

Trackday Checklist

Equipment

- Bike(s)
- Keys (Bike and any security)
- Paddock stands/front wheel chock
- Ramp
- Handlebar strap
- Ratchet straps
- Tyre warmers
- Bike lock/chain
- Power reel
- Generator
- Jerry can/Funnel
- Exhaust Baffle
- GoPro/batteries/SD cards

Rider

- Cash
- Driving licence/track paperwork
- Helmet
- Leathers
- Base layers
- Neck tube
- Ear plugs
- Gloves
- Undergloves (recommended if temperature is below about 10 degrees)
- Boots
- Back/chest protector
- Jacket/Hoodie
- Hat
- Socks
- Visors (Clear and dark) and visor cleaning kit

Tools

- Sockets (Full set)
- Torque wrenches (hi and low range)
- Screwdrivers
- Brake bleeder
- Breaker bar
- Tyre pressure gauge
- Foot pump
- Allen keys
- C-spanner
- Pliers/Side snips
- Microfibre cloths
- Tape measure
- Lockwire kit
- Multimeter
- Insulation tape
- Soldering iron/Solder

Consumables

- Coolant (Preferably deionized water only)
- Oil
- Fuel
- Brake cleaner
- Brake fluid
- Spare brake pads
- Chain lube
- Zip ties

Catering

- Tea/coffee/Kettle/Mug/Thermos
- 2L water bottle (Do not underestimate how important hydration is)
- Chair/Table
- Lunch (try and eat little and often)

Other - Use this section to add your own, additional items.

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