



## 2026 Winter Season Newsletter

Hello to all our wonderful NOVAS Families! As this year is ending rapidly, it is time to start getting ready for the Winter Season for 2026. And this season is going to bring a real positive change for us all.

### **PINE RIVERS NETBALL ASSOCIATION (PRNA):**

From 2026 and beyond our club is moving back to Pine Rivers Netball Association for our competition seasons. This means Saturday's & Monday Nights competitions we head to:

LES HUGHES SPORTING COMPLEX

119 Francis Road, Bray Park

The competition at PRNA is more structured and our club will need to grade for teams that align as such. This format at PRNA also encourages older players to remain in the sport they know and love – will not be aged out when leaving school as well as activity encouraging males to join netball. This is open for everyone of 7 years of age and beyond to join Novas!

### **TRAINING:**

There are no changes to our current training structure. For the 2026 winter season we will be training Thursday afternoons at Narangba Valley State School from 3.30pm onwards in 60 minute time slots. Our club is now calling for expressions of interest for coaches. We rely on the support of parents, family and friends to help guide and train our children to be the best netballers they can.

### **CALLING FOR VOLUNTEER COACHES:**

Our coaches need to be available Thursday afternoons (we will allocate a time slot the suits your availability) and on competition days (Saturdays / Mondays). We understand sometimes things pop up and as a community we always pull together to cover one another when you're not available or running late! You are welcome to coach your own players team or have another team, we don't mind either way. There is a club incentive available for any volunteer coaches. In the off season we ask coaches to complete an online Foundation Coaching course including Rules of Netball Exam. Upon successful completion, the club will reimburse your expenses as well as provide continuing support in your coaching journey. Our coaches will also need to hold a Queensland Government Blue Card before the season begins to ensure we are compliant with current child safety laws as a club. If you already have a current Blue Card, then all we need to do is register you are a volunteer with us. If you don't have a card yet, that's okay too because we will help you get it as an official volunteer to our club at no expense to you. We want to hear from you soon – email us so we can get you trained up over the school holidays ready to go!

## TEAMS / SQUADS / GRADING

### Modified Netball Players:

In our 7 to 9 year old players, they will learn every position on the netball court and is expected they play in each position throughout the season. Our youngest players must be born in 2019 to play for the 2026 winter season – required to turn 7 in the calendar year.

Modified Rules are played in 7 to 9 years competition with the following allowances:

- 7 year old players may play in 8 years old team
- 8 year old players may play in either 7 or 9 year teams
- A modified 8 year old team may have a maximum of 3x 9 year olds and/or 3x 7 year olds
- 9 year old players may play in a modified 8 team

No in house grading as such will take place for these teams. The club will put teams together giving age as the primary preference. And **coaches of these teams are expected to umpire** the games under modified rules – the experience for players in this space is about having fun and learning all the different positions verses full competition environment for players 10 years and beyond.

**Competitive Junior Divisions:** Teams will be created for female players turning 10 to 14 years and male players turning 10 to 12 years in 2026.

**Competitive Girls, Boys (or mixed) Intermediate Divisions:** Players turning 12 to 15 years in 2026.

**Cadet Girls, Boys (or mixed) Divisions:** Players turning 15 years to 20 years in 2026

**Competitive Senior Female, Male (or mixed) Divisions:** Players turning 14 years and over in 2026

- We can enter a female only team in either the mixed or male competitions if this is best for the team and competition.
- Female players are permitted to play in a mixed team and 1 other division during the season.
- No modified players (7, 8 & 9) can play in a competitive division.
- Players can play higher grade however on the 4<sup>th</sup> game that play will be considered to now be part of the higher-grade team and not return to the original team

### Inhouse Grading Days & Squad Training:

The dates are yet to be announce so please keep watching our Social Media page (FB) for all our season communications leading up to the 2026 Winter Season Competition. However all inhouse grading will be conducted at Narangba Valley State School – Creekside Drive. We are waiting for confirmation from the school to access during school holidays.

