



SOLE RENEW

Energy Blueprint Explained



A Mayan Cross reading is a sacred, heart-centered experience that gently guides you into a deeper understanding of your true essence and life path. Rooted in the ancient wisdom of the Mayan Cholq'ij (Tzolk'in) calendar, this practice honors time as a living, spiritual map; one that reflects the journey of human conception, development, and birth. According to this tradition, you entered this world with a unique Nawal, or guiding star; a luminous essence that illuminates your gifts, challenges, and soul's purpose. This energetic blueprint is not random; it is a meaningful design that supports you in walking your path with harmony, balance, and intention.

During your one-hour session, we explore the key energies within your field that influence and guide your life, offering insight into your personality, strengths, and areas for growth. You'll receive a detailed PDF of your reading, along with intuitive guidance to help you integrate what is revealed. The Nawals and Tones within your chart act as sacred compass; helping you understand how you are uniquely designed to move through life, make aligned decisions, and deepen your connection to the Creator of All That Is. Each Tone carries a rhythm, shaping how your energy expresses and evolves, while the Nawal at the center of your chart; the "Birth of your Heart," reveals the core essence of your being and the spiritual current guiding your journey.

This experience is an invitation to remember who you are at a soul level. It offers clarity, self-awareness, and a sense of alignment that supports personal growth, transformation, and a deeper connection to your inner wisdom. As you begin to understand and embody the energies that walk with you, you are gently guided back into harmony with your purpose; living with greater ease, intention, and fulfillment as you step more fully into the life you are here to live.