

## Is Parc Gardens for You?

If you or a member of your household are 55 or older and you want an active maintenance-free lifestyle with similar minded adults, then Parc Gardens is for you!

Mary G.: "I'm 67 years old. I'm an energetic, active woman. I definitely don't envision myself as a woman who needs senior housing but I'm tired of maintaining my house and yard. With all my weekly chores I don't get out as much as I'd like to. I don't see my friends as often as I used to. I also miss the fun activities we used to do together."

I'm sure that many of you may relate to this example. The concept of being a "senior citizen" is often misconstrued as elderly, old, or inept.

In reality, the exact opposite is true. Many "senior citizens" are active, social, and sharp individuals. They desire to spend their time exercising, listening to live music, tasting wine or food, attending lectures, or connecting with friends and family. "Senior Citizen" housing options in Acadiana are no longer limited to traditional options such as assisted living or nursing homes. Parc Gardens is here to celebrate "senior citizens" who want an active lifestyle with lots of activities with people their own age in a safe and maintenance-free community.



## Social Clubs and Activities

Parc Gardens will have an abundance of social clubs and activities. As a resident, you will be able to participate as much or as little as you like. One of the advantages of living in a 55+

community is that there will be lots of fellow residents who share some of the same interests as you.

The clubs and activities listed below are just some of the ideas that future residents have expressed an interest in. If you would like to start your own club, Parc Gardens will support you by getting the word out and supplying the necessary meeting space.

This stage in life is a celebration, and the atmosphere at Parc Gardens is intended to foster this mindset to the fullest!

**Social Clubs and Activities include:**

- Group Fitness Classes
- Cooking Classes
- Gardening Club
- Petanque (boules or bocce ball) League
- Bridge and Poker Clubs
- Organized Travel
- Continuing Education Classes through UL
- Book of the Month/Library Club
- Pickleball Tournaments
- Nightly Cocktail Happy Hour

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As Lafayette's first luxury 55+ community, Parc Gardens is pleased to offer the following optional services through screened vendors at minimal cost:

- Pharmacy Delivery
- Car Washing and Detailing
- Pet Care
- Indoor Plant Care
- Housekeeping
- Dry Cleaning Pickup and Delivery
- On Site Storage
- Covered Parking or Garage

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**PARC GARDENS | 1521 Camellia Boulevard | Lafayette, LA**  
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