At the inhouse grading / Squad selections, your player needs to put their best foot forward from the get-go. Our grading team construct teams to get the best combinations with the objective that every player enjoys netball whilst making new friendships in a competitive environment. Just because your player may have been in a final last year, does not automatically put them back into the same team. Some things the club looks at when grading:

- ✓ Attitude – NOVAS PROUD
- ✓ Coachability
- ✓ Adaptability
- ✓ Teamwork
- ✓ Age
- ✓ Fitness
- ✓ Experience
- ✓ Skills / Ability

It is important that our players are diverse and willing to learn new positions. It is no good to have a team full of shooters and centres and no one able or willing to defend. Players are encouraged to keep fit over the school holidays and throw the netball around regularly to keep the ball skills up.

Any special request regarding team selections must be submitted in writing to the club at [narangabvalleynovas@gmail.com](mailto:narangabvalleynovas@gmail.com)

- 1) Subject Heading – Team Selection Request
- 2) Email Body – Players Name and reason for request
- 3) Email must be sent by 31<sup>st</sup> December for the club to consider
- 4) It will be no guaranteed requests will be fulfilled; however, all will be considered on merit and safety based

Child safety laws are requiring clubs to be actively promoting a safe and inclusive environment for all. Narangba Valley Novas Netball Club will endeavour to foster this for players and volunteers within the club. As part of our commitment to the new laws, there will be a new NOVAS PROUD Club Handbook released soon for all families to read and abide by.

## **2026 UNIFORM ORDERS & ONLINE STORE:**

We are now taking orders on line and will close 1<sup>st</sup> December. Our new uniform that was released this year and the Navy players soft brim hats are the only uniform allowed to be worn as this is our registered team uniform for PRNA. The new players singlets with black bottoms have also been registered for the 2026 season so players have a choice of traditional dress or unisex singlet.

Current online shop - <https://summitsport.com.au/collections/narangba-valley-novas-netball-club>

- Training shirts
- Supports Shirts
- Club Jackets
- Players Uniforms
- Players Hats

We hold limited uniform stock, therefore we encourage all our Novas families wanting merchandise to place orders now ready for delivery in January/February as it take 8 weeks for special orders to be delivered.

Any uniform stock on hand will be prioritised to sales for new players to the club. And any orders placed off line will incur additional processing fees – online is the cheapest option!

## **2026 FEES AND REGISTRATION USING NETBALL CONNECT (NC):**

Registration is about to be opened! You will get an email from NC with our direct link attached so keep an eye out for this email.

The season kicks off on Saturday 14<sup>th</sup> March for 15 rounds of competition. Then Semi finals will commence on the 8<sup>th</sup> August, Preliminary Final 22<sup>nd</sup> August and Grand Final 22<sup>nd</sup> August. PRNA has set aside 1 extra week 29<sup>th</sup> August for adverse weather.

Categories are as follows

- Juniors = 10 to 15 years\*\*\*
- Inters – Club will move players to this space upon grading\*\*\*
- Cadets = 15 to 20 years\*\*\*
- Seniors = Any parent / friend wanting to play for Novas\*\*\*

\*\*\*All categories are subject to grading – registration in NC required by age in 2026 then club will move players around accordingly.

Fees per player for the 2026 Winter Season will be approximately \$400 per player. Please remember your **Queensland Government PLAY ON** Sport Voucher **can be used to pay a portion of the fees**. Your unique voucher number is to be entered into NC to reduce the fees and your voucher emailed directly to the club to claim.

Payment plans will be available, please reach out to the club directly to arrange.

Please ensure when registering your player/s you select the correct category that matches your players age for 2026. If you are having any trouble, just shout out as we are here to help! Netball Connect can be painful so we do suggest you use a computer if possible as the mobile tends to be temperamental at times.

Our Registrar Jackie can be reached on 0424 506 883 – send a text is best as she does do shift work and she will get back to you.

Keep watching our FB page for updates on the 2026 season. Please feel free to reach out to us over the break with any questions and we look forward to seeing you all back for another exciting season of netball.

Keep active over the holidays and encourage players to throw a netball around. And we wish you all a wonderful & safe break over Christmas and New Year.