Keller

Helpful information for members

To get Chapter, District, and National patches for your vest, contact our Chapter Treasurer, Will Conrad.

For things you might typically pick up at a Rally, but don't want to wait until the next one comes around:

- **Chapter Shirts/Rider Ed patches:** See the Chapter Directors; Dan Clark & Lorrie Thomas
- **Name Tags:** www.ThEngraver.com (take note of spelling—only 1 'e' at beginning)
- **Vests & sewing patches:**
 - Perfect Fit Alterations, 357 Johnstown Rd, Chesapeake. They also do vest embroidery
 - The Leather Arts Store at 415 N. Military Highway, Suite 13. Ask for the owner, Dennis
- **Embroidery & Name Tags:** Nancy Harbison Uniforms & Tailoring at 479 South Lynnhaven Road, Virginia Beach (463-3241)

These are by no means the only place to get your desired items, just the ones that seem to be used the most by local chapters.

The Iron Clad Wings

Gathering & Ride Calendar



Check out our website to see the latest updates to our calendar <https://gwrraval.org/>

Date	Chapter	Event
Mar 13	L	Monthly Chapter dinner at Dirty Buffalo, 6:30pm, 2080 S. Independence Blvd, Va Beach
Mar 14	L	Quarterly Clean-up at our Adopt-A-Spot in Chesapeake. Meet at 10am in the Walgreen's parking lot, 201 Hanbury Rd, Chesapeake
Mar 21	L	Team Ride Calendar meeting 12pm at Zino's Pizza, 850 Old George Washington Hwy
Mar 24	L	Monthly Chapter Gathering, Pop's Diner, 1432 Greenbrier Pkwy. Eat at 6pm and gather at 7pm
Apr 4	X	Chapter X Spaghetti Dinner in Salem (see flyer in newsletter)
Apr 18	A	Picnic in the Park, Shenandoah National Park (see flyer in newsletter)
Apr 28	L	Monthly Chapter Gathering, Pop's Diner, 1432 Greenbrier Pkwy. Eat at 6pm and gather at 7pm
Apr 30—May 2	Tennessee	Tennessee District Rally "Spring Fling": Evergreen Smoky Mountain Lodge and Convention Center (see flyer in newsletter)
May 2	L	Tour de Cure. If interested in volunteering, contact Sherry Morgan for details.
June 13	A	2020 Poker Run and Picnic (see flyer in newsletter)
June 30-July 4	National	Wing Ding 42, Springfield MO (see flyer in newsletter)
Sep 12	C	Fall Sprawl, 485 Simmons Ln, White Stone, Va (see flyer in newsletter)
Oct 29-31	Virginia	Virginia District Rally, "Rally in the Valley": Lynchburg Grand Hotel, 601 Main St, Lynchburg (see flyer in newsletter)

The Iron Clad Wings

Gold Wing Road Riders Association

Recruit



Get a Year Free

The Iron Clad Wings

How it works:

Start Date: 2/1/2020

Recruit **1** Household



= 1 month free membership

Recruit **2** Households



= 1 additional month free

Recruit **3** Households



= 1 YEAR FREE MEMBERSHIP



www.GWRRRA.org
1-800-843-9460

The Iron Clad Wings

**GOLD WING ROAD RIDERS ASSOCIATION, SALEM
CHAPTER X**

SPAGHETTI SUPPER

Spaghetti
Salad Bread



APRIL 4, 2020 Saturday

Door Prize \$100.00* -- You don't have to
be present to win.

Adult \$8.00, Children 6-11 \$5.00, Children 5 and under Free

SUPPER: 2:00-5:00

GAMES: STARTS 1:00

**Take Out Orders Available

GAMES

DOOR PRIZES

CAKE WALKS, 50/50

A portion of proceeds will be donated to Saint Jude's Children's Cancer Research.

