## **POOJAN SAMGRI**

1st Tray	2nd Tray	3rd Tray
Chandan powde	• Flowers	Dry fruits,
• Red thread (Mauli)	<ul><li>Garlands</li></ul>	Fresh fruits,
Sindoor or Kum Kum	• Mango leaves 7	Cloves & Cardamom
Turmeric power	Betel leaves 12.	• Coins \$ 1-2,
• Cotton Balls	Coconut 1	Deepaks 2 & Aarti
<ul> <li>Matchbox</li> </ul>	Doob & Kush	Sweet prasad,
• Supari (12)	Grass	Panchamrit (Milk, Honey,
• Rice 1/2 kg	Tulasi leaves	Sugar, Yogurt, and Ghee
<ul> <li>Incense sticks</li> </ul>	Rose water	• Ghee 1/2 kg)
<ul> <li>Camphor</li> </ul>	<ul> <li>Scent for pooja,</li> </ul>	<ul> <li>Lota for Kalash 2,</li> </ul>
2 meters Red or Yellow Cloth	<ul> <li>Ganga jal</li> </ul>	
Utensils: Tea Spoons, Bowls(small & big) plates, Napkins, Asanas (for sitting purpose) One table2X2 size or smaller. Dev Moorti		

# **Special: 1Golden or Silver bowl and spoon**

2 Decorative Plate -EG Engraved Gold Leaf Charger Plate or similar.

### HAVAN SAMAGARI

- Havan samagari box 1
- Sesame seeds 100 gr.
- Decicated coconut 25 grm.
- Samidha (Wood 3 pk.)
- Aluminum foil

#### **Poojan**

On the poojan Vedi

- 1- Pavitri karanam
- 2- Aachaman & prithibi poojan
- 3- Swasti vachanam
- 4- Sankalap & Mangala tilak dharanam
- 5- Gauri Ganesh & Navgraha pooja

#### **BABY NAMING**

- 1- Abhishekam (purification of baby and mother)
- 2- Mekhala bandhanam (appling red thread around baby's waist)
- 3- Madhu prashanam (feeding Honey) or a fruit juice
- 4- Surya darshanam( first time looking at the Sun)
- 5- Bhoomi sparsh6- Naam ghoshana( first time baby touches on Earth)( formal announcement of Name)
- 7- Lok darshnam (opportunity of blessing by everyone)

#### HAVAN

#### On the Havan Vedi

- 1-lighting of the fire
- 2-Brahman varan
- 3-Kund poojanam
- 4-Havan for all devi & devatas
- 5-Main havan (may be Gayatry havan with special mantra)
- 6- ARATI & SHANTI PRAYER

#### Normal Instructions:

Yajman should face East and purohit should face (Priest) North or either direction.

According to our SANATAN DHARAM pooja vidhi, Mrs Yajman should remain right side of Mr Yajman during poojan and havan.

This puja list is only basic requirement and guide. Your priest may require more or less things. Please consult your priest.