

TEAM TRAINING TIMES

	Tuesday			Wednesday			Thursday		
Times	Pitch 1	Middle	Pitch 3	Pitch 1	Middle	Pitch 3	Pitch 1	Middle	Pitch 3
4.30pm - 5.30pm	Under 8s			Available for External Hire	Under 7s		Under 9s		Available for External Hire
5.30pm - 6.30pm	Available for External Hire	U12 (Saturday)	Available for External Hire	U10 Lions	U10 Leopards	U10 Tigers	U12 Lions	U12 Tigers	U12 Leopards
6.30pm - 7.30pm	Available for External Hire	U13	Available for External Hire	U11 Lions	U11 Tigers	U8 Leopards	U14 Lions	U14 Tigers	External Hire (Colliers Wood)
7.30pm - 8.30pm	Available for External Hire	U16 Colts	Available for External Hire	U15 Colts	U15 Youth	U15 Blues	Senior Women		Available for External Hire
8.30pm - 9.30pm	Available for External Hire	U18 Colts	Available for External Hire	External Hire (Roger)	U16 Youth	External Hire (Cliff)	Senior Men		Available for External Hire

OTHER TRAINING

	Monday		
Times	Pitch 1	Middle	Pitch 3
5pm - 6pm	Available for External Hire	Be Sports Training U10 - U12	Be Sports Training U7 - U9
6pm - 7pm	Available for External Hire	Be Sports Training U13 - U16	
7pm - 8pm	Available for External Hire	External Hire (Colliers Wood)	Available for External Hire
8pm - 9pm	Dad's Football		

	Friday		
Times	Pitch 1	Middle	Pitch 3
4.30pm - 5.30pm	Available for External Hire	Internal Hire (RKFC U10 Lep)	GK Training
5.30pm - 6.30pm	Available for External Hire	Available for External Hire	GK Training
6.30pm - 7.30pm	Available for External Hire	Available for External Hire	Available for External Hire
7.30pm - 8.30pm	Available for External Hire	Available for External Hire	Available for External Hire