

## Presents: First Responder Mental Health Education



When: Wednesday July 9<sup>th</sup>, 2025

Where: Atchison County Emergency Services, 10443 Us Hwy 59, Atchison, Ks 66002

Cost: Just your time. Its free!

Topics:

- 0900 What is Peer Support Roger Lippert (Retired Johnson Co EMS OPS Chief)
- 1000 Moral Injury Richard Bull (Retired Lawrence Fire Engineer)
- 1100 Self-Care Roger Lippert
- 1200 Lunch (on own)
- 1300 Running Critical Incidents with Mental Health in Mind Richard Bull

1400 – Substance Abuse for First Responders – Pat Hinkle (Retired Lenexa Police Captain, Therapist)

- 1530 Sleep Hygiene Pat Hinkle
- LEO KS-CPost Hours Available, Fire/ EMS CEs available