

REDFORD COUNSELING CENTER

25935 West Seven Mile

Redford, MI 48240

COMPREHENSIVE BIO-PSYCH-SOCIAL HISTORY

FOR OFFICE USE ONLY

Date _____

Time _____

Case No: _____

Please Print

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (Home) _____ Cell _____

Work _____ e mail _____

If we contact you, may we identify ourselves as Redford Counseling Center?

At home: yes ___ no ___ Cell: yes ___ no ___ Work: yes ___ no ___

Social Security Number _____

Sex: Male _____ Female _____ Age _____ Date of Birth _____

Times available for Redford Counseling Center Appointments: _____

Referral Source: _____

Health Insurance: Yes ___ No ___ Type: _____

Emergency Contact:

Name _____ Relationship to contact: _____

Address _____

City/State/Zip _____

Cell/Work/Home Number _____

REDFORD COUNSELING CENTER

MEDICAL ASSESSMENT

1. History of past or present illness (heart disease, high blood pressure, cancer, etc.), hospitalization and/or surgical procedures and dates.

___yes ___no If yes, explain: _____

2. History of any serious injuries/accidents, including injuries to the head.

___yes ___no If yes, explain: _____

3. Do you experience chronic pain?

___yes ___no If yes, how do you deal with it: _____

Would you like a referral? ___yes___no

4. Do you experience any difficulties sleeping?

___yes ___no If yes, describe: _____

5. Do you have any current problems with anything listed below?

YES NO

SKIN		
EARS		
THROAT		
CHEST		
URINARY		
MUSCLES		
NERVES		

YES NO

EYES		
NOSE		
HEART		
STOMACH		
GENITAL		
BONES		

If yes, explain: _____

SUBSTANCE ABUSE HISTORY

	Age of First Use	Age of Regular Use	Last Time Used (Date)	Number Times Used within Last 30 Days	Used within Last 48 Hours?	Amount/Frequency of use	Route of Admin.
Ecstasy					Y / N		
Heroin					Y / N		
Non-Rx Methodone					Y / N		
Other Opiates/Synthetics					Y / N		
Alcohol					Y / N		
Barbiturates					Y / N		
Tranquilizers					Y / N		
Other Sedatives, Hypnotics					Y / N		
Amphetamines					Y / N		
Cocaine					Y / N		
Crack					Y / N		
Marijuana/Hashish					Y / N		
Hallucinogens (specify)					Y / N		
PCP					Y / N		
Inhalants					Y / N		
Over-the-Counter Drugs					Y / N		
Psychotropics					Y / N		
Other(s) (specify)					Y / N		
Nicotine					Y / N		
Caffeine					Y / N		

Primary

Secondary

Tertiary

Preference

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Suicide Risk Assessment

Client _____ Date _____

Instructions: Please check the number beside the statement or phrase that best applies to you.

- 1. Do you have any mental health disorders? (depression, bipolar disorder, anxiety, etc).
If yes are you being treated for it? (i.e. taking medication or getting counseling)**

_____ Yes

_____ No

- 2. Have you ever tried to kill yourself? (check one only)**

_____ Never

_____ It was just a brief passing thought.

_____ I have had a plan at least once to kill myself but did not try to do it.

_____ I have had a plan at least once to kill myself and really wanted to die.

_____ I have attempted to kill myself, but did not want to die.

_____ I have attempted to kill myself, and really hoped to die.

- 3. Have you ever thought about killing yourself?**

_____ Yes

_____ No

- 4. How often have you thought about killing yourself in the past year? (check one only)**

_____ Never

_____ Rarely

_____ Sometimes (2 times)

_____ Often (3-4 times)

_____ Very often (5 or more times)

- 5. Have you ever told someone that you were going to commit suicide, or that you might do it?
(check one only)**

_____ No

_____ Yes, at one time, but did not really want to die.

_____ Yes, at one time, and really wanted to die.

_____ Yes, more than once, but did not want to do it.

_____ Yes, more than once, and really wanted to do it.

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Hepatitis C Screening

Instructions: Please check yes or no.

