



COBBLESTONE COUNSELING SERVICES

10400 Vineyard Blvd, Suite H200
Oklahoma City, OK 73120
(405) 607-2995

INFORMED CONSENT CHECKLIST FOR TELETHERAPY SERVICES

Prior to starting teletherapy services, we discussed and agreed to the following:

- There are potential benefits and risks of teletherapy (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for teletherapy services, and sessions will never be recorded without written permission.
- You will need to use a webcam or smartphone during the session.
- It is important to be in a quiet, private space that is free of distraction during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your appointment, you must notify the therapist in advance by phone or email.
- We will need at least one emergency contact and the closest ER to your location, in the event of a crisis situation.
- If you are not an adult, we require the permission of your parent or legal guardian (and their contact information) for you to participate in teletherapy counseling sessions.
- You should confirm with your insurance company that the video sessions will be reimbursed; if they are not reimbursed, you are responsible for full payment.

By your signature, you acknowledge the understanding of all items set forth therein. This consent form stands alone and is in no way amended by any other oral or written statement.

Client/Parent/Guardian Signature

Date