LOCATION: Riverside Evangelical Methodist Church,

**1920 Lucas Street, SALEM, VA. DIRECTIONS: Rt-460, (Main Street)/Turn
beside Sheets onto Mill Lane/ Go to River Road/ turn left on River Road/
follow to Lucas Street/Turn Right, Go ½ block, Church on left.**

****QUESTIONS Call: 540-639-1792, 304-922-1401**

The Iron Clad Wings



18 APRIL 2020 PICNIC IN THE PARK

Shenandoah National Park Mile Marker #37. Pinnacles Picnic area

Join us for a Picnic in Shenandoah National Park. Meet Riders from all over. All RIDERS WELCOME. Plan YOUR great Ride in and back home plus meet and greet other riders



Chapter A will
meet at Bob Evans
Restaurant in
Chantilly RT50/28
at 9 am

Bring your Picnic
Lunch to enjoy
and share! 11:30-
1:30 pm

ENTRANCE FEE IS
WAIVED for ALL

50/50 for Charity
NIH Children's
Ward

RIDE LEAD

Hank Waters
hankjwaters@verizon.net

Face book page

VA GWRRA Chapter A

The Iron Clad Wings

HOST HOTEL

Evergreen Smoky Mountain Lodge and Convention Center
4010 Parkway

For Reservations Call 865-453-1823

Rates Start at \$88.00 / night Wed thru Sat.

Be sure to mention GWRRA to get the special rate.

*This is the Host Hotel and the location
for the vendors and all activities to include
the Talent Show and Closing*

Additional Host Hotels

The following hotels are each part of
SMOKY MOUNTAIN RESORTS

Reservations for any one of them can be made by calling
their reservation center at 1-800-523-3919.

COUNTRY CASCADES

204 Sharon Drive

Rates starting at \$95.00 per night

CREEKSTONE INN

4034 River Road S.

Rates starting at \$88.00 per night

Be sure to mention GWRRA to get the special rate.

Registration Please Print Clearly

Rider _____ State _____ Chapter _____
GWRRA # _____ Exp. Date _____ Age _____
Position _____ Is this your first TN District Rally? Y N
Circle all that apply: Male Female 2UP 2UP Bike Trike Sidecar Other

Co-Rider _____ State _____ Chapter _____
GWRRA # _____ Exp. Date _____ Age _____
Position _____ Is this your first TN District Rally? Y N
Circle all that apply: Male Female 2UP 2UP Bike Trike Sidecar Other

Street _____
City _____ State _____ Zip _____
Phone _____ Email _____
Distance to Rally (one way) _____

Liability Release

All Registrants Must Sign

*We agree to hold harmless GWRRA, the co-sponsoring organization,
and any property owners for any loss or injury to self or property by
any reason by participating in this rally.*

Signature _____ Date _____

Signature _____ Date _____

**Must be pre-registered for Master's Breakfast; tickets will not be sold on-site.*

*** 1 Grand Prize ticket included with Pre-Registration.*

Day pass will be available on site for \$25.00 Per Day.

*Note: All refunds are subject to \$15 handling fee. No refunds after April 15,
2020, without the District Director's approval.*

Early Bird Deadline March 2, 2020

Early Bird prize is \$300.00 by DRAWING

First Grand Prize is \$3,000.00 second Grand Prize is \$500.00

All Pre-registration forms must be received by

April 1, 2020



38th Annual Tennessee District "Spring Fling" April 30 May 1&2, 2020 Pigeon Forge, TN Hillbilly Hoe Down



All full registrations will increase by \$5.00 after April 10, 2020

GWRRA Members	\$30 x _____ = \$ _____
Life Members	\$25 x _____ = \$ _____
Non-Members	\$35 x _____ = \$ _____
13-15 Year Olds	\$10 x _____ = \$ _____
12 Years Old and under	FREE with a paying Adult
Master's Breakfast*	\$25 x _____ = \$ _____
Grand Prize Tickets** \$2 ea or 6 for \$5.00 x _____ = \$ _____	

Registration total \$ _____

Shirt Orders

SS Tee S, M, L, XL - \$16 / 2XL & up - \$19
Size _____ Quantity _____ Amount \$ _____
Size _____ Quantity _____ Amount \$ _____

LS Tee S, M, L, XL - \$20 / 2XL & up - \$23
Size _____ Quantity _____ Amount \$ _____
Size _____ Quantity _____ Amount \$ _____

SS Golf S, M, L, XL - \$27 / 2XL & up - \$29
Size _____ Quantity _____ Amount \$ _____
Size _____ Quantity _____ Amount \$ _____

Shirt Total \$ _____

After closing Dinner Show \$39.50 X _____ = \$ _____

Soul of Motown

The Grand Majestic Theater

2330 Parkway, Pigeon Forge TN

The show is after Closing Saturday 8:15 PM. There will be an all you can eat buffet

before the show at 7:15 PM. Cost is \$39.50 per person.