- | | NO | YES |
|---|-----------|------------|
| 1. Have you ever injected any drugs? | ___ | ___ |
| 2. Are you currently using any drugs by injecting them? | ___ | ___ |
| 3. Did you ever have a blood transfusion before 1992? | ___ | ___ |
| 4. Are you currently getting hemodialysis? | ___ | ___ |
| 5. Did your Mother have Hepatitis when you were born? | ___ | ___ |
| 6. Did you get a tattoo in an un-certified place? (Such as a home-made tattoo, or while being in prison). | ___ | ___ |
| 7. Have you ever been to jail or prison? | ___ | ___ |
| 8. Have you ever snorted any drugs? | ___ | ___ |

Score _____

TB QUESTIONNAIRE

- | | NO | YES |
|--|-----------|------------|
| 1. Do you tire easily? | ___ | ___ |
| 2. Have you lost weight without really trying? | ___ | ___ |
| 3. Have you noticed a loss of appetite? | ___ | ___ |
| 4. Do you sweat a lot at night? | ___ | ___ |
| 5. Have you had a cough for more than three weeks? | ___ | ___ |
| 6. Have you recently had a fever or chills that lasted longer than 3 days? | ___ | ___ |
| 7. Do you cough up blood? | ___ | ___ |
| 8. Have you noticed that your glands are swollen? | ___ | ___ |
| 9. Have you had close or casual contact with someone who may have TB? | ___ | ___ |
| 10. Have you ever had a TB skin test? | ___ | ___ |

Results: Circle one: Negative Positive

Score _____

If you answered yes to any of the above questions, you should take the first step to find out if you are infected with Hepatitis C or the TB germ. You can do this by getting tested at the Wayne County Health Department.

AIDS QUESTIONNAIRE

- | | No | Yes |
|---|-------|-------|
| 1. Do you have unusual, unexplainable fatigue or listlessness? | _____ | _____ |
| 2. Do you have rapid unexplained weight loss of 10-15 pounds or 10% of body weight? | _____ | _____ |
| 3. Do you have a persistent fever of 100 degrees or more? | _____ | _____ |
| 4. Do you have recurrent drenching night sweats? | _____ | _____ |
| 5. Do you have swollen lymph nodes outside of groin area? | _____ | _____ |
| 6. Do you have chronic unexplained diarrhea? | _____ | _____ |
| 7. Have you shared unsterile needles/syringes-or any part of "works" during the two years? | _____ | _____ |
| 8. Have any of the persons with whom you have shared needles been inflected with HIV, ARC or AIDS? | _____ | _____ |
| 9. Have any of your sexual partners over the last two years been members of groups at high risk for AIDS? | _____ | _____ |

If so, place a check after the appropriate group: _____ Other IV drug users
 _____ Sexual partners of these groups
 _____ Gay or bisexual males
 _____ Hemophiliacs/transfusion recipients

- | | | |
|---|-------|-------|
| 10. Have any of these "at risk" sexual partners become infected with HIV or have been diagnosed with ARC or AIDS? | _____ | _____ |
| 11. Have you had any potentially risky blood-exchanging procedures within the last two years? | _____ | _____ |

If yes, which of the following did you have? _____ Blood Transfusions
 _____ Tattoos
 _____ Ear-piercing by a non-professional

Score _____

If you answered yes to two or more of the above questions, you should take the first step to find out if you are infected with HIV. You can do this by getting tested at the Wayne County Health Department.

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HEALTH SUMMARY

Do you smoke now? ____yes ____no

How much do you smoke? _____

Would you like to quit? ____yes ____no

Do you take vitamins, supplements, over the counter medications?

If yes please list: _____

No_____

Do you eat sweets regularly? ____yes ____no

Do you eat fatty food regularly? ____yes ____no

Do you eat vegetables regularly? ____yes ____no

Have you lost or gained weight in the last year without trying? ____yes ____no

When was your last dental exam? _____

When was your last vision exam? _____

When was your last physical exam? _____

Your weight _____ Your height _____

Name of your primary care physician _____

Address _____

Phone Number _____

Client _____ Date _____