



The Overview

The **Healthcare Management Momentum Series** is a customized leadership development and coaching experience designed specifically for healthcare environments. Built **for healthcare leaders, by healthcare leaders**, this series supports new and emerging managers as they transition into leadership, step into new roles, or build the confidence and tools to lead more effectively.

Each participant completes an EQ-i 2.0 Emotional Intelligence Assessment and Certified Debrief, grounding their growth in self-awareness. From there, they receive personalized coaching and practical strategies focused on the challenges and realities of managing in clinical, operational, and administrative healthcare settings.

Who It's For

- Frontline clinicians or staff promoted into leadership roles
- Managers entering a new healthcare organization or department
- Established healthcare managers ready to build new skills
- Departments or organizations investing in team leadership, retention, and culture

Tailored by Design

Each series begins with a strategic discussion between the coach and organizational leadership (e.g., Director or Chief) to understand key development priorities. A customized plan is then built by selecting from 20+ healthcare-relevant leadership topics tailored to the individual's role and team context.

Choose from:

- **5-Session Sprint** – \$1,250
- **10-Session Series** – \$2,400

What's Included

- 45-minute goal-setting session with Leadership Group
- EQ-i 2.0 Assessment + Debrief (Emotional Intelligence Assessment and Action Plan)
- 60-minute private 1-on-1 virtual sessions
- Personalized session plan based on team/role needs
- Manager Toolkit: AI Starter Pack, Feedback Templates, Weekly Action Plans, Resilience Tools, and more
- Certificate of Completion



Healthcare Management Momentum Series

Topics You Can Choose From

Leading Through Values in Healthcare

Lead with clarity and consistency. Align team actions with organizational and clinical values.

Managing Up in a Clinical Setting

Navigate the hierarchy with intention. Strengthen communication with medical or administrative leadership.

Presentation Skills for Clinical Leaders

Share ideas clearly and professionally. Present to teams, boards, and committees with impact.

Empathy & Accountability in Healthcare Teams

Support staff wellbeing while ensuring safe, high-quality care.

Cross-Disciplinary Team Leadership

Unify roles across nursing, allied health, and admin. Create shared goals in complex environments.

Change Management in Healthcare

Lead through new protocols, systems, or restructuring. Help staff adapt and stay engaged.

AI Tools for Healthcare Managers

Leverage ChatGPT, Copilot, and automation to streamline reporting, scheduling, and communication.

Microsoft 365 for Clinical Teams

Use Teams, Outlook, Planner, and OneNote to reduce administrative friction and improve handovers.

Professional Wellness & Burnout Prevention

Recognize early signs of burnout. Set sustainable boundaries and model healthy habits.

Psychological Safety & Patient-Centered Leadership

Foster a safe culture where staff feel heard and patients benefit from clear communication.

Navigating Difficult Conversations in Healthcare

Approach sensitive discussions around performance, safety, and patient care with confidence.

Delegation & Time Management for Shift Leaders

Balance competing demands and optimize how time and people are allocated.

Building High-Performing Units

Create alignment across shifts and functions. Build trust, ownership, and consistency.

Coaching Staff for Growth

Support development without formal authority. Build mentoring into everyday interactions.

Inclusive Leadership in Healthcare

Recognize and address bias in care and teams. Support equity, diversity, inclusion, and accessibility.

Clinical Decision-Making & Operational Thinking

Make informed choices using real-time data, safety protocols, and strategic awareness.

Leading Remote and Multi-Site Teams

Manage hybrid or decentralized staff while maintaining engagement and communication.

Recruiting and Retaining the Right People

Contribute to hiring decisions and retention strategies that build cohesive teams.