



PEER SUPPORT & CRITICAL INCIDENT DEBRIEF TRAINING

40 HOUR BASIC TRAINING

Peer Support is a means for a department to show support to their employees, offering them opportunities to care for themselves and their families. Peer Support helps those, who without it, might turn to substances, illegal activity, poor performance, seeking a different career, mental health issues and even suicide.

Peer Support is an informal, private opportunity, for someone to speak to a peer, to assist with any issues the First Responder may be having difficulty. It helps clarify concerns and explore available resources. Peer Support is preventative maintenance.

This training will equip First Responders, Chaplains and Mental Health Professionals with listening skills to recognize, help to prevent and understand the effects of stress and refer to outside resources, if needed. Throughout the training, participants will be expected to participate in peer support exercises which elicit personal information and feelings. Following this training, the Peer will be able to provide services at their agency as well as assist and lead groups following critical incidents.

Who should attend?

- Police, Fire, Dispatchers, Paramedics, Chaplains, Mental Health Professionals that work with First Responders

REGISTRATION IS FIRST COME, FIRST SERVED

TRAINING OPPORTUNITY

Hutchinson, Ks

Jan 25-29 ,2027

8a – 5p

LOCATION:

KLETC
11009 S. Hornet Rd
Hutchinson, Ks 67501

CONTACT:

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Registration

KLETC.org

Search for:

*Peer Support and
Debrief Training*

Information at

www.frstmidwest.org



Rachel N. Murdock, MS, LPC (MO), LCPC (KS) Beyond the Storm Behavioral Health, LLC

Rachel is a Licensed Professional Counselor in Missouri, a Licensed Clinical Professional Counselor in Kansas and board approved supervisor for provisionally licensed counselors in both states. Her practice specializes in mental health counseling for first responders, individuals experiencing anxiety, mood disorders, post-traumatic stress, and survivors of abuse.

Her passion for first responder mental health came from her experience working crimes against children for the FBI in the Victim Services Division, Child Victim Services Unit, where she served as a Child/Adolescent Forensic Interviewer and supervisor for the same unit for a total of just over ten years before resigning in January 2023.

During her sixteen-year career as a forensic interviewer at the state and federal level, Rachel conducted almost 3,000 forensic interviews of alleged victims of/or witnesses.

Rachel is also an adjunct faculty member in the Department of Psychology with Missouri State University and Southern New Hampshire University.

Jeff Bragg – Retired Olathe Police Department, former OPD Peer Support Coordinator, FRST Midwest Ed Chair

Jeff served the Police Department for 30 years. He retired as a Major at OPD as the division commander of the personnel and training units. He was an original member of the Peer Support Program at OPD in 2007 and rose to be the coordinator until his retirement. Jeff was instrumental in creating the FRST Midwest organization and continues to serve as the educational chair of the organization.