You must Pre-register on this registration. Tickets will be in your packets.

Grand Total \$ _____

Please make payment to TN GWRRA

Mail Entire Page with Check or Money Order (no cash) to:

Bob Mack
1470 River Road
Kingston, TN 37765

The Iron Clad Wings



www.gwmavaa.org

Gold Wing Road Riders Association Virginia Chapter A

Presents

2020 Poker Run and Picnic

Saturday, June 13th

MotoMember Manassas

(formerly, Manassas Honda/Kawasaki/Suzuki)

9105 Mathis Avenue, Manassas, VA

Registration: 9 - 10:30 am

\$15/person if pre-registered by 6/1 or \$20/person after 6/1 or on-site

Poker run will end at:

Locust Shade Park

4701 Locust Shade Drive, Triangle, VA 22172

Reserved Picnic Pavilion opens at 12 Noon

Awards Ceremony starts at 2:30 pm

GWRRR Chapter VA-A 2020 Poker Run Registration Form

Mail Pre-registrations to:

Chapter A Poker Run
c/o Wally Newcombe
5408 Weymouth Drive
Springfield, VA 22151

Rider: _____

Co-Rider: _____

Address: _____

Phone: _____ Chapter/Club: _____

# Attending =	_____
By 6/1	X \$15
After 6/1	X \$20
Total = \$	_____

I/We agree to abide by the ideas governing this event. Further, I/We agree to hold harmless GWRRR Chapter VA-A or any property owner for loss, damage or injury to self or property which I/We may become involved by reason of participation in this event.

Rider: _____ Date: _____

Co-Rider: _____ Date: _____

The Iron Clad Wings



WING DING 42

SPRINGFIELD, MISSOURI / JUNE 30-JULY 4, 2020



Register today! Simply mail or fax your completed form.

GWRRA Member Services

P.O. Box 42450, Phoenix, AZ 85080-2450

Call: 1-800-843-9460 or 623-581-2500 (Local)

Fax: 877-348-9416

Register online at: www.wing-ding.org

FULL REGISTRATION INCLUDES:

- Access to 'Pre-Event Day' activities! - **Tuesday 6/30**
- Wing Ding Welcome Party - **Tuesday 6/30**
- 4-day pass to indoor Trade Show - **Opens 7/1**
- 4-day pass to Demo Rides on all participating manufacturers' bikes (subject to availability)
- Access to Seminars and Parades
- Access to Opening and Closing Ceremonies
- Access to free Evening Entertainment Event
- Optional dinner and priority seating prior to free Entertainment Event
- Souvenir Event Pin and Pocket Guide
- Exclusive opportunities for tours, dinners and other ticketed events
- Numbered armband for chance at thousands of dollars in great prizes!
- Precision Drill Team Exhibitions and other performances
- Optional Rider Education Safety Courses, CPR Classes and more

Please visit www.wing-ding.org or text WingDing to 555-888 for the latest news, updates, and special offers!

The Iron Clad Wings

BEST WING DING 42 PACKAGES!

PREMIER PACKAGE

- | | |
|--|--|
| <input type="checkbox"/> SINGLE | <input type="checkbox"/> DOUBLE |
| 1 Full Registration | 2 Full Registrations |
| 1 Both Dinners | 2 Both Dinners |
| 10 Gold Wing Tickets | 20 Gold Wing Tickets |
| 3 Yards 50/20/15/10/5 Tickets | 7 Yards 50/20/15/10/5 Tickets |
| 1 Event Shirt - Size: _____ | 2 Event Shirts - Size: _____ / _____ |
| TOTAL: \$120 | TOTAL: \$225 |

GOLD WING NIGHT PACKAGE

- | | |
|--|--|
| <input type="checkbox"/> SINGLE | <input type="checkbox"/> DOUBLE |
| 1 Full Registration | 2 Full Registrations |
| 1 Gold Wing Night Dinner | 2 Gold Wing Night Dinners |
| 10 Gold Wing Tickets | 20 Gold Wing Tickets |
| 3 Yards 50/20/15/10/5 Tickets | 7 Yards 50/20/15/10/5 Tickets |
| 1 Event Shirt - Size: _____ | 2 Event Shirts - Size: _____ / _____ |
| TOTAL: \$99 | TOTAL: \$179 |

