

# HOOPS4HEALTH FALL PROGRAMS



— GROW IN SKILL, CONFIDENCE, AND LOVE FOR THE GAME! —

**LOCATION:** WINNETKA COMMUNITY HOUSE (WCH)  
620 LINCOLN AVE, WINNETKA, IL



## BULLDOGS BOYS TRAVEL

- For: Boys Grades 2–11
- Tryouts: 8/22–8/23
- Seasons runs 8/31–10/25
- 2 practices per week
- 5 Tournaments



## RAIDERS GIRLS TRAVEL

- For: Girls Grades 3–8
- Tryouts: 8/22–8/23
- Seasons runs 8/31–10/25
- 2 practices per week
- 5 Tournaments



## 3 ON 3 LEAGUE

- For: Boys & Girls Grades K–8
- When: 8/29–10/11  
\*off 9/5 and 9/6
- Weekend Games
- Weekly Player Write-Up
- Individual and Team Awards



## BASKETBALL ACADEMY

- For: Boys & Girls Ages 8–14
- When: 8/31–10/21 (WCH)  
Mon/Wed 5–6pm



## GIRLS SKILLS TRAINING

- For: Girls Ages 8–14
- When: 9/1–10/20 (WCH)  
Tues/Thurs 5–6pm



## ALL STAR SPORTS LEAGUE

- For: Boys and Girls Ages 8–10
- When: 9/4–10/16 (WCH)  
Fri 5–6pm



## MINI BALLERS

- For: Boys & Girls Ages 2–3
- When: 8/30–10/20 (WCH)
- Sun: 9–9:45am
- Mon: 9–9:45am
- Tues: 1:45–2:30pm
- Thurs: 1:45–2:30pm
- Fri: 1:15–2pm



## TOT BALLERS

- For: Boys & Girls Ages 3–5
- When: 8/30–10/20 (WCH)
- Sun: 9:45–10:30am
- Mon: 9:45–10:30am
- Tues: 2:30–3:15pm
- Thurs: 2:30–3:15pm
- Fri: 2–2:45pm



## LITTLE BALLERS

- For: Boys & Girls Ages 5–7
- When: 8/30–10/20 (WCH)
- Sun: 10:30–11:30am
- Mon: 4–5pm
- Tues: 4–5pm
- Thurs: 4–5pm
- Fri: 4–5pm



### SCHOOLS OUT?

WE HAVE YOU COVERED WITH OUR HOLIDAY AND SCHOOL DAY OFF CLINICS!



WE OFFER PERSONAL & SMALL GROUP TRAININGS AT OUR GYM OR AT YOUR HOME



SET UP A HOOPS4HEALTH BDAY PARTY – FOR ALL AGES



**REGISTER NOW!**  
SPACES FILL FAST! >>>

VISIT OUR WEBSITE  
[WWW.HOOPS4HEALTH.COM](http://WWW.HOOPS4HEALTH.COM)

