

Naam Karan POOJAN

1st Tray	2nd Tray	3rd Tray
<ul style="list-style-type: none"> Chandan powde Red thread (Mauli) Sindoor or Kum Kum Turmeric power Cotton Balls Matchbox Supari (12) Rice 1 kg Incense sticks Camphor Red or Yellow Cloth 2 meters 	<ul style="list-style-type: none"> Flowers Garlands Mango leaves 7 Betel leaves 1packet. Coconut 1 Doob & Kush Grass Tulasi leaves Rose water Scent for pooja, Ganga jal 	<ul style="list-style-type: none"> Dry fruits, Fresh fruits, Cloves & Cardamom Coins \$ 1-2, Deepaks 2 & Aarti Sweet prasad, Panchamrit (Milk, Honey, Sugar,Yogurt, and Ghee 1/4 kg) Lota for Kalash 2,
<p>Utensils:</p> <p>Tea spoons, Bowls(small & big) plates,</p> <p>Napkins, Asana's (for sitting purpose)</p> <p>Pooja chauki or a table2'x2' size or smaller.</p> <p>One new Scissors, new cloths for the baby (to be changed after the ceremony), a pot to carry hairs.</p>		

- Special: One Golden or Silver bowl and spoon**
Decorative Plate – eg Engraved Gold Leaf Charger Plate

HAVAN SAMAGARI

- Havan samagari box 1
- Sesame seeds 100 gr.
- Dedicated coconut 25 grm.
- Samidha (Wood 4 pk.)
- Aluminum foil



The Program

Poojan On the poojan Vedi

- 1- Pavitri karanam
- 2- Aachaman & prithibi poojan
- 3- Swasti vachanam
- 4- Sankalap & Mangala tilak dharanam
- 5- Gauri Ganesh & Navgraha pooja

BABY NAMING

- 1- Abhishekam (purification of baby and mother)
- 2- Mekhala bandhanam (applying red thread around baby's waist)
- 3- Madhu prashanam (feeding Honey)
- 4- Surya darshanam (first time looking at the Sun)
- 5- Bhoomi sparsh (first time baby touches on Earth)
- 6- Naam ghoshana (formal announcement of Name)
- 7- Lok darshnam (opportunity of blessing by everyone)

HAVAN On the Havan Vedi

- 1-lighting of the fire
- 2-Brahman varan
- 3-Kund poojanam
- 4-Havan for all devi & devatas
- 5-Main havan (may be Gayatry havan with special mantra)
- 6- ARATI & SHANTI PRAYER

Normal Instructions:

Yajman should face East and purohit should face (Priest) North or either direction. According to our SANATAN DHARAM pooja vidhi, Mrs Yajman should remain right side of Mr Yajman during poojan and havan.

This puja list is only basic requirement and guide. Your priest may require more or less things. Please consult your priest.

Handy hints.

- Gift items for the baby
- Gits items for the parents by elders
- Keep knife and or Scissors handy
- Napkins/ hand towels
- Cussons for sitting purpose
- New or clean sheet and carpet peace or a rug.

