

BOOKS

- *Between the World and Me*, Ta-Nehisi Coates (Joy)
- *Caste: The Origins of Our Discontent*. Isabel Wilkerson (Connie)
- *How to be an Antiracist*, Ibram X Kendi
- *Stamped: Racism, Antiracism, and You* (a remix of *Stamped From the Beginning*), Jason Reynolds and Ibram X Kendi (Angie)
- *Sundown Towns*, James W. Loewen (Connie Dillman)
- *The Warmth of Other Suns*, Isabel Wilkerson (Judi & Mark)
- *When Things Fall Apart*, Pema Chodron (Connie Dillman)

From Mark Lynch —

Non-Fiction:

- 12 Years a Slave*- Solomon Northup
- Afropessimism*- Frank B. Wilkerson, III
- The Autobiography of Malcom X*- Malcom X
- The Autobiography of MLK*- MLK
- Baracoon*- Zara Neal Hurston
- Born a Crime*- Trevor Noah
- Bury my Heart at Wounded Knee*- Dee Brown
- Caste*- Isabel Wilkerson
- The Color of Law*- Richard Rothstein
- The Color of Water*- James McBride
- Evicted*- Matthew Desmond
- A Good Time for the Truth*- edited by Sun Yung Shin
- I'm Still Here*- Austin Channing Brown
- Men We Reaped*- Jesmyn Ward
- Narrative of the Life of Frederick Douglass*
- Native*- Kaitlin B. Curtice
- The New Jim Crow*- Michelle Alexander
- The Radical King*- Martin Luther King Jr.
- Stride Toward Freedom*- MLK
- The Souls of Black Folks*- W.E.B. Du Bois
- The Warmth of Other Suns*- Isabel Wilkerson
- White Fragility*- Robin DiAngelo
- White Rage*- Carol Anderson
- The Wisdom of Native Americans*- edited by Kent Neeburn
- The Yellow House*- Sarah M. Broom

Fiction:

- Behold the Dreamers*- Imbolo Mbue
- Beloved*- Toni Morrison
- Brown Girl Dreaming*- Jaqueline Woodson
- Homegoing*
- The Invisible Man*- Ralph Ellison
- Nickel Boys*
- Salvage the Bones*- Jesmyn Ward
- Sing, Unburied, Sing*- Jesmyn Ward

Sula- Toni Morrison
The Round House- Louise Eldrich
The Sell Out- Paul Beatty
Their Eyes were Watching God- Zora Neale Hurston
There There- Tommy Orange
The Water Dancer
The Twelve Tribes of Hattie- Ayana Mathis
Where the Line Bleeds- Jesmyn Ward

Betty Brickson, a childhood friend of Judi Ryan's and a member of her county's Equity, Diversity & Inclusion Council in Portland, Oregon recommended:

- *How to be an Anti-Racist* (Ibram Kendi)
- *So You Want to Talk About Race* (Ijeoma Olu)
- *The Warmth of Other Suns* (Isabelle Wilkerson) her highest recommended read, which explains much about racial disparities in the Midwest and everywhere.
- *The New Jim Crow* (Michele Alexander) - my friend Betty calls this a "must read"
- *Post Traumatic Slave Syndrome* (Joy Degruy Leary) - - a really interesting exploration of Black generational trauma
- *Becoming Ms. Burton* (Susan Burton & Cari Lynn) - a woman's prison story similar to *Just Mercy*
- *You Don't Have to Say You Love Me* (Sherman Alexie) - his painful memoir of growing up on an Indian reservation in Washington state
- *Evicted* (Matthew Desmond)
- *The Racial Healing Handbook: Practical Activities to Help You Challenge Privilege, Confront Systemic Racism, and Engage in Collective Healing* (The Social Justice Handbook Series) Paperback – August 1, 2019 by Anneliese A. Singh PhD LPC

