



**“Teaching the Fundamentals
while promoting a Healthy Lifestyle”**

For All Ages and Skill Levels
Celebrating 15 Years

WINTER PROGRAMS

NORTH SHORE COUNTRY DAY
GIRLS FEEDER - GIRLS GRADES 3-5

NEW TRIER TRAVEL - BOYS GRADES
2-8

3 ON 3 LEAGUE - GRADES K-8

BASKETBALL ACADEMY - AGES 8-14

3 ON 3 PICK UP - AGES 5-14

TOT BALLERS - AGES 3-5

LITTLE BALLERS - AGES 5-7

GIRLS SKILLS TRAINING - AGES 8-14

HOLIDAY AND SCHOOL DAY
OFF CAMPS - AGES 5-14

PERSONAL AND GROUP TRAINING
- ALL AGES



HOOPS4HEALTH.COM

