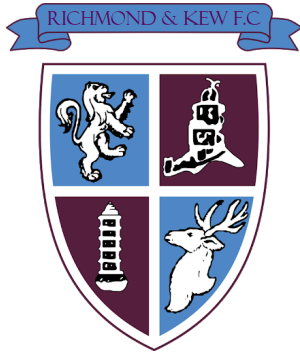


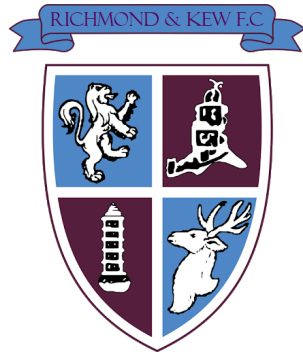
# COVID -19 Coaches Safety Briefing



# Agenda



1. Introduction and Purpose of Briefing;
2. Preparing for Competitive Training and Matches ;
3. During Training Sessions;
4. On the Match Day;
5. Emergency Action Plan & First Aid;
6. Data Collection and the Track and Trace System; and
7. Summary.

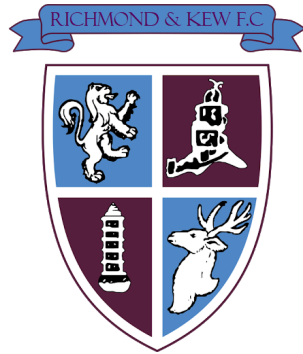


# INTRODUCTION AND PURPOSE OF BRIEFING

1. Educate – be aware of FA rules / guidelines
2. Inform – communicate to players and parents / guardians
3. Health & Safety – Emergency Action Plan
4. Comply – ensure everyone actions these rules / guidelines

REMEMBER:

**“We all have a duty of care to ensure our activities are safe  
for our members”**

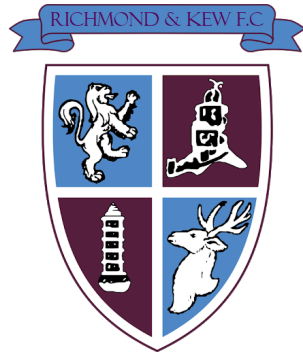


# PREPARING FOR COMPETITIVE TRAINING AND MATCHES



The 3-stage phased approach:

1. Until the 31st July 2020, competitive training in groups of up to 30 people including the coaches can commence when the club have put the necessary measures in place and coaches have attended this briefing.
2. From 1st August 2020, competitive matches in the form of pre-season friendlies can commence.
3. From 1st September 2020, competitive league matches are expected to be able to commence

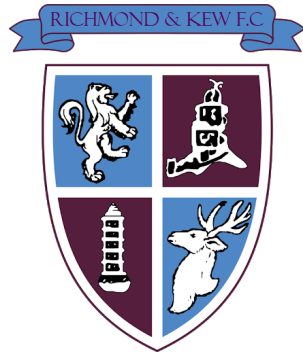


## Planning is Key

Coaches / Managers must beforehand:

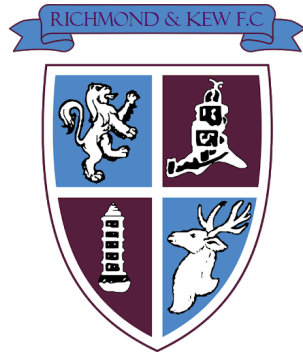
1. Read the FA Rules and Guidance
2. Read the Club Plans and Risk Assessment
3. Ensure participants complete the NEW online Club Registration Form
4. Adopt an Emergency Action Plan (more on this later)

**PLAN AHEAD IN GOOD TIME - DO NOT RUSH - TAKE YOUR TIME TO ENSURE YOU ARE READY - ASK THE QUESTION IF YOU ARE UNSURE**



## Communication is Critical

1. Share the following items with players, parents/guardians:
  - a) FA Guidelines and Rules
  - b) Club Plans and Risk Assessments
  - c) Who to contact if they have a concern?
2. Keep your players, parents/guardians UP TO DATE with the latest guidance;
3. Plan your arrival at venues so to minimise groups congregating unnecessarily;
4. Avoid where reasonably possible car sharing with people outside of your household;
5. Discuss with your opponents any arrival protocols.



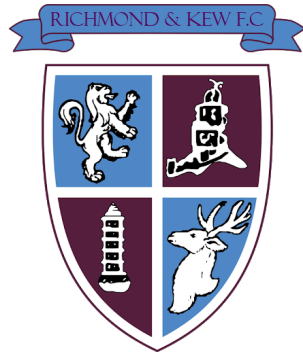
## The COVID-19 Self Assessment

Before each session, coaches must instruct participants to undertake a COVID-19 Self Assessment for any COVID-19 symptoms.

### **STAY AT HOME IF YOU HAVE ANY OF THE FOLLOWING:**

- A high temperature (37.8°C or above)
- A new, continuous cough
- A loss of, or change to, their sense of smell or taste.

