

Mental Health Resources

United Church of Christ Mental Health Network

Provides Resource Links on variety of mental health and other crisis services

www.mhn-ucc.org/resource

National Alliance on Mental Illness (NAMI) Indiana

A grassroots public charity helping people living with serious mental illnesses, their families and friends. They support local NAMI Affiliates, train volunteer leaders, provide continuing education for professionals, and partner for systems change at the state level.

www.namiindiana.org

Helpline (Monday – Friday from 9am to 5pm)

317-925-9399 /
1-800-677-6442

Suicide Prevention

Suicide Prevention Hotline (24/7)

1-800-273-8255
1-800-784-2433

Indiana Suicide Prevention Resources

<https://www.in.gov/issp/>

Substance Abuse and/or Mental Health

Treatment Referral and Information

<https://www.samhsa.gov/find-help/national-helpline>

1-800-662-4357

Indiana 211 (Information & Referral Line to Connect with Community Services)

211

<https://in211.communityos.org/>

Ascension St. Vincent Stress Center (24/7)

317-338-4800

Community Behavioral Health (24/7)

317-621-5700

IU Behavioral Health (24/7)

317-962-2622

Franciscan Behavioral Health (normal business hours)

317-783-8383

Call Franciscan Hospital after normal business hours and ask for Emergency Room

317-528-5000

*Aspire Indiana (24/7)

aspireindiana.org

1-800-560-4038

*Cummins Behavioral Health (24/7) 1-888-714-1927
cumminsbhs.org

*Adult and Child Health (normal business hours) 1-877-882-5122
adultandchild.org

*offers on-site prescription assistance assessment for low-income patients

Grief and Bereavement

Grief Share (Resources and Help to Find a Support Group)
www.griefshare.org

National Alliance for Grieving Children (Resources and Help to Find Grief Support for Children)
<https://childrengrieve.org/find-support>

Community Health Network 317-621-4646
www.ecommunity.com/services/home-care/in-touch-grief-bereavement

IU Health 317-962-1797
www.iuhealth.org/find-medical-services/grief-counseling

Ascension St. Vincent's Bereavement Team 317-982-3577

Franciscan Bereavement Program 317-528-2636

The Compassionate Friends (Support for Those Grieving the Death of a Child, Sibling, or Grandchild)
www.compassionatefriends.org 1-877-969-0010

Seniors and Aging

CICOA Aging and In-Home Solutions 317-254-5465
<https://cicoa.org/>

Family Assets (Indiana Community Resources for Seniors)
<https://www.familyassets.com/indiana>

Family and Social Services Administration: Aging Home
<https://in.gov/fssa/da/>