INTERNET RESOURCES & ARTICLES

— St. Luke's Becoming Anti-Racist resources

<https://www.stlukesumc.com/antiracist/>

— article regarding white affinity groups from 2009

<https://www.racialequitytools.org/resourcefiles/whiteaffinitygroup.pdf>

— concrete actions white people can take to fight racial injustice (from Terri Jump)

https://www.huffpost.com/entry/white-people-concrete-actions-fight-racial-injustice_n_5f04c859c5b6480493c8218c

— Mark Lynch suggested a new sports show with justice implications:

<https://espnpressroom.com/us/press-releases/2020/06/espn-radio-the-undefeated-present-the-intersection-a-weekly-two-hour-show-continuing-the-conversation-on-social-justice-sports/>

— "Co-Creating a New America: Getting Beyond Racism by Remaking Religion."

<https://omegacenter.info/co-creating-a-new-america-getting-beyond-racism-by-remaking-religion/>

— Q&A with author Isabel Walker about her book Caste - <https://www.csmonitor.com/Books/Author-Q-As/2020/0819/Does-America-have-a-caste-system-Isabel-Wilkerson-explains>

— All lives matter resource: Former St Luke's pastor's blog for July 23, 2020 "Whose Lives Matter"
<http://randomowen.blogspot.com/>

— Why we must not look away in the current crisis
<https://baptistnews.com/article/why-we-must-not-look-away-in-the-current-crisis/>

— David Owen's blog on John Lewis
<http://randomowen.blogspot.com/>

— Anti-Bias Resource Handout
http://www.indianaevaluation.org/resources/Documents/Event%20Resources/Cox%20Habit%20Bias%20Intervention_Review.pdf

— This is a powerful "confession" about race, forgiveness and reconciliation from a South African.
<https://podcasts.apple.com/us/podcast/the-confessional-with-nadia-bolz-weber/id1502171248?i=1000487053257>

— campaign that aims to boost the profile of Indy's Black-owned businesses
The second phase aims is to get corporate allies to pivot from statements of support to being "accomplices" for positive change.
<https://www.indystar.com/story/money/2020/07/06/indy-black-businesses-matter-campaign-unveiled-boost-awareness/3278145001/>

— Interesting Smithsonian Magazine article on racism in the North.
<https://www.smithsonianmag.com/smithsonian-institution/how-myth-liberal-north-erases-long-history-white-violence-180975661/?fbclid=IwAR1M6yHbAVxMSNyTSwNZEVB5Wge7jTN9VTeXD6kpDXQfXlJKw4dSqpByWBs>

— Racial Equity Tools
<https://www.racialequitytools.org/home>
(Information and a great list of tools, case studies and other resources for organizations that seek to transform their policies, procedures, practices, culture and relationships to be racially equitable and inclusive. Some resources describe stages of organizations' experience through this long-term process; others provide tools to use in working toward this goal, and a few organizations share their story of becoming more racially equitable.)
Racial equity tools for organizational change -
<https://www.racialequitytools.org/act/strategies/organizational-change-processes>

— Ten Simple Things You Can Do to Improve Race Relations
©by Charles A. Gallagher
<http://www.introsoc.com/documents/tenthings.pdf>

— Indy Black Businesses Matter: Campaign unveiled to boost awareness
<https://www.indystar.com/story/money/2020/07/06/indy-black-businesses-matter-campaign-unveiled-boost-awareness/3278145001/>

— Black History Boot Camp (shared by Angie)
A “walking podcast” called Black History Bootcamp, The Prayer Edition. We will seek God’s face before we launch our new global agenda to increase the life expectancy of Black women by 10 years in 10 years. All are welcome.
<https://www.blackhistorybootcamp.com>

FILMS AND VIDEO RESOURCES

— 10 “must watch” black history documentaries
<http://www.pbs.org/black-culture/explore/10-black-history-documentaries-to-watch/>

— Many Rivers to Cross (series available on Amazon Prime)
<https://www.amazon.com/African-Americans-Many-Rivers-Cross/dp/B00G9U4DDA>

