School Lunches: I’m Still Hungry.

School lunches have become so unappetizing that students go home hungry each day because they refuse to eat it. "I prefer to save my appetite for when I get home 3 hours later," stated Emily Barrera (senior). For some students, this is their only meal of the day. The least we could do is make it taste better. The portions are very small which is hard to believe considering how many times our cafeteria runs out of food. "My problem is there's not enough food for D lunch. Make more food," suggests Gary Bowden (senior). I myself have the last lunch of the day, and I bring my lunch, but my friends don't. I hear them complain constantly about how little they are receiving and how bad it tastes. I offer my food to them daily because I would rather myself go hungry than my friends. When asked, Chloe Ray (freshman) stated, "The food is nasty. It's never enough. How are you going to feed us the same size portions you feed elementary schoolers?"

Studies have shown that some school lunches have failed to meet federal nutritional requirements. The Nutrition Guidelines and Standards are as follows, “Recommendations designed to improve the nutritional quality and quantity, as well as the adequacy, of foods and meals in schools.” Not only are the portions small and repulsive, but they aren’t even healthy. Instead of providing a helping hand in the lives of our future leaders, our government has decided to exclude healthy and nutritious food from their diet. "Instead of giving us bad quality food that is supposed to be healthy but is not, they could give us good quality produce and things like that," said Brandon Townsend (junior). Can we find a better and affordable way to fix this problem? Can our students wake up knowing they won't be hungry today? Can we take the worry of not being fed nutritiously out of our lives? Is that too much to ask?

-Ella Muchewicz, The Jacket Journal.