STANDARD PACKAGE

- | | |
|--|--|
| <input type="checkbox"/> SINGLE (NO DINNER) | <input type="checkbox"/> DOUBLE (NO DINNER) |
| 1 Full Registration | 2 Full Registrations |
| 10 Gold Wing Tickets | 20 Gold Wing Tickets |
| 3 Yards 50/20/15/10/5 Tickets | 7 Yards 50/20/15/10/5 Tickets |
| 1 Event Shirt - Size: _____ | 2 Event Shirts - Size: _____ / _____ |
| TOTAL: \$69 | TOTAL: \$129 |

BUFFET 1: SPONSOR NIGHT
 Tossed salad w/ 2 dressings
 Grilled chicken w/ signature sauce
 Roasted potato
 Green beans
 Plated cookie
 Beverage service
\$24.00 per person

BUFFET 2: GOLD WING NIGHT
 Pulled pork
 Potato salad
 BBQ sauce
 Baked beans
 Kaiser roll
 Plated brownie
 Beverage service
\$24.00 per person

RIDER'S NAME: _____ GWRRA MEMBER # _____

CO-RIDER'S NAME: _____ GWRRA MEMBER # _____

MAILING ADDRESS: _____

CITY/STATE/ZIP: _____ COUNTRY: _____

HOME PHONE: _____ ALTERNATIVE PHONE: _____

EMAIL ADDRESS: _____

ENCLOSED: CHECK MONEY ORDER **GRAND TOTAL: \$** _____

Please send check or money order in equivalent U.S. funds. All other funds will be returned to sender for adjustment. Please do not send cash. Split payments over two consecutive months. (Credit Card payments only)

CHARGE MY: M/C VISA AMEX DISCOVER CARD # _____

EXP. DATE: _____ / _____ SIGNATURE: _____

The Iron Clad Wings



Fall Sprawl

September 12, 2020
485 Simmons Lane
White Stone, VA



**Cost: \$18 Per Person - Pre-Registered
\$23 - After August 29th**

Current Chapter Couples Free

Registration - 9am to 12pm
Lunch around 1pm
Awards after lunch

Saturday **STEAK** lunch!
Steak - Baked Potato - Salad - Drink - Dessert
Bring your own plate, knife & fork

Spend the entire weekend starting on Friday if you like (no additional cost)

- Friday Night Weenie Roast (or bring your own brats)
- Saturday Night Pot Luck
- Saturday "Entertainment"
- Sunday Morning Brunch



Chapter C Fun

Crusty Derby
Race on Saturday!

Chapter Challenge



Register by August 29th to be guaranteed a steak and be entered into the \$50 pre-registration drawing.

Pre-Registration Deadline - August 29th

Cost:
\$18 per person pre-registered, \$23 after August 29th
(Current Chapter Couples Free)

Attending _____ x \$18 = \$ _____

Attending _____ x \$23 = \$ _____

What day are you arriving? _____ Fri _____ Sat
If camping, please check what type:

_____ Tent/Pop Up _____ RV _____ 5th Wheel

How do you want your steaks cooked? Indicate the number of steaks:

_____ Rare _____ Med Rare _____ Med
_____ Med Wel _____ Well Done _____ Raw (uncooked)

Please make check payable to **GWRRA VAC**
GWRRA VAC and mail to: **PO Box 1266**
Yorktown, VA 23692

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Organization: _____ Chapter: _____

I/we agree to confirm & comply with the rules governing this event, and I/we further agree to hold harmless GWRRA VAC or any property owner for any loss or injury to self or property in which I/we may become involved by reason or participation in this event. Everyone attending must sign.

Signature: _____

Signature: _____

The Iron Clad Wings



Lynchburg Grand Hotel
601 Main Street, Lynchburg Virginia 24504

Come join us for a new and unique experience in beautiful Lynchburg. Lynchburg is rich in history and waiting to be explored. The traditions remain in the offerings of On-Bike and other classes, reconnecting with friends, guided rides, games, entertainment and more.

Virginia promises to bring you back in time to the fun of an Old-Fashioned Fall Carnival!

Room rate includes breakfast.