— Racism in America - Explore films and new specials focused on race
<https://www.pbs.org/articles/2020/06/racism-in-america/>

— Mohammad Ali soliloquy on the word Black that Pastor Terry referenced:
<https://youtu.be/ejQj1CfOR1w>

— One Tribe by the Black Eyed Peas
<https://youtu.be/M5C6c5S0ft0>

— One Love by Bob Marley
<https://youtu.be/vdB-8eLEW8g>

Highly rated and available on Amazon Prime:

Many Rivers to Cross (4.3 of 5 stars)

I am Not Your Negro (4.7 of 5 stars)

The African Americans: Many Rivers to Cross (4.8 of 5 stars)

“America’s Untold Journey” 450 Years of the African American Experience (5 of 5 stars)

A History of Black Achievement in America (4.2 of 5 stars)

Black History Activators (

A search of Black History Documentaries and Black History Movies will bring up other resources on Amazon Prime

TRAINING OPPORTUNITIES

— St. Luke’s webinar on Become An Anti-Racist Community
<https://vimeo.com/457846511>

— Framing issues with a racial equity lens offers six modules for organizations to work with. By working with art, film clips, and other activities, participants will learn the importance of framing an issue with a racial equity lens and be able to practice it.
<https://www.racialequitytools.org/module/framing-issues-with-a-racial-equity-lens>

BLACK-OWNED BUSINESSES

— # 1 directory for black owned businesses:

<https://www.indyblackowned.com/indianapolis-black-owned-directory>

Indy Black Chamber of Commerce

<https://indybcc.org>

Website created to find black owned businesses in Indy

<https://fox59.com/news/website-created-to-find-black-owned-businesses-in-indianapolis/>

Black restaurants

<https://www.visitindy.com/indianapolis-black-restaurants>

Black owned Indy food businesses to support

<https://eatheremedia.com/2020/06/01/black-owned-indy-food-businesses-to-support-right-now/>

Barbara Poore shared: Groundwork Indy - a not for profit organization that employs black young people to do landscaping work. Darren's contact info is Darren Boyd (317) 508-8691. His email is darren@groundworkindy.org

A Steinmeier neighbor of Judi's shared this on the neighborhood Facebook page:

Scott Dentistry, a black family owned and operated dentistry business offering all dental services including orthodontics. Dr. Leonard Scott, his daughter Dr. Lynna Scott, and granddaughter Dr. Brooke Scott. <http://www.docscott.com/>

NON-PROFITS WORKING WITH PEOPLE OF COLOR

— The Ross foundation run by Derris Ross

— The Journey- youth leadership fellowship program

— Recycleforce by Gregg Kessler

— Uniteindy led by Jim and Nancy Cotterill (<https://www.youtube.com/watch?v=5rkEUqWL-LQ&t=4s>)

Some quotes to ponder

"Let us discard all this quibbling about this man and the other man—this race and that race and the other race being inferior... Let us discard all these things, and unite as one people throughout this land, until we shall once more stand up declaring that all men are created equal." — Abraham Lincoln

"I have a dream that my children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character."
- Martin Luther King, Jr.

"You are a light. You are the light. Never let anyone—any person or any force—dampen, dim or diminish your light. Study the path of others to make your way easier and more abundant. Lean toward the whispers of your own heart, discover the universal truth, and follow its dictates. [...]"

Release the need to hate, to harbor division, and the enticement of revenge. Release all bitterness. Hold only love, only peace in your heart, knowing that the battle of good to overcome evil is already won. Choose confrontation wisely, but when it is your time don't be afraid to stand up, speak up, and speak out against injustice. And if you follow your truth down the road to peace and the affirmation of love, if you shine like a beacon for all to see, then the poetry of all the great dreamers and philosophers is yours to manifest in a nation, a world community, and a Beloved Community that is finally at peace with itself.“

~ John Lewis