

FIRST RESPONDERS  
**FRST**  
SUPPORT TEAM  
*Midwest*

**KC METRO BIENNIAL TRAINING**  
**04/17/2026 0830-1630**  
**KCMOPD REGIONAL ACADEMY**  
6885 N.E. PLEASANT VALLEY ROAD  
KANSAS CITY, MO 64119

**Register now**

Join us for our biennial training. This one comes with 2 great speakers and includes lunch! \$20 to register will help with expenses. Go to [www.frstmidwest.org/regional-training](http://www.frstmidwest.org/regional-training) or use the QR code below to reserve your spot.



**0800 – 0830**

Breakfast snacks provided by KC Public Credit Union

**0830 Welcome and info**

**0845 – 0945**

After Action Care First Resp Services, Addiction & Mental Health Treatment- Arthur Mogilevski, CEO After Action Care, LA, Ca

<https://afteraction.care/>

**0945 – 1000 Break**

**1000 – 1200**

The Science of Sensory Regulation and practical applications of sensory tools- Bonnie Eckman,

<https://www.youtube.com/watch?v=2ZaDdsHOcjs>

**1200 – 1300**

Lunch Provided

**1300 – 1400**

Protecting your Credit/ Prep for Retirement- KC Public Credit Union- Glenda Collins, Lead Bus Develop Officer

**1415 – 1515**

988- Michelle Kinnison, President/ CEO Comm Care Behavioral Health

**1530 – 1600**

Non-Profits for First Responders: Guns and Hoses, Horses & Heroes, Heroes at Home

**1600 – 1630**

FRST Updates