Reserve by September 29, 2020. After that date, reservations will be taken on a space available basis. Price remains the same, \$110.00 per night. Call hotel reservations at **434-528-2500** and ask for the special "GOLD WING ROAD RIDERS"

Pre-purchase your Saturday night 50/50 tickets!

Drawing held Saturday during closing ceremonies. **Must be present to win.**

25 tickets for \$10 = \$ _____ OR 60 tickets for \$20 = \$ _____ OR 100 tickets for \$30 _____

2020 RALLY IN THE VALLEY SHIRTS:

Choice of shirt style; all shirts will be white with 2020 Rally in the Valley logo.

SHORT SLEEVE T-SHIRT: (#) (size) Amount
S, M, L, XL, 2XL -- \$14 / 3XL -- 4XL -- \$17

LONG SLEEVED T-SHIRT: (#) (size) Amount
S, M, L, XL, 2XL -- \$16 / 3XL & 4XL -- \$19

SHORT SLEEVE GOLF SHIRT: (#) (size) Amount
S, M, L, XL, 2XL -- \$20 / 3XL & 4XL -- \$23

There is no guarantee that all shirt sizes will be available on site



**Come join us at
The Lynchburg Grand Hotel
for the 32nd Annual
Rally in the Valley!**

- ◊ Pizza Party Thursday Night
- ◊ COY Reception Friday afternoon
- ◊ Door Prizes
- ◊ Modules/Seminars
- ◊ Bike Show
- ◊ On-Bike Courses
- ◊ Hospitality Room
- ◊ 2021-2022 Virginia District Couple of the Year Selection on Saturday
- ◊ Poker Run
- ◊ History Tours of Lynchburg
- ◊ Saturday 50 / 50
- ◊ Ice Cream Social Friday night



The ARC (Advanced Rider Course) classroom portion will be THURSDAY at 2pm, the range portion will FRIDAY morning at 9am. The TRC (Trike Rider Course) classroom portion will be Friday at 1pm, the range portion will Saturday morning at 9am. Cost for either course is \$50 (Co-Riders are free). Full riding gear, CURRENT Motorcycle license, proof of Insurance & Registration are required to take either class. **MAXIMUM OF TWELVE PER CLASS**
NO REFUNDS UNLESS CLASS IS CANCELED BY INSTRUCTOR

Master's Breakfast

Be recognized for your achievements at the Master's Breakfast on Saturday morning, October 31. \$12 per person. Must be pre-registered. There will be a guest speaker, gifts and door prizes.

CPR/MFA Class

We will be offering a CPR/Medic First-Aid class at RITV on Friday, October 30, 2020. The course will begin PROMPTLY at 8:00am. The cost for the course is \$30 per person. Maximum of 12 for the class and must be pre-registered.



Rider: _____ Full Name _____ District/Chapter _____ Position _____ Member # _____
 Co-Rider: _____ Full Name _____ District/Chapter _____ Position _____ Member # _____
 Address: _____ Street _____ City _____ State _____ Zip _____
 Phone: _____ E-Mail: _____
For registration confirmation

Are you a current or former COY? _____ Is this your first time at Rally in the Valley? _____

Arriving on: Wed Thu Fri Sat

Registration Prices	Received Before	Member	Non-Member
Early Bird	7/15/20	\$25	\$30
Pre-Registration	9/15/20	\$30	\$35
Regular / On Site		\$35	\$40
Day Passes/On Site		\$20	\$25



Children 6 to 12 are \$10 each; Children 5 & under are free

Adult Member \$ _____ x _____ = _____
 Adult Non-Member \$ _____ x _____ = _____
 Children 6 to 12 \$10 x _____ = _____
 Total (See above pricing schedule) _____
 • Refunds incur a \$5 cancellation fee
 • No refunds after October 1, 2020

Please make checks payable to:
GWRRA Virginia District
 Mail registration with payment to:
GWRRA Virginia District
 Roman Bazz
 331 Paine St
 Newport News, Va 23608

Registration Fees	\$ _____
Master's Breakfast	\$ _____
ARC Class	\$ _____
TRC Class	\$ _____
CPR/MFA Class	\$ _____
Saturday 50/50	\$ _____
T-Shirts	\$ _____
Total	\$ _____

RELEASE FORM (Must be signed by all registrants and returned)
 I/We agree to hold harmless GWRRA, The Virginia District, the Lynchburg Grand Hotel and any property owners for any loss or injury to self or property by reason of participating in this event.

