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Negative attitudes are harmful to others Ghosts endless echoes paralyze and smother Creative illusions mental confusion Constant buffering amasses endless suffering Prized possessions unsaid confessions Subverting honesty causing misery

Imprint our thoughts whether bright or blue Brush strokes of the past affect the new to paint the universe What we see in each other's eyes Becomes the colored canvas of our sky to paint the universe

A path sanctified through consciousness suspension Permits no thrusting fits of panic for attention Only silence to listen for the sound of our suspicion Living an outlet that is pure in every way Taking a journey traveled freely everyday Concentrated mindfulness contemplative selflessness

Imprint our thoughts whether bright or blue Brush strokes of the past affect the new to paint the universe So let actions thoughts and words explore Peace of mind in doing more to paint the universe

Every action that is born through our joy and through our pain Becomes the breath the light and the death
It is our choice to leave such stains
All that is said and done under the mercy of the sun
Becomes a writ of stone which is all our own
So let your soul be known for all the good will you have sown

Imprint our thoughts whether bright or blue
Brush strokes of past affect the new to paint the universe
Disturbances in your mind once removed
Reveal the view of a million perfect virtues to paint the universe