

She Is Us United Inc.

Healing. Housing. Health. Equity. | EIN: 33-1953863

SAVE THE DATE — YOU ARE INVITED

She Is Us United Inc. presents a free day of healing, health resources, and community connection

September 24, 2026 | 10:00 AM to 5:00 PM | Golden Gate Community Center, Naples, FL

Free Screenings | Mental Health Resources | Housing Help | Medicaid Sign-Up | Kids Zone | Food Trucks

WHAT THE DATA SAYS ABOUT WOMEN AND CHILDREN IN COLLIER COUNTY

36%	4.5x	65%
Female-Headed Households in Poverty	Black Maternal Mortality Rate	Children on Free or Reduced Meals
In Florida, 36% of female-headed households with children live below the poverty line. America's Health Rankings 2025.	Black women die in childbirth at 4.5x the rate of white women nationally. CDC / NVSS 2023.	In Collier County Public Schools, 65% of children qualify for free or reduced-price meals. Naples Children & Education Foundation 2022.
9,000+	53,796	700
Affordable Unit Deficit	Nights of Shelter Provided	Families Served Weekly
Collier County faces a shortage of over 9,000 rental units for households earning 0 to 60% of median income. Collier Community Foundation 2024.	The Shelter for Abused Women & Children provided 53,796 nights of emergency shelter in its 2025 Impact Report. naplesshelter.org .	Meals of Hope mobile and choice food pantries serve up to 700 families weekly in Immokalee. Collier Community Foundation Dec. 2025.

URGENT ALERTS FOR WOMEN AND CHILDREN — COLLIER COUNTY 2026

MATERNAL HEALTH CRISIS	HOUSING AND HUNGER	DOMESTIC VIOLENCE
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Black women's maternal death rate is roughly 50 per 100,000 live births nationally in 2023, nearly 4.5 times higher than white women. 84% of pregnancy-related deaths are preventable. See your doctor in the FIRST trimester. FL DOH Collier: (239) 252-8200	16,262 Collier households live in poverty and spend over 50% of income on housing. Young children in Immokalee are especially vulnerable to food insecurity with no hospital reachable within one hour by transit. United Way: Dial 2-1-1	The Shelter for Abused Women and Children operates two 60-bed emergency shelters in Naples and Immokalee. All services are FREE. Services offered in English, Spanish, and Creole. Black women represent nearly 30% of femicide victims nationally. Crisis Hotline: (239) 775-1101
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FREE HELP AVAILABLE | NO INSURANCE REQUIRED | CALL 988 FOR MENTAL HEALTH CRISIS | (239) 252-8200 FOR FREE SCREENINGS

COMMITTEE CONTACTS
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She Is Us United Inc. | EIN: 33-1953863 | sheisususa@gmail.com

SOURCES: ¹America's Health Rankings 2025, AmericasHealthRankings.org ²CDC / NVSS Maternal Mortality 2023 ³Naples Children & Education Foundation, napleswinefestival.com 2022 ⁴Collier Community Foundation, Housing & Hunger, collierccf.org 2024 ⁵The Shelter for Abused Women & Children 2025 Impact Report, naplessshelter.org ⁶Meals of Hope / Collier Community Foundation, WINK News Dec. 2025 ⁷Capital B News, Black Femicide Crisis, May 2026 Not medical advice. Verify all dates before attending.

She Is Us United Inc. | June 2026 | Programs, Resources, and How to Help

KEY COMMUNITY RESOURCES | FREE | NO INSURANCE REQUIRED

988 CRISIS LINE	FL DOH Collier (239) 252-8200	David Lawrence Center (239) 455-8500	Healthcare Network (239) 658-3000	Shelter for Abused Women (239) 775-1101	United Way Dial 2-1-1
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WHAT SHE IS US DOES FOR WOMEN AND CHILDREN

RESET: Deep Roots Edition	Health Equity Navigation	Mentorship and Leadership
A structured healing program for Black women and girls built around six developmental gates: Root, Parts Within, Belief on Trial, Blueprint, Reset Session, and Release. Addresses generational trauma, identity, and forward design. Group facilitation and age-appropriate educator guidance included.	Direct community health navigation, resource distribution, Medicaid enrollment support, and multilingual outreach across Collier County in English, Spanish, and Haitian Creole. Connecting families to free screenings and mental health resources with no insurance required.	UAID Health Equity Practice Mentorship serving university NAACP chapters nationally. Current cohort guides a Community Health Needs Assessment in Montgomery County, VA, focused on food insecurity and menstrual justice.

WHAT YOU CAN DO FOR YOURSELF AND YOUR FAMILY

FOR MOTHERS AND PREGNANT WOMEN	FOR CHILDREN AND FAMILIES
Start prenatal care in your FIRST trimester. Congenital syphilis is up 700% in Collier County over 10 years — fully treatable with early care. Free prenatal screenings are available at FL DOH Collier with no insurance required. Call (239) 252-8200. Know the warning signs of postpartum depression: persistent sadness, inability to sleep, feeling disconnected from your baby. Call 988 or David Lawrence Center (239) 455-8500 for free mental health support.	If your child is struggling emotionally or behaviorally, Collier County Public Schools provides behavioral mental health resources for children ages 3 months through 18 years. Call the school counselor or 988. If your family is experiencing food insecurity, call United Way at 2-1-1 or visit Meals of Hope in Immokalee. 65% of Collier County schoolchildren qualify for free or reduced meals — apply at school enrollment. If you are in danger at home, call the Shelter at (239) 775-1101. All services free, confidential, and available in English, Spanish, and Creole.

HOW TO GET INVOLVED WITH SHE IS US

SPONSOR	VOLUNTEER	DONATE	PARTNER
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Support community events and program delivery. Sponsorship tiers available with logo recognition and impact reporting.	Join outreach, fair day operations, and community navigation. All skill levels welcome. Email to register.	Tax-deductible gifts to EIN 33-1953863 fund direct services and health equity infrastructure in Collier County.	Organizations, clinics, faith communities, and schools are invited to formalize partnerships through MOUs.
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