Rider Signature: _____ Date: _____

The Iron Clad Wings

What's So Important About Helmet Certifications Anyway?

By: Sophia Vassiliadis, Editor, RideApart

<https://www.rideapart.com/>

DOT, Snell, ECE, Sharp; are any of these helmet certifications better than others?

Motorcyclists are the most vulnerable group of road users: we're exposed AND we're going at high speeds. Most of us accept that it isn't about "if" we will get into a crash of some kind, but "when." For that reason, it makes sense to get the most out of available safety gear, starting with our helmets.

Helmets work in several ways to help save our most important and delicate asset. They absorb the energy of impact from crashes and flying objects by staying intact, but also by dispersing that energy to guard against concussions. They also need to stay in place while also not limiting visibility to do their job.



Thanks to research and standards set by the Department of Transportation (DOT), Snell Memorial Foundation (Snell), Economic Commission for Europe (ECE), and Safety Helmet Assessment and Rating Programme (SHARP), the safety ratings of motorcycles helmets are continuously being upgraded. The differences between the tests are difficult to decipher for non-engineers, and since each organization maintains that its own is the most extensive and dependable, it's best to do your own research.

In the US, a **DOT** certification is all you need. Most important to remember is that they are a government regulation agency, not a testing facility. Manufacturers take care of testing their own helmets for impact absorption (as opposed to deflection), but not on the chin bar, which is why a half helmet can be DOT certified. As an incentive to maintain the standards, the US National Highway Traffic Safety Administration randomly selects helmets off the shelves to be tested by independent and manufacturers are fined \$5,000 per lid that doesn't pass. Watch for counterfeit (or very old) DOT stickers that don't contain the make and model of the helmet, and FMVSS 218; the name and number of the legislation.

Snell is a private organization that tests and certifies helmets. It is concerned with impact absorption from a crash, and protecting your face and head from objects—large or small—hitting and possibly penetrating any area of the helmet, including the visor. Manufacturers apply to be certified, and the rigorous testing includes "materials deflection tests" and stress tests done when helmets are in all their states—frozen, hot, rain-soaked, etc. Snell also tests to make sure if the helmets stay in place during a crash (assuming you've purchased the right size and shape).

The **ECE** test, as the name implies, is the standard for European countries. It combines the Snell and DOT tests, plus some other apparently "more up to date" tests. Also, the certification is granted before the helmets arrive to the shelves, using batch testing. The ECE approach to lessening impact absorption results in slimmer helmets, and they also assume a far lower average collision speed for their case studies.

Continued next page...

The Iron Clad Wings

The most accessible safety information comes from Sharp, in the UK. That testing, inspired by a 2001 study of motorcycle crashes—the most comprehensive study that had been done in Europe to that date, focuses on g-force and which part of the head is most at risk and most susceptible to being jostled and causing concussions. Sharp makes available on its website:

- o clear advice on how to select a helmet that fits correctly and is comfortable,
- o consumers with clear, impartial and objective information about the relative safety of motorcycle helmets available to riders in the UK.

Remember that wearing a helmet that fits comfortably is the first step for safety. If your helmet is giving you a headache because it's too tight or hits pressure points, if it is too hot because it lacks ventilation, or falls over your eyes because it's too big, it is going to create a constant distraction that will put you at risk of a crash. That said, these ratings can help too. If you ride in many different countries, make sure that your helmet is compliant with local laws so that your insurance will not be voided, and to avoid incurring expensive fines.

The takeaway from all of this information is that there are many agencies in place, working to improve methods of helmet production to help keep riders as safe as possible. So, if you can find that perfect lid that you almost forget you're wearing, and it does the best job possible to protect your face and noggin in the event of impact, you're more likely to be able to keep on riding for years to come—which is what we're all striving for in the end, isn't it?

PROTECT YA HEAD



The Iron Clad Wings

The Start of Riding Season 2020

By: Karen Bottoni, VA-L

March has arrived, which means we are only three weeks away from the first day of Spring. For those of us in the eastern and southern latitudes, that means riding season is at hand. For those poor souls in the northern latitudes - well, they might have to wait a little longer for that nice riding weather.

Now that Spring is arriving, it's time to pull your bike/trike out from its winter slumber. Cannot say we really had a winter but nonetheless it's time to refresh our memories on what needs to be done.

There are several articles and checklists out on the internet that will help you get your machine ready for riding season. The obvious things to check are fluids, controls, tires, battery, drive belts, and electrical components. You might have to make some adjustments or you can take your bike to a local dealership for a tune-up or maintenance.

Spring is also a reminder of what you may find on the road. Unpredictable weather is at hand: You may head out on a warm Spring day, encounter a snow shower along the way, and come home frozen. Sometimes you never know what you're going to get with unpredictable Spring weather. Two things you can count on however:

Potholes!

Potholes are absolutely everywhere this time of year. Road crews in this area pretty much keep up with patching, but there are many other potholes that pop up especially in construction sites. Small cracks in the road become gaping holes. What might be a nuisance to a car - blowing a tire or damaging a wheel rim at worst - can cause a major accident on a motorcycle.

Keep a sharp lookout when riding on bumpy roads, and keep enough safe distance between you and the car in front of you so that when you do see a yawning chasm in the road, you have time to swerve to your escape route - you do have an escape route planned, right? Watch the taillights of the cars in front of you. Sudden, unexplained braking or swerving might not be someone texting on their phone - it may be someone maneuvering at the last second to avoid a pothole.

Sand!

Over the winter, road crews dump sand, salt and grit on the roads, to assist in grip. Sand tends to migrate to the insides of corners, which can spell disaster for motorcycles.

When taking curves and corners, particularly on rural roads, remember to expect sand or loose gravel on the insides of curves. Watch your speed, look at the road surface, and stay away from the insides of corners. If you assume that every curve has sand in it until you can prove otherwise, you will never be surprised when you hit the corner that IS covered in sand! If you do hit sand unexpectedly steer straight ahead, maintain power, and do not turn, accelerate or brake until through the sand. If in a turn, if safe to do so, smoothly come up out of the turn, keep the bike straight and steer straight ahead until you are through the sand.



The Iron Clad Wings

SNAPSHOTS

A look at what Chapter-L's Been Up To



Wingless Weekend February 14-15, 2020



Wingo Winners Debbie, Lyndsey & Conrad



Baby Conrad



DD Lorrie Thomas Welcoming Chapters



Kathy Skinner Hula Hooping up a Storm



Baby Conrad and Toddlers Karen & Debbie

The Iron Clad Wings

SNAPSHOTS

A look at what Chapter-L's Been Up To



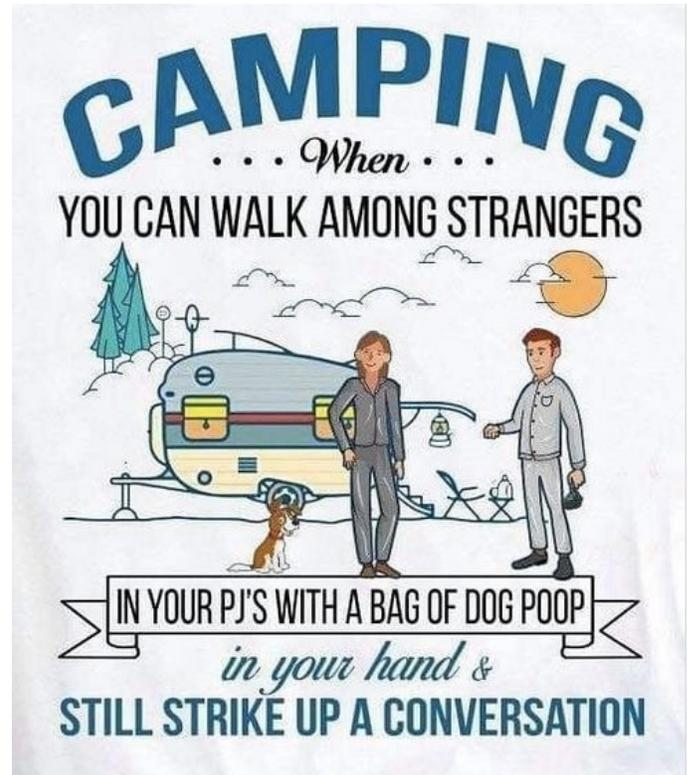
**Motorist Awareness/Recruitment
March 7, 2020**



Chapter L Director Dan Clark, Debbie Mandigo & Doug Gilliam working the table

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Chapter-L Funnies



Liz Salisbury 2016 ♡

The Iron Clad Wings

1432 Greenbrier Parkway,
Chesapeake, VA 23320
(757) 502-8220
www.popsdinerco.com



Please come and join us!