**IF ANYONE DEVELOPS COVID-19 SYMPTOMS SHORTLY AFTER ATTENDING A TRAINING SESSION OR MATCH, THEY MUST INFORM THE CLUB IMMEDIATELY**



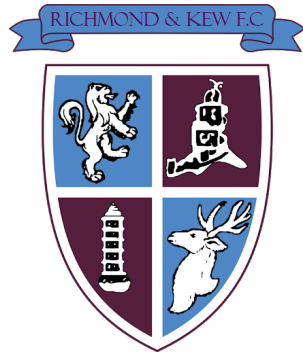
# DURING TRAINING SESSIONS



Arriving to Training:

1. Players to arrive ready for training - already in appropriate kit and with their own drinks bottle;
2. Stagger sessions between different teams using the same venue (Communication is key here!);
3. Apply social distancing of at least 2 metres where possible or 1 metre plus (with PPE such as a face mask) when arriving; and
4. If possible, adopt one way systems in areas where congregation is likely to occur for two way traffic.

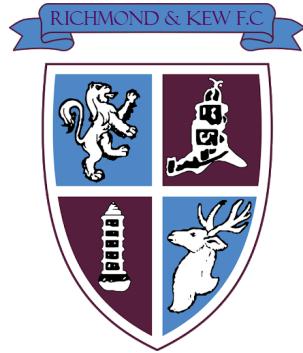




## Spectators at Training

If parents / guardians stay to watch a training session, they must:

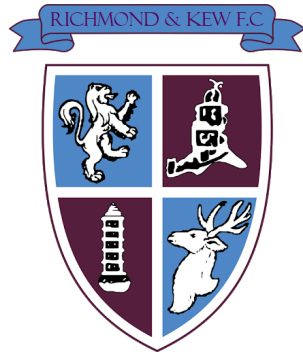
1. Maintain social distancing of at least 2 metres between other spectators;
2. Not congregate in groups of more than 6 people; and
3. Whilst not mandatory, it is recommended that a parent/guardian is there to assist with First Aid of their own child if required.



## Social Distancing in Training

### Training Drills:

1. Warm ups and cool downs are to follow social distancing
2. Team huddles should take place adhering to social distancing
3. Minimise the sharing of equipment
4. Seek to reduce the time drills take that result in players being in close proximity to each other - e.g: Free kicks - minimise the time spent close marking or in a wall.  
Corners - minimise the time spent close marking
5. Provide regular hygiene breaks where players are able to sanitise their hands and you can sanitise equipment where necessary
6. Avoid the following: Spitting, unnecessary shouting, sharing of bibs and sharing of water bottles



# On the Match Day

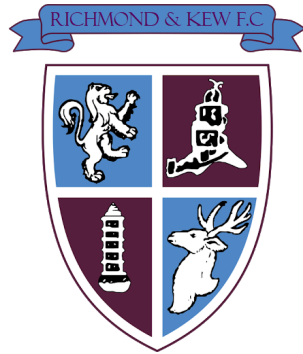


## Before the Match

1. Players to arrived changed to matches;
2. Toilet facilities will be available;
3. Warm ups shall adhere to social distancing;
4. Pre-match team talks shall adhere to social distancing;
5. Ensure you have your first aid kit and PPE equipment with you; and
6. Players should sanitise their hands immediately before the start of a match.

## After the Match

1. NO HANDSHAKES;
2. Players are to sanitise their hands again; and
3. Post match team talks shall adhere to social distancing.

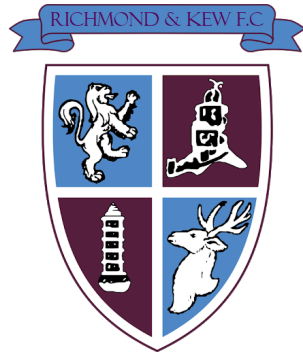


# EMERGENCY ACTION PLAN AND FIRST AID



1. Have a plan on what to do in an emergency as covered in FA First Aid Course
2. Ensure you have a list of medical details for your players
3. Know access points to fields, ground address and information to assist emergency services
4. Follow the FA guidance for First Aid during COVID-19
  - wear the necessary PPE
  - parents/guardians to aid minor injuries/first aid if present.

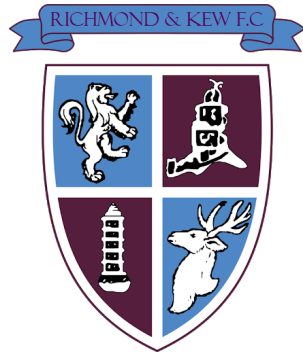
<http://www.thefa.com/news/2020/jul/17/grassroots-guidance-for-competitive-football-restart-in-england-170720>



# Data Collection and the Track and Trace System



1. We are required to collect the necessary data from players to ensure we operate safely;
2. The club have updated their Data Privacy Notice to include the possibility of data being shared with NHS Test and Trace;
3. Players (or Parents/Guardians) acknowledge this update when they update the online registration; and
4. The club will keep a record of the teams who visit us and in the event of a track and trace requirement, we will liase with the relevant clubs.



# Summary



1. Ensure you are aware of the COVID -19 rules for continuing football;
2. Plan well and be well informed of your players medical details;
3. Communicate effectively to players, parents/guardians and opposition;
4. Social distance and hygiene should be in front of your mind before and after training / matches; and
5. Be clear on your Emergency Action Plan.