BIO

Being a Med Spa Clinical Director & Aesthetics Nurse Specialist truly is my dream come true! My Lifelong passion for caring & helping others in my career has come FULL CIRCLE. Ive been on a personal journey to improve my health/wellness & look/feel better inside & out. I consider it a Blessing to have the opportunity to share things I’ve learned along the way, educate others, and make a difference in people’s lives by inspiring others.   As I look back on the past 25 years I realize every single step on my path was a lesson to prepare me for where I am right now. Before I became a nurse, I was a cosmetologist. After 20 + yrs of experience in critical care nursing (ER & ICU), 6 years as a nurse trainer / educator , and 10 years in the Plastic Surgery/Aesthetics Industry my career truly has “come full circle.” I’ve “circled back around” and landed back to my passion & where I am supposed to be. When your doing what you love it doesn’t feel like work! I am excited & looking forward to spending the 2nd half of my career doing what I truly love!   Aesthetic Nurse Specialist with hundreds of hours of specialized training in Aesthetics, Botox, Fillers, Lasers, Microneedling & PRP, hormone balancing.

I was an ER & ICU Nurse for over 20 years. After working in the Aesthetics Industry for almost 10 years I decided to open my open business with a focus on making it affordable for all to take charge of their health & improve their wellbeing.

After a health scare a few years ago, I ended up in the hospital for a week. I had bleeding ulcers and got Blood transfusions & IV Iron infusions over several months.

All the years of stress and not taking care of myself had caught up with me. Like many healthcare providers, I wasn’t exactly “practicing what I preached.”

I told others how stress affects our health and how important it was to take care of yourself. I guess I didn’t really believe this for myself until I was forced to slow down, decrease my stress, and start putting my health at the top of the list instead of the bottom.

I want to educate the public about hormone balance, health, & hydration. I want to make it affordable & more convenient for busy men & women to take an active role in their own health.

I initially got into aesthetics because I couldn’t afford the services for myself as a nurse & single mom. I want to make it affordable for the waitresses, teachers, nurses, hairdressers, etc. to take better care of themselves and take charge of their health.

Our lives are busier & busier we will offer mobile services on-site at your home or office for busyhard working people.

Thank you for taking the time to read about me & my mission !

Kristie Isaac