Other local gatherings

- **Chapter C-Hampton/Newport News:** 2nd Sunday each month, 5pm. Angelo's Steak House at 755 J Clyde Morris Blvd in Newport News
- **Chapter O-Williamsburg:** 4th Sunday each month, 4pm. Denny's Restaurant at 409 Bypass Rd in Williamsburg
- **Chapter NC-E2-Elizabeth City, NC:** 3rd Thursday each month, 7pm. Golden Corral at 406 Halstead Ave in Elizabeth City, NC



Come Join Us

The Iron Clad Wings

Chapter	Area / Location	Chapter Director	Phone Number & Email	Monthly Gatherings
VA-A	Burke	Mary O'Connor (11/09)	703-635-6775 maryoc4429@aim.com	2nd Wed. 7:30 pm The Ponds Community Center, 9837 Burke Pond Lane, Burke, VA. 22015
VA-C	Hampton/Newport News,	Dave & Donna Huey (01/18)	757-719-0668 dhuey1800@verizon.net	2nd Sun. 4:pm Angelo's Steak House 755 J. Clyde Morris Blvd, Newport News
VA-D	Richmond	Fritz Sassine & Iris Guillet (01/18)	804-938-9183 fritz.sassine@gmail.com	4th Wed. 6:pm Candelas Pizzeria & Ristorante Italiano, 14235 Midlthoian TnPk., Richmond
VA-E	Fredericksburg	Claude Revely (01/19)	540-207-7646 Knightwing263507@gmail.com www.battlefieldwings.com	3rd Wed. 6:pm Great American Buffet. 1780 Carl D Silver Pkwy, Fredericksburg Central Park Shopping Center, exit 130 off I95
VA-F	Winchester	Stephanie Davis (08/14)	540-664-6430 davis.stephanie80@yahoo.com	4th Sun. 8:am Golden Corral, 120 Costello Dr., Winchester
VA-H	Abingdon	Paul & Dorothy Baker (11/01)	276-628-6047 09nellie@comcast.net	2nd Tue. 7:pm Abingdon Moose Lodge US19, Porterfield Hwy, Abingdon
VA-I	Manassas	David & Robin Hotaling (1/20)	646-406-1200 Rah889195@yahoo.com davidsgoldwing02@gmail.com	2nd Sun. 9:am Great American Buffet 8365 Sudley Rd, Manassas
VA-K	Roanoke	Jim Dailey & Susan Stuppiello (6/19)	540-230-0511 DaileyENT@yahoo.com susantuppiello@gmail.com	2nd Mon. 6:pm Great 611 Steak Co., 3830 Franklin Rd., Roanoke
VA-L	Chesapeake	Dan Clark & Lorrie Thomas (1/20)	757-343-1783 (D) 954-599-5178 (L) Wingernut93@aol.com lorriethomas@aol.com	4th Tue. 6:pm Pops Diner 1432 Greenbrier Parkway, Chesapeake
VA-O	Williamsburg	Ray & Tammie Pierce (04/14)	757-268-6286 gwrravaochapterdirector@cox.net	4th Sun. 4:pm Denny's Restaurant 409 Bypass Rd. Williamsburg
VA-R	Harrisonburg	Gary Hoover hoov@shentel.net (01/18)	540-742-1751 Judy Russell tiggerly13@hotmail.com	1st Sun Location to be Announced
VA-V	Bedford	Jonathan Whitworth (04/17)	540-425-0028 OtterRideVAV@gmail.com	3rd Sun. 2:pm NO FOOD Bedford Church of God 1212 E Main St, Bedford
VA-W	Chester	Sheila & Jim Hazan (06/18)	804-396-9088 (S) 804-396-9089 (J) gwrravaw@gmail.com	2nd Tue. 6:pm The Patron Cantina 12211 Jefferson Davis Hwy., Chester
VA-X	Salem	Larry Stanton (01/15)	304-922-1401 Larry250222@gmail.com	1st Sat. 3:pm Riverside Evangelical Methodist Church, 1920 Lucas St, Salem

The Iron Clad Wings

Chapter Team Members

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