

The Overview

The **Physician Leader Series** is a high-impact leadership coaching experience built exclusively for physicians navigating clinical, academic, and system-level leadership roles. Whether newly appointed or deeply experienced, this program is tailored to support each individual's goals, growth edges, and leadership aspirations.

Rooted in Canada's most trusted healthcare leadership frameworks and infused with leadership coaching, this series is both strategic and personal. Every participant begins with a certified EQ-i 2.0 Emotional Intelligence Assessment and Debrief, grounding the journey in self-awareness and real-world application. This is not a course. It is a personalized coaching experience by someone who understands the healthcare system and the complexity physicians face every day.

Who It's For

- Physicians exploring or expanding their leadership identity
- Individuals in formal or informal leadership roles
- Mid-career physicians seeking focus, renewal, or transition support
- Leaders balancing patient care with strategic or academic responsibilities

The Structure

- 4 x 90-minute private 1-on-1 virtual coaching sessions
- Certified EQ-i 2.0 Emotional Intelligence Assessment and debrief
- Certificate of Completion + RCPSC MOC Section 3 16 credits
- Optional accountability follow-up 4 weeks after completion

Session Overview

Session 1: Ground Your Leadership

Clarify your values, mindset, and emotional intelligence. Explore how your identity shapes your leadership.

Session 2: Relational Leadership

Lead with empathy and presence. Navigate resistance, build trust, and influence without relying on authority.

Session 3: System Leadership

Operate confidently across complexity. Align people, ideas, and priorities to move things forward.

Session 4: Purposeful Leadership

Lead in a way that energizes and lasts. Define the culture, values, and legacy you want to leave.

Themes are flexible and shaped by what's most relevant to you in each session. Pricing: \$1,750