

DR. LORI ZIMMERMAN

Medical Director / Co-Owner

Meet the fabulous Dr. Lori Zimmerman, aka Dr. Z (@doctor_lori_z)!! Born in West Lafayette, Dr. Z has spent the majority of her life in North Manchester, where she currently resides with her husband of 31 years, Joel. Together, they have three remarkable individuals: Connor (28), Karly (25), and Kelsey (23), along with a daughter-in-law Riley and a future son-in-law, Matthew.



After a whirlwind tour at Manchester High School and Manchester College, Dr. Z unlocked the next level at Michigan State for Medical School. Armed with 25 years of medical experience, she opened Walnut Street Family Healthcare in North Manchester back in '99, where she practiced for 23 years. Dr. Z is a skilled practitioner who is now applying her functional integrative medicine knowledge to help patients achieve optimal health at GladdMD out of Fort Wayne.

In her downtime, Dr. Z is a globe-trotter, hiking enthusiast, lake party host, and die-hard Michigan State Basketball fan. Fun fact: she's a master at recreating restaurant recipes at home!

Why did she leap into the aesthetics world, you ask? Dr. Z dove in as a medical director for an aesthetic nurse practitioner, then dove even deeper with extra training. Her mission? Making people feel as confident and fabulous as can be. Plus, she's a certified O-Shot® pro, ready to chat about your intimate health needs, whether in person or via virtual consult.

Keep shining,

